

Welsh Athletics

&

U.W.I.C

GRAND PRIX SERIES

FIXTURE 3

Results

Sunday-19-February-2012



WELSH ATHLETICS
ATHLETAU CYMRU





Senior Men Track

AC Record - Jason GARDENER, England, 6.52, 2002

Welsh Record - Colin JACKSON, Cardiff AAC, 6.49, 1994

Event T27, Senior Men, 60m

Pos	Bib	Athlete	Club	Perf
1	149	Marc RITCHIE-SM	Aberdare VAAC	7.01
2	144	Tyler JOHNSON-SM	Exeter University	7.04
3	32	Mike NEVILLE-SM	Reading AC	7.07
4	164	Leon REID-U20M	Bristol Academy of Sport	7.08
5	90	Lemarl FRECKLETON-SM	Newport Harriers	7.22
6	188	Anax DASILVA-SM	Cardiff AAC	7.24
7	155	Nicolas ROUSSIN-LE TEXIER-SM	University of Cardiff	7.26
8	250	Seriashe CHILDS-SM	Cardiff AAC	dns

Event T8, Senior Men, 60m

Pos	Bib	Athlete	Club	Perf
1	250	Seriashe CHILDS-SM	Cardiff AAC	7.18
2	150	David JAMES-SM	Unattached	7.31
3	173	George GRIFFITHS-SM	Cardiff AAC	7.45
4	71	Craig GODSALL-SM	Cwmbran Harriers	7.77
5	34	Manuel EPAM-ETAME-U20M	Swansea Harriers	7.96
6	77	Daniel THOMAS-U20M	Swansea Harriers	8.93
7	92	Connor HARTE-SM	Newport Harriers	DQ

Race 1

q	Pos	Bib	Athlete	Club	Perf	q
q	1	149	Marc RITCHIE-SM	Aberdare VAAC	7.06	q
	2	142	Alex BEECHEY-SM	University of Gloucestershir	7.32	
	3	253	Michael HASLETT-SM	Cardiff Metropolitan Uni	7.40	
	4	56	Steffan GRIFFITHS-U20M	Aberystwyth Uni	7.44	
	5	91	Tomas MORGAN-SM	Newport Harriers	7.51	
	6	180	Stephen WILCOX-U20M	Bristol Academy of Sport	7.62	
	7	133	Atiq HUSSAINI-U17M	Cardiff AAC	8.16	

Race 2

Race 3

q	Pos	Bib	Athlete	Club	Perf	q
q	1	32	Mike NEVILLE-SM	Reading AC	7.15	q
	2	155	Nicolas ROUSSIN-LE TEXIER-SM	University of Cardiff	7.30	q
	3	138	Chris CLAYDON-SM	Cardiff Metropolitan Uni	7.50	
	4	160	Rob PHILLIPS-U17M	Yate & District	7.53	
	5	187	Ryan WILSON-SM	Newport Harriers	7.83	
	6	172	Ryan DAVIES-SM	Cardiff Metropolitan Uni	7.87	
	7	132	Adi Asmawi ADANAN-SM	Cardiff Metropolitan Uni	8.15	

Race 4

Race 5

q	Pos	Bib	Athlete	Club	Perf	q
q	1	144	Tyler JOHNSON-SM	Exeter University	7.07	q
	2	90	Lemarl FRECKLETON-SM	Newport Harriers	7.25	q
	3	174	Leoni YANDLE-SM	Unattached	7.54	
	4	183	Jack DUNN-U17M	Cwmbran Harriers	7.69	
	5	179	Benjamin LEE-U20M	Bristol Academy of Sport	7.87	
	6	255	Steven BEST-SM	University of Bristol	7.95	

Race 6



Senior Men Track

AC Record - Doug TURNER, (Wales), 20.92, Cardiff 2002

Welsh Record - Christian MALCOLM, Cardiff AAC, 20.54, Ghent,Bel 2000

Event T19, Senior Men, 200m

				Race 1						Race 2				
Pos	Bib	Athlete	Club	Perf	Pos	Bib	Athlete	Club	Perf	Pos	Bib	Athlete	Club	Perf
1	81	James GABB-SM	Bath Uni	24.07	1	195	Jonathan HOBBS-U20M	Cardiff AAC	23.61	1	80	Rhys GRANVILLE-U17M	Carmarthen Harriers	24.23
2	71	Craig GODSALL-SM	Cwmbran Harriers	24.78	2	53	Matthew COLLINS-U17M	Barry & Vale Harriers	23.66	2	183	Jack DUNN-U17M	Cwmbran Harriers	24.69
3	78	Glyn SUTTON-SM	Newport Harriers	27.20	3	284	Nathan FELVUS-SM	Newport Harriers	24.01	3	255	Steven BEST-SM	University of Bristol	25.38
4	86	Oliver JEFFERIES-SM	University of Bristol	DNF	4	34	Manuel EPAM-ETAME-U20M	Swansea Harriers	26.55	4	35	Courage NTUMY-SM	Swansea Harriers	26.49
				Race 3						Race 4				
1	80	Rhys GRANVILLE-U17M	Carmarthen Harriers	24.23	1	187	Ryan WILSON-SM	Newport Harriers	24.90	1	207	Andrew SMITHERMAN-SM	University of Gloucestershire	24.06
2	183	Jack DUNN-U17M	Cwmbran Harriers	24.69	2	136	James CLAYTON-U20M	Exeter University	24.91	2	87	Matthew JONES-SM	Carmarthen Harriers	24.24
3	255	Steven BEST-SM	University of Bristol	25.38	3	251	Ben MCEWAN-U20M	Newport Harriers	25.33	3	204	Ryan JAMES-SM	Cardiff AAC	24.93
4	35	Courage NTUMY-SM	Swansea Harriers	26.49	4	277	Peter HART-U20M	Cardiff University	DNS	4	169	Joshua SSALI-SM	University of West England	DNS
				Race 5						Race 6				
1	142	Alex BEECHEY-SM	University of Gloucestershire	23.72	1	207	Andrew SMITHERMAN-SM	University of Gloucestershire	24.06	1	188	Anax DASILVA-SM	Cardiff AAC	23.01
2	137	Chris TULKER-SM	Exeter University	25.39	2	87	Matthew JONES-SM	Carmarthen Harriers	24.24	2	190	Ryan COOPER-U17M	Cardiff AAC	24.19
3	132	Adi Asmawi ADANAN-SM	Cardiff Metropolitan Uni	27.28	3	204	Ryan JAMES-SM	Cardiff AAC	24.93	3	168	Gareth AKIDO-BETTS-SM	University of West England	25.73
4	210	Malcolm COWTON-SM	Yate & District	DNF	4	169	Joshua SSALI-SM	University of West England	DNS	4	82	Neil TUNSTALL-SM	Cornwall AC	25.81
				Race 7						Race 8				
1	192	John BRIERLY-SM	Bristol and West	24.48	1	188	Anax DASILVA-SM	Cardiff AAC	23.01	1	188	Anax DASILVA-SM	Cardiff AAC	23.01
2	66	Samuel HUGHES-U17M	Cwmbran Harriers	24.95	2	190	Ryan COOPER-U17M	Cardiff AAC	24.19	2	190	Ryan COOPER-U17M	Cardiff AAC	24.19
3	73	Lewis GUEST-U20M	Yeovil Olympians	25.30	3	168	Gareth AKIDO-BETTS-SM	University of West England	25.73	3	168	Gareth AKIDO-BETTS-SM	University of West England	25.73
4	99	James MORGAN-SM	Newport Harriers	27.99	4	82	Neil TUNSTALL-SM	Cornwall AC	25.81	4	82	Neil TUNSTALL-SM	Cornwall AC	25.81
				Race 9						Race 9				
1	32	Mike NEVILLE-SM	Reading AC	23.06										
2	200	Aled PRICE-SM	Carmarthen Harriers	23.98										
3	180	Stephen WILCOX-U20M	Bristol Academy of Sport	24.74										
4	90	Lemarl FRECKLETON-SM	Newport Harriers	DNS										

AC Record - Matthew ELIAS, (Wales), 47.39, Cardiff 10.02.2002

Welsh Record - Jamie BAULCH, Cardiff AAC, 45.39, Birmingham,Eng 1997

Event T11, Senior Men, 400m

				Race 1						Race 2				
Pos	Bib	Athlete	Club	Perf	Pos	Bib	Athlete	Club	Perf	Pos	Bib	Athlete	Club	Perf
1	284	Nathan FELVUS-SM	Newport Harriers	52.22	1	195	Jonathan HOBBS-U20M	Cardiff AAC	51.85	1	192	John BRIERLY-SM	Bristol and West	52.44
2	65	Michael DYER-SM	Reading AC	54.33	2	271	Lewis BANNER-SM	Southampton AC	53.10	2	80	Rhys GRANVILLE-U17M	Carmarthen Harriers	52.73
3	175	James TAYLOR-SM	University of Bristol	55.85	3	81	James GABB-SM	Bath Uni	55.13	3	137	Chris TULKER-SM	Exeter University	53.24
4	169	Joshua SSALI-SM	University of West England	01:06.30	4	62	Joseph TRICKEY-U20M	Yeovil Olympians	59.64	4	74	Nathan BAKER-SM	Yeovil Olympians	59.85
				Race 3						Race 4				
1	192	John BRIERLY-SM	Bristol and West	52.44	1	152	Philip WREN-SM	Reading AC	52.33	1	94	Christopher MARSHALL-SM	Cardiff Metropolitan Uni	52.12
2	80	Rhys GRANVILLE-U17M	Carmarthen Harriers	52.73	2	209	Richard CHAPPELL-SM	Cardiff AAC	52.43	2	202	Christopher HALL-SM	Kingston and Poly	52.53
3	137	Chris TULKER-SM	Exeter University	53.24	3	204	Ryan JAMES-SM	Cardiff AAC	54.22	3	93	Matt CRAYTHORNE-SM	Cardiff Metropolitan Uni	54.37
4	74	Nathan BAKER-SM	Yeovil Olympians	59.85	4	136	James CLAYTON-U20M	Exeter University	54.55	4	251	Ben MCEWAN-U20M	Newport Harriers	55.00
				Race 5						Race 6				
1	94	Christopher MARSHALL-SM	Cardiff Metropolitan Uni	52.12	1	98	Navid CHILDS-SM	Thames Valley Harriers	51.43	1	98	Navid CHILDS-SM	Thames Valley Harriers	51.43
2	202	Christopher HALL-SM	Kingston and Poly	52.53	2	160	Rob PHILLIPS-U17M	Yate & District	52.95	2	160	Rob PHILLIPS-U17M	Yate & District	52.95
3	93	Matt CRAYTHORNE-SM	Cardiff Metropolitan Uni	54.37	3	265	Kane LEE-U20M	Yate & District	53.15	3	265	Kane LEE-U20M	Yate & District	53.15
				Race 7						Race 7				
1	144	Tyler JOHNSON-SM	Exeter University	51.00	4	251	Ben MCEWAN-U20M	Newport Harriers	55.00	4	251	Ben MCEWAN-U20M	Newport Harriers	55.00
2	154	Lui POLLASTRONE-SM	Team Bath	51.45										
3	190	Ryan COOPER-U17M	Cardiff AAC	54.56										
4	82	Neil TUNSTALL-SM	Cornwall AC	56.10										



Senior Men Track

AC Record - Joe THOMAS, (Wales), 01:47.82p, Cardiff , 21.01.2012

Welsh Record - James WATKINS, Cardiff AAC, 01:47.23, Moscow,Rus, 2006

Event T25, Senior Men, 800m

				Race 1			Race 2		
Pos	Bib	Athlete	Club	Perf	Pos	Bib	Athlete	Club	Perf
1	228	Andrew WOOD-U17M	Bristol and West	01:53.41	1	234	Naaman MORRIS-SM	Cardiff AAC	02:01.78
2	280	Stephen MITCHELL-SM	Bristol and West	01:53.53	2	262	Kristian STANLEY-SM	Bristol and West	02:02.39
3	294	David BANWELL-CLODE-SM	Cwmbran Harriers	01:56.58	3	233	Martin BRODERICK-U20W	Basingstoke	02:03.67
4	232	Dave RAGAN-SM	Basingstoke	01:56.62	4	226	Alex PILLOW-SM	Bath Uni	02:04.08
5	220	Kyran ROBERTS-U17M	Carmarthen Harriers	01:56.84	5	240	Declan MORRIS-SM	Cardiff AAC	02:06.83
6	221	Finbar HORGAN-SM	Clonmel AC Ireland	01:58.83	6	241	Joe ALLEN-SM	Bridport Runners	02:07.12

AC Record - Stephen DAVIES, (Wales), 03:41.25, Cardiff 2009

Welsh Record - James THIE, Cardiff AAC, 03:38.69, Birmingham,Eng 2004

Event T15, Senior Men, 1500m

Pos	Bib	Athlete	Club	Perf
1	257	Chris DUDD-SM	University of Bristol	03:54.87
2	215	Chris PROTHERO-SM	Cardiff AAC	04:01.43
3	216	Michael KALLENBERG-SM	Cardiff AAC	04:04.09
4	186	Emrys PENNY-U20M	Newport Harriers	04:05.62
5	96	Stephen MORRIS-SM	FDSW	04:06.80
6	272	Adam DAVIS-SM	Newport Harriers	04:08.29
7	274	Will MASSEY-U20M	Westbury H Yate & D	04:10.10
8	223	Jacob PREECE-U17M	Cardiff AAC	04:18.88
9	277	Peter HART-U20M	Cardiff University	04:20.35
10	157	Alexander WARNAKULASURIYA-U:	Exeter University	04:25.81
11	275	James DOCHERTY-SM	University of Gloucestershire	04:41.33
12	291	Tyrone FOWLER-SM	Newport Harriers	04:52.12
13	72	Brian DIAS-SM	Cardiff AAC	05:08.93

AC Record - Colin JACKSON, Wales, 7.60, 2002

Welsh Record - Colin JACKSON , Brecon AC, 7.30, 1994

Event T1, Senior Men, 60m Hurdles

Pos	Bib	Athlete	Club	Perf
1	65	Michael DYER-SM	Reading AC	8.5
2	86	Oliver JEFFERIES-SM	University of Bristol	8.8
3	81	James GABB-SM	Bath Uni	9.2
4	73	Lewis GUEST-U20M	Yeovil Olympians	9.5
5	74	Nathan BAKER-SM	Yeovil Olympians	11.0

manual timings



Senior Men Field Results

AC Record - Brendan REILLY / Samson ONI/Robbie GRABARZ, Ireland/England/England, 5.50, 2000/2002**Welsh Record - Robert MITCHELL, Sale Harriers Manchester, 2.24, 2009****Event F15, Senior Men, High Jump**

Pos	Bib	Athlete	Club	Perf
1	279	Stephen GUEST-U20M	Bridgend AC	1.90
2	273	Jonathon BAILEY-SM	Cardiff AAC	1.80
3	208	Chris BREEN-SM	University of Gloucestershire	1.50

Welsh Record - Scott SIMPSON, Birchfield Harriers, 5.42, 2007**Event F13, Senior Men, Pole Vault**

Pos	Bib	Athlete	Club	Perf
1	50	Fran BAKER-SM	Cardiff AAC	4.70
2	203	Cownell MACQUISTEN-SM	TCAM	4.60
3	276	Lewis NEWTON-SM	Cardiff AAC	4.50
4	38	Emyr JONES-SM	Bath Uni	4.30
5	270	Luke BAILEY-SM	Cardiff Metropolitan Uni	4.30
6	212	Glyn PRICE-SM	Swansea Harriers	4.05
7	292	Neil PRICE-SM	Yeovil Olympians	4.05
8	286	Stephen SCARFI-U20M	Cwmbran Harriers	4.05
9	193	David CALLAN-U20M	Cardiff AAC	4.05
10	261	Jake WEBBER-U20M	Cardiff Metropolitan Uni	3.40
11	269	Jan PALMER-SM	Unattached	3.20
12	68	Stuart RICHARDS-SM	Yeovil Olympians	3.00
13	194	Keith POWELL-SM	Newport Harriers	3.00
14	177	George GILES-U20M	Bristol Academy of Sport	2.80
15	200	Aled PRICE-SM	Carmarthen Harriers	2.80
16	130	John HOWE-SM	Rhondda AC	2.40

AC Record - Not Recognised at this age group**Welsh Record - Neil WINTER, Shaftesbury, 5.10, Birmingham, Eng 1992****Event F14, Male Development, Pole Vault**

Pos	Bib	Athlete	Club	Perf
1	60	Daniel HUNTLEY-U17M	Yeovil Olympians	3.00
2	268	Joshua HOLLISEY-MCLEAN-U17M	Swansea Harriers	3.00
3	167	Kris CAINES-U17M	Yeovil Olympians	2.60
4	211	Dylan PRICE-U17M	Stanwell School	2.40

AC Record - Gable GARENAMOTSE, Botswana, 8.01, 2002**Welsh Record - Lynn DAVIES, Roath H, Cardiff, 7.97, 1966****Event F21, Senior Men, Long Jump**

Pos	Bib	Athlete	Club	Perf
1	230	Kueni IGBAGIRI-SM	Carmarthen Harriers	6.54
2	91	Tomas MORGAN-SM	Newport Harriers	6.50
3	173	George GRIFFITHS-SM	Cardiff AAC	6.29
4	138	Chris CLAYDON-SM	Cardiff Metropolitan Uni	6.05
5	155	Nicolas ROUSSIN-LE TEXIER-SM	University of Cardiff	6.05
6	150	David JAMES-SM	Unattached	6.00
7	283	Josh BUSH-U20M	Exeter University	5.88
8	179	Benjamin LEE-U20M	Bristol Academy of Sport	5.23
9	263	Maduka BANGURA-SW	Unattached	5.13
10	83	Paul GUEST-SM	Yeovil Olympians	5.06
11	74	Nathan BAKER-SM	Yeovil Olympians	4.95
12	66	Samuel HUGHES-U17M	Cwmbran Harriers	4.93

AC Record - Julian GOLLEY, (England), 16.05, Cardiff 2001**Welsh Record - Steven SHALDERS, Cardiff AAC, 16.39, Sheffield, Eng 2006****Event F6, Senior Men, Triple Jump**

Pos	Bib	Athlete	Club	Perf
1	98	Navid CHILDS-SM	Thames Valley Harriers	14.69
2	73	Lewis GUEST-U20M	Yeovil Olympians	12.08
3	66	Samuel HUGHES-U17M	Cwmbran Harriers	11.88
4	85	Kyle ARNOLD-U17M	Newport Harriers	11.73
5	62	Joseph TRICKEY-U20M	Yeovil Olympians	10.93
6	83	Paul GUEST-SM	Yeovil Olympians	10.31

AC Record - Garrett JOHNSON, USA, 19.00, 2007**Welsh Record - Saun PICKERING, Haringey AC, 19.10, 1996****Event F4, Senior Men, Shot (7.26kg)**

Pos	Bib	Athlete	Club	Perf
SENIOR THREW 7.26KG				
1	63	Ryan SPENCER-JONES-SM	Brichfield Harriers	17.74
2	40	Matthew HALTON-SM	Bath Uni	13.68
3	41	Joseph WALTON-SM	Bath Uni	11.83
4	166	Jack MCKENZIE-SM	University of Gloucestershire	6.94
U20 THREW 6.00KG				
5	159	Matthew FIELD-U20M	Cardiff AAC	15.24
6	249	Aled DAVIES-U20M	Unattached	13.63
7	261	Jake WEBBER-U20M	Cardiff Metropolitan Uni	11.30
8	283	Josh BUSH-U20M	Exeter University	10.11
9	77	Daniel THOMAS-U20M	Swansea Harriers	7.45
10	291	Tyrone FOWLER-SM	Newport Harriers	6.91



Male Masters Track & Field

Event T7, Master Men, 60m

				Race 1				Race 2			
Pos	Bib	Athlete	Club	Perf	q	Pos	Bib	Athlete	Club	Perf	q
1	9	Glyn SUTTON-M65	Newport Harriers	8.09		1	5	Duncan STEWARD-M50	Yeovil Olympians	8.69	
2	6	Ian BROADHURST-M55	Wrexham AC	8.20		2	8	Brian WILLIAMSON-M60	Rhondda AC	8.75	
3	4	Keith POWELL-M50	Newport Harriers	8.23		3	7	Rod HOWE-M60	Cardiff AAC	9.29	
4	2	James MORGAN-M40	Newport Harriers	8.47		4	12	Hubert DANIELS-M80	Swansea Harriers	11.30	
5	3	David JAMES-M45	Wrexham AC	8.69		5	10	Phil REES-M70	Cardiff AAC	11.34	

Event T13, Master Men, 400m

				Race 1				Race 2			
Pos	Bib	Athlete	Club	Perf		Pos	Bib	Athlete	Club	Perf	
1	22	Alan JONES-M40	Les Croupiers RC	56.72		1	6	Ian BROADHURST-M55	Wrexham AC	57.63	
2	21	Anthony POWELL-M40	Neath Harriers	57.36		2	23	Brett DAVIS-M45	Newport Harriers	58.70	
3	20	Rob SAGE-M35	Les Croupiers RC	01:00.14		3	3	David JAMES-M45	Wrexham AC	01:01.69	
				Race 3				Race 4			
1	25	Paul BEVAN-M50	Cardiff AAC	59.75		1	7	Rod HOWE-M60	Cardiff AAC	01:08.50	
2	26	Malcolm COWTON-M50	Yate & District	01:01.44		2	27	Mel JAMES-M65	Les Croupiers RC	01:14.99	
3	24	Steve WADLEY-M50	Newport Harriers	01:02.04		3	28	Barrie ROBERTS-M65	Bournville	01:20.81	

Event T16, Master Men, 1500m

				Race 1		Event F16, Master Men, High Jump				
Pos	Bib	Athlete	Club	Perf		Pos	Bib	Athlete	Club	Perf
1	100	David GOODGER-M35	Newport Harriers	04:27.16		1	113	Jon POWELL-M45	Germany	1.40
2	101	Geoff BRIMBLE-M45	Newport Harriers	04:27.56		2	115	Tony CROCKER-M75	Midland Masters	1.35
3	102	Phil CRANE-M50	Neath Harriers	04:32.20		3	114	John HOWE-M70	Rhondda AC	1.20
4	20	Rob SAGE-M35	Les Croupiers RC	04:37.75		4	10	Phil REES-M70	Cardiff AAC	0.95
5	21	Anthony POWELL-M40	Neath Harriers	04:41.39						
6	104	Brian GARDNER-M55	Swindon	04:42.63						
7	103	Huw ROBERTS-M55	Bridgend AC	05:19.19						
8	106	Dave PROFFITT-M55	Newport Harriers	05:46.97						
9	105	David BREEN-M55	Porthcawl Runnerslife	05:53.38						
10	28	Barrie ROBERTS-M65	Bournville	06:00.50						

Event F22, Master Men, Long Jump

Pos	Bib	Athlete	Club	Perf		Event F5, Master Men, Shot				
Pos	Bib	Athlete	Club	Perf		Pos	Bib	Athlete	Club	Perf
1	113	Jon POWELL-M45	Germany	3.79		1	117	Joseph NAGLE-M40	Lee Vale Co Cork	11.10 7.26kg
2	4	Keith POWELL-M50	Newport Harriers	4.70		2	118	Andy TURNER-M45	Bournemouth	10.72 7.26kg
3	5	Duncan STEWARD-M50	Yeovil Olympians	4.40		3	119	Rob EALES-M45	Newport Harriers	10.66 7.26kg
4	115	Tony CROCKER-M75	Midland Masters	3.80		1	120	Glyn PUGH-M50	Rhondda AC	11.50 6.00kg
						2	5	Duncan STEWARD-M50	Yeovil Olympians	9.97 6.00kg
						1	114	John HOWE-M70	Rhondda AC	9.78 4.00kg
						2	11	Mal FARNHAM-M70	Les Croupiers RC	8.10 4.00kg
						3	121	Brian WEBB-M75	Rhondda AC	7.33 4.00kg
						4	10	Phil REES-M70	Cardiff AAC	7.16 4.00kg



U15B-U13B Track & Field

AC Record - Not Recognised at this age group

Welsh Record - Sion ROBERTS, Wrexham AC, 7.95, Manchester, 7.95

Event T4, U13 Boys, 60m

Pos	Bib	Athlete	Club	Perf
1	69	Luke BAKER-U13B	Yeovil Olympians	9.19
2	141	Morgan HADLEY-U13B	Cwmbran Harriers	9.26

Race 1

AC Record - Not Recognised at this age group

Welsh Record - Andrew WATKINS, Pontypridd AC, 7.40

Event T6, U15 Boys, 60m

Pos	Bib	Athlete	Club	Perf
1	191	Tom REYNOLDS-U15B	Cwmbran Harriers	7.40
2	79	Brett HARRISON-U15B	Yeovil Olympians	7.70
3	260	Sam JONES-U15B	Cardiff AAC	7.95
4	254	Rhys YOUNG-U15B	Bridgend AC	8.20
5	161	Rhys ROBERTS-U15B	Bridgend AC	8.40

Race 1

Sam Jones run the incorrect race with U13 boys, he was not seeded in this race and has subsequently had his time and place changed to show his correct age group even though he did not run this race

AC Record - Not Recognised at this age group

Welsh Record - Sion ROBERTS, Wrexham AC, 25.92, 25.92

Event T22, U13 Boys, 200m

Pos	Bib	Athlete	Club	Perf
1	141	Morgan HADLEY-U13B	Cwmbran Harriers	32.83

Race 1

AC Record - Not Recognised at this age group

Welsh Record - Andrew WATKINS, Pontypridd AC, 24.44

Event T24, U15 Boys, 200m

Pos	Bib	Athlete	Club	Perf
1	191	Tom REYNOLDS-U15B	Cwmbran Harriers	24.44
2	79	Brett HARRISON-U15B	Yeovil Olympians	25.19
3	254	Rhys YOUNG-U15B	Bridgend AC	26.91

Race 1

AC Record - Not Recognised at this age group

Welsh Record - Kierran COOPER, Wrexham AAC, 4.92, Cardiff 2, 4.92

Event F10, U13 Boys, Long Jump

Pos	Bib	Athlete	Club	Perf
1	69	Luke BAKER-U13B	Yeovil Olympians	3.75
2	141	Morgan HADLEY-U13B	Cwmbran Harriers	3.57

Perf

AC Record - Not Recognised at this age group

Welsh Record - Lloyd ROBBINS, Deeside, 6.16, Birmingham 2, 6.16

Event F9, U15 Boys, Long Jump

Pos	Bib	Athlete	Club	Perf
1	161	Rhys ROBERTS-U15B	Bridgend AC	4.79
2	254	Rhys YOUNG-U15B	Bridgend AC	4.00

Perf



Senior Women Track

AC Record - Joice MADUAKA, England, 7.28, 2002

Welsh Record - Carman SMART, Cardiff AAC, 7.34, 1990

Event T28, Senior Women, 60m

Pos	Bib	Athlete	Club	Perf
1	182	Melanie STEPHENSON-SW	Cardiff AAC	7.81
2	75	Emma LYONS-SW	Sale Harriers Manchester	8.03
3	95	Rhiannon JEFFREYS-SW	Neath Harriers	8.04
4	64	Hannah FORREST-SW	Yeovil Olympians	8.09
5	158	Sian SWANSON-U20W	Swansea Harriers	8.13
6	33	Imelda MORRISON-SW	Swansea Harriers	8.16
7	189	Faye PITTMAN-SW	Unattached	8.21
8	185	Katie-Jane PRIEST-SW	Newport Harriers	8.21

Event T10, Senior Women, 60m

Pos	Bib	Athlete	Club	Perf
1	64	Hannah FORREST-SW	Yeovil Olympians	8.08
2	33	Imelda MORRISON-SW	Swansea Harriers	8.11
3	237	Amber VINCENT-SW	Cardiff Metropolitan Uni	8.23
4	59	Rosie KINGSTON-SW	Banbury Harriers	8.61
5	67	Ziana AZARIAH-U17W	Yeovil Olympians	8.73
6	238	Georgina DUNNING-SW	Cardiff Metropolitan Uni	9.25

Race 1

Pos	Bib	Athlete	Club	Perf
q 1	158	Sian SWANSON-U20W	Swansea Harriers	8.19
q 2	57	Sarah EVANS-SW	Bath Uni	8.47
3	156	Tiffany BRANNAN-SW	Cardiff Metropolitan Uni	8.49
4	127	Anicia SKEATES-U17W	North Somerset	8.67
5	235	Katie NASH-SW	Bridgend AC	8.84
6	134	Jenny MCLOUGHLIN-SW	Cardiff University	9.27
7	146	Angel HARVEY-SW	Llanelli AC	9.29

Race 2

Race 3

1	182	Melanie STEPHENSON-SW	Cardiff AAC	7.88
2	75	Emma LYONS-SW	Sale Harriers Manchester	7.96
3	185	Katie-Jane PRIEST-SW	Newport Harriers	8.22
4	30	Megan O'SULLIVAN-U20W	Cardiff AAC	8.31
5	44	Katie YEOMANS-U17W	Newquay & Par	8.68

q 1	95	Rhiannon JEFFREYS-SW	Neath Harriers	8.05
q 2	189	Faye PITTMAN-SW	Unattached	8.20
q 3	61	Abigail BARTON-U17W	Yeovil Olympians	8.32
4	148	Abigail HALL-SW	Llanelli AC	8.56
5	176	Samieka MACK-U20W	Bristol Academy of Sport	8.65
6	143	Ellie GADSEY-U20W	University of Gloucestershire	9.19
7	147	Lauren HARVEY-SW	Llanelli AC	DQ

Race 4

AC Record - Amy SPENCER, (England), 23.74, Cardiff 2009

Welsh Record - Catherine MURPHY, Shaftesbury, 23.35, Birmingham

Event T20, Senior Women, 200m

Pos	Bib	Athlete	Club	Perf
1	95	Rhiannon JEFFREYS-SW	Neath Harriers	25.95
2	197	Rebecca JONES-SW	Exeter University	28.35
3	134	Jenny MCLOUGHLIN-SW	Cardiff University	30.57
4	147	Lauren HARVEY-SW	Llanelli AC	31.80

Race 1

Pos	Bib	Athlete	Club	Perf
1	259	Laurence THILL-SW	Exeter University	27.58
2	148	Abigail HALL-SW	Llanelli AC	28.52
3	278	Danielle SHORT-U17W	Cardiff AAC	28.93
4	57	Sarah EVANS-SW	Bath Uni	29.21

Race 2

Pos	Bib	Athlete	Club	Perf
1	185	Katie-Jane PRIEST-SW	Newport Harriers	26.77
2	267	Lara DURRANI-U17W	Cardiff AAC	27.01
3	156	Tiffany BRANNAN-SW	Cardiff Metropolitan Uni	28.30
4	127	Anicia SKEATES-U17W	North Somerset	28.61

Race 3

Pos	Bib	Athlete	Club	Perf
1	64	Hannah FORREST-SW	Yeovil Olympians	27.17
2	43	Philippa BRETT-U20W	Newquay & Par	27.68
3	176	Samieka MACK-U20W	Bristol Academy of Sport	29.41
4	235	Katie NASH-SW	Bridgend AC	30.03

Race 4

1	61	Abigail BARTON-U17W	Yeovil Olympians	26.95
2	266	Hannah CLARKE-SW	Newport Harriers	27.01
3	196	Lindsay BADMAN-SW	Newport Harriers	28.51
4	178	Abigail JOHNSTON-U20W	Filton Baos	32.06

Race 5

1	264	Lucy HAMMET-U20W	Swansea Harriers	28.00
2	224	Megan THOMAS-U20W	Cardiff AAC	29.02

Race 6

1	182	Melanie STEPHENSON-SW	Cardiff AAC	25.64
2	59	Rosie KINGSTON-SW	Banbury Harriers	29.89
3	146	Angel HARVEY-SW	Llanelli AC	30.68

Race 7



Senior Women Track

AC Record - Catherine MURPHY, (Wales), 52.54, Cardiff 2.02.2002

Welsh Record - Catherine MURPHY, Shaftesbury, 51.74, Birmingham,Eng 2003

Event T12, Senior Women, 400m

				Race 1			Race 2		
Pos	Bib	Athlete	Club	Perf	Pos	Bib	Athlete	Club	Perf
1	266	Hannah CLARKE-SW	Newport Harriers	01:00.15	1	213	Shelly BRACE-SW	City of Stoke	01:01.09
2	264	Lucy HAMMET-U20W	Swansea Harriers	01:03.53	2	287	Louise CARD-SW	Vale of Aylesbury	01:02.94
3	293	Amy HALEY-SW	Cardiff University	01:09.33					
4	199	Ally LOOSE-SW	Exeter University	01:10.72					

AC Record - Jemma SIMPSON, (England), 02:03.66, Cardiff 2008

Welsh Record - Hayley PARRY, Swansea, 02:01.52, Birmingham,E

Event T26, Senior Women, 800m

				Race 1	
Pos	Bib	Athlete	Club	Perf	
1	242	Rosie CHAMBERLAIN-U20W	Exeter Harriers	02:13.43	
2	84	Caryl GRANVILLE-SW	Swansea Harriers	02:14.66	
3	214	Helena CORBIN-SW	Exeter University	02:14.90	
4	288	Aoife KELLY-SW	University of Bristol	02:17.06	
5	244	Danielle COCKING-SW	Unattached	02:17.91	
6	243	Lauren REGAN-SW	Cardiff AAC	02:18.07	
7	245	Elysia PEARSON-SW	Swansea Harriers	02:29.64	

AC Record - Gemma TURTLE, (England), 04:14.06, Cardiff 2010

Welsh Record - Hayley TULLETT, Swansea, 04:05.63, Stockholm,S

Event T17, Senior Women, inc Master Men & Women, 1500m

Pos	Bib	Athlete	Club	Perf
1	178	Abigail JOHNSTON-U20W	Filton Baos	05:47.23
2	222	Gemma MAYLED-U20W	Cardiff University	05:53.06

AC Record - Diane ALLAHGRREN, England, 8.01, 2002

Welsh Record - Kay MORLEY-BROWN , Cardiff AAC, 8.16, 1992

Event T2, Senior Women, 60m Hurdles

Pos	Bib	Athlete	Club	Perf
1	84	Caryl GRANVILLE-SW	Swansea Harriers	8.59
2	55	Sophie SKINNER-SW	Exeter Harriers	8.90
3	58	Lucy FERGUSON-SW	Bath Uni	9.11
4	82	Neil TUNSTALL-SM	Cornwall AC	9.14
5	51	Katy SEALY-SW	Cardiff Metropolitan Uni	9.59
6	59	Rosie KINGSTON-SW	Banbury Harriers	9.77



Female Field Results

AC Record - Susan JONES, (England), 1.90, Cardiff 2002**Welsh Record - Julie CRANE, Sale, 1.90, Otterberg, Ger 2004/Loughborough,****Event F17, Senior Women, High Jump**

Pos	Bib	Athlete	Club	Perf
1	158	Sian SWANSON-U20W	Swansea Harriers	1.68
2	218	Catrin JONES-U17W	Swansea Harriers	1.60
3	227	Annabel CURLE-SW	Bridgend AC	1.55
4	51	Katy SEALY-SW	Cardiff Metropolitan Uni	1.50

AC Record - Henrietta PAXTON, Birchfield Harriers, 2010**Welsh Record - Rhian CLARKE, Essex Ladies, 4.20, 2001****Event F3, Female Development, Pole Vault**

Pos	Bib	Athlete	Club	Perf
1	49	Caitlin ATKINS-U17W	Swansea Harriers	3.00
2	42	Olivia EVANS-U17W	Cardiff AAC	2.90
3	48	Anna BARNES-U15G	Swansea Harriers	2.60
4	47	Francesca WATERS-U15G	Cornwall AC	2.60
5	46	Lucy DALY-U20W	Cardiff AAC	2.60

AC Record - Yamile ALDAMA, (Cuba), 14.11, Cardiff 2003**Welsh Record - Sara BARRY, Cardiff, 12.47, Cardiff 2009****Event F1, Senior Women, Triple Jump**

Pos	Bib	Athlete	Club	Perf
1	29	Imogen MILES-SW	Cardiff AAC	11.51
2	30	Megan O'SULLIVAN-U20W	Cardiff AAC	11.24
3	31	Catherine SHIN-SW	Bath Uni	10.93
4	45	Bethan HILL-HOWELLS-U17W	Cardiff AAC	10.79
5	44	Katie YEOMANS-U17W	Newquay & Par	10.31
6	43	Philippa BRETT-U20W	Newquay & Par	9.81

AC Record - Henrietta PAXTON, Birchfield Harriers, 2010**Welsh Record - Rhian CLARKE, Essex Ladies, 4.20, 2001****Event F2, Senior Women, Pole Vault**

Pos	Bib	Athlete	Club	Perf
1	37	Naomi JAMES-U20W	Swansea Harriers	3.50
2	36	Emily TAYLOR-SW	Notts AC	3.50
3	52	Elinor LEWIS-SW	Cardiff Metropolitan Uni	3.00
4	39	Enfys JONES-U20W	Carmarthen Harriers	2.70

AC Record - Gillian COOKE, Scotland, 6.43, 2008**Welsh Record - Ruth HOWELL, Birchfield, 6.51, 1974****Event F19, Senior Women, Long Jump**

Pos	Bib	Athlete	Club	Perf
1	33	Imelda MORRISON-SW	Swansea Harriers	5.65
2	282	Rebecca CHAPMAN-SW	Cardiff Metropolitan Uni	5.56
3	75	Emma LYONS-SW	Sale Harriers Manchester	5.55
4	55	Sophie SKINNER-SW	Exeter Harriers	5.42
5	29	Imogen MILES-SW	Cardiff AAC	5.27
6	131	Jessica JEFFREYS-U13G	Newport Harriers	5.13
7	42	Olivia EVANS-U17W	Cardiff AAC	4.94
8	198	Audrey LAILHEUGUE-SW	University of Bristol	4.71
9	70	Genisia JOHNSTON-U17W	Yeovil Olympians	4.24
10	146	Angel HARVEY-SW	Llanelli AC	3.86

AC Record - Venissa HEAD, Wales, 19.06, 1984**Welsh Record - Venissa HEAD, Cardiff AAC, 19.06, 1984****Event F11, Senior Women, Shot (4.00kg)**

Pos	Bib	Athlete	Club	Perf
1	217	Gemma YOUNG-U20W	Cardiff Metropolitan Uni	10.68
2	54	Stephanie NICHOLAS-U17W	Swansea Harriers	9.72
3	76	Nina PRELLS-U20W	Swansea Harriers	9.71
4	51	Katy SEALY-SW	Cardiff Metropolitan Uni	9.69
5	282	Rebecca CHAPMAN-SW	Cardiff Metropolitan Uni	8.82
6	147	Lauren HARVEY-SW	Llanelli AC	7.65
7	67	Ziana AZARIAH-U17W	Yeovil Olympians	7.52



Female Masters Track & Field

Event T9, Master Women, 60m

Pos	Bib	Athlete	Club	Race 1 Perf
1	16	Lolita BYFIELD-MOORE-W45	Cardiff AAC	8.63
2	15	Amanda WALE-W40	Wrexham AC	8.71
3	13	Amanda COOK-W35	Wrexham AC	8.80
4	17	Melanie GARLAND-W45	Worcester	9.50
5	14	Lorraine GRAHAM-MULVANEY-W40	Cardiff AAC	9.80
6	18	Clare ST JOHN-COLEMAN-W50	Chelmsford	9.96
7	19	Renate PRELLS-W55	Swansea Harriers	11.27

Event T14, Master Women, 400m

Pos	Bib	Athlete	Club	Race 1 Perf
1	15	Amanda WALE-W40	Wrexham AC	01:01.59

Event T17, Senior Women, inc Master Men & Women, 1500m

Pos	Bib	Athlete	Club	Race 1 Perf
1	109	Julia BECKER-W35	Les Croupiers RC	05:53.00
2	111	Rebecca HAMBROOK-W60	Porthcawl Runnerslife	06:48.62

Event F18, Master Women, High Jump

Pos	Bib	Athlete	Club	Perf
1	116	Ruth JANSEN-W35	Germany	1.45
2	17	Melanie GARLAND-W45	Worcester	1.35

Event F20, Master Women, Long Jump

Pos	Bib	Athlete	Club	Perf
1	13	Amanda COOK-W35	Wrexham AC	4.67
2	17	Melanie GARLAND-W45	Worcester	4.39
3	18	Clare ST JOHN-COLEMAN-W50	Chelmsford	3.62

Event F12, Master Women, Shot

Pos	Bib	Athlete	Club	Perf
1	116	Ruth JANSEN-W35	Germany	10.28 4.00kg
2	122	Cath ALFORD-W35	Rhondda AC	8.89 4.00kg
3	123	Karen LLEWELLIN-W45	Pembrokeshire Harriers	8.38 4.00kg
4	109	Julia BECKER-W35	Les Croupiers RC	6.67 4.00kg
5	19	Renate PRELLS-W55	Swansea Harriers	7.67 3.00kg
6	124	Julianna GAL-W50	Unattached	6.17 3.00kg
7	125	Helen COLE-W65	Rhondda AC	5.80 3.00kg
8	126	Sheila CHAMPION-W75	Irish Masters	5.47 2.72kg



U15G-U13G Track & Field

AC Record - Not Recognised at this age group

Welsh Record - Hannah BRIER, Swansea, 8.2/8.23, Cardiff, 2011

Event T3, U13 Girls, 60m

Pos	Bib	Athlete	Club	Perf
1	145	Gabrielle FAKANDE-U13G	Cwmbran Harriers	8.90
2	165	Rebecca CHICK-U13G	Cwmbran Harriers	9.20
3	248	Hannah PACHUBA-U13G	Bridgend AC	9.30
4	88	Isobel Grace WILLIAMS-U13G	Cwmbran Harriers	9.50
5	247	Zoe HAMM-U13G	Bridgend AC	9.60
6	239	Megan SHANKLAND-U13G	Cwmbran Harriers	9.80
7	131	Jessica JEFFREYS-U13G	Newport Harriers	10.00
8	184	Jasmine DUNNING-U13G	Cwmbran Harriers	10.10

AC Record - Not Recognised at this age group

Welsh Record - Hannah BRIER, Swansea, 7.75, Birmingham, 2008

Event T5, U15 Girls, 60m

Pos	Bib	Athlete	Club	Perf
1	153	Sophie THOMAS-U15G	NSAC	8.24
2	236	Zoe NASH-U15G	Bridgend AC	8.33
3	128	Jodi BEYNON-U15G	Blaenau Gwent AC	8.50
4	139	Millicent FAKANDE-U15G	Cwmbran Harriers	8.58
5	151	Leoni STEVENS-U15G	Bridgend AC	8.59
6	89	Eve Mair WILLIAMS-U15G	Cwmbran Harriers	8.78

AC Record - Not Recognised at this age group

Welsh Record - Hannah BRIER, Swansea Harriers, 27.43, Cardiff, 2011

Event T21, U13 Girls, 200m

Pos	Bib	Athlete	Club	Perf
1	129	Isabel GREDEX-U13G	Blaenau Gwent AC	30.81
2	88	Isobel Grace WILLIAMS-U13G	Cwmbran Harriers	32.09
3	239	Megan SHANKLAND-U13G	Cwmbran Harriers	32.96
4	247	Zoe HAMM-U13G	Bridgend AC	33.91

Race 2

1	145	Gabrielle FAKANDE-U13G	Cwmbran Harriers	29.64
2	248	Hannah PACHUBA-U13G	Bridgend AC	30.49
3	165	Rebecca CHICK-U13G	Cwmbran Harriers	31.14
4	289	Macey JONES-U13G	Cwmbran Harriers	31.28

AC Record - Not Recognised at this age group

Welsh Record - Hannah BRIER, Swansea Harriers, 25.14, Cardiff, 2011

Event T23, U15 Girls, 200m

Pos	Bib	Athlete	Club	Perf
1	236	Zoe NASH-U15G	Bridgend AC	28.01
2	89	Eve Mair WILLIAMS-U15G	Cwmbran Harriers	28.38
3	151	Leoni STEVENS-U15G	Bridgend AC	28.47

Race 2

1	128	Jodi BEYNON-U15G	Blaenau Gwent AC	27.32
2	139	Millicent FAKANDE-U15G	Cwmbran Harriers	28.24

AC Record - Not Recognised at this age group

Welsh Record - Chloe HUGHES, Deeside, 4.61, Cardiff 2011

Event F8, U13 Girls, Long Jump

Pos	Bib	Athlete	Club	Perf
1	289	Macey JONES-U13G	Cwmbran Harriers	4.28
2	145	Gabrielle FAKANDE-U13G	Cwmbran Harriers	4.03
3	248	Hannah PACHUBA-U13G	Bridgend AC	3.73
4	129	Isabel GREDEX-U13G	Blaenau Gwent AC	3.48
5	247	Zoe HAMM-U13G	Bridgend AC	3.13

AC Record - Not Recognised at this age group

Welsh Record - Sara OTUNG, Cardiff, 5.51, Cardiff 2008

Event F7, U15 Girls, Long Jump

Pos	Bib	Athlete	Club	Perf
1	139	Millicent FAKANDE-U15G	Cwmbran Harriers	4.65
2	236	Zoe NASH-U15G	Bridgend AC	4.39
3	151	Leoni STEVENS-U15G	Bridgend AC	4.17