

Event: **BAL Div 4: Match 1**  
 Venue: **Bournemouth**  
 Date: **4th June 2011**

# Results

SM 100m		'A' String	-2.1 m/s
pos.	Name	Team	Perf.
1	5 Jaryd Robinson	Southampton AC	11.05 G3
2	3 Kevin Ellis	Nene Valley Harriers	11.07 G3
3	6 Alex Murdoch	Victoria Park & Tower H	11.08 G3
4	1 Sven Knippahls	Bournemouth AC	11.19 G3
5	2 Samuel Cordin	Mansfield Harriers	11.45
6	4 Luke Wale	Reading AC	11.46

SM 100m		'B' String	-4.3 m/s
pos.	Name	Team	Perf.
1	66 Tunde Balogun	Victoria Park & Tower H	11.23 G3
2	55 Norman Fullard	Southampton AC	11.31
3	44 Phil Brickley	Reading AC	11.65
4	11 James Lelliott	Bournemouth AC	11.93
5	33 Simon Turnock	Nene Valley Harriers	11.95
6	22 Martin Cook	Mansfield Harriers	12.01

SM 200m		'A' String	-3.2 m/s
pos.	Name	Team	Perf.
1	1 Sven Knippahls	Bournemouth AC	22.09 G3
2	5 Jaryd Robinson	Southampton AC	22.27 G3
3	2 Samuel Cordin	Mansfield Harriers	22.35 G3
4	3 Kevin Ellis	Nene Valley Harriers	22.44 G3
5	4 Luke Wale	Reading AC	22.90
6	6 Abdul Buhari	Victoria Park & Tower H	23.22

SM 200m		'B' String	-4.8 m/s
pos.	Name	Team	Perf.
1	55 Norman Fullard	Southampton AC	22.85
2	33 Darrellon Holding	Nene Valley Harriers	23.09
3	44 Rian Corbin	Reading AC	23.25
4	22 Adam Sansom	Mansfield Harriers	23.33
5	66 Othman Rakid	Victoria Park & Tower H	23.42
6	11 Rhys Bennett	Bournemouth AC	24.30

SM 400m		'A' String	
pos.	Name	Team	Perf.
1	6 Hamim Lubega	Victoria Park & Tower H	49.45 G2
2	3 Darrellon Holding	Nene Valley Harriers	49.66 G3
3	5 Ben Winstanley	Southampton AC	49.68 G3
4	2 Martin Cook	Mansfield Harriers	49.87 G3
5	1 Charlie Patrick	Bournemouth AC	51.79
6	4 Mark Robinson	Reading AC	51.97

SM 400m		'B' String	
pos.	Name	Team	Perf.
1	55 Aaron Bennett	Southampton AC	50.28 G3
2	22 Paul Wright	Mansfield Harriers	51.09
3	44 Carl Bradbury	Reading AC	51.35
4	33 David Brown	Nene Valley Harriers	51.82
5	11 Paul Dickson	Bournemouth AC	52.30
6	66 Alex Babb	Victoria Park & Tower H	52.79

SM 800m		'A' String	
pos.	Name	Team	Perf.
1	5 Harry Fisher	Southampton AC	1:53.97 G3
2	4 Carl Bradbury	Reading AC	1:54.40 G3
3	2 Danny Barken	Mansfield Harriers	1:54.88 G3
4	1 Dan Price	Bournemouth AC	1:57.11
5	3 Edgas Sumskis	Nene Valley Harriers	2:00.30
6	6 Ben Ivorson	Victoria Park & Tower H	2:10.02

SM 800m		'B' String	
pos.	Name	Team	Perf.
1	55 John Slade	Southampton AC	1:56.16
2	22 Chris Brown	Mansfield Harriers	1:57.11
3	44 Jack Williams	Reading AC	1:58.18
4	11 Karl Welch	Bournemouth AC	1:58.83
5	66 James Foley	Victoria Park & Tower H	2:07.26
6	33 Andrew Dickens	Nene Valley Harriers	2:08.66

SM 1500m		'A' String	
pos.	Name	Team	Perf.
1	2 Danny Barken	Mansfield Harriers	4:03.59
2	6 Mehretab Solomon	Victoria Park & Tower H	4:03.91
3	1 Dan Price	Bournemouth AC	4:08.67
4	55 Russ Osborn	Southampton AC	4:08.68
5	3 Edgas Sumskis	Nene Valley Harriers	4:08.92
6	4 Jack Gregory	Reading AC	4:14.78

SM 1500m		'B' String	
pos.	Name	Team	Perf.
1	66 Tom Heslop	Victoria Park & Tower H	4:08.93
2	11 Rob McTaggart	Bournemouth AC	4:13.01
3	22 Chris Brown	Mansfield Harriers	4:14.78
4	44 Luke McAra	Reading AC	4:15.17
5	33 Adam Birch	Nene Valley Harriers	4:21.52
6	5 Gareth Klepacz	Southampton AC	4:31.79

SM 5000m		'A' String	
pos.	Name	Team	Perf.
1	6 Mehretab Solomon	Victoria Park & Tower H	14:41.30 G2
2	1 Ian Habgood	Bournemouth AC	15:53.75
3	55 Matt Hibberd	Southampton AC	16:06.31
4	33 Paul Halford	Nene Valley Harriers	16:29.02
5	44 Daniel Thorne	Reading AC	16:45.12
6	22 Andy Norton	Mansfield Harriers	17:29.75

SM 5000m		'B' String	
pos.	Name	Team	Perf.
1	11 Jon Sharkey	Bournemouth AC	16:11.50
2	5 Martin Johnson	Southampton AC	16:17.93
3	66 Richard Hope	Victoria Park & Tower H	16:59.39
4	4 Richard Kinnersley	Reading AC	17:16.86
5	2 Stuart King	Mansfield Harriers	17:37.32
6	3 Adam Birch	Nene Valley Harriers	17:43.89

SM 110m Hurdles		'A' String	-2.6 m/s
pos.	Name	Team	Perf.
1	4 Michael Dyer	Reading AC	15.49
2	6 Sam Sillah	Victoria Park & Tower H	16.05
3	5 Sean Adams	Southampton AC	16.26
4	3 Sean Reidy	Nene Valley Harriers	16.58
5	2 Stefan Wilcockson	Mansfield Harriers	16.60
6	1 Paul Hindle	Bournemouth AC	20.86

SM 110m Hurdles		'B' String	-5.2 m/s
pos.	Name	Team	Perf.
1	66 Alec Wing	Victoria Park & Tower H	16.98
2	44 Bertie Lewis	Reading AC	17.50
3	55 Frederick Legah	Southampton AC	18.48
4	33 Adam Fidgett	Nene Valley Harriers	19.54
5	11 Rhys Bennett	Bournemouth AC	20.63
6	22 Jonathan Newell	Mansfield Harriers	DNF

SM 400m Hurdles		'A' String		Perf.
pos.	Name	Team		
1	5 James Forman	Southampton AC		51.68 G1
2	6 Alec Wing	Victoria Park & Tower H		54.21 G2
3	4 Bertie Lewis	Reading AC		54.39 G2
4	3 Sean Reidy	Nene Valley Harriers		55.18 G2
5	2 Adam Sansom	Mansfield Harriers		57.59
6	1 Paul Hindle	Bournemouth AC		58.97

SM 400m Hurdles		'B' String		Perf.
pos.	Name	Team		
1	55 Sean Adams	Southampton AC		55.20 G2
2	66 Jordan Aromasodu	Victoria Park & Tower H		55.91 G3
3	22 Stefan Wilcockson	Mansfield Harriers		57.65
4	33 Adam Fidgett	Nene Valley Harriers		61.86
5	44 Daniel Thorne	Reading AC		63.89
6	11 Rob Hardyman	Bournemouth AC		65.34

SM 3000m SC		'A' String		Perf.
pos.	Name	Team		
1	4 Fabian Downs	Reading AC		9:46.47 G3
2	1 Rob Hardyman	Bournemouth AC		10:09.27
3	6 David Alcock	Victoria Park & Tower H		10:29.06
4	55 Tom Muddiman	Southampton AC		10:40.05
5	22 Andy Norton	Mansfield Harriers		10:50.19
6	3 Tom Rodgers	Nene Valley Harriers		11:04.62

SM 3000m SC		'B' String		Perf.
pos.	Name	Team		
1	44 David Lews	Reading AC		10:21.07
2	66 Gary Bagnall	Victoria Park & Tower H		10:41.28
3	11 Simon Munro	Bournemouth AC		10:47.80
4	2 Stuart King	Mansfield Harriers		11:36.18
5	5 Pete Davis	Southampton AC		11:41.77
6	33 Andrew Dickens	Nene Valley Harriers		12:19.62

SM High Jump		'A' String		Trials
pos.	Name	Team	Perf.	
1	6 Nick Stanisavijec	Victoria Park & Tower H	2.08	G1
2	1 Alex Cox	Bournemouth AC	2.02	G1
3	5 Matt Watson	Southampton AC	2.02	G1
4	4 Ryan Bonifas	Reading AC	1.90	G3
5	33 Ben Jones	Nene Valley Harriers	1.78	
6	2 Paul Wright	Mansfield Harriers	1.00	

SM High Jump		'B' String		Trials
pos.	Name	Team	Perf.	
1	66 Sam Sillah	Victoria Park & Tower H	1.90	G3
2	11 Bradley Pickup	Bournemouth AC	1.81	
3	44 Thomas Plank	Reading AC	1.78	
4	3 Joe Evling-White	Nene Valley Harriers	1.50	
5=	55 John Slade	Southampton AC	1.00	
5=	22 Greg Millar	Mansfield Harriers	1.00	

SM Pole Vault		'A' String		Trials
pos.	Name	Team	Perf.	
1	5 Luke Hodgetts	Southampton AC	4.00	
2	2 Connor McHale	Mansfield Harriers	3.40	
3	6 Baddar Echakhah	Victoria Park & Tower H	3.40	
4	44 Scott Davies	Reading AC	3.20	
5	33 Adam Fidgett	Nene Valley Harriers	3.20	
6	1 Rhys Bennett	Bournemouth AC	2.80	

SM Pole Vault		'B' String		Trials
pos.	Name	Team	Perf.	
1	55 Richard Humby	Southampton AC	3.80	
2	66 Nick Stanisavijec	Victoria Park & Tower H	3.00	
3	22 Greg Millar	Mansfield Harriers	2.40	
4	11 Paul Hindle	Bournemouth AC	1.80	
5	---			
6	---			

SM Long Jump		'A' String		Trials
pos.	Name	Team	Perf.	
1	1 Bradley Pickup	Bournemouth AC	7.59	G1
2	5 James Grocock	Southampton AC	7.51	G1
3	6 Sam Sillah	Victoria Park & Tower H	6.48	G3
4	44 Neil Hallett	Reading AC	6.32	
5	2 Adam Sansom	Mansfield Harriers	5.99	
6	3 Adam Fidgett	Nene Valley Harriers	5.66	

SM Long Jump		'B' String		Trials
pos.	Name	Team	Perf.	
1	11 James Lelliott	Bournemouth AC	7.33	G1
2	4 Ben Pearson	Reading AC	6.27	
3	55 Calum Bressington	Southampton AC	6.20	
4	66 Jason Richards-Thompson	Victoria Park & Tower H	5.52	
5	33 Sean Reidy	Nene Valley Harriers	5.42	
6	22 Martin White	Mansfield Harriers	5.32	

SM Triple Jump		'A' String		Trials
pos.	Name	Team	Perf.	
1	11 James Lelliott	Bournemouth AC	14.02	G2
2	5 Matt Watson	Southampton AC	13.92	G2
3	6 Jason Richards-Thompson	Victoria Park & Tower H	13.79	G2
4	4 Neil Hallett	Reading AC	13.07	G3
5	33 Ben Jones	Nene Valley Harriers	11.77	
6	2 Jonathan Newell	Mansfield Harriers	11.42	

SM Triple Jump		'B' String		Trials
pos.	Name	Team	Perf.	
1	1 Bradley Pickup	Bournemouth AC	13.68	G2
2	55 Chris Bull	Southampton AC	13.02	G3
3	66 Sam Sillah	Victoria Park & Tower H	12.09	
4	44 Ryan Bonifas	Reading AC	11.92	
5	3 Adam Fidgett	Nene Valley Harriers	11.65	
6	22 Connor McHale	Mansfield Harriers	8.64	

SM Shot Putt		'A' String		Trials
pos.	Name	Team	Perf.	
1	1 Simon Fricker	Bournemouth AC	14.52	G1
2	5 Gary Newton	Southampton AC	14.09	G1
3	3 Ken Baker	Nene Valley Harriers	13.71	G1
4	2 Matthew Wooley	Mansfield Harriers	12.79	G2
5	44 Michael Dyers	Reading AC	11.90	G3
6	6 Nick Stanisavijec	Victoria Park & Tower H	9.96	

SM Shot Putt		'B' String		Trials
pos.	Name	Team	Perf.	
1	33 Andrej Sidorkin	Nene Valley Harriers	12.60	G3
2	11 Simon Armstrong	Bournemouth AC	12.19	G3
3	4 Nathan Walters	Reading AC	10.49	
4	55 Phil Hume	Southampton AC	10.23	
5	22 Hadan Brittain	Mansfield Harriers	10.09	
6	66 Simon Butler	Victoria Park & Tower H	8.84	

SM Discus		'A' String		Trials
pos.	Name	Team	Perf.	
1	5 Gary Newton	Southampton AC	41.18	G2
2	1 Simon Fricker	Bournemouth AC	40.28	G3
3	3 Ken Baker	Nene Valley Harriers	36.43	
4	2 Matthew Wooley	Mansfield Harriers	36.43	
5	4 Michael Dyer	Reading AC	34.28	
6	6 Baddar Echakhah	Victoria Park & Tower H	26.34	

SM Discus		'B' String		Trials
pos.	Name	Team	Perf.	
1	33 Simon Achurch	Nene Valley Harriers	34.98	
2	11 Simon Armstrong	Bournemouth AC	34.74	
3	22 Hadan Brittain	Mansfield Harriers	26.97	
4	44 Luke Wale	Reading AC	25.27	
5	55 Phil Hume	Southampton AC	23.11	
6	66 Simon Butler	Victoria Park & Tower H	17.94	

SM Hammer		'A' String		Trials
pos.	Name	Team	Perf.	
1	3 Simon Achurch	Nene Valley Harriers	44.58	G3
2	6 Wes Clarke	Victoria Park & Tower H	41.80	
3	44 Nathan Walters	Reading AC	39.52	
4	2 Handan Brittain	Mansfield Harriers	39.07	
5	1 Simon Armstrong	Bournemouth AC	36.86	
6	5 Mike Small	Southampton AC	33.30	

SM Hammer		'B' String		Trials
pos.	Name	Team	Perf.	
1	33 Andrej Sidorkin	Nene Valley Harriers	39.11	
2	66 Baddar Echakhah	Victoria Park & Tower H	29.83	
3	11 Simon Fricker	Bournemouth AC	26.78	
4	4 Chris Toms	Reading AC	25.95	
5	55 Phil Hume	Southampton AC	24.01	
6	22 Martin White	Mansfield Harriers	20.01	

SM Javelin		'A' String		Trials	
pos.	Name	Team	Perf.		
1	3 Thomas Saunorious	Nene Valley Harriers	62.84	G1	
2	2 Greg Millar	Mansfield Harriers	56.96	G2	
3	1 Aaron Harris	Bournemouth AC	56.04	G2	
4	6 Baddar Echakhah	Victoria Park & Tower H	53.67	G2	
5	4 Ben Taplin	Reading AC	48.54	G3	
6	5 Matt Watson	Southampton AC	43.23		

SM Javelin		'B' String		Trials	
pos.	Name	Team	Perf.		
1	11 James Lelliott	Bournemouth AC	53.36	G2	
2	22 Matthew Wooley	Mansfield Harriers	47.82	G3	
3	33 Sam Lawrence	Nene Valley Harriers	42.43		
4	44 Ryan Bonifas	Reading AC	39.99		
5	66 Nick Stanisavijec	Victoria Park & Tower H	34.32		
6	55 Phil Hume	Southampton AC	29.72		

SM 4x100m Relay						
pos.	Team	First Leg	Second Leg	Third Leg	Fourth Leg	Perf.
1	1 Bournemouth AC	Rhys Bennett	Bradley Pickup	Paul Dickson	Sven Kripphals	42.62
2	6 Victoria Park & Tower H	Abdul Buhari	Pato Bangura	Tunde Balogun	Alex Murdock	42.70
3	5 Southampton AC	Will Hodgetts	Jaryd Robinson	Sean Adams	Norman Fullard	43.09
4	4 Reading AC	Luke Wilson	Rian Corbin	Sam Hickman	Phil Brickley	43.23
5	3 Nene Valley Harriers	James Thomas	Kevin Ellis	Simon Turnock	Darrellon Holding	43.32
6	2 Mansfield Harriers	Martin White	Stefan Wilcockson	Adam Sansom	Samuel Cordin	44.61

SM 4x400m Relay		Splits				
pos.	Team	First Leg	Second Leg	Third Leg	Fourth Leg	Perf.
1	5 Southampton AC	Ben Winstanley	James Forman	John Slade	Aaron Bennett	3:19.38
2	2 Mansfield Harriers	Paul Wright	Danny Barkes	Chris Brown	Samuel Cordin	3:22.26
3	6 Victoria Park & Tower H	Pato Bangura	Alec Wing	Tunde Balogun	Hamim Lubega	3:23.18
4	3 Nene Valley Harriers	Sean Reidy	Ben Jones	David Brown	Darrellon Holding	3:24.20
5	4 Reading AC	Mark Robinson	Jack Williams	Carl Bradbury	Mike Dyer	3:33.26
6	1 Bournemouth AC	Paul Dickson	Paul Hindle	Dan Price	Charlie Patrick	3:36.39

Event: **BAL Div 4: Match 1**  
 Location: **Bournemouth**  
 Date: **4th June 2011**

# Scores

Events	Bournemouth AC		Mansfield Harriers		Nene Valley Harriers		Reading AC		Southampton AC		Victoria Park & Tower H		Waste	
	A	B	A	B	A	B	A	B	A	B	A	B	A	B
SM 100m	6	3	5	1	10	2	4	4	12	6	8	8	0	0
SM 200m	12	1	8	3	6	6	5	4	10	8	4	2	0	0
SM 400m	5	2	6	6	10	3	4	4	8	8	12	1	0	0
SM 800m	6	3	8	6	5	1	10	4	12	8	4	2	0	0
SM 1500m	8	6	12	4	5	2	4	3	6	1	10	8	0	0
SM 5000m	10	8	4	2	6	1	5	3	8	6	12	4	0	0
SM 110m Hurdles	4	2	5	0	6	3	12	6	8	4	10	8	0	1
SM 400m Hurdles	4	1	5	4	6	3	8	2	12	8	10	6	0	0
SM 3000m SC	10	4	5	3	4	1	12	8	6	2	8	6	0	0
SM High Jump	10	6	4	1.5	5	3	6	4	8	1.5	12	8	0	0
SM Pole Vault	4	3	10	4	5	0	6	0	12	8	8	6	0	3
SM Long Jump	12	8	5	1	4	2	6	6	10	4	8	3	0	0
SM Triple Jump	12	8	4	1	5	2	6	3	10	6	8	4	0	0
SM Shot Putt	12	6	6	2	8	8	5	4	10	3	4	1	0	0
SM Discus	10	6	6	4	8	8	5	3	12	2	4	1	0	0
SM Hammer	5	4	6	1	12	8	8	3	4	2	10	6	0	0
SM Javelin	8	8	10	6	12	4	5	3	4	1	6	2	0	0
SM 4x100m Relay	12	---	4	---	5	---	6	---	8	---	10	---	0	---
SM 4x400m Relay	4	---	10	---	6	---	5	---	12	---	8	---	0	---
<b>Totals:</b>	154	79	123	49.5	128	57	122	64	172	78.5	156	76	0	4
<b>Team Totals:</b>	233		172.5		185		186		250.5		232		4	
<b>Adjustment:</b>														

Competition:	Pts
1 Southampton AC	250.5
2 Bournemouth AC	233
3 Victoria Park & Tower H	232
4 Reading AC	186
5 Nene Valley Harriers	185
6 Mansfield Harriers	172.5

Event: BAL Div 4: Match 1  
 Venue: Bournemouth  
 Date: 4th June 2011

# Trials Data

SM High Jump		'A' String	Trials Data											Results					
Name	Team	Best	1.00	1.50	1.60	1.63	1.66	1.69	1.72	1.75	1.78	1.81	1.84	1.87	1.90	1.96	2.02	2.05	2.08
6	Nick Stanisavijec	Victoria Park & Tower H																	
1	Alex Cox	Bournemouth AC																	
5	Matt Watson	Southampton AC																	
4	Ryan Bonifas	Reading AC																	
33	Ben Jones	Nene Valley Harriers																	
2	Paul Wright	Mansfield Harriers																	

SM High Jump		'B' String	Trials Data											Results	
Name	Team	Best	1.80	1.81	1.78	1.50	1.00	1.00	3.00	3.20	3.40	3.60	3.80	4.00	4.10
66	Sam Sillah	Victoria Park & Tower H													
11	Bradley Pickup	Bournemouth AC													
44	Thomas Plank	Reading AC													
3	Joe Eving-White	Nene Valley Harriers													
55	John Slade	Southampton AC													
22	Greg Millar	Mansfield Harriers													

SM Pole Vault		'A' String	Trials Data											Results	
Name	Team	Best	1.80	2.00	2.20	2.40	2.60	2.80	3.00	3.20	3.40	3.60	3.80	4.00	4.10
5	Luke Hodgetts	Southampton AC													
2	Connor McHale	Mansfield Harriers													
6	Baddar Echakhah	Victoria Park & Tower H													
44	Scott Davies	Reading AC													
33	Adam Fidgett	Nene Valley Harriers													
1	Rhys Bennett	Bournemouth AC													

SM Pole Vault		'B' String	Trials Data											Results	
Name	Team	Best	1.80	2.00	2.20	2.40	2.60	2.80	3.00	3.20	3.40	3.60	3.80	4.00	4.10
55	Richard Humby	Southampton AC													
66	Nick Stanisavijec	Victoria Park & Tower H													
22	Greg Millar	Mansfield Harriers													
11	Paul Hindle	Bournemouth AC													
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SM Long Jump		'A' String	Trials Data						Results
Name	Team	Best	Trial # 1	Trial # 2	Trial # 3	Trial # 4	Trial # 5	Trial # 6	
1	Bradley Pickup	Bournemouth AC	7.59	NJ	NJ	7.35	NJ	7.59	
5	James Groocock	Southampton AC	7.51	6.99	7.26	7.37	7.32	7.51	
6	Sam Sillah	Victoria Park & Tower H	6.48	6.41	6.41	6.35	6.48	6.32	
44	Neil Hallett	Reading AC	6.32	6.19	NJ	6.32	NJ	NJ	
2	Adam Sansom	Mansfield Harriers	5.99	5.99	2.50	---	---	---	
3	Adam Fidgett	Nene Valley Harriers	5.66	5.36	5.55	5.66	---	---	

Wind Readings						
# 1	# 2	# 3	# 4	# 5	# 6	
+1.0	+1.8	+1.6	+2.5	+1.2	+3.1	
+0.4	+2.9	+2.8	+1.2	+2.7	+4.0	
+2.1	+2.0	+2.4	+1.8	+3.9	+1.6	
+1.5	+2.0	+4.8	+2.7	+4.9	+1.7	
+4.5	+2.5	---	---	---	---	
+2.2	+0.9	+1.0	---	---	---	

SM Long Jump		'B' String	Trials Data						Results
Name	Team	Best	Trial # 1	Trial # 2	Trial # 3	Trial # 4	Trial # 5	Trial # 6	
11	James Lelliott	Bournemouth AC	7.33	6.95	NJ	7.33	NJ	7.27	
4	Ben Pearson	Reading AC	6.27	6.22	6.27	NJ	NJ	NJ	
55	Calum Bressington	Southampton AC	6.20	NJ	6.20	NJ	---	---	
66	Jason Richards-Thompson	Victoria Park & Tower H	5.52	5.52	NJ	NJ	---	---	
33	Sean Reidy	Nene Valley Harriers	5.42	5.42	5.32	---	---	---	
22	Martin White	Mansfield Harriers	5.32	5.14	5.32	---	---	---	

Wind Readings						
# 1	# 2	# 3	# 4	# 5	# 6	
+3.3	+3.1	+4.7	+4.5	+3.5	+1.8	
+1.7	+2.1	+1.8	+2.1	+1.8	+3.2	
+4.1	+2.9	+1.2	---	---	---	
+1.7	+2.8	+3.7	---	---	---	
+2.2	+1.6	---	---	---	---	
+3.0	+1.6	---	---	---	---	

SM Triple Jump		'A' String	Trials Data						Results
Name	Team	Best	Trial # 1	Trial # 2	Trial # 3	Trial # 4	Trial # 5	Trial # 6	
11	James Lelliott	Bournemouth AC	14.02	13.76	13.96	14.02	---	---	
5	Matt Watson	Southampton AC	13.92	NJ	13.86	13.63	13.92	13.64	
6	Jason Richards-Thompson	Victoria Park & Tower H	13.79	12.68	13.31	13.79	13.57	13.06	
4	Neil Hallett	Reading AC	13.07	12.52	12.70	13.07	12.87	NJ	
33	Ben Jones	Nene Valley Harriers	11.77	11.18	11.77	11.49	---	---	
2	Jonathan Newell	Mansfield Harriers	11.42	11.15	11.42	---	---	---	

Wind Readings						
# 1	# 2	# 3	# 4	# 5	# 6	
+2.1	+1.1	+1.4	---	---	---	
+0.6	+2.7	+1.4	+3.1	+1.3	+3.0	
+1.4	+1.1	+6.0	+1.7	+1.6	---	
+2.6	+3.8	+4.1	+3.1	+2.7	---	
+2.3	+2.0	+4.5	---	---	---	
+1.6	+1.5	---	---	---	---	

SM Triple Jump		'B' String	Trials Data						Results
Name	Team	Best	Trial # 1	Trial # 2	Trial # 3	Trial # 4	Trial # 5	Trial # 6	
1	Bradley Pickup	Bournemouth AC	13.68	13.68	13.57	---	---	---	
55	Chris Bull	Southampton AC	13.02	NJ	12.98	13.02	12.93	NJ	
66	Sam Sillah	Victoria Park & Tower H	12.09	11.41	12.09	11.51	---	---	
44	Ryan Bonifas	Reading AC	11.92	NJ	11.80	11.92	---	---	
3	Adam Fidgett	Nene Valley Harriers	11.65	11.21	11.65	---	---	---	
22	Connor McHale	Mansfield Harriers	8.64	8.64	---	---	---	---	

Wind Readings						
# 1	# 2	# 3	# 4	# 5	# 6	
+2.1	+0.6	---	---	---	---	
+1.4	+2.8	+1.5	+1.5	+1.3	+1.5	
+1.9	+2.0	+4.9	---	---	---	
+1.6	+3.5	+1.4	---	---	---	
+1.6	+4.1	---	---	---	---	
+2.0	---	---	---	---	---	

SM Shot Putt		'A' String	Trials Data					Results	
Name	Team	Best	Trial # 1	Trial # 2	Trial # 3	Trial # 4	Trial # 5	Trial # 6	
1	Simon Fricker	Bournemouth AC	14.52	14.52	NT	NT	NT	R	R
5	Gary Newton	Southampton AC	14.09	13.11	12.92	13.76	13.43	14.09	NT
3	Ken Baker	Nene Valley Harriers	13.71	NT	NT	11.45	12.75	13.12	13.71
2	Matthew Wooley	Mansfield Harriers	12.79	NT	12.50	12.49	12.79	NT	NT
44	Michael Dyers	Reading AC	11.90	10.49	10.35	10.22	R	---	---
6	Nick Stanisavijec	Victoria Park & Tower H	9.96	9.80	9.96	9.53	---	---	---

SM Shot Putt		'B' String	Trials Data					Results	
Name	Team	Best	Trial # 1	Trial # 2	Trial # 3	Trial # 4	Trial # 5	Trial # 6	
33	Andrej Sidorkin	Nene Valley Harriers	12.60	11.98	NT	12.60	11.95	12.58	12.53
11	Simon Armstrong	Bournemouth AC	12.19	11.64	12.07	11.93	11.51	11.65	12.19
4	Nathan Walters	Reading AC	10.49	10.49	10.35	10.22	R	---	---
55	Phil Hume	Southampton AC	10.23	10.00	10.23	9.26	---	---	---
22	Hadan Brittain	Mansfield Harriers	10.09	9.75	9.70	10.09	---	---	---
66	Simon Butler	Victoria Park & Tower H	8.84	8.55	8.84	8.80	---	---	---

SM Discus		'A' String	Trials Data					Results	
Name	Team	Best	Trial # 1	Trial # 2	Trial # 3	Trial # 4	Trial # 5	Trial # 6	
5	Gary Newton	Southampton AC	41.18	39.43	40.35	41.18	39.69	41.12	39.85
1	Simon Fricker	Bournemouth AC	40.28	NT	38.68	40.28	NT	40.00	NT
3	Ken Baker	Nene Valley Harriers	36.43	35.84	36.43	NT	NT	33.78	NT
2	Matthew Wooley	Mansfield Harriers	36.43	NT	33.23	36.43	NT	35.40	NT
4	Michael Dyer	Reading AC	34.28	32.40	NT	31.60	33.30	34.28	---
6	Baddar Echakhah	Victoria Park & Tower H	26.34	26.34	NT	NT	---	---	---

SM Discus		'B' String	Trials Data					Results	
Name	Team	Best	Trial # 1	Trial # 2	Trial # 3	Trial # 4	Trial # 5	Trial # 6	
33	Simon Achurch	Nene Valley Harriers	34.98	34.98	NT	34.61	NT	34.37	NT
11	Simon Armstrong	Bournemouth AC	34.74	31.08	34.27	NT	33.82	34.74	NT
22	Hadan Brittain	Mansfield Harriers	26.97	25.10	25.78	26.97	26.36	26.87	NT
44	Luke Wale	Reading AC	25.27	---	25.27	23.96	---	---	---
55	Phil Hume	Southampton AC	23.11	23.11	NT	NT	---	---	---
66	Simon Butler	Victoria Park & Tower H	17.94	16.27	17.94	17.73	---	---	---

SM Hammer		'A' String	Trials Data					Results	
Name	Team	Best	Trial # 1	Trial # 2	Trial # 3	Trial # 4	Trial # 5	Trial # 6	
3	Simon Achurch	Nene Valley Harriers	44.58	43.55	NT	42.73	44.58	43.54	42.06
6	Wes Clarke	Victoria Park & Tower H	41.80	38.60	NT	39.94	39.13	NT	41.80
44	Nathan Walters	Reading AC	39.52	---	---	---	---	---	---
2	Handan Brittain	Mansfield Harriers	39.07	NT	37.91	NT	38.72	NT	39.07
1	Simon Armstrong	Bournemouth AC	36.86	36.56	NT	35.39	36.83	NT	35.47
5	Mike Small	Southampton AC	33.30	28.42	32.84	NT	31.28	33.30	33.29

SM Hammer		'B' String	Trials Data					Results	
Name	Team	Best	Trial # 1	Trial # 2	Trial # 3	Trial # 4	Trial # 5	Trial # 6	
33	Andrej Sidorkin	Nene Valley Harriers	39.11	34.52	NT	35.92	38.62	39.11	35.52
66	Baddar Echakhah	Victoria Park & Tower H	29.83	NT	NT	29.83	---	---	---
11	Simon Fricker	Bournemouth AC	26.78	---	---	---	---	---	---
4	Chris Toms	Reading AC	25.95	25.09	25.95	25.49	---	---	---
55	Phil Hume	Southampton AC	24.01	24.01	21.74	23.39	---	---	---
22	Martin White	Mansfield Harriers	20.01	NT	20.01	NT	---	---	---

SM Javelin		'A' String	Trials Data					Results	
Name	Team	Best	Trial # 1	Trial # 2	Trial # 3	Trial # 4	Trial # 5	Trial # 6	
3	Thomas Saunorius	Nene Valley Harriers	62.84	61.04	NT	61.17	62.84	61.65	62.44
2	Greg Millar	Mansfield Harriers	56.96	56.96	56.41	NT	NT	NT	52.67
1	Aaron Harris	Bournemouth AC	56.04	56.04	53.46	56.03	55.41	54.00	55.18
6	Baddar Echakhah	Victoria Park & Tower H	53.67	50.58	49.72	50.63	50.14	49.95	53.67
4	Ben Taplin	Reading AC	48.54	47.67	45.15	46.24	44.50	48.54	48.29
5	Matt Watson	Southampton AC	43.23	36.79	NT	43.23	42.36	NT	---

SM Javelin		'B' String	Trials Data					Results	
Name	Team	Best	Trial # 1	Trial # 2	Trial # 3	Trial # 4	Trial # 5	Trial # 6	
11	James Lelliott	Bournemouth AC	53.36	47.67	50.13	51.81	49.34	NT	53.36
22	Matthew Wooley	Mansfield Harriers	47.82	47.82	---	---	---	---	---
33	Sam Lawrence	Nene Valley Harriers	42.43	41.04	41.58	42.43	---	---	---
44	Ryan Bonifas	Reading AC	39.99	38.89	39.99	39.47	---	---	---
66	Nick Stanisavijec	Victoria Park & Tower H	34.32	NT	34.32	33.77	---	---	---
55	Phil Hume	Southampton AC	29.72	NT	NT	29.72	---	---	---

SM 4x400m Relay		Results				
Team	Team Total	1st Leg	2nd Leg	3rd Leg	4th Leg	
5	Southampton AC	3:19.38	50.30	49.94	49.17	49.97
2	Mansfield Harriers	3:22.26	50.10	50.86	51.14	50.16
6	Victoria Park & Tower H	3:23.18	52.07	51.62	49.61	49.88
3	Nene Valley Harriers	3:24.20	51.94	50.47	51.51	50.28
4	Reading AC	3:33.26	51.89	52.95	52.93	55.49
1	Bournemouth AC	3:36.39	57.97	52.47	53.75	69.07

