

Bournemouth Athletic Club



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Code of conduct for young people engaged in athletics activities

I will:

- have fun
- try hard to keep safe and encourage others to enjoy sporting activities safely and responsibly
- do my best to treat everyone with respect and value the help that others give me
- use equipment for the purpose for which it is intended and I will remember that others may also need to use it
- listen carefully to those who coach me and act as directed
- act fairly and never deliberately cheat or try to be dishonest
- show good sportsmanship to fellow team members and opponents and remember to thank officials at the end of competitions
- verbally encourage other participants in a positive manner
- take responsibility for ensuring that I wear the proper clothing for the weather conditions and take plenty of water to prevent dehydration
- arrive on time for training or competitions and pay any fees for training or events promptly

I will not:

- have fun at the expense of affecting the safety of others
- bully other participants either by myself or as part of a group
- keep quiet about bullying that I see or anything else that could make another sports person unhappy
- swear at or insult the coaches or other participants
- laugh at or embarrass other participants
- argue with the officials
- smoke, consume alcohol or drugs of any kind

The following are examples of constitute unacceptable behaviour:

- disrupting sessions/activities
- using inappropriate language
- abusing or disrespecting other participants and or officials
- stealing or deliberately damaging equipment or belongings
- bullying

physically : pushing, hitting, kicking, pinching, etc,

verbally : name-calling, spreading rumours, constant teasing and sarcasm,

emotionally : tormenting, ridiculing, humiliating and ignoring,

racially : taunts, graffiti and gestures,

sexually : unwanted physical contact or abuse

electronically: texting, e-mails and blogs

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