

| Date | Event | Age Group | Venue | Entry |
|-----------------|------------------------------------|---------------------|--------------|------------------|
| 29/30 May 2021 | EA Senior/U20 CE | Sen U20 | Bedford | Online |
| 05 June 2021 | YDL LAG | U13 U15 | Southampton | Harriet/Karen |
| 06 June 2021 | NAL | U20 Sen | Tonbridge | Tim/Amy |
| 12 June 2021 | Dorset Schools Track (not hurdles) | U13 U19 | KP | School |
| 12 June 2021 | Hampshire Schools | U15 U19 | Portsmouth | School |
| 12/13 June 2021 | SEAA U20/Senior Championships | U20 Sen | Bedford | Online |
| 19 June 2021 | Dorset Schools Field and hurdles | U13 U19 | KP | School |
| 19/20 June 2021 | EA U20/U23 Championships | U20 U23 | Bedford | Online |
| 20 June 2021 | SAL | U17 U20 Sen | Yeovil | Jemma/Adam |
| 26 June 2021 | Dorset Championships | U17 U20 Sen | KP | Online |
| 26/27 June 2021 | British Championships | Sen | Manchester | Invitation |
| 26/27 June 2021 | SW Schools CE | U15 U17 U19 | Yeovil | Invitation |
| 27 June 2021 | YDL UAG | U17 U20 | Guildford | Suzi |
| 27 June 2021 | Wessex | U11 U13 U15 U17 | Swindon | B/Nick/Fiesta |
| 03 July 2021 | Dorset Championships | U13 U15 | KP | Online |
| 03 July 2021 | NAL | U20 Sen | Basingstoke | Tim/Amy |
| 3/4 July 2021 | SEAA CE | U15 U17 U20 Sen | Oxford | Online |
| 9/11 July | ESAA Championships | U15 U17 U19 | Manchester | County Selection |
| 11 July 2021 | SAL | U17 U20 Sen | KP | Jemma/Adam |
| 11 July 2021 | Wessex | U11 U13 U15 U17 | Winchester | B/Nick/Fiesta |
| 13 July 2021 | Anniversary Games | | London | |
| 17 July 2021 | YDL LAG | U13 U15 | KP | Harriet/Karen |
| 17/18 July 2021 | EA Senior/Disability Championships | Sen | Bedford | Online |
| 18 July 2021 | SW Championships | All Ages | Exeter | Online |
| 24 July 2021 | KP Track Relaunch Event | | KP | Invitation |
| 25 July 2021 | YDL UAG | U17 U20 | Winchester | Suzi |
| 7 Aug 2021 | NAL | U20 Sen | KP | Tim/Amy |
| 7/8 Aug 2021 | EA U17/U15 Championships | U15 U17 | Manchester | Online |
| 14 Aug 2021 | SAL | U17 U20 Sen | KP | Jemma/Adam |
| 18 Aug 2021 | Manchester International | | Manchester | |
| 21/22 Aug 2021 | SEAA U13/U15/U17 Championships | U13 U15 U17 | Kingston | Online |
| 28 Aug 2021 | NAL | U20 Sen | KP | Tim/Amy |
| 28/29 Aug 2021 | EA U17/U15 CE | U15 U17 | Manchester | Online |
| 29/30 Aug 2021 | Hampshire Championships | U13 U15 U17 U20 Sen | Portsmouth | Online |
| 2/5 Sep 2021 | UK School Games | U17 | Loughborough | County Selection |
| 4 Sep 2021 | YDL LAG | U13 U15 | Portsmouth | Karen |
| 5 Sep 2021 | YDL UAG | U17 U20 | KP | Suzi |
| 11 Sep 2021 | SAL | U17 U20 Sen | Salisbury | Jemma/Adam |
| 11 Sep 2021 | SEAA U15/U20 Inter-Counties | U15 U20 | Oxford | County Selection |
| 12 Sep 2021 | BAC Open | All Ages | KP | Online |
| 19 Sep 2021 | Wessex | U11 U13 U15 U17 | Winchester | B/Nick/Fiesta |

