

10TH WOODFORD GREEN WITH ESSEX LADIES' COMBINED EVENTS MEETING

Ashton Playing Fields, Woodford
Saturday/Sunday, 15th/16th May, 2010

Senior & Junior Men

Junior		Senior		100m.		LONG JUMP		SHOT PUT		HIGH JUMP		400m.		110m. HURDLES		DISCUS THROW		POLE VAULT		JAVELIN THROW		1500m.				
Essex	Open	Senior																								
		1	65	Edward Dunford		84	11.15	827	6.80	767	14.52	760	1.88	696	50.78	779	14.57	902	44.67	760	4.13	654	57.14	695	4:55.02	589
				Birchfield Harriers			-2.4	827	+2.6	1594		2354		3050		3829	+2.8	4731		5491		6145		6840		7429
		2	62	Ben Gregory		90	11.63	725	7.06	828	12.47	635	1.85	670	50.48	793	14.96	854	37.10	606	5.03	920	51.69	614	4:41.07	674
				Loughborough University A.C.			-2.6	725	+0.2	1553		2188		2858		3651	+2.3	4505		5111		6031		6645		7319
	1		86	Ashley Bryant		91	11.46	761	6.90	790	13.99	728	1.82	644	51.20	760	14.77	878	40.79	681	4.13	654	62.24	772	4:56.44	580
				Windsor, Slough, Eton & Hounslow A.C.			+0.5	761	+1.6	1551		2279		2923		3683	+2.7	4561		5242		5896		6668		7248
	2		80	Sebastian Rodger		91	11.10	838	7.06	828	10.97	544	1.97	776	48.67	877	14.67	890	35.27	569	3.83	570	46.94	543	4:26.92	765
				Crawley A.C.			+0.5	838	+0.7	1666		2210		2986		3863	+2.7	4753		5322		5892		6435		7200
		3	52	Michael Holden		89	11.27	801	6.79	764	11.55	579	1.85	670	50.53	790	14.89	863	36.16	587	4.93	889	45.64	524	4:58.08	571
				Colchester Harriers			+0.7	801	+0.7	1565		2144		2814		3604	+2.8	4467		5054		5943		6467		7038
		4	60	Dean Showler-Davis		84	10.82	901	6.96	804	11.06	549	1.85	670	49.83	822	15.16	830	33.07	525	3.93	598	49.02	574	4:33.28	723
				Basingstoke & Mid Hants A.C.			-2.4	901	+2.6	1705		2254		2924		3746	+2.0	4576		5101		5699		6273		6996
		5	59	Bradley Hall		90	11.73	705	6.76	757	12.93	663	1.88	696	52.18	717	15.96	737	40.13	667	4.23	682	46.94	543	4:49.87	619
				Crawley A.C.			+1.0	705	+1.2	1462		2125		2821		3538	+2.3	4275		4942		5624		6167		6786
		6	69	Martin Brockman		87	11.94	663	6.73	750	12.21	619	2.03	831	52.33	710	16.00	733	36.91	602	4.23	682	43.45	492	4:46.10	642
				Medway & Maidstone A.C.			-2.6	663	+0.0	1413		2032		2863		3573	+2.3	4306		4908		5590		6082		6724
		7	67	Adam Akehurst		87	11.99	653	6.99	811	12.54	639	1.91	723	52.36	709	15.11	836	35.49	574	3.83	570	51.46	610	5:01.80	549
				City of Portsmouth A.C.			-2.6	653	+0.0	1464		2103		2826		3535	+2.0	4371		4945		5515		6125		6674
		8	58	Joe Lancaster		89	11.98	655	6.69	741	13.12	675	2.03	831	53.92	643	15.88	746	36.01	584	3.73	543	52.07	619	4:59.80	561
				Sale Harriers Manchester			-2.6	655	+2.5	1396		2071		2902		3545	+2.0	4291		4875		5418		6037		6598
		9	70	Maxim Hall		86	11.54	744	6.59	718	11.96	604	1.79	619	51.64	741	16.54	673	35.50	574	4.13	654	56.28	682	5:09.65	505
				Dartford Harriers			-2.6	744	+2.5	1462		2066		2685		3426	+2.3	4099		4673		5327		6009		6514
	3		84	Jack Andrew		91	11.41	771	6.26	644	11.93	602	1.85	670	51.29	756	14.43	920	37.31	610	4.83	859	43.44	492	DNF	0
				Sale Harriers Manchester			+0.5	771	+0.7	1415		2017		2687		3443	+2.7	4363		4973		5832		6324		6324
	4		81	Joseph Hutchinson		92	11.55	742	6.19	628	13.20	679	NHC	0	52.39	708	15.08	840	33.69	538	3.53	490	39.44	434	5:21.96	440
				Team Bath A.C.			+0.5	742	+1.1	1370		2049		2049		2757	+1.2	3597		4135		4625		5059		5499
	5		85	Alexander Wharfe		92	11.83	685	5.68	519	11.07	550	1.55	426	55.57	576	16.50	677	25.54	378	3.33	439	38.85	425	5:09.06	509
				Medway & Maidstone A.C.			+0.5	685	+0.4	1204		1754		2180		2756	+1.2	3433		3811		4250		4675		5184
		10	50	Adamos Zeniou		84	12.51	554	5.88	561	10.33	505	1.67	520	56.93	524	17.96	528	32.77	519	3.33	439	25.45	236	4:54.56	591
				Enfield & Haringey A.C.			+1.0	554	+2.5	1115		1620		2140		2664	+0.8	3192		3711		4150		4386		4977

10TH WOODFORD GREEN WITH ESSEX LADIES' A.C. COMBINED EVENTS MEETING

Ashton Playing Fields, Woodford
Saturday/Sunday, 15th/16th May, 2010

U.17 MEN

OPEN & ESSEX				100m. HURDLES		LONG JUMP		SHOT PUT		400m.		HIGH JUMP		DISCUS THROW		JAVELIN THROW		1500m.	
1	90	Ben Clark	94	14.39	757	6.35	664	11.83	596	54.25	629	1.76	593	27.38	413	37.76	410	5:36.06	370
	Chelmsford A.C.			+0.2	757	+2.4	1421	2017		2646		3239		3652		4062		4432	
2	91	Robert Wood	94	15.06	685	5.72	527	9.70	468	57.05	519	1.49	381	26.74	401	27.66	266	5:37.44	366
	Southend High School			+0.2	685	+1.5	1212	1680		2199		2580		2981		3247		3613	

10TH WOODFORD GREEN WITH ESSEX LADIES' COMBINED EVENTS MEETING

Ashton Playing Fields, Woodford
Saturday/Sunday, 15th/16th May, 2010

Senior & Junior Women

JUNIOR		SENIOR				100m.		HIGH		SHOT		LONG		JAVELIN						
Essex	Open	Essex	Open			HURDLES	JUMP	PUT		200m.	JUMP	THROW		800m.						
			1	4	Sophie Skinner	89	14.59	897	1.65	795	9.50	497	25.20	869	5.50	700	34.42	561	2:22.22	794
					University of Bath A.C.		-1.8	897		1692		2189	-1.9	3058	+1.9	3758		4319		5113
	1			28	Alice Lennox	91	15.15	822	1.62	759	11.62	636	25.86	809	5.63	738	35.04	572	2:27.53	724
					City of Stoke A.C.		-0.7	822		1581		2217	-1.0	3026	+1.5	3764		4336		5060
			2	2	Jo Rowland	89	15.72	749	1.62	759	10.97	593	26.14	785	5.33	651	35.16	575	2:25.29	753
					Crawley A.C.		+0.1	749		1508		2101	-1.7	2886	+0.1	3537		4112		4865
	2			23	Becky Curtis-Harris	94	14.97	846	1.59	724	10.15	539	25.59	833	5.57	720	31.03	496	2:32.52	662
					Basingstoke & Mid Hants A.C.		-0.7	846		1570		2109	-1.0	2942	+3.4	3662		4158		4820
			3	1	Helen Morton	85	15.22	813	1.65	795	9.98	528	27.02	710	5.41	674	35.84	588	2:30.30	689
					Horsham Blue Star Harriers		-1.8	813		1608		2136	-1.7	2846	+1.9	3520		4108		4797
	3			22	Emma Buckett	93	14.82	866	1.68	830	9.22	479	26.69	738	5.71	762	27.86	436	2:38.21	594
					Basingstoke & Mid Hants A.C.		-0.7	866		1696		2175	-0.4	2913	+3.2	3675		4111		4705
			4	7	Serita Shone	89	15.72	749	1.65	795	11.97	659	26.23	777	5.47	691	29.14	460	2:41.93	551
					Bournemouth A.C.		-1.8	749		1544		2203	-1.9	2980	+2.0	3671		4131		4682
	4			26	Amy Marchant	91	15.68	754	1.62	759	10.55	566	27.80	647	5.20	614	34.02	553	2:37.17	606
					Leeds City A.C.		-0.7	754		1513		2079	-1.0	2726	+2.8	3340		3893		4499
			5	11	Nicola Cahill	83	15.25	809	1.56	689	10.28	548	26.82	727	5.34	654	26.60	412	2:36.52	613
					Sale Harriers Manchester		+0.1	809		1498		2046	-1.9	2773	+2.2	3427		3839		4452
			6	9	Jessica Tappin	90	15.41	788	1.59	724	8.62	440	26.46	757	4.56	443	25.50	392	2:26.27	740
					Chelmsford A.C.		-1.8	788		1512		1952	-1.9	2709	+2.6	3152		3544		4284
	5			29	Emma Lowry	91	16.42	664	1.59	724	10.28	548	27.12	702	5.00	559	18.69	265	2:29.45	700
					City of Edinburgh A.C.		-0.8	664		1388		1936	-0.4	2638	+0.5	3197		3462		4162
	6			21	Tanisha Clayton	94	16.38	668	1.41	523	11.58	633	27.47	673	4.99	557	30.14	479	2:50.44	459
					Basingstoke & Mid Hants A.C.		-0.8	668		1191		1824	-0.4	2497	+2.8	3054		3533		3992
			7	6	Amy Regan	90	16.45	660	1.44	555	9.26	481	27.42	677	4.51	431	25.57	393	2:22.69	787
					Sale Harriers Manchester		+0.1	660		1215		1696	-1.7	2373	+2.1	2804		3197		3984
		1	8	14	Heidi Nicholas	81	15.64	759	1.53	655	7.46	365	26.41	762	5.16	603	18.75	266	2:43.06	538
					Basildon A.C.		-1.8	759		1414		1779	-1.9	2541	+0.9	3144		3410		3948
	7			32	Christina Parsons	92	18.03	485	1.59	724	9.39	490	26.88	722	4.84	516	17.84	249	2:41.05	561
					Brockenhurst College		-0.8	485		1209		1699	-1.0	2421	+0.3	2937		3186		3747

10TH WOODFORD GREEN WITH ESSEX LADIES' A.C. COMBINED EVENTS MEETING

Ashton Playing Fields, Woodford
Saturday/Sunday, 15th/16th May, 2010

U.17 WOMEN

ESSEX OPEN

		80m.		HIGH		SHOT		200m.		LONG		JAVELIN		800m.					
		HURDLES		JUMP		PUT				JUMP		THROW							
1	1	42	Hayley McLean		94	11.98	802	1.53	655	7.80	386	26.40	763	5.05	573	20.71	302	2:26.55	737
		Chelmsford A.C.		+1.6	802	1457		1843		-2.0	2606	+2.7	3179	3481		4218			
	2	40	Finolla Frederick		95	12.40	747	1.50	621	6.43	299	27.87	641	4.75	492	19.50	280	2:29.08	704
		Herts Phoenix A.C.		+1.6	747	1368		1667		-2.0	2308	+1.4	2800	3080		3784			
2	3	45	Sophie Jarvis		94	14.44	526	1.53	655	5.81	259	28.91	561	4.33	386	19.01	271	2:45.97	506
		Southend A.C.		+1.6	526	1181		1440		-2.0	2001	+2.4	2387	2658		3164			
3	4	44	Charlotte Humfrey		95	16.04	391	1.29	399	6.14	280	28.75	573	4.13	338	22.12	328	2:44.41	523
		Southend High School		+1.6	391	790		1070		-2.0	1643	+2.3	1981	2309		2832			
4	5	41	Zoe Eason		94	16.71	341	1.35	460	5.08	213	32.07	347	3.57	214	10.60	117	2:56.99	394
		Basildon A.C.		+1.6	341	801		1014		-2.0	1361	+2.4	1575	1692		2086			