

**BRITISH ATHLETICS LEAGUE DIV. 3
DERBY 22 AUGUST 2009**

Track

Event	Name	Performance	Position/Points
100m	Richards Reeks	11.52s	7 th A 5pts
	Olu Baptist	11.58s	7 th B 2pts
200m	James Warsop U23	22.93s	7 th A 5pts
	Bradley Pickup U23	23.31s	7 th B 2pts
400m	Adam Omisore	50.96s	5 th A 8pts
	Conor Mugan U20	55.76s	8 th B 1pt
800m	Conor Mugan U20	2m 04.14s	8 th A 4pts
1500m	Ryan Saunders U20	4m 01.71s	5 th A 8pts
	Fergus O'Reilly U17	4m 08.59s	6 th B 3pts
5000m	Rob McTaggart	15m 51.69s	8 th A 4pts
	Ian Habgood	16m 04.97s	7 th B 2pts
110m Hurdles	Richard Reeks	14.96s	2 nd A 14pts
	Nigel Hayman	16.07s	1 st B 12pts
400m Hurdles	Nigel Hayman	60.25s	5 th A 8pts
	Robert Hardyman	66.86s	7 th B 2pts
3000m SC	Jon Sharkey	10m 20.64s	8 th A 4pts
	Robert Hardyman	10m 36.07s	5 th B 4pts
4x100 Relay	J. Warsop, R. Reeks, A. Omisore, O. Baptist	44.55s	6 th 6pts

Field

Shot Putt	Andy Turner V45	12.76m	4 th A 10pts
	Simon Armstrong V45	11.97m	2 nd B 10pts
Discus	Andy Turner V45	38.69m	3 rd A 12pts
	Simon Armstrong V45	32.08m	3 rd B 8pts
Hammer	Matt Frampton	55.15m	2 nd A 14pts
	Andy Turner V45	43.98m	2 nd B 10pts
Javelin	Richard Reeks	43.81m	4 th A 10pts
	Simon Armstrong V45	33.86m	6 th B 3pts
High Jump	Richard Reeks	1.90m	3 rd A 12pts
	Bradley Pickup U23	1.75m	2 nd = B 9pts

Field (continued)

Event	Name	Performance	Position/Points	
Long Jump	Bradley Pickup U23	6.71m	3 rd A	12pts
	James Warsop U23	6.44m	2 nd B	10pts
Triple Jump	Bradley Pickup U23`	12.89m	5 th A	8pts
	James Warsop U23	11.87m	5 th B	4pts

Team Scores

1 Derby AC	377
2 Crawley AC	354
3 Southend-on-Sea AC	274
4 Team Southampton	258
5 Bedford & County AC	247
6 Cambridge Harriers	237
7 Bournemouth AC	226
8 Medway & Maidstone AC	217

FINAL LEAGUE STANDINGS

1 Derby AC	30
2 Crawley AC	30
3 Cambridge Harriers	20
4 Southend-on-Sea AC	17
5 Team Southampton	14
6 Bournemouth AC	12
7 Medway & Maidstone AC	11
8 Bedford & County AC	10