



DORSET COUNTY ATHLETIC ASSOCIATION **CROSS COUNTRY CHAMPIONSHIPS**

VENUE: Canford School, Canford Magna, Wimborne Dorset BH21 3AD

DATE: Sunday 13th December 2015

<u>Planned Event time</u>	<u>Age Groups</u>	<u>Approx Distances</u>
11.45	U17 Women	4.8k
11.45	U17 Men	4.8k
11.45	U20 Women	4.8k
11.45	Senior and Veteran Women	4.8k
11.55	U20 Men	8.1k
11.55	Senior and Veteran Men	8.1k
13.00	U13 Girls	3.3k
13.15	U13 Boys	3.3k
13.30	U15 Girls	4.0k
13.30	U15 Boys	4.0k

The course is on parkland and is suitable for spikes, but crosses short areas of hard surface.

ENTRY FEE: £3 PER COMPETITOR (CHEQUES PAYABLE TO DCAA)

COLLECT RACE NUMBER AT REGISTRATION

CLOSING DATE: FRIDAY 3rd DECEMBER 2015

NO ENTRIES ON THE DAY OR BY EMAIL

ENTRY FORMS BY POST WITH ENTRY FEES TO:

Dorset County XC entries, c/o Lindsay Hole 10 Meadowsweet Road, Poole, Dorset
BH17 7XT for more information e-mail – woodlands20@hotmail.com

Runners should note that the County XC is being run alongside Match 4 of the Wessex XC League and if runners fail to enter the championships they will not be considered for a medal even if they finish within the top 3 in their respective races.

DCAA CHAMPIONSHIP ENTRY CRITERIA

1. To compete in the DCAA Championships competitors must:
 - A. have been born in the County
 - OR B. have lived continuously in Dorset for at least 9 months preceding the event
 - OR C. be a student in residence at a School, College or University in Dorset
 - OR D. have been serving in a unit of H.M. forces stationed in Dorset for at least nine months preceding the event.
(Note: boarding school and service unit athletes are requested to indicate their Home Address County on the entry form as only those athletes who are resident in Dorset are eligible to compete for the County) If you are unsure of your eligibility please contact the Championship Secretary.
- AND E. not have competed in the championships of, or represented at Inter-County Championships, a county other than Dorset since 1st October 2014.
2. A competitor may only compete in one age group and in combined events will only be eligible for an award in the age group in which he or she is entered. The Senior and Veteran Women's races are combined for the Senior Women's Team. The Veteran and Senior Men's races are combined for the Senior Men's Team.
 3. **Guest Competitors:** entry at the discretion of the Championship Secretary
 4. **Club/School Colours** must be worn.

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ENTRY FORM

ENTRY FEE: £3 PER COMPETITOR (CHEQUES PAYABLE TO DCAA)

.... **MALE**

.... **FEMALE (please tick)**

AGE GROUPS: (PLEASE TICK APPROPRIATE AGE GROUP)

- | | |
|----------------------------|--|
| U13 Boys and Girls: | Aged at least 11 on day of race and aged 12 on 31 Aug 15 |
| U15 Boys and Girls: | Aged 13 or 14 on 31 Aug 15 |
| U17 Men and Women: | Aged 15 or 16 on 31 Aug 15 |
| U20 Men and Women | Aged at least 17 and under 20 on 31 Aug 15 |
| Senior Men and Women | Aged 20 or over on 31 st Aug 2015 |
| Veteran Men and Women | Aged 35 or over on 31 st Aug 2015 |

Full Name

Home Address (Block letters).....
.....

Tel no:..... email:.....

Date of Birth..... Place of Birth.....

OR I have lived in Dorset since:.....

Club/School/service unit:.....

UKA registration number (if a club member).....

Signed..... Date.....

Do you want to be considered for Dorset Teams for the Inter County Championships on 12/03/16 – Yes / No

Data Protection - Data Protection Act 1998 - The information supplied on the league form will be stored on a database for use ONLY by Team Dorset Athletics Network. The only information that will be published is age group, club, name and results.