



## BUCS Indoor Athletics Championships 2012 - Sheffield

**60m Men**

**Heats**

**1005 Sat 25 Feb**

**First 2 and 4 fastest losers to 4 Semi Finals**

### Heat 1

1	46 Deji-Henry Tobais	Hertfordshire	6.99 Q
2	11 Omas Anyanwu	Birmingham	7.14 Q
3	88 Ashley Hylton	Sheffield Hallam	7.22 q
4	26 Lloyd Alara	Coventry	7.37
5	110 Shemuel Redwood-Sawyerr	Warwick	7.41
6	4 Lewis Albutt	Bangor	7.54
7	54 Amanpreet Pabla	Leeds	7.59
8	48 Alexander Blair Woolgar	Hull	7.81

### Heat 2

1	70 Treymayne Gilling	Middlesex	6.84 Q
2	97 Wei Jen Chao	Stirling	7.51 Q
3	101 Will Trimble	Swansea	7.52
4	89 Daniel Rebolledo	Southampton	7.56
5	83 Jonny Brown	Reading	7.75
6	59 Ian Roberts	Liverpool John Moores	7.85
7	19 Benjamin Pickbourn	Canterbury Christ Church	8.16
8	74 Jordan Braithwaite	Nottingham	DNS

### Heat 3

1	36 Adeseye Ogunlewe	Essex	7.01 Q
2	91 John Coyle	Southampton Solent	7.19 Q
3	112 Santino Dummett	Wolverhampton	7.22 q
4	81 Jordan Burton	Portsmouth	7.38
5	1022 Gregory Pollard	East Anglia	7.49
6	13 Addy Dada	Bristol	7.75
7	86 Peter Gibson	Sheffield	7.81
8	115 Scott Burton	York	8.14

### Heat 4

1	20 Olufunmi Sobodu	Canterbury Christ Church	7.01 Q
2	10 Jermaine Alexander	Birmingham	7.14 Q
3	105 Chris Leslie	Universities at Medway	7.42
4	96 Andrew Carroll	Stirling	7.42
5	62 Peter Edmunds	London	7.42
6	22 Chris Marsh	Central Lancashire	7.66
7	25 Tom Watson	Chester (Chester)	7.86
8	77 Amine Bouslama	Oxford Brookes	8.10

### Heat 5

1	57 Ryan Farrington	Leeds Metropolitan (Carnegie)	7.14 Q
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2	29 Thomas Knight	Durham	7.15 Q
3	18 Victor Bako	Buckinghamshire New	7.37
4	31 Alechi Nduka	East Anglia	7.39
5	109 Mitchel Kirby	Warwick	7.51
6	94 Adam Wardell	St Mary's College	7.59
7	7 Rolando Thomas	Bedfordshire (Bedford)	7.61
8	41 Moses Sujan	Glasgow Caledonian	8.06

#### Heat 6

1	73 Jon Baxter	Nottingham	7.32 Q
2	21 Nicolas Roussin-le texier	Cardiff	7.33 Q
3	47 Ewan McKnight	Huddersfield	7.46
4	51 Adam Murray	Keele	7.67
5	8 Ryan Norcross	Bedfordshire (Bedford)	8.07
6	398 Chris Moles	Chester (Chester)	8.90
7	107 Chris Hill	UWIC	DNS
8	84 Haris Koutras	Salford	DNS

#### Heat 7

1	44 Alex Murdock	Greenwich	6.95 Q
2	38 Tyler Johnson	Exeter	7.13 Q
3	111 Mathias Francis	Wolverhampton	7.45
4	71 Gokhan Budan	Newcastle	7.71
5	82 Ben Amey	Reading	7.72
6	43 Peter Richmond	Gloucestershire	7.73
7	855 Nigel McCarthy	St Mary's College	7.73
8	66 Adam Pyne	Manchester	DNS

#### Heat 8

1	56 Daniel Gardiner	Leeds Metropolitan (Carnegie)	6.89 Q
2	69 Judah Simpson	Middlesex	6.96 Q
3	106 Darren Corbin	University College Birmingham	7.37
4	92 Kelvin Callender	Southampton Solent	7.46
5	93 Mark Hardy	St Andrews	7.46
6	63 Ogaga Izirein	London South Bank	7.61
7	68 Craig Birch	Manchester Metropolitan	7.86
8	Lane Vacant		

#### Heat 9

1	2 Stephen Dunlop	Aberdeen	7.09 Q
2	16 Junior Ejehu	Brunel	7.09 Q
3	78 Kevin Kimuana	Oxford Brookes	7.31
4	37 Ian Whittaker	Exeter	7.38
5	87 Andrew Wilkinson	Sheffield Hallam	7.55
6	30 Yuri Surace	Durham	7.59
7	99 Tom Woodall	Sussex	7.77
8	Lane Vacant		

**Heat 10**

1	45 Confidence Lawson	Hertfordshire	7.00 Q
2	90 Malcolm Gledhill	Southampton	7.17 Q
3	113 Peter Watling	Worcester	7.26 q
4	58 Thomas Appleyard	Liverpool	7.30
5	34 Charlie Stainforth	Edinburgh	7.48
6	40 Johnathan Farrell	Glasgow Caledonian	7.60
7	75 Justin Bailey	Nottingham Trent	7.77
8	Lane Vacant		

**Heat 11**

1	23 Jordan Toth	Central Lancashire	6.99 Q
2	108 Rhys Knapman	UWIC	7.03 Q
3	100 Mike Nevill	Swansea	7.19 q
4	67 Jerome McIntosh	Manchester	7.31
5	42 Alexander Beechey	Gloucestershire	7.31
6	14 Jack Podmore	Bristol	7.82
7	12 Adedapo Ogunjimi	Bradford	DQ
8	Lane Vacant		

**Heat 12**

1	6 Scott Bajere	Bath	7.05 Q
2	64 Charles Dack	Loughborough	7.12 Q
3	53 Diego Cantoni	Kent	7.33
4	27 Shem Nelson	Coventry	7.35
5	114 Keke St Hilaire	Writtle College	7.47
6	98 Joseph Mogaji	Sussex	7.49
7	52 Bolu Oyewale	Keele	8.19
8	Lane Vacant		

**Heat 13**

1	1048 Dan Putnam	Loughborough	7.00 Q
2	33 Dele Onifade	East London	7.03 Q
3	61 George Corbin	London	7.33
4	85 Basseyy Ika-Oqua	Sheffield	7.57
5	701 Martin Ferguson	Newcastle	7.58
6	50 Ewan Mackay	Imperial College London Medics	7.69
7	79 Ivor Jamieson	Plymouth	7.78
8	Lane Vacant		

**Heat 14**

1	15 Andre Wright	Brunel	6.99 Q
2	55 James Griffiths	Leeds	7.31 Q
3	35 Oliver Lawson	Edinburgh Napier	7.32
4	80 Chris Clark	Portsmouth	7.51
5	49 Tobias Bristow	Imperial College London	7.58
6	76 Paul Flynn	Nottingham Trent	7.80
7	28 Brad Williams	Derby	DNS

**60m Men****Semi Finals****1445 Sat 25 Feb****Winners and 4 fastest losers to Final****Heat 1**

1	15 Andre Wright	Brunel	6.87 Q
2	44 Alex Murdock	Greenwich	6.88 q
3	6 Scott Bajere	Bath	6.94
4	10 Jermaine Alexander	Birmingham	7.07
5	64 Charles Dack	Loughborough	7.09
6	88 Ashley Hylton	Sheffield Hallam	7.22
7	73 Jon Baxter	Nottingham	7.33
8	21 Nicolas Roussin-le texier	Cardiff	DQ

**Heat 2**

1	56 Daniel Gardiner	Leeds Metropolitan (Carnegie)	6.89 Q
2	45 Confidence Lawson	Hertfordshire	6.90 q
3	20 Olufunmi Sobodu	Canterbury Christ Church	6.92 q
4	69 Judah Simpson	Middlesex	6.94
5	16 Junior Ejehu	Brunel	7.08
6	29 Thomas Knight	Durham	7.15
7	112 Santino Dummett	Wolverhampton	7.25
8	55 James Griffiths	Leeds	7.31

**Heat 3**

1	36 Adeseye Ogunlewe	Essex	6.74 Q
2	70 Treywayne Gilling	Middlesex	6.74 q
3	108 Rhys Knapman	UWIC	6.96
4	33 Dele Onifade	East London	7.01
5	91 John Coyle	Southampton Solent	7.17
6	90 Malcolm Gledhill	Southampton	7.21
7	113 Peter Watling	Worcester	7.22
8	1048 Dan Putnam	Loughborough	DQ

**Heat 4**

1	46 Deji-Henry Tobais	Hertfordshire	6.82 Q
2	23 Jordan Toth	Central Lancashire	7.02
3	2 Stephen Dunlop	Aberdeen	7.05
4	57 Ryan Farrington	Leeds Metropolitan (Carnegie)	7.07
5	38 Tyler Johnson	Exeter	7.08
6	100 Mike Nevill	Swansea	7.13
7	11 Omas Anyanwu	Birmingham	7.19
8	97 Wei Jen Chao	Stirling	7.45

**60m Men****Final****1820 Sat 25 Feb****Championship Best Performance:**

	<b>2010 Rion Pierre</b>	<b>Brunel</b>	<b>6.67</b>	<b>Team Points</b>
1	70 Treymayne Gilling	Middlesex	6.68	8
2	36 Adeseye Ogunlewe	Essex	6.74	7
3	15 Andre Wright	Brunel	6.81	6
4	45 Confidence Lawson	Hertfordshire	6.87	5
5	44 Alex Murdock	Greenwich	6.87	4
6	56 Daniel Gardiner	Leeds Metropolitan (Carnegie)	6.89	3
7	20 Olufunmi Sobodu	Canterbury Christ Church	6.91	2
8	46 Deji-Henry Tobais	Hertfordshire	DQ	0

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**200m Men****Heats****1010 Sun 26 Feb****Winners and 13 fastest losers to 5 Semi Finals****Heat 1**

1	439 Lumar Sylvester	East London	22.61 Q
2	67 Jerome McIntosh	Manchester	22.99 q
3	944 Ross Allen	UWIC	23.10 q
4	42 Alexander Beechey	Gloucestershire	23.67
5	73 Jon Baxter	Nottingham	24.40
6	50 Ewan Mackay	Imperial College London Medics	24.67

**Heat 2**

1	394 Sam Landsborough	Central Lancashire	23.08 Q
2	514 George Cummins	Hertfordshire	24.03
3	59 Ian Roberts	Liverpool John Moores	24.30
4	840 Ben Leftwich	St Andrews	24.64
5	83 Jonny Brown	Reading	25.24
6	52 Bolu Oyewale	Keele	27.87

**Heat 3**

1	545 Antonio Infantino	King's College London	22.07 Q
2	714 Harrison Foster	Northumbria	23.38
3	536 Adam Jones	Imperial College London	23.61
4	89 Daniel Rebolledo	Southampton	24.56
5	98 Joseph Mogaji	Sussex	24.82
6	700 Martin Dixon	Newcastle	26.14

**Heat 4**

1	29 Thomas Knight	Durham	22.39 Q
2	443 Daniel Higham	Edge Hill	23.41
3	114 Keke St Hilaire	Writtle College	23.48

4	606 Anthony Mah	London	24.01
5	40 Johnathan Farrell	Glasgow Caledonian	24.38
6	587 William Lander	Leeds Trinity College	25.49

#### Heat 5

1	45 Confidence Lawson	Hertfordshire	22.58 Q
2	105 Alex Fields	West of England (UWE)	23.53
3	373 Kema Egbunike	Buckinghamshire New	23.68
4	324 Giziel Lima	Bournemouth	24.13
5	68 Craig Birch	Manchester Metropolitan	24.80
6	800 Matt Molloy	Sheffield	DNS

#### Heat 6

1	57 Ryan Farrington	Leeds Metropolitan (Carnegie)	23.12 Q
2	90 Malcolm Gledhill	Southampton	23.17 q
3	280 Ben Riekstins	Bedfordshire (Bedford)	23.47
4	1021 Ben Hatchett	Durham	25.89
5	19 Benjamin Pickbourn	Canterbury Christ Church	25.96
6	876 Christopher Dunn	Sunderland	26.79

#### Heat 7

1	669 Tom Mosley	Manchester	22.61 Q
2	91 John Coyle	Southampton Solent	22.79 q
3	263 Josh Eades	Bath	23.63
4	82 Ben Amey	Reading	24.48
5	491 Matthew Sogbanmu	Glasgow	24.66
6	518 Anthony Bowyer	Huddersfield	25.23

#### Heat 8

1	69 Judah Simpson	Middlesex	22.52 Q
2	928 Darren Corbin	University College Birmingham	22.96 q
3	2 Stephen Dunlop	Aberdeen	23.32
4	62 Peter Edmunds	London	23.53
5	279 Anthony Church	Bedfordshire (Bedford)	27.80
6	855 Nigel McCarthy	St Mary's College	DQ

#### Heat 9

1	564 Sam Cordin	Leeds	22.38 Q
2	574 Cynan Evans	Leeds Metropolitan (Carnegie)	23.23 q
3	758 Jordan Morris	Plymouth	24.09
4	905 Chris Leslie	Universities at Medway	24.46
5	25 Tom Watson	Chester (Chester)	26.44
6	447 Oliver Stringer	Edge Hill	DNF

#### Heat 10

1	27 Shem Nelson	Coventry	22.93 Q
2	325 Stefan Richards	Bournemouth	23.18 q
3	335 John Brierly	Bristol	24.54

4	398 Chris Moles	Chester (Chester)	29.24
5	965 Michael Stumpf	York	DNS
6	782 Ronald Smith	Robert Gordon	DNS

#### Heat 11

1	744 Michael Warner	Nottingham Trent	22.37 Q
2	307 James Whitehouse	Birmingham	23.08 q
3	699 Mark Collier	Newcastle	23.84
4	768 Ian Alloca	Portsmouth	23.99
5	1175 Joshua Abladey	Brunel	24.18
6	338 Steve Best	Bristol	25.28

#### Heat 12

1	15 Andre Wright	Brunel	22.40 Q
2	558 James Williams	Leeds	22.53 q
3	936 Michael Haslett	UWIC	23.27 q
4	766 Daniel Green	Portsmouth	24.15
5	433 Jamie Baughan	East Anglia	24.70
6	1045 Ben Morris	Loughborough	DNF

#### Heat 13

1	406 Lemarl Freckleton	Coventry	22.96 Q
2	1075 Ainsley Campbell	Middlesex	23.15 q
3	192 Keno Mario-Ghae	Cambridge	23.78
4	18 Victor Bako	Buckinghamshire New	24.31
5	539 Lukas Krauss	Imperial College London	24.49
6	Lane Vacant		

#### Heat 14

1	38 Tyler Johnson	Exeter	22.56 Q
2	93 Mark Hardy	St Andrews	23.56
3	294 Apc Carr	Birmingham	23.95
4	1040 Alex Pycock	Loughborough	24.05
5	803 Rivelino Williams	Sheffield	26.01
6	Lane Vacant		

#### Heat 15

1	100 Mike Nevill	Swansea	22.53 Q
2	763 Sam Peters	Plymouth	22.66 q
3	432 Emeka Okorochoa	East Anglia	23.52
4	87 Andrew Wilkinson	Sheffield Hallam	23.82
5	480 James Clayton	Exeter	24.14
6	Lane Vacant		

#### Heat 16

1	206 Liam Ramsay	Sheffield Hallam	22.90 Q
2	113 Peter Watling	Worcester	23.13 q
3	730 Leo Rice	Nottingham	23.66

4	502 Andrew Smitherman	Gloucestershire	23.89
5	861 Callum Murray	Stirling	24.64
6	Lane Vacant		

#### Heat 17

1	6 Scott Bajere	Bath	23.43 Q
2	898 Stefan Colaco	Warwick	24.23
3	106 Chris Masters	Universities at Medway	24.54
4	534 Stuart Hand	Hull	26.36
5	92 Kelvin Callender	Southampton Solent	DNS
6	Lane Vacant		



### 200m Men

### Semi Finals

1255 Sun 26 Feb

#### Winners and fastest loser to Final

#### Heat 1

1	38 Tyler Johnson	Exeter	22.15 Q
2	564 Sam Cordin	Leeds	22.21
3	669 Tom Mosley	Manchester	22.24
4	27 Shem Nelson	Coventry	22.74
5	325 Stefan Richards	Bournemouth	23.26
6	307 James Whitehouse	Birmingham	23.28

#### Heat 2

1	545 Antonio Infantino	King's College London	21.61 Q
2	439 Lumar Sylvester	East London	21.68 q
3	558 James Williams	Leeds	22.35
4	928 Darren Corbin	University College Birmingham	22.72
5	91 John Coyle	Southampton Solent	22.82
6	936 Michael Haslett	UWIC	23.44

#### Heat 3

1	6 Scott Bajere	Bath	21.91 Q
2	29 Thomas Knight	Durham	22.19
3	100 Mike Nevill	Swansea	22.26
4	406 Lemarl Freckleton	Coventry	22.57
5	1075 Ainsley Campbell	Middlesex	23.16
6	944 Ross Allen	UWIC	DNF

#### Heat 4

1	45 Confidence Lawson	Hertfordshire	21.83 Q
2	744 Michael Warner	Nottingham Trent	21.95 2
3	206 Liam Ramsay	Sheffield Hallam	22.44
4	763 Sam Peters	Plymouth	22.60
5	67 Jerome McIntosh	Manchester	23.11
6	574 Cynan Evans	Leeds Metropolitan (Carnegie)	23.42



<b>Heat 5</b>			
1	15 Andre Wright	Brunel	21.82 Q
2	69 Judah Simpson	Middlesex	22.12 1
3	394 Sam Landsborough	Central Lancashire	22.47
4	113 Peter Watling	Worcester	23.18
5	90 Malcolm Gledhill	Southampton	23.22
6	57 Ryan Farrington	Leeds Metropolitan (Carnegie)	DNF



## 200m Men

## Final

1430 Sun 26 Feb

### Championship Best Performance:

<b>2010 Sven Knippals</b>		<b>Bournemouth</b>	<b>21.22</b>	<b>Team Points</b>
1	545 Antonio Infantino	King's College London	21.42	8
2	45 Confidence Lawson	Hertfordshire	21.50	7
3	15 Andre Wright	Brunel	21.52	6
4	6 Scott Bajere	Bath	21.88	5
5	439 Lumar Sylvester	East London	22.08	4
6	38 Tyler Johnson	Exeter	22.34	3



## 400m Men

## Heats

1220 Sat 25 Feb

### Winners and 16 fastest losers to 5 Semi Finals

<b>Heat 1</b>			
1	834 David Bolton	Southampton Solent	51.71 Q
2	968 James Buck	York St John	52.29
3	491 Matthew Sogbanmu	Glasgow	52.53
4	477 Chris Tucker	Exeter	53.17
5	782 Ronald Smith	Robert Gordon	DNF
6	511 Andrew Raeburn	Heriot-Watt	DNF

  

<b>Heat 2</b>			
1	569 Ashley Hill	Leeds Metropolitan (Carnegie)	50.18 Q
2	683 Lewis Keeble	Middlesex	50.68 q
3	835 Greg Lott	Southampton Solent	52.72
4	703 Simon Davies	Newcastle	53.54
5	768 Ian Allocca	Portsmouth	53.93
6	550 Calum Mitchell	Leeds	54.21

  

<b>Heat 3</b>			
1	431 Chris Chancellor	East Anglia	51.41 Q
2	334 Joe Thornton	Bristol	52.48
3	566 Shane Adams	Leeds	52.87
4	578 James Blackburn	Leeds Metropolitan (Carnegie)	52.96
5	779 Colm Teeluck	Reading	58.20
6	437 Baba Tindogo	East London	DNF

**Heat 4**

1	548 Samuel Adeyemi	Kingston	50.21 Q
2	668 Thaddeus Anim-Somuah	Manchester	50.69 q
3	325 Stefan Richards	Bournemouth	51.98
4	870 Stephen Buwert	Stirling	55.30
5	372 Ivo Georgiev	Buckinghamshire New	61.58
6	849 Josh Moss	St Mary's College	DNS

**Heat 5**

1	1057 Markus Hunt	Loughborough	49.12 Q
2	349 Efekemo Okoro	Brunel	49.57 q
3	487 Richard Chappell	Glamorgan	51.75
4	898 Stefan Colaco	Warwick	52.76
5	841 Stuart Milne	St Andrews	57.89
6	660 Joel Scoffield	Manchester	DNS

**Heat 6**

1	445 Luke Edwards	Edge Hill	49.68 Q
2	945 Paul Bennett	UWIC	49.97 q
3	907 Alex Fields	West of England (UWE)	51.67 q
4	335 John Brierly	Bristol	52.34
5	285 Kalam Quarnain	Bedfordshire (Bedford)	53.62
6	539 Lukas Krauss	Imperial College London	53.65

**Heat 7**

1	78 Kevin Kimuana	Oxford Brookes	50.01 Q
2	188 Z Saucedo	Birmingham	51.08 q
3	535 Aaron Mason	Imperial College London	52.52
4	840 Ben Leftwich	St Andrews	53.78
5	965 Michael Stumpf	York	71.21
6	852 Lee Hamilton	St Mary's College	DNS

**Heat 8**

1	255 Gary Coleman	Bath	50.08 Q
2	738 Christian Byron	Nottingham Trent	50.74 q
3	810 Ed Dawes	Sheffield Hallam	51.29 q
4	730 Leo Rice	Nottingham	52.49
5	422 Ed Hickman-Casey	Durham	56.14
6	396 Tom Booth	Central Lancashire	56.73

**Heat 9**

1	446 Nathan Hilton	Edge Hill	49.64 Q
2	734 Abdillah Nassir	Nottingham Trent	50.79 q
3	502 Andrew Smitherman	Gloucestershire	52.57
4	954 Glen Pascal	Wolverhampton	52.64
5	458 Isaac Baldwin	Edinburgh	53.52
6	783 Ben Thompson	Roehampton	53.64

<b>Heat 10</b>			
1	690 David Dempsey	Newcastle	50.43 Q
2	832 Tyson Oladokun	Southampton	51.53 q
3	612 Stephen Kelly	London	53.03
4	411 Paige Haines	De Montfort	53.52
5	509 Thomas Sparks	Gloucestershire	57.67
6	962 Kevin Wilson	Writtle College	DNS

<b>Heat 11</b>			
1	823 Tim Burn	Sheffield Hallam	49.88 Q
2	469 Michael Skee	Essex	51.02 q
3	209 Aqeel Hassan	University College London	52.50
4	679 Eric Nyagezi	Middlesex	52.59
5	399 Dennis Watling	Chester (Chester)	72.12
6	796 Jack Cooper	Sheffield	DNS

<b>Heat 12</b>			
1	775 Mo Abdullahi	Portsmouth	48.79 Q
2	931 Chris Wakeford	UWIC	49.43 q
3	1166 Matt Dorrington	Brunel	50.92 q
4	395 Tom Richmond	Central Lancashire	54.68
5	950 Joshua Bagnall	Warwick	DNS
6	763 Sam Peters	Plymouth	DQ

<b>Heat 13</b>			
1	638 Niall Flannery	Loughborough	49.49 Q
2	797 Jake Fehily	Sheffield	49.63 q
3	263 Josh Eades	Bath	50.75 q
4	421 Dominic Williams	Durham	53.65
5	518 Anthony Bowyer	Huddersfield	57.12
6	Lane Vacant		

<b>Heat 14</b>			
1	955 Jarryd Dunn	Wolverhampton	50.26 Q
2	860 Blair Crawford	Stirling	50.56 q
3	909 Luke Morbey	University College Birmingham	53.59
4	430 Amardeep Sangha	East Anglia	53.96
5	480 James Clayton	Exeter	54.56
6	Lane Vacant		



## 400m Men

## Semi Finals

1620 Sat 25 Feb

### Winners and fastest loser to Final

<b>Heat 1</b>			
1	1057 Markus Hunt	Loughborough	48.57 Q
2	690 David Dempsey	Newcastle	49.49
3	860 Blair Crawford	Stirling	49.65

4	569 Ashley Hill	Leeds Metropolitan (Carnegie)	50.43
5	832 Tyson Oladokun	Southampton	51.01
6	263 Josh Eades	Bath	51.12

#### Heat 2

1	638 Niall Flannery	Loughborough	49.35 Q
2	255 Gary Coleman	Bath	50.45
3	738 Christian Byron	Nottingham Trent	50.46
4	945 Paul Bennett	UWIC	50.55
5	810 Ed Dawes	Sheffield Hallam	51.54
6	431 Chris Chancellor	East Anglia	51.72

#### Heat 3

1	78 Kevin Kimuana	Oxford Brookes	49.75 Q
2	446 Nathan Hilton	Edge Hill	49.79
3	797 Jake Fehily	Sheffield	50.22
4	734 Abdillah Nassir	Nottingham Trent	50.56
5	188 Z Saucedo	Birmingham	51.70
6	834 David Bolton	Southampton Solent	51.71

#### Heat 4

1	823 Tim Burn	Sheffield Hallam	48.49 Q
2	445 Luke Edwards	Edge Hill	49.48 1
3	349 Efekemo Okoro	Brunel	49.73
4	469 Michael Skee	Essex	52.32
5	907 Alex Fields	West of England (UWE)	52.40
6	931 Chris Wakeford	UWIC	DNF

#### Heat 5

1	955 Jarryd Dunn	Wolverhampton	48.30 Q
2	775 Mo Abdullahi	Portsmouth	48.51 q
3	548 Samuel Adeyemi	Kingston	49.10 2
4	1166 Matt Dorrington	Brunel	50.54
5	668 Thaddeus Anim-Somuah	Manchester	51.34
6	683 Lewis Keeble	Middlesex	51.73



### 400m Men

### Final

1325 Sun 26 Feb

#### Championship Best Performance:

	2005 Gareth Warburton	UWIC	46.96	Team Points
1	955 Jarryd Dunn	Wolverhampton	47.95	8
2	823 Tim Burn	Sheffield Hallam	48.00	7
3	638 Niall Flannery	Loughborough	48.17	6
4	1057 Markus Hunt	Loughborough	48.55	5
5	775 Mo Abdullahi	Portsmouth	48.64	4
6	78 Kevin Kimuana	Oxford Brookes	50.04	3



## 800m Men

## Heats

1115 Sat 25 Feb

### Winners and 10 fastest losers to 3 Semi Finals

#### Heat 1

1	820 Rhian Hastey	Sheffield Hallam	1.57.13	Q
2	306 James Ansell	Birmingham	1.57.64	q
3	583 Michael Evans	Leeds Metropolitan (Carnegie)	2.01.28	
4	1168 Chris Larsen	Brunel	2.03.07	
5	517 Sam Poulton	Hertfordshire	2.03.60	
6	336 Kristian Stanley	Bristol	2.03.61	
7	204 Daryl Martin	Nottingham Trent	2.07.80	
8	520 Warren Herridge	Huddersfield	2.20.02	

#### Heat 2

1	195 Steven Garrett	East Anglia	1.56.92	Q
2	910 Aaron Bennett	UWIC	1.57.08	q
3	695 Joel English	Newcastle	2.00.37	
4	427 Rob Torch	Durham	2.02.27	
5	463 Tom Bateson	Edinburgh	2.05.42	
6	685 Mohamed Mohamed	Middlesex	2.05.97	
7	277 Alan Metcalfe	Bedfordshire (Bedford)	2.09.95	
8	663 Matt Grant	Manchester	DNS	

#### Heat 3

1	597 Thomas Atkinson	Liverpool	1.59.35	Q
2	1046 Billy Ryan	Loughborough	2.00.30	
3	304 J Taylor-Caldwell	Birmingham	2.02.57	
4	347 Christopher Hepworth	Brunel	2.04.88	
5	706 Adam Simms	Northumbria	2.05.13	
6	688 Andrew McClune	Newcastle	2.05.84	
7	408 Matthew Richards	Coventry	2.06.12	
8	752 Mathew Doherty	Oxford Brookes	2.09.44	

#### Heat 4

1	817 Matt Parsley	Sheffield Hallam	1.58.00	Q
2	886 Lewis Banner	Swansea	1.58.91	q
3	1099 Tom Marper *	St Mary's College	1.59.82	
4	507 Joshua Spering	Gloucestershire	2.06.77	
5	492 Sam Davies	Glasgow	2.06.98	
6	385 Matthew Bull	Cardiff	2.07.81	
7	877 Jamie Smith	Sunderland	2.08.35	
8	841 Stuart Milne	St Andrews	2.13.34	

#### Heat 5

1	276 Zac Randall	Bath	1.56.21	Q
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2	727 Jonathan Hiorns	Nottingham	1.56.74	q
3	498 Scott MacAulay	Glasgow Caledonian	1.57.68	q
4	339 Will Hartley	Bristol	2.02.72	
5	1087 Samuel Touchard	Sheffield	2.04.65	
6	282 Daniel Roe	Bedfordshire (Bedford)	2.19.53	
7	400 Gavin Campbell	Chester (Chester)	2.23.47	
8	875 Antoine Racine	Sunderland	DNS	

#### Heat 6

1	262 John Bird	Bath	1.56.88	Q
2	942 David Banwell-Clode	Warwick	1.56.97	q
3	422 Ed Hickman-Casey	Durham	1.58.45	q
4	395 Tom Richmond	Central Lancashire	2.04.11	
5	802 Richard Bowman	Sheffield	2.05.27	
6	771 Kieran Moreland	Portsmouth	2.07.35	
7	780 Matt Rozee	Reading	2.10.07	
8	Lane Vacant			

#### Heat 7

1	629 Guy Learmonth	Loughborough	1.55.89	Q
2	889 Tom Bowerman	Swansea	1.57.36	q
3	849 Josh Moss	St Mary's College	1.59.51	q
4	766 Daniel Green	Portsmouth	2.01.29	
5	829 John Wright	Southampton	2.04.77	
6	448 Sam Gough	Edge Hill	2.11.22	
7	739 Christopher Hooper	Nottingham Trent	2.14.36	
8	Lane Vacant			

#### Heat 8

1	444 Harry Doran	Edge Hill	1.58.08	Q
2	923 Johnathan Morgan	UWIC	1.58.64	q
3	557 James Stringer	Leeds	2.00.31	
4	941 Christopher Melbourne	Warwick	2.04.44	
5	371 Daniel Tuttle	Buckinghamshire New	2.06.15	
6	484 Sam Harris	Exeter	2.12.70	
7	414 Craig McDowall	Dundee	DNS	
8	Lane Vacant			



## 800m Men

## Semi Finals

1750 Sat 25 Feb

### Winners and 3 fastest losers to Final

#### Heat 1

1	276 Zac Randall	Bath	1.56.27	Q
2	820 Rhian Hastey	Sheffield Hallam	1.56.76	q
3	597 Thomas Atkinson	Liverpool	1.57.83	
4	498 Scott MacAulay	Glasgow Caledonian	2.00.85	
5	910 Aaron Bennett	UWIC	DNF	
6	886 Lewis Banner	Swansea	DNS	

<b>Heat 2</b>				
1	629	Guy Learmonth	Loughborough	1.52.55 Q
2	444	Harry Doran	Edge Hill	1.53.06 q
3	306	James Ansell	Birmingham	1.56.15 q
4	817	Matt Parsley	Sheffield Hallam	1.57.23 1
5	849	Josh Moss	St Mary's College	1.58.42
6	889	Tom Bowerman	Swansea	1.59.64

<b>Heat 3</b>				
1	923	Johnathan Morgan	UWIC	1.56.58 Q
2	262	John Bird	Bath	1.57.21 2
3	727	Jonathan Hiorns	Nottingham	1.57.45
4	942	David Banwell-Clode	Warwick	1.58.53
5	422	Ed Hickman-Casey	Durham	2.01.78
6	195	Steven Garrett	East Anglia	2.03.05



### **800m Men**

### **Final**

**1415 Sun 26 Feb**

#### **Championship Best Performance:**

<b>2011</b>		<b>Guy Learmonth</b>	<b>Loughborough</b>	<b>1.48.58</b>	<b>Team Points</b>
1	629	Guy Learmonth	Loughborough	1.49.29	8
2	276	Zac Randall	Bath	1.51.14	7
3	444	Harry Doran	Edge Hill	1.51.50	6
4	820	Rhian Hastey	Sheffield Hallam	1.53.39	5
5	923	Johnathan Morgan	UWIC	1.53.90	4
6	306	James Ansell	Birmingham	1.55.46	3



### **1500m Men**

### **Heats**

**1520 Sat 25 Feb**

#### **First 2 and 8 fastest losers to 2 Semi Finals**

<b>Heat 1</b>				
1	921	James Thie	UWIC	3.57.52 Q
2	623	Christopher Matthews	Loughborough	3.57.73 Q
3	844	Daniel Cheeseman	St Mary's College	3.58.66 q
4	959	Richard DeCamps	Worcester	4.01.87 q
5	553	Elliot Jackson	Leeds	4.03.58 q
6	947	Oliver Ager	Warwick	4.15.39
7	436	Nick Rees	East Anglia	4.29.73
8	878	Niall McArdle	Sunderland	4.29.79
9	694	Joe Wales	Newcastle	4.31.47
10	963	Sebastian Crillo	Writtle College	4.38.94
<b>Heat 2</b>				
1	303	Harry Harper	Birmingham	4.06.59 Q

2	327 Andrew Woods	Bristol	4.07.86	Q
3	269 Paddy Radley	Bath	4.10.42	
4	546 Joshua Mutch	Kingston	4.13.39	
5	893 Philip Williams	Teesside	4.13.78	
6	571 Chris Woodger	Leeds Metropolitan (Carnegie)	4.16.00	
7	966 MJ Clemence	York	4.37.61	
8	723 David Edwards	Nottingham	4.41.23	
9	781 Nathan Davies	Reading	4.44.07	
10	809 Chris Hedley	Sheffield Hallam	5.16.01	

### Heat 3

\*Manually entered time

1	712 Eoin Everard	Northumbria *	4.04.83	Q
2	842 Ben Coldray	St Mary's College	4.05.83	Q
3	241 Eoin Durkan	Aberdeen	4.07.52	
4	486 Chris Prothero	Glamorgan	4.08.45	
5	837 Mark Burchett	Southampton Solent	4.11.33	
6	426 Jamie Isaac	Durham	4.31.51	
7	532 Philip Bacon	Hull	4.47.41	
8	283 Jack Housley-Stott	Bedfordshire (Bedford)	4.49.84	
9	877 Jamie Smith	Sunderland	4.52.23	
10	599 Robert Garth	Liverpool Hope	5.21.64	

### Heat 4

1	760 Michael Wilsmore	Plymouth	4.02.30	Q
2	929 Michael Kershaw	UWIC	4.03.20	Q
3	805 Adam Newton	Sheffield Hallam	4.03.52	q
4	556 Jacob Clark	Leeds	4.04.62	q
5	364 Richard Larsen	Brunel	4.07.46	
6	417 Andrew Clarke	Durham	4.11.88	
7	828 Jake Bradley	Southampton	4.33.91	
8	883 Harry Thornton	Swansea	4.37.51	
9	705 Steven Cass	Newcastle	4.59.16	
10	415 Matthew White	Dundee	DNF	

### Heat 5

1	576 Jack Hallas	Leeds Metropolitan (Carnegie)	3.59.87	Q
2	293 Alex Cornwell	Birmingham	3.59.95	Q
3	330 Chris Dodd	Bristol	4.00.16	q
4	872 Allan Ramsay	Strathclyde	4.01.47	q
5	340 Adam Stainsby	Brunel	4.01.68	q
6	609 Isaac Nahoor	London	4.21.60	
7	474 Alex Warner	Exeter	4.21.61	
8	761 Philip Benson	Plymouth	4.27.40	
9	368 Alex Vicente	Buckinghamshire New	4.28.86	
10	524 Joshua Lyman	Hull	DNF	



**1500m Men****Semi Finals****1830 Sat 25 Feb****First 3 and 3 fastest losers to Final****Heat 1**

1	303 Harry Harper	Birmingham	4.00.22	Q
2	712 Eoin Everard	Northumbria	4.04.37	Q
3	330 Chris Dodd	Bristol	4.05.42	Q
4	844 Daniel Cheeseman	St Mary's College	4.05.85	
5	576 Jack Hallas	Leeds Metropolitan (Carnegie)	4.07.62	
6	959 Richard DeCamps	Worcester	4.08.67	
7	805 Adam Newton	Sheffield Hallam	4.12.88	
8	553 Elliot Jackson	Leeds	4.21.44	
9	929 Michael Kershaw	UWIC	DNF	

**Heat 2**

1	760 Michael Wilsmore	Plymouth	3.54.86	Q
2	921 James Thie	UWIC	3.55.38	Q
3	842 Ben Coldray	St Mary's College	3.55.75	Q
4	327 Andrew Woods	Bristol	3.56.54	q
5	293 Alex Cornwell	Birmingham	3.57.15	q
6	872 Allan Ramsay	Strathclyde	4.04.56	q
7	623 Christopher Matthews	Loughborough	4.09.54	
8	340 Adam Stainsby	Brunel	4.09.73	
9	556 Jacob Clark	Leeds	4.20.46	

**1500m Men****Final****1130 Sun 26 Feb****Championship Best Performance:**

	<b>2010 Jonathan Taylor</b>	<b>Teeside</b>	<b>3.46.12</b>	<b>Team Points</b>
1	921 James Thie	UWIC	3.47.22	8
2	303 Harry Harper	Birmingham	3.47.65	7
3	712 Eoin Everard	Northumbria	3.50.00	6
4	760 Michael Wilsmore	Plymouth	3.50.38	5
5	327 Andrew Woods	Bristol	3.53.96	4
6	842 Ben Coldray	St Mary's College	3.58.65	3
7	293 Alex Cornwell	Birmingham	4.03.04	2
8	330 Chris Dodd	Bristol	4.04.88	1
9	872 Allan Ramsay	Strathclyde	4.07.20	

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## 3000m Men

## Heats

1700 Sat 25 Feb

### First 2 and 4 fastest losers to Final

#### Heat 1

1	879 Phil Hurst	Sunderland	8.35.91 Q
2	891 Wynne Evans	Swansea	8.38.67 Q
3	940 Andrew Sheridan	Warwick	8.53.55
4	750 Josh Entwistle	Oxford Brookes	8.57.00
5	681 Jake Waldron	Middlesex	9.19.53
6	731 Rob Smith	Nottingham	9.39.09
7	428 Rory Johnson	Durham	9.40.55
8	284 Joe Strange	Bedfordshire (Bedford)	9.46.68
9	402 Andrejs Blakunovs	Coventry	10.13.89
10	397 Alex Waddlelove	Chester (Chester)	10.30.14
11	537 Alexander Mason	Imperial College London	10.30.44
12	773 Martin Shelley	Portsmouth	10.43.43
13	635 Matthew Sullivan	Loughborough	DNF
14	581 Josh Rowe	Leeds Metropolitan (Carnegie)	DNF
15	415 Matthew White	Dundee	DNS

#### Heat 2

1	275 Steve Mitchell	Bath	8.27.73 Q
2	1014 Joe Durrant	Birmingham	8.27.75 Q
3	580 Josh Norman	Leeds Metropolitan (Carnegie)	8.31.96 q
4	496 Luke Traynor	Glasgow Caledonian	8.33.69 q
5	590 Ben Russell	Liverpool	8.48.72 q
6	435 Nick Earl	East Anglia	8.51.94
7	387 Peter Hart	Cardiff	9.19.92
8	876 Christopher Dunn	Sunderland	9.33.87
9	946 Nathan Wilkins	Warwick	9.34.55
10	451 Coll Williamson	Edinburgh	9.57.18
11	756 James Manthorp	Plymouth	10.54.43
12	531 Patrick Allen	Hull	11.50.51
13	848 Jordan Stokes	St Mary's College	DNF
14	704 Sparrow Morley	Newcastle	DNF
15	598 Kristopher Wilson	Liverpool Hope	DNF

#### Heat 3

1	249 Ben Nagy	Bath	8.57.98 Q
2	894 Russ Best	Teesside	8.58.25 Q
3	1169 Leif Chandler	Brunel	9.06.82
4	715 Iain Lynn	Northumbria	9.11.93
5	523 Jonathan Pegg	Hull	9.16.81
6	1097 Samuel Deathe	St Mary's College	9.17.36
7	323 Tim Carter	Birmingham City	9.29.97
8	696 Joseph Turner	Newcastle	9.30.29

9	485 Will Cullen	Exeter	9.38.96
10	244 Callum Rowlinson	Bangor	9.59.38
11	764 Simon Cook	Plymouth	10.10.67
12	374 Neil Tandy	Buckinghamshire New	11.01.79
13	497 Murray McDonald	Glasgow Caledonian	11.02.13
14	963 Sebastian Crillo	Writtle College	DNF
15	671 Christopher Kays	Manchester Metropolitan	DNS

#### Heat 4

1	785 Paskar Owor	Roehampton	8.44.73 Q
2	311 Joshua Gorecki	Birmingham	8.48.11 Q
3	614 Mohamud Aadan	London South Bank	8.50.26 q
4	930 Mike Kallenberg	UWIC	8.50.64
5	624 Christopher Perry	Loughborough	8.56.23
6	826 David Lewis	Southampton	9.11.26
7	710 Dean Crangle	Northumbria	9.13.71
8	607 Carlos Vazquez Garcia	London	9.55.85
9	726 Jonathan Ryan	Nottingham	9.58.53
10	434 Nicholas Pullen	East Anglia	10.30.18
11	806 Anthony Meenaghan	Sheffield Hallam	10.33.01
12	753 Sam Angell	Oxford Brookes	10.35.61
13	767 Harry Morgan	Portsmouth	10.46.67
14	370 Daniel Batchelor	Buckinghamshire New	11.07.21
15	Lane Vacant		



### 3000m Men

### Final

1510 Sun 26 Feb

#### Championship Best Performance:

2002 Gareth Turnbull		Loughborough	7.57.90	Team Points
1	879 Phil Hurst	Sunderland	8.09.38	8
2	275 Steve Mitchell	Bath	8.09.66	7
3	1014 Joe Durrant	Birmingham	8.15.79	6
4	580 Josh Norman	Leeds Metropolitan (Carnegie)	8.20.16	5
5	311 Joshua Gorecki	Birmingham	8.24.69	4
6	249 Ben Nagy	Bath	8.26.27	3
7	496 Luke Traynor	Glasgow Caledonian	8.28.74	2
8	894 Russ Best	Teesside	8.31.55	1
9	785 Paskar Owor	Roehampton	8.33.34	
10	891 Wynne Evans	Swansea	8.46.75	
11	614 Mohamud Aadan	London South Bank	8.49.11	
12	590 Ben Russell	Liverpool	8.50.17	

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**60m Hurdles Men****Heats****1200 Sun 26 Feb****First 2 and 2 fastest losers to Final****Heat 1**

1	208 Andrew Pozzi	West of England (UWE)	7.72 Q	<b>CBP</b>
2	931 Chris Wakeford	UWIC	8.24 Q	
3	206 Liam Ramsay	Sheffield Hallam	8.35 q	
4	314 Michael Sweeney	Birmingham	8.72	
5	1005 Matt Baker	Bath	8.78	
6	185 Matthew Rose	Bedfordshire (Bedford)	8.88	
7	198 Michael Feeney	Leeds Metropolitan (Carnegie)	8.95	
8	192 Keno Mario-Ghae	Cambridge	9.12	

**Heat 2**

1	183 Ben Reynolds	Bath	7.84 Q	
2	201 Yannick Budd	Loughborough	8.20 Q	
3	190 Ashley Bryant	Brunel	8.38 q	
4	205 Deo Milandu	Sheffield Hallam	8.65	
5	187 Aj Lee	Birmingham	8.85	
6	195 Steven Garrett	East Anglia	9.12	
7	203 Martin Lay	Newcastle	10.16	
8	1026 Ashley Hughes	Gloucestershire	11.90	

**Heat 3**

1	200 Benedict Kelk	Loughborough	8.13 Q	
2	199 Daniel Needham	Liverpool John Moores	8.23 Q	
3	202 Edirin Okoro	Middlesex	8.43	
4	193 Clement Petit	Coventry	8.90	
5	197 Samzu Agbaje	Imperial College London	9.11	
6	194 Charlie Roe	East Anglia	9.39	
7	204 Daryl Martin	Nottingham Trent	9.78	
8	186 Sam Dowler	Bedfordshire (Bedford)	11.67	

**60m Hurdles Men****Final****1450 Sun 26 Feb****Championship Best Performance:**

	<b>2012 Andrew Pozzi</b>	<b>West of England (UWE)</b>	<b>7.72</b>	<b>Team Points</b>
1	208 Andrew Pozzi	West of England (UWE)	7.64 <b>CBP</b>	8
2	183 Ben Reynolds	Bath	7.83	7
3	200 Benedict Kelk	Loughborough	8.00	6
4	931 Chris Wakeford	UWIC	8.20	5
5	201 Yannick Budd	Loughborough	8.20	4
6	199 Daniel Needham	Liverpool John Moores	8.23	3
7	206 Liam Ramsay	Sheffield Hallam	8.38	2
8	190 Ashley Bryant	Brunel	8.41	1

**4x200m Men****Final****1540 Sun 26 Feb****Championship Best Performance:**

<b>2007</b>	<b>Loughborough</b>	<b>1.26.22</b>	<b>Team Points</b>
1 LOU	Loughborough	1.27.85	8
2 BRU	Brunel	1.28.69	7
3 UWI	UWIC	1.29.04	6
4 HER	Hertfordshire	1.30.93	5
5 MID	Middlesex	1.33.23	4
6 LEE	Leeds	1.33.39	3

**High Jump Men****FINAL****Championship Best Performance:**

<b>2011</b>	<b>Ray Bobrownicki</b>	<b>Edinburgh</b>	<b>2.22</b>	<b>Team Points</b>
1	462 Ray Bobrownicki	Edinburgh	2.19	8
2	873 David Smith	Strathclyde	2.19	7
3	321 Simon Phelan	Birmingham	2.04	6
4	290 Scott Johnson	Bedfordshire (Bedford)	2.04	5
5	648 Thomas Gardner	Loughborough	2.01	4
6	314 M Sweeney	Birmingham	2.01	3
7	863 Fraser Weir	Stirling	2.01	2
8	838 Matthew Watson	Southampton Solent	1.98	1
9	413 Ben Moubey	Derby	1.98	
10	778 Brian Flatley	Reading	1.95	
11	265 Mark Brown	Bath	1.95	
	194 Charlie Roe	East Anglia	NHR	

**Long Jump Men****Qualifying A**

1	56 Daniel Gardiner	Leeds Metropolitan (Carnegie)	7.10	Q
2	627 Felix Maisey-Curtis	Loughborough	6.99	Q
3	618 Ben Gregory	Loughborough	6.87	Q
4	190 Ashley Bryant	Brunel	6.85	Q
5	310 Jordan Kelly	Birmingham	6.80	Q
6	21 Nicolas Roussin-le texier	Cardiff	6.67	Q
7	272 Ross Jeffs	Bath	6.63	Q
8	337 Rainer Groh	Bristol	6.63	Q
9	610 Ogochukwu Anochirionye	London	6.51	Q
10	194 Charlie Roe	East Anglia	6.50	Q
11	895 Paul Oluyemi	The Arts College at Bournemouth (	6.42	

12	61 George Corbin	London	6.41
13	318 Richard Tranter	Birmingham	6.39
14	464 Donald Tod	Edinburgh Napier	6.34
15	95 Alex Bonnick	St Mary's College	6.25
16	376 David Szabo	Cambridge	6.21
17	833 Ben Davies	Southampton Solent	5.92
18	737 Chris Bradshaw	Nottingham Trent	5.60
19	51 Adam Murray	Keele	5.31
20	425 James Cann	Durham	5.04
21	500 Toochukwu Ukaejiofo	Glasgow Caledonian	4.76
22	784 Jamie Toner	Roehampton	4.22
	675 Craig Andrew	Middlesex	DNS
	354 Jermaine Olasan	Brunel	DNS
	667 Tayo Idowu	Manchester	DNS
	953 Donovan James	Wolverhampton	DNS

### Qualifying B

1	407 Luke Pryor	Coventry	6.56	Q
2	565 Seb Wilson Dyer Gough	Leeds	6.56	Q
3	677 David Crisp	Middlesex	6.36	
4	836 James Hollins	Southampton Solent	6.29	
5	34 Charlie Stainforth	Edinburgh	6.22	
6	270 Phil Browne	Bath	6.16	
7	697 Konstantinous Stavrou	Newcastle	6.10	
8	53 Diego Cantoni	Kent	6.04	
9	207 Wayne Taylor	Swansea	5.92	
10	515 Onajite Okoro	Hertfordshire	5.78	
11	810 Ed Dawes	Sheffield Hallam	5.50	
12	50 Ewan Mackay	Imperial College London Medics	5.40	
13	514 George Cummins	Hertfordshire	5.38	
14	396 Tom Booth	Central Lancashire	5.37	
15	1082 Sam Burgess	Newcastle	5.37	
16	541 Chris Jones	Imperial College London Medics	5.19	
17	501 Adam Letts	Gloucestershire	5.14	
18	867 Matthew Mellon	Stirling	4.97	
19	54 Amanpreet Pabla	Leeds	4.94	
20	752 Mathew Doherty	Oxford Brookes	4.66	
	653 A'diyal Patel	Manchester	DNS	
	192 Keno Mario-Ghae	Cambridge	DNS	
	404 David Kamfwa	Coventry	DNS	
	391 Daniel Savin	Central Lancashire	DNS	
	722 Dan Mirza	Nottingham	DNS	
	60 Nathan Roach	Liverpool John Moores	DNS	
	613 Michael Bartlett	London South Bank	DNS	



## Long Jump Men Final

### Championship Best Performance:

	<b>2010 Matthew Burton</b>	<b>Loughborough</b>	<b>7.69</b>	<b>Team Points</b>
1	56 Daniel Gardiner	Leeds Metropolitan (Carnegie)	7.28	8
2	190 Ashley Bryant	Brunel	7.18	7
3	618 Ben Gregory	Loughborough	7.07	6
4	627 Felix Maisey-Curtis	Loughborough	7.01	5
5	407 Luke Pryor	Coventry	6.89	4
6	337 Rainer Groh	Bristol	6.83	3
7	21 Nicolas Roussin-le texier	Cardiff	6.82	2
8	565 Seb Wilson Dyer Gough	Leeds	6.61	1
9	310 Jordan Kelly	Birmingham	6.46	
10	272 Ross Jeffs	Bath	6.45	
11	610 Ogochukwu Anochirionye	London	6.42	
12	194 Charlie Roe	East Anglia	6.30	



## Triple Jump Men Qualifying A

361 Michael Pupilampu	Brunel	15.35	Q
707 Ben Porter	Northumbria	14.13	q
798 Jonathon Sawyers	Sheffield	14.11	q
912 Adam Williams	UWIC	14.08	q
589 Alexander Ezechi-Obiako	Liverpool	14.03	q
789 giacomo valeri	Royal Holloway, of London	13.82	q
109 Mitchel Kirby	Warwick	13.53	
572 Chris McCAnn	Leeds Metropolitan (Carnegie)	13.21	
646 Stamatis Korkis	Loughborough	12.69	
1009 Allee Rigby	Birmingham	12.42	
883 Harry Thornton	Swansea	DNS	
673 Abdi Ali	Middlesex	DNS	

## Qualifying B

362 Nathan Fox	Brunel	15.36	Q
787 Darren March	Royal Holloway, of London	14.57	Q
617 Anteson Twumasi	Loughborough	14.52	Q
240 Chukwudi Onyia	Aberdeen	14.07	q
716 James Andrews	Northumbria	13.99	q
932 Phil Warwicker	UWIC	13.69	q
318 R Tranter	Birmingham	13.26	
770 Jordan Webb	Portsmouth	12.88	
403 Daniel Murray	Coventry	12.59	

953 Donovan James	Wolverhampton	12.51
536 Adam Jones	Imperial College London	11.93
425 James Cann	Durham	11.39
333 Jeson Jacob	Bristol	DNS



### Triple Jump Men Final

#### Championship Best Performance:

	2007 Gary White	UWIC	16.00	Team Points
1	361 Michael Puplampu	Brunel	15.56	8
2	362 Nathan Fox	Brunel	15.31	7
3	617 Anteson Twumasi	Loughborough	15.27	6
4	787 Darren March	Royal Holloway, of London	14.58	5
5	912 Adam Williams	UWIC	14.39	4
6	589 Alexander Ezechi-Obiako	Liverpool	14.18	3
7	707 Ben Porter	Northumbria	14.11	2
8	240 Chukwudi Onyia	Aberdeen	14.02	1
9	716 James Andrews	Northumbria	13.93	
10	789 Giacomo Valeri	Royal Holloway, of London	13.79	
11	932 Phil Warwicker	UWIC	13.79	
	798 Jonathon Sawyers	Sheffield	DNS	



### Pole Vault Men Final

#### Championship Best Performance:

	2007 Scott Simpson	UWIC	5.42	Team Points
1	317 Nick Cruchley	Birmingham	5.20	8
2	489 Jax Thoirs	Glasgow	5.10	7
3	634 Matthew Devereux	Loughborough	5.00	6
4	618 Ben Gregory	Loughborough	5.00	5
5	314 M Sweeney	Birmingham	4.50	4
6	190 Ashley Bryant	Brunel	4.50	3
7	926 Luke Bailey	UWIC	4.50	2
8	925 Lewis Newton	UWIC	4.40	1
9	881 Sam Brown	Sussex	4.40	
10	205 Deo Milandu	Sheffield Hallam	4.20	
11	488 Jamie Sinclair	Glasgow	4.20	
12	822 Sean Power	Sheffield Hallam	4.00	
13	525 Liam Holiday	Hull	4.00	
14	1003 Emyr Jones	Bath	4.00	
15	185 Matthew Rose	Bedfordshire (Bedford)	3.80	
16	613 Michael Bartlett	London South Bank	3.80	



17	353 Gordon Lester	Brunel	3.60
	252 Connell MacQuisten	Bath	NHR



### Shot Men

### Qualifying A

14.00

584 Rimantas Martisaukas	Leeds Metropolitan (Carnegie)	16.63	Q
637 Michael Wheeler	Loughborough	14.74	Q
190 Ashley Bryant	Brunel	13.37	q
380 Toby Haseler	Cambridge	13.34	q
56 Daniel Gardiner	Leeds Metropolitan (Carnegie)	13.33	q
440 Matthew Baptiste	East London	12.77	q
314 M Sweeney	Birmingham	11.71	
261 Joe Walton	Bath	11.69	
814 Lewis Stead	Sheffield Hallam	11.17	
194 Charlie Roe	East Anglia	10.17	
892 Chris Green	Teesside	8.39	
864 John McOmish	Stirling	8.20	
784 Jamie Toner	Roehampton	7.13	
506 Jack McKenzie	Gloucestershire	5.33	

### Qualifying B

859 Zane Duquemin	St Mary's College	16.43	Q
639 Robert Mohan	Loughborough	15.02	Q
267 Matthew Halton	Bath	13.47	q
305 Jacob Matthews	Birmingham	13.03	q
405 Emmanuel Quarshie	Coventry	12.98	q
1172 Joshua Barard	Brunel	12.53	q
812 Kane Humphrey	Sheffield Hallam	12.08	
948 Philip Ridd	Warwick	11.68	
544 Dean Oakes	Kent	11.51	
493 Sam O'Kane	Glasgow	11.41	
759 Mathew Campbell	Plymouth	10.06	
701 Martin Ferguson	Newcastle	7.00	



### Shot Men

### Final

#### Championship Best Performance:

<b>2007</b>	<b>Garrett Johnson</b>	<b>Oxford</b>	<b>20.15</b>	<b>Team Points</b>
1	584 Rimantas Martisaukas	Leeds Metropolitan (Carnegie)	17.93	8
2	859 Zane Duquemin	St Mary's College	17.61	7
3	637 Michael Wheeler	Loughborough	15.55	6

4	639 Robert Mohan	Loughborough	14.84	5
5	267 Matthew Halton	Bath	14.37	4
6	305 Jacob Matthews	Birmingham	13.65	3
7	56 Daniel Gardiner	Leeds Metropolitan (Carnegie)	13.63	2
8	190 Ashley Bryant	Brunel	13.23	1
9	440 Matthew Baptiste	East London	13.17	
10	380 Toby Haseler	Cambridge	13.06	
11	1172 Joshua Barard	Brunel	12.88	
12	405 Emmanuel Quarshie	Coventry	12.63	



## Indoor Athletics Championships 2012 - Sheffield

### 60m Women

### Heats

1005 Sat 25 Feb

#### First 2 and 8 fastest losers to 3 Semi Finals

##### Heat 1

1	181 Kirstie Overfield	Warwick	8.09 Q
2	147 Carys Hall	Liverpool	8.19 Q
3	153 Amy Radcliffe	Newcastle	8.24 q
4	118 Alex Hill	Bath	8.30
5	161 Kiah Rosenstein	Plymouth	8.46
6	132 Madeline Raynor	Durham	8.59
7	124 Lizzy Gourlay	Bournemouth	8.66
8	176 Imelda Morrisson	Swansea	DNS

##### Heat 2

1	127 Leah Moore	Brunel	7.73 Q
2	119 Ellie Ball	Bath	8.08 Q
3	116 Lisa Clarke	Middlesex	8.11 q
4	142 Lorna Goldsmith	Leeds	8.30
5	174 Katie Hogg	Sussex	8.37
6	148 Devon Kennard	London	8.60
7	130 Sally Thompson	Central Lancashire	9.27
8	179 Lorraine Gramhamulvaney	UW Wales, Newport	9.80

##### Heat 3

1	1114 Claudenia Williams	Birmingham	8.03 Q
2	136 Katy Wyper	Edge Hill	8.08 Q
3	165 Clarice Underwood	Sheffield	8.19 q
4	169 Jennifer Dunn	St Andrews	8.45
5	137 Becca Jones	Exeter	8.58
6	117 Britta Ismer	Bangor	8.68
7	141 Rebecca Louise Saxby	Hull	9.14
8	133 Laura Bottiglieri	East Anglia	9.47

##### Heat 4

1	170 Alesha Kiddle	St Mary's College	7.77 Q
2	144 Shauna Lawton	Leeds Metropolitan (Carnegie)	8.15 Q
3	156 Jodie Wills	Nottingham Trent	8.24 q
4	145 Amelia Wood	Lincoln	8.64
5	182 Helen Rennardson	York	8.72
6	128 Tamica Mignott	Buckinghamshire New	8.91
7	140 Keira Bishop	Hull	9.19
8	Lane Vacant		

##### Heat 5

1	126 Elise Walker	Brunel	7.93 Q
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2	164 Jade Phillips	Royal Holloway, of London	7.96 Q
3	122 E Stokes	Birmingham	8.14 q
4	171 Christie Smith	St Mary's College	8.26 q
5	121 Sharnna Henry	Bedfordshire (Bedford)	8.28 q
6	134 Ruth McKellar	East Anglia	8.34
7	139 Hayley McAvoy	Gloucestershire	8.82
8	Lane Vacant		

#### Heat 6

1	178 Zara George	UWIC	7.62 Q
2	151 Jo Whiteway	Loughborough	7.89 Q
3	167 Elise Lovell	Sheffield Hallam	8.15 q
4	159 Anna Hendon	Oxford Brookes	8.41
5	131 Isabel Hainsworth	Durham	8.48
6	155 Kate Birks	Nottingham	8.55
7	160 Emma Clapp	Plymouth	8.57
8	Lane Vacant		

#### Heat 7

1	150 Elaine O'Neill	Loughborough	7.63 Q
2	157 Katie Barry	Nottingham Trent	8.27 Q
3	138 Laurence Thill	Exeter	8.42
4	129 Isobel Rogers	Central Lancashire	8.52
5	158 Amber Bayliss	Oxford Brookes	8.55
6	125 Natasha Bennett	Bournemouth	8.78
7	166 Suki Cirillo	Sheffield	DNS
8	Lane Vacant		

#### Heat 8

1	143 Kadenna Cox	Leeds Metropolitan (Carnegie)	7.90 Q
2	146 Shireen Timmis	Lincoln	8.30 Q
3	120 Bethany Moore	Bedfordshire (Bedford)	8.30
4	168 Vickie Sellers	Sheffield Hallam	8.46
5	162 Claire Butler	Portsmouth	8.47
6	163 Nicky Park	Reading	9.37
7	152 Ashleigh Nelson	Middlesex	DNS
8	Lane Vacant		



### 60m Women

### Semi Finals

1445 Sat 25 Feb

First 2 and 2 fastest losers to Final

#### Heat 1

1	178 Zara George	UWIC	7.65 Q
2	126 Elise Walker	Brunel	7.83 Q
3	1114 Claudenia Williams	Birmingham	7.97
4	144 Shauna Lawton	Leeds Metropolitan (Carnegie)	8.00
5	167 Elise Lovell	Sheffield Hallam	8.08

6	121 Sharnna Henry	Bedfordshire (Bedford)	8.20
7	156 Jodie Wills	Nottingham Trent	8.26
8	136 Katy Wyper	Edge Hill	DQ

### Heat 2

1	170 Alesha Kiddle	St Mary's College	7.69 Q
2	127 Leah Moore	Brunel	7.72 Q
3	151 Jo Whiteway	Loughborough	7.86 q
4	164 Jade Phillips	Royal Holloway, of London	7.97 q
5	122 E Stokes	Birmingham	8.19
6	153 Amy Radcliffe	Newcastle	8.19
7	157 Katie Barry	Nottingham Trent	8.25
8	146 Shireen Timmis	Lincoln	8.28

### Heat 3

1	143 Kadenna Cox	Leeds Metropolitan (Carnegie)	7.84 Q
2	119 Ellie Ball	Bath	8.01 Q
3	116 Lisa Clarke	Middlesex	8.10
4	165 Clarice Underwood	Sheffield	8.10
5	147 Carys Hall	Liverpool	8.13
6	171 Christie Smith	St Mary's College	8.17
7	181 Kirstie Overfield	Warwick	8.22
8	150 Elaine O'Neill	Loughborough	DNS



## 60m Women

## Final

1820 Sat 25 Feb

### Championship Best Performance:

	2007 Montel Douglas	Loughborough	7.31	Team Points
1	178 Zara George	UWIC	7.61	8
2	170 Alesha Kiddle	St Mary's College	7.65	7
3	143 Kadenna Cox	Leeds Metropolitan (Carnegie)	7.75	6
4	127 Leah Moore	Brunel	7.75	5
5	126 Elise Walker	Brunel	7.90	4
6	119 Ellie Ball	Bath	8.02	3
7	164 Jade Phillips	Royal Holloway, of London	8.03	2
8	151 Jo Whiteway	Loughborough	8.06	1



## 200m Women

## Heats

0930 Sun 26 Feb

### Winners and 15 fastest losers to 4 Semi Finals

#### Heat 1

1	224 Meghan Beesley	Loughborough	24.97 Q
2	126 Elise Walker	Brunel	25.78 q
3	807 Beth Hirst	Sheffield Hallam	26.94 q

4	851 Katy Barber	St Mary's College	27.99
5	132 Madeline Raynor	Durham	28.01
6	154 Emma Jackson	Newcastle	DNS

#### Heat 2

1	533 Sonia Santos	Hull	26.67 Q
2	159 Anna Henden	Oxford Brookes	27.20 q
3	120 Bethany Moore	Bedfordshire (Bedford)	27.81
4	412 Rebecca Lucking	De Montfort	29.50
5	708 Catherine Maclaine	Northumbria	29.61
6	123 Jennie Batten	Birmingham	DNS

#### Heat 3

1	178 Zara George	UWIC	26.01 Q
2	181 Kirstie Overfield	Warwick	27.20 q
3	134 Ruth McKellar	East Anglia	27.40
4	139 Hayley McAvoy	Gloucestershire	29.56
5	471 Rachel Kerr	Essex	29.70
6	483 Rhiannon Dunlop	Exeter	33.40

#### Heat 4

1	595 Lucy Mansfield	Liverpool	26.53 Q
2	728 Kathryn Davies	Nottingham	26.96 q
3	765 Thuza Edworthy	Plymouth	27.73
4	468 Lauren Longhurst	Essex	27.76
5	148 Devon Kennard	London	27.82
6	131 Isabel Hainsworth	Durham	28.59

#### Heat 5

1	319 Rebecca Williams	Birmingham	25.75 Q
2	956 Nardhia Kidd-Walker	Wolverhampton	26.13 q
3	136 Katy Wyper	Edge Hill	26.44 q
4	138 Laurence Thill	Exeter	27.33
5	794 Hannah Bushell	Sheffield	28.75
6	755 Hannah Bruce	Plymouth	30.79

#### Heat 6

1	260 Jo White	Bath	24.96 Q
2	943 Deborah Willis	Warwick	26.58 q
3	147 Carys Hall	Liverpool	27.03 q
4	239 Ademide Ademuyewo	Aberdeen	27.22
5	1112 Jodie Leslie	Bedfordshire (Bedford)	28.65
6	772 Lucy Pamment	Portsmouth	30.99

#### Heat 7

1	232 Jess Taylor	Sheffield Hallam	25.88 Q
2	352 Gemma Malster	Brunel	26.33 q
3	1162 Gwen Williams	UWIC	26.94 q

4	146 Shireen Timmis	Lincoln	27.19 q
5	774 Minal Tailor	Portsmouth	30.17
6	Lane Vacant		

#### Heat 8

1	143 Kadenna Cox	Leeds Metropolitan (Carnegie)	25.69 Q
2	258 Hayley Harvey	Bath	27.08 q
3	845 Danielle Patmore	St Mary's College	27.54
4	174 Katie Hogg	Sussex	27.58
5	145 Amelia Wood	Lincoln	29.30
6	Lane Vacant		

#### Heat 9

1	1145 Lauren Bouchard	Loughborough	25.91 Q
2	559 Laura Haslam	Leeds	26.64 q
3	116 Lisa Clarke	Middlesex	26.92 q
4	156 Jodie Wills	Nottingham Trent	27.39
5	169 Jennifer Dunn	St Andrews	27.97
6	Lane Vacant		



### 200m Women

### Semi Finals

1225 Sun 26 Feb

#### Winners and 2 fastest losers to Final

#### Heat 1

1	232 Jess Taylor	Sheffield Hallam	25.38 Q
2	319 Rebecca Williams	Birmingham	25.54 2
3	136 Katy Wyper	Edge Hill	26.13
4	352 Gemma Malster	Brunel	26.17
5	258 Hayley Harvey	Bath	26.98
6	147 Carys Hall	Liverpool	26.99

#### Heat 2

1	260 Jo White	Bath	24.59 Q
2	595 Lucy Mansfield	Liverpool	26.10
3	533 Sonia Santos	Hull	26.38
4	807 Beth Hirst	Sheffield Hallam	26.83
5	1162 Gwen Williams	UWIC	26.97
6	181 Kirstie Overfield	Warwick	27.00

#### Heat 3

1	224 Meghan Beesley	Loughborough	24.23 Q
2	178 Zara George	UWIC	24.46 q
3	126 Elise Walker	Brunel	25.89 1
4	559 Laura Haslam	Leeds	26.22
5	116 Lisa Clarke	Middlesex	26.94
6	159 Anna Henden	Oxford Brookes	27.43

#### Heat 4

1	143 Kadenna Cox	Leeds Metropolitan (Carnegie)	24.96 Q
2	1145 Lauren Bouchard	Loughborough	25.51 q
3	956 Nardhia Kidd-Walker	Wolverhampton	26.17
4	943 Deborah Willis	Warwick	26.54
5	728 Kathryn Davies	Nottingham	26.87
6	146 Shireen Timmis	Lincoln	27.68



## 200m Women

## Final

1425 Sun 26 Feb

### Championship Best Performance:

<b>2006 Katherine Endacott</b>		<b>St Mark &amp; St John's</b>	<b>23.88</b>	<b>Team Points</b>
1	224 Meghan Beesley	Loughborough	24.12	8
2	260 Jo White	Bath	24.30	7
3	178 Zara George	UWIC	24.61	6
4	143 Kadenna Cox	Leeds Metropolitan (Carnegie)	24.68	5
5	232 Jess Taylor	Sheffield Hallam	25.59	4
6	1145 Lauren Bouchard	Loughborough	25.61	3



## 400m Women

## Heats

1335 Sat 25 Feb

### Winners and 11 fastest losers to 3 Semi Finals

#### Heat 1

1	874 Diane Ramsay	Strathclyde	57.02 Q
2	918 Emma Peters	UWIC	57.32 q
3	586 Sophie Wood	Leeds Metropolitan (Carnegie)	60.28
4	854 Nicola Gibson	St Mary's College	61.25
5	807 Beth Hirst	Sheffield Hallam	63.96
6	563 Natalie Griffiths	Leeds	65.91

#### Heat 2

1	776 Victoria Hewett	Portsmouth	57.89 Q
2	450 Claire McNicol	Edinburgh	62.21
3	794 Hannah Bushell	Sheffield	63.58
4	473 Abbie Rudd	Exeter	63.82
5	728 Kathryn Davies	Nottingham	DNS
6	392 Georgie Ivens	Central Lancashire	DQ

#### Heat 3

1	235 Caryl Granville	Swansea	56.64 Q
2	1121 Kate Anderson	Birmingham	59.55 q
3	680 Franchesca Xuereb	Middlesex	59.79 q
4	594 Kerrell Walley	Liverpool	60.60
5	765 Thuza Edworthy	Plymouth	63.47
6	468 Lauren Longhurst	Essex	63.97



**Heat 4**

1	490 Jo Patterson	Glasgow	57.02 Q
2	264 Laura Burke	Bath	57.34 q
3	943 Deborah Willis	Warwick	57.79 q
4	231 Rosie Marino	Sheffield	59.81
5	456 Grace Conroy	Edinburgh	68.44
6	475 Ally Loose	Exeter	69.56

**Heat 5**

1	291 A Clifford	Birmingham	57.21 Q
2	1164 Rhiannon Linington-Payne	UWIC	57.48 q
3	355 Jo Rowland	Brunel	57.94 q
4	658 Jen Simmons	Manchester	58.02 q
5	871 Victoria Stephen	Stirling	65.82
6	Lane Vacant		

**Heat 6**

1	1138 Harriet Pryke	Loughborough	57.24 Q
2	466 Heather Shephard	Essex	59.00 q
3	582 Marina Elosegui	Leeds Metropolitan (Carnegie)	60.57
4	684 Martina Xuereb	Middlesex	61.96
5	720 Rebecca Mardell	Northumbria	62.11
6	Lane Vacant		

**Heat 7**

1	632 Laura Wake	Loughborough	56.28 Q
2	827 Emily Bonnett	Southampton	56.62 q
3	268 Megan Southwart	Bath	58.18 q
4	777 Christine McMahon	Queen's Belfast	DNS
5	808 Charlotte Parry	Sheffield Hallam	DNS
6	Lane Vacant		

**400m Women****Semi Finals****1645 Sat 25 Feb****Winners and 3 fastest losers to Final****Heat 1**

1	874 Diane Ramsay	Strathclyde	55.85 Q
2	490 Jo Patterson	Glasgow	56.24 q
3	918 Emma Peters	UWIC	57.48
4	264 Laura Burke	Bath	57.86
5	658 Jen Simmons	Manchester	58.34
6	466 Heather Shephard	Essex	59.37

**Heat 2**

1	632 Laura Wake	Loughborough	55.96 Q
2	1164 Rhiannon Linington-Payne	UWIC	56.72 2
3	827 Emily Bonnett	Southampton	56.80 1
4	680 Franchesca Xuereb	Middlesex	60.80

5	268 Megan Southwart	Bath	DNF
6	291 A Clifford	Birmingham	SCR

### Heat 3

1	235 Caryl Granville	Swansea	55.39 Q
2	1138 Harriet Pryke	Loughborough	55.46 q
3	776 Victoria Hewett	Portsmouth	56.65 q
4	943 Deborah Willis	Warwick	58.44
5	1121 Kate Anderson	Birmingham	59.44
6	355 Jo Rowland	Brunel	59.87



## 400m Women

### Final

1325 Sun 26 Feb

#### Championship Best Performance:

	2011 Laura Wake	Loughborough	54.09	Team Points
1	632 Laura Wake	Loughborough	54.33	8
2	874 Diane Ramsay	Strathclyde	54.95	7
3	235 Caryl Granville	Swansea	55.02	6
4	1138 Harriet Pryke	Loughborough	55.03	5
5	490 Jo Patterson	Glasgow	55.69	4
6	776 Victoria Hewett	Portsmouth	57.20	3



## 800m Women

### Heats

1115 Sat 25 Feb

#### Winners and 8 fastest losers to 2 Semi Finals

#### Heat 1

1	296 Cally Read	Birmingham	2.08.95	Q
2	274 Sophie Tyers	Bath	2.09.16	q
3	479 Helena Corbin	Exeter	2.12.12	q
4	383 Danielle Cocking	Cardiff	2.17.88	q
5	495 Jennifer Hannah	Glasgow Caledonian	2.21.34	
6	904 Louise Card	West of England (UWE)	2.23.47	
7	Lane Vacant			
8	Lane Vacant			

#### Heat 2

1	320 Rebecca Linney	Birmingham	2.16.65	Q
2	419 Briony Bendle	Durham	2.19.94	q
3	591 Hannah Edwards	Liverpool	2.22.04	
4	390 Sian Harry	Cardiff	2.22.05	
5	813 Leonie Shipley	Sheffield Hallam	2.23.15	
6	456 Grace Conroy	Edinburgh	2.32.08	
7	Lane Vacant			
8	Lane Vacant			

**Heat 3**

1	896 Adelle Tracey	Arts College Bournemouth	2.17.23	Q
2	914 Chloe Anderson	UWIC	2.18.44	q
3	551 Caroline Ford	Leeds	2.20.32	q
4	328 Aoife Kelly	Bristol	2.22.47	
5	530 Michelle Stone	Hull	2.24.50	
6	420 Carly Robertson	Durham	2.25.59	
7	656 Femi Adedimeji	Manchester	2.46.84	
8	Lane Vacant			

**Heat 4**

1	409 Rowena Cole	Coventry	2.11.55	Q
2	735 Alexandra Turner	Nottingham Trent	2.15.74	q
3	850 Kathrine Foy	St Mary's College	2.17.21	q
4	522 Emma Elizabeth Toogood	Hull	2.22.84	
5	880 Emma Robertson	Sussex	2.28.48	
6	793 Fliss Tournant	Sheffield	2.43.39	
7	Lane Vacant			
8	Lane Vacant			

**800m Women****Semi Finals****1805 Sat 25 Feb****First 2 and 2 fastest losers to Final****Heat 1**

1	296 Cally Read	Birmingham	2.11.72	Q
2	274 Sophie Tyers	Bath	2.12.12	Q
3	896 Adelle Tracey	Arts College Bournemouth	2.13.45	2
4	850 Kathrine Foy	St Mary's College	2.15.38	1
5	383 Danielle Cocking	Cardiff	2.19.62	
6	551 Caroline Ford	Leeds	2.23.57	

**Heat 2**

1	409 Rowena Cole	Coventry	2.09.40	Q
2	320 Rebecca Linney	Birmingham	2.09.85	Q
3	914 Chloe Anderson	UWIC	2.11.44	q
4	479 Helena Corbin	Exeter	2.12.41	q
5	419 Briony Bendle	Durham	2.17.47	
6	735 Alexandra Turner	Nottingham Trent	2.18.62	

**800m Women****Final****1415 Sun 26 Feb****Championship Best Performance:****2007 Charlotte Best****Loughborough****2.05.32****Team  
Points**

1	274 Sophie Tyers	Bath	2.06.85	8
2	296 Cally Read	Birmingham	2.06.87	7

3	409 Rowena Cole	Coventry	2.07.11	6
4	914 Chloe Anderson	UWIC	2.08.89	5
5	320 Rebecca Linney	Birmingham	2.09.41	4
6	479 Helena Corbin	Exeter	2.11.44	3



## 1500m Women

## Heats

1600 Sat 25 Feb

### First 3 and 3 fastest losers to Final

#### Heat 1

1	620 Carolyn Plateau	Loughborough	4.37.77	Q
2	308 Julia Cooke	Birmingham	4.38.92	Q
3	454 Emily Stewart	Edinburgh	4.43.47	Q
4	693 Isabella Murray	Newcastle	4.54.74	
5	530 Michelle Stone	Hull	4.57.06	
6	804 Abbie Smith	Sheffield Hallam	5.09.57	
7	961 Hayley Pegg	Writtle College	5.16.95	
8	547 Nicola Silsby	Kingston	DNS	
9	788 Emily Moss	Royal Holloway, of London	DNS	
10	Lane Vacant			

#### Heat 2

1	642 Sara Treacy	Loughborough	4.37.71	Q
2	857 Suzi Boast	St Mary's College	4.38.07	Q
3	913 Charlotte Arter	UWIC	4.38.22	Q
4	360 Melissa Courtney	Brunel	4.38.69	q
5	309 Jenny Beckingham	Birmingham	4.40.06	q
6	692 Emma Williams	Newcastle	4.52.14	q
7	461 Nicci Chapman	Edinburgh	5.02.92	
8	505 Itxaso Diaz	Gloucestershire	6.07.33	
9	429 Sophie Munn	Durham	DNF	
10	Lane Vacant			



## 1500m Women

## Final

1440 Sun 26 Feb

### Championship Best Performance:

**2007 Hannah England**

**Birmingham**

**4.19.68**

**Team  
Points**

1	913 Charlotte Arter	UWIC	4.22.50	8
2	454 Emily Stewart	Edinburgh	4.23.22	7
3	620 Carolyn Plateau	Loughborough	4.26.56	6
4	642 Sara Treacy	Loughborough	4.30.08	5
5	308 Julia Cooke	Birmingham	4.34.04	4
6	360 Melissa Courtney	Brunel	4.35.56	3
7	857 Suzi Boast	St Mary's College	4.37.65	2
8	309 Jenny Beckingham	Birmingham	4.38.32	1

**3000m Women****Heats****1415 Sat 25 Feb****First 4 and 4 fastest losers to Final****Heat 1**

1	621 Catherine Brown	Loughborough	10.03.86	Q
2	570 Calli Thackery	Leeds Metropolitan (Carnegie)	10.05.28	Q
3	247 Annabel Grady	Bath	10.07.20	Q
4	729 Laura-Jane Day	Nottingham	10.09.53	Q
5	332 Ellen Harrison	Bristol	10.22.85	q
6	313 L Thomas	Birmingham	10.38.95	
7	819 Rebecca Harrison	Sheffield Hallam	10.55.21	
8	608 Emily Bliss	London	11.11.24	
9	961 Hayley Pegg	Writtle College	11.25.08	
10	746 Hannah Kitchen	Oxford Brookes	11.42.58	
11	711 Elinor Yates	Northumbria	11.51.80	
12	903 Kelly Winstone	West of England (UWE)	12.00.78	
13	401 Hannah Pilkington	Chester (Chester)	12.40.16	
14	555 Holly Blair	Leeds	13.03.06	

**Heat 2**

1	900 Hannah Alderson	West of England (UWE)	10.19.09	Q
2	969 Sarah Kemshall	York St John	10.22.68	Q
3	689 Bobbi Phillips	Newcastle	10.29.89	Q
4	322 Vicky Smith	Birmingham	10.30.49	Q
5	917 Emily Brown	UWIC	10.33.44	q
6	821 Robyn Lanceley	Sheffield Hallam	10.35.00	q
7	246 Angharad Davies	Bath	10.35.67	q
8	588 Sophie Cowper	Lincoln	10.35.92	
9	278 Anna Rust	Bedfordshire (Bedford)	11.00.39	
10	593 Katie Smithers	Liverpool	11.27.04	
11	547 Nicola Silsby	Kingston	12.18.19	
12	741 Laura Lambourne	Nottingham Trent	12.22.72	
13	749 Jessica Saunders	Oxford Brookes	12.45.62	
14	521 Diana Garcia Mieres	Hull	13.12.44	

**3000m Women****Final****1345 Sun 26 Feb****Championship Best Performance:**

	<b>2005 Lisa Dobriskey</b>	<b>Loughborough</b>	<b>9.08.08</b>	<b>Team Points</b>
1	570 Calli Thackery	Leeds Metropolitan (Carnegie)	9.40.50	8
2	621 Catherine Brown	Loughborough	9.43.80	7
3	900 Hannah Alderson	West of England (UWE)	9.49.27	6

4	969 Sarah Kemshall	York St John	9.58.57	5
5	247 Annabel Grady	Bath	10.02.30	4
6	689 Bobbi Phillips	Newcastle	10.18.63	3
7	729 Laura-Jane Day	Nottingham	10.18.92	2
8	322 Vicky Smith	Birmingham	10.20.99	1
9	332 Ellen Harrison	Bristol	10.21.81	
10	821 Robyn Lanceley	Sheffield Hallam	10.25.04	
11	246 Angharad Davies	Bath	10.25.69	
12	917 Emily Brown	UWIC	10.27.99	



## 60m Hurdles Women Heats

1140 Sun 26 Feb

### First 2 and 2 fastest losers to Final

#### Heat 1

1	233 Karla Drew	Sheffield Hallam	8.83 Q
2	223 Danielle Rooney	Loughborough	8.92 Q
3	230 Lauren Thompson	Portsmouth	8.97 q
4	217 Emma Givens	Edge Hill	9.41
5	227 Rebecca McAllister	Newcastle	9.55
6	1163 Katy Sealy	UWIC	9.66
7	221 Harriet Lester	Leeds	DNF
8	116 Lisa Clarke	Middlesex	DNS

#### Heat 2

1	215 Stephanie Gaynor	Brunel	8.68 Q
2	220 Emily Stevens	Hertfordshire	8.92 Q
3	211 Sophie Skinner	Bath	9.24
4	816 Lydia Chamberlain	Sheffield Hallam	9.35
5	226 Chloe Vernon-Hamilton	Middlesex	9.57
6	218 Jade Fyffe	Edge Hill	12.13
7	213 Georgia Atkins	Birmingham	DNF
8	222 Lisa Revitt	Leeds Metropolitan (Carnegie)	DNF

#### Heat 3

1	235 Caryl Granville	Swansea	8.81 Q
2	210 Sandra Seaton	Bath	8.83 Q
3	237 Lauren O'Reilly	UWIC	8.84 q
4	219 Judith McNicol	Glasgow	9.52
5	1123 Molly Bagworth	Birmingham	DNF
6	228 Cat Hall-Jones	Nottingham	DNS
7	231 Rosie Marino	Sheffield	DNS
8	Lane Vacant		

**60m Hurdles Women Final****1500 Sun 26 Feb****Championship Best Performance:**

	<b>2007 Gemma Bennett</b>	<b>Brunel</b>	<b>8.25</b>	<b>Team Points</b>
1	215 Stephanie Gaynor	Brunel	8.62	8
2	233 Karla Drew	Sheffield Hallam	8.65	7
3	235 Caryl Granville	Swansea	8.68	6
4	210 Sandra Seaton	Bath	8.74	5
5	237 Lauren O'Reilly	UWIC	8.85	4
6	220 Emily Stevens	Hertfordshire	8.87	3
7	223 Danielle Rooney	Loughborough	8.87	2
8	230 Lauren Thompson	Portsmouth	8.90	1

**4x200m Women Final****1530 Sun 26 Feb****Championship Best Performance:**

	<b>2009</b>	<b>Brunel</b>	<b>1.37.82</b>	<b>Team Points</b>
1	LOU	Loughborough	1.39.69	8
2	BAT	Bath	1.40.17	7
3	BRU	Brunel	1.41.18	6
4	HAL	Sheffield Hallam	1.42.57	5
5	UWI	UWIC	1.43.20	4
6	LMC	Leeds Metropolitan (Carnegie)	1.43.23	3

**High Jump Women****Qualifying A****1.75m**

237	Lauren O'Reilly	UWIC	1.63	Q
818	Moe Sasegbon	Sheffield Hallam	1.63	Q
382	Bethan Siddons	Canterbury Christ Church	1.63	Q
622	Chloe Boulter	Loughborough	1.63	Q
355	Jo Rowland	Brunel	1.63	Q
938	Sian Swanson	UWIC	1.63	Q
795	Hannah Sargeant	Sheffield	1.60	
762	Rachel Spooner	Plymouth	1.55	
769	Jenny Hutchings	Portsmouth	1.55	
568	Amanda Evans	Leeds Metropolitan (Carnegie)	1.55	
302	Eleanor Markendale	Birmingham	1.55	

**Qualifying B**

378	Emma Perkins	Cambridge	1.66	Q
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626 Emma Lowry	Loughborough	1.66	Q
350 Eloise Newman	Brunel	1.66	Q
725 Isobel Pooley	Nottingham	1.66	Q
747 Hayley Pitman	Oxford Brookes	1.66	Q
233 Karla Drew	Sheffield Hallam	1.63	Q
449 Amy Richards	Edinburgh	1.60	
554 Grace Johnson	Leeds	1.60	
251 Charlotte Addis	Bath	1.55	
579 Jenny Scott	Leeds Metropolitan (Carnegie)	1.50	
698 Lauren Barr	Newcastle	NHR	



## High Jump Women Final

### Championship Best Performance:

	2005 Natalie Clark	Loughborough	1.86	Team Points
1	725 Isobel Pooley	Nottingham	1.84	8
2	747 Hayley Pitman	Oxford Brookes	1.75	7
3	378 Emma Perkins	Cambridge	1.72	6
4	818 Moe Sasegbon	Sheffield Hallam	1.72	5
5	350 Eloise Newman	Brunel	1.69	4
6	626 Emma Lowry	Loughborough	1.69	3
7	622 Chloe Boulter	Loughborough	1.69	2
8	237 Lauren O'Reilly	UWIC	1.66	1
9	938 Sian Swanson	UWIC	1.63	
10=	382 Bethan Siddons	Canterbury Christ Church	1.60	
10=	355 Jo Rowland	Brunel	1.60	
12	233 Karla Drew	Sheffield Hallam	1.50	
	302 Eleanor Markendale	Birmingham	DNS	



## Long Jump Women Qualifying A

5.95m

176 Imelda Morrisson	Swansea	5.77	Q
232 Jess Taylor	Sheffield Hallam	5.73	Q
933 Rebecca Chapman	UWIC	5.71	Q
151 Jo Whiteway	Loughborough	5.58	Q
967 Sara Bianchi Bazzi	York	5.47	Q
273 Sarah Wild	Bath	5.37	Q
225 Jasmin Dotzek	Manchester	5.35	Q
355 Jo Rowland	Brunel	5.23	Q
906 Desola Bakre	University College Birmingham	5.18	
153 Amy Radcliffe	Newcastle	5.16	
384 Ffion Rees	Cardiff	5.04	
315 N Ferris	Birmingham	4.86	



155 Kate Birks	Nottingham	4.83
799 Lucy Wallett	Sheffield	4.34
596 Tessa Martin	Liverpool	4.30
526 Lisa Alexandra Boardman	Hull	4.29
552 Devan Spencer	Leeds	4.25
393 Millie Phelan	Central Lancashire	NJ

### Qualifying B

257 Hannah Lewis	Bath	5.76	Q
645 Sophie Wilkins	Loughborough	5.59	Q
816 Lydia Chamberlin	Sheffield Hallam	5.49	Q
302 Eleanor Markendale	Birmingham	5.21	Q
342 Allesandra Pace	Brunel	5.19	
149 Kitty Eleyae	London	5.11	
937 Sara Geary	UWIC	5.03	
329 Audrey Lailheugue	Bristol	4.82	
129 Isobel Rogers	Central Lancashire	4.76	
222 Lisa Revitt	Leeds Metropolitan (Carnegie)	4.69	
542 Emily Clarke	Keele	4.69	
416 Andrea Jesudason	Durham	4.43	
457 Helina Meos	Edinburgh	4.33	
560 Letisha Richardson	Leeds	4.27	
846 Ellie Watson	St Mary's College	4.17	
218 Jade Fyffe	Edge Hill	4.10	
140 Keira Bishop	Hull	4.02	
960 Shalayna Hutchinson	Worcester	4.01	
604 Rebecca Johnstone	Liverpool John Moores	2.08	



### Long Jump Women Final

#### Championship Best Performance:

	2004	Becky White	Bath	6.16	Team Points
1	176	Imelda Morrisson	Swansea	5.77	8
2	645	Sophie Wilkins	Loughborough	5.63	7
3	151	Jo Whiteway	Loughborough	5.63	6
4	232	Jess Taylor	Sheffield Hallam	5.56	5
5	933	Rebecca Chapman	UWIC	5.56	4
6	967	Sara Bianchi Bazzi	York	5.47	3
7	302	Eleanor Markendale	Birmingham	5.45	2
8	273	Sarah Wild	Bath	5.39	1
9	816	Lydia Chamberlin	Sheffield Hallam	5.35	
10	355	Jo Rowland	Brunel	5.01	
	257	Hannah Lewis	Bath	WD	
	225	Jasmin Dotzek	Manchester	DNS	



## Triple Jump Women

## Qualifying A

11.70m

365 Shakira Whight	Brunel	12.38	Q
691 Emma Pringle	Newcastle	12.12	Q
906 Desola Bakre	University College Birmingham	11.33	q
674 Abigail Holman	Middlesex	11.24	q
568 Amanda Evans	Leeds Metropolitan (Carnegie)	10.97	q
884 Laura Keeley	Swansea	10.94	q
542 Emily Clarke	Keele	10.83	
644 Sophie Upton	Loughborough	10.55	
717 Jamie Herron	Northumbria	10.38	
937 Sara Geary	UWIC	10.38	
393 Millie Phelan	Central Lancashire	10.14	
560 Letisha Richardson	Leeds	9.97	
799 Lucy Wallett	Sheffield	9.95	
219 Judith McNicol	Glasgow	9.92	
596 Tessa Martin	Liverpool	9.78	
846 Ellie Watson	St Mary's College	NJ	

## Qualifying B

367 Zara Asante	Brunel	11.92	Q
510 Lauren Blackie	Greenwich	11.70	Q
297 Claire Wait	Birmingham	11.33	q
633 Marie Boule	Loughborough	11.12	q
250 Catherine Shin	Bath	11.02	q
585 Rosie Mackay	Leeds Metropolitan (Carnegie)	10.93	q
815 Lorna Gill	Sheffield Hallam	10.66	
242 Janet Abladey	Aberdeen	10.51	
938 Sian Swanson	UWIC	10.47	
245 Georgina Petinou	Bangor	10.44	
153 Amy Radcliffe	Newcastle	10.43	
329 Audrey Lailheugue	Bristol	10.35	
155 Kate Birks	Nottingham	9.87	
416 Andrea Jesudason	Durham	9.67	
552 Devan Spencer	Leeds	9.49	
135 Karen Smith	Edge Hill	8.62	



## Triple Jump Women Final

Championship Best Performance:

	<b>2008 Nony Mordi</b>	<b>Edinburgh</b>	<b>13.10</b>	<b>Team Points</b>
1	365 Shakira Whight	Brunel	13.23	<b>CBP</b> 8
2	367 Zara Asante	Brunel	12.40	7
3	691 Emma Pringle	Newcastle	12.27	6
4	906 Desola Bakre	University College Birmingham	11.43	5
5	674 Abigail Holman	Middlesex	11.43	4
6	297 Claire Wait	Birmingham	11.27	3
7	585 Rosie Mackay	Leeds Metropolitan (Carnegie)	11.25	2
8	250 Catherine Shin	Bath	11.06	1
9	568 Amanda Evans	Leeds Metropolitan (Carnegie)	11.04	
10	633 Marie Boule	Loughborough	11.03	
11	884 Laura Keeley	Swansea	10.68	
	510 Lauren Blackie	Greenwich	NJR	

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## Pole Vault Women Final

Championship Best Performance:

	<b>2005 Zoe Brown</b>	<b>Loughborough</b>	<b>4.10</b>	<b>Team Points</b>
1	388 Sally Peake	Cardiff	4.20	<b>CBP</b> 8
2	641 Sally Scott	Loughborough	4.00	7
3	615 Abigail Haywood	Loughborough	3.90	6
4	386 Naomi James	Cardiff	3.50	5
5	657 Jana Brozova	Manchester	3.30	4
6	248 Anne Rees	Bath	3.30	3
7	286 Kara Gibbs	Bedfordshire (Bedford)	3.10	2
8	916 Elinor Lewis	UWIC	3.10	1
9	740 Ellie Besford	Nottingham Trent	3.10	
10	357 Laura Butcher	Brunel	2.70	
11	670 Becky Donnelly	Manchester Metropolitan	2.50	
12	301 Ej Owen	Birmingham	2.50	
13	592 Jenny Reason	Liverpool	2.30	

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## Shot Women

## Final

### Championship Best Performance:

	<b>2003 Eva Massey</b>	<b>Ulster</b>	<b>15.80</b>	<b>Team Points</b>
1	643 Sophie Thomas	Loughborough	13.55	8
2	459 Julia Siart	Edinburgh	13.33	7
3	575 Hannah Evenden	Leeds Metropolitan (Carnegie)	13.01	6
4	389 Sarah Benson	Cardiff	12.69	5
5	868 Michelle Durbidge	Stirling	12.69	4
6	816 Lydia Chamberlin	Sheffield Hallam	12.10	3
7	355 Jo Rowland	Brunel	11.97	2
8	528 Lucy Holmes	Hull	11.60	1
9	527 Lois Earl	Hull	11.56	
10	226 Chloe Vernon-Hamilton	Middlesex	11.29	
11	897 Bola Ogun	West of England (UWE)	11.22	
12	233 Karla Drew	Sheffield Hallam	10.76	