

## NJL Southern Itchen Div Round:3

Bournemouth, King's Park, Sun 14 June 2009

## M 100m A

1 Ross Langford	TSN	11.0
2 Jon Wallace	BSK	11.3
3 George Corbin	HVT	11.6
4 Michael Jansen	U17 G&G	11.6
5 Peter Henworth	SRK	11.6
6 Chris Hewitt	BTN	11.7
7 Callum Bressington	CHI	11.9

## M 100m B

1 Sam Derham	TSN	11.5
2 George Grainger	U17 CHI	11.7
3 Jack Vanner	U17 G&G	11.9
4 Tony Pendlebury	BSK	11.9
5 Josh Kelly	U17 HVT	12.0

## M 200m A

1 Ross Langford	TSN	22.8
2 Gwilym Cooper	BTN	22.9
3 Michael Jansen	U17 G&G	23.3
4 Jon Wallace	BSK	23.3
5 Callum Bressington	CHI	23.6
6 George Corbin	HVT	23.7
7 Ryan Saunders	BMT	23.9
8 Craig Howard	U17 SRK	26.6

## M 200m B

1 Jacob Evans	TSN	22.9
2 Matt Dorrington	U17 BTN	23.8
3 Jack Vanner	U17 G&G	24.0
4 Tony Pendlebury	BSK	24.4
5 Josh Kelly	U17 HVT	24.6
6 Fergus O'Reilly	U17 BMT	26.2

## M 400m A

1 Ben Parnell	TSN	50.9
2 Matt Dorrington	U17 BTN	51.8
3 Paul Green	BMT	52.9
4 Liam McGarrigle	BSK	52.9
5 Jason Jeffery	SRK	55.3
6 Chris Spinks	U17 HVT	56.7
7 Zac Gwyn-Griffiths	U17 G&G	58.6

## M 400m B

1 Chris Dennis	TSN	56.2
2 Max Letchfield	U17 BTN	56.8
3 Jack Hibbert	U17 BSK	57.3
4 Ollie Teenan	BMT	58.0
5 Tyler North	U17 SRK	59.6

## M 800m A

1 Ryan Saunders	BMT	1.56.2
2 Harry Richardson	CHI	2.03.4
3 James McCarthy	BTN	2.03.7
4 Aaron Bennett	TSN	2.04.5
5 Andy Clement	BSK	2.08.8

## M 800m B

1 Fergus O'Reilly	U17 BMT	2.00.5
2 Tom Syckle Moore	BSK	2.01.3
3 David Bolton	TSN	2.09.0
4 Chris Woolcott	BTN	2.14.5

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6 Craig Howard U17 SRK 2.29.7  
7 Josh Halliwell HVT 2.31.1

M 1500m A

1 Chris Dennis TSN 4.24.6  
2 Stephen Reid BSK 4.26.5  
3 Will Gray U17 BTN 4.38.4  
4 Jason Jeffery SRK 4.44.1  
5 Ollie Teenan BMT 4.49.3  
6 Mat Gordon U17 HVT 5.09.5

M 1500m B

1 Jake Sellwood BSK 4.34.2  
2 Martin Campbell U17 TSN 4.37.1

M 3000m A

1 Tom Watson U17 BSK 10.20.9  
2 Mat Gordon U17 HVT 10.25.7  
3 Chris Woollcott BTN 11.03.4

M 3000m B

1 Dan Short BSK 10.29.5

M 110mH A

1 Gwilym Cooper BTN 15.4  
2 Sam Caplen SRK 16.0  
3 Charlie Roe CHI 17.0  
4 Matt Watson TSN 18.9  
5 Joe Flitcroft BSK 22.6

M 110mH B

1 Chris Hewitt BTN 15.8  
2 Alick Clark TSN 15.9  
3 Matt Baker CHI 18.0

M 400mH A

1 Gwilym Cooper BTN 57.7  
2 George Grainger U17 CHI 59.8  
3 Sam Caplen SRK 59.9  
4 Alick Clark TSN 60.6  
5 Paul Green BMT 61.5

M 400mH B

1 Craig Howard U17 SRK 68.6  
2 Jamie Moore U17 CHI 68.9

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6 Joe Flitcroft

BSK 67.9

M 2000m Sc A

1 Paul Green

BMT 6.47.8

2 Will Gray

U17 BTN 7.15.7

3 Alick Clark

TSN 7.23.2

4 Josh Halliwell

HVT 9.05.5

M 2000m Sc B

1 Leif Chandler

BMT 6.56.7

2 Chris Woolcott

BTN 7.21.6

3 Simon Campbell

U17 TSN 8.01.1

M Discus Throw A

1 Luke Braiden

BTN 41.19

2 Pete Briant

BMT 39.62

3 Ben Parnell

TSN 28.96

4 Matt Baker

CHI 24.83

5 Stan Randall

HVT 16.07

M Discus Throw B

1 James McCarthy

BTN 19.00

2 Aaron Bennett

TSN 18.11

M Hammer Throw A

1 Joe Flitcroft

BSK 34.04

2 Luke Braiden

BTN 30.62

3 Ben Parnell

TSN 18.08

4 Dan Lambeth

U17 BMT 11.54

M Hammer Throw B

1 David Bolton

TSN 13.22

M High Jump A

1 Matt Sloane

BMT 1.99

2 Matt Watson

TSN 1.96

3 Charlie Roe

CHI 1.85

4 Seb Landau

U17 BTN 1.75

M High Jump B

1 Sam Tingman

TSN 1.80

2 Alex Cox

U17 BMT 1.80

3 Matt Baker

CHI 1.75

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5 George Corbin HVT 1.70  
6 Jason Jeffery SRK 1.50

M Javelin Throw A

1 Alex Cox U17 BMT 41.60  
2 Charlie Roe CHI 38.65  
3 Victor Carpio BSK 34.31  
4 Sam Caplen SRK 30.59  
5 Sam Derham TSN 28.42  
6 Luke Braiden BTN 26.06  
7 Chris Spinks U17 HVT 17.45

M Javelin Throw B

1 Matt Sloane BMT 41.43  
2 Rob Piper U17 BSK 24.62  
3 Alick Clark TSN 24.00  
4 Jason Jeffery SRK 19.67  
5 Josh Halliwell HVT 3.71

M Long Jump A

1 George Corbin HVT 6.15  
2 Peter Henworth SRK 6.15  
3 Tom French BTN 6.07  
4 Callum Bressington CHI 5.99  
5 Jacob Evans TSN 5.86  
6 Rob Piper U17 BSK 5.22

M Long Jump B

1 Sam Tingman TSN 5.65  
2 Josh Kelly U17 HVT 5.56  
3 Seb Landau U17 BTN 5.38  
4 Tony Pendlebury BSK 5.11  
5 Tyler North U17 SRK 4.36

M Pole Vault A

1 Peter Henworth SRK 4.00  
2 Jamie Moore U17 CHI 2.80  
3 Will Gray U17 BTN 2.15

M Pole Vault B

1 James McCarthy BTN 2.00

M Shot Putt A

1 Pete Briant BMT 12.33  
2 Josh Kelly U17 HVT 10.16  
3 Jacob Evans TSN 10.16

M Shot Putt B

1 Dan Lambeth U17 BMT 10.36  
2 Ross Langford TSN 10.13  
3 Stan Randall HVT 8.04

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4 Luke Braiden	BTN 9.96	4 David Bache	BSK 7.15
5 Peter Henworth	SRK 9.80		
6 Joe Flitcroft	BSK 9.43		
7 Jack Vanner	U17 G&G 7.95		
8 Harry Richardson	CHI 5.93		

M Triple Jump A		M Triple Jump B	
1 Tom French	BTN 13.76	1 Chris Woolcott	BTN 10.96
2 Matt Watson	TSN 12.97	2 Rob Piper	U17 BSK 10.56
3 Matt Baker	CHI 12.51	3 Tyler North	SRK 10.45
4 Liam McGarrigle	BSK 10.82	4 Fergus O'Reilly	BMT 8.62
5 Jason Jeffery	SRK 10.73		
6 Zac Gwyn-Griffiths	U17 G&G 10.32		
7 Oliver Teenan	BMT 9.40		

W 100m A		W 100m B	
1 Izzy Stanway	G&G 12.5	1 Jody Kite	BTN 13.6
2 Verity Lipscombe	BTN 12.9	2 Jess Scorrer	U17 HVT 13.6
3 Alice Renolds	HVT 13.1	3 Sophie Millett	CHI 13.7
4 Grace Keeping	BMT 13.1	4 April Johns	U17 SRK 14.0
5 Emma Noel	U17 SRK 13.2	5 Frankie Hanson	BSK 14.5
6 Renae Brown	U17 CHI 13.6	6 Vicky Vintner	U17 TSN 14.6
7 Ellen Cranstone	TSN 13.9		
8 Alice Gaskin	BSK 14.0		

W 200m A		W 200m B	
1 Izzy Stanway	G&G 25.8	1 Jody Kite	BTN 28.6
2 Francesca Bennett	BTN 26.4	2 Jess Scorrer	U17 HVT 28.8
3 Tori Coltart	U17 BMT 27.1	3 Sophie Millett	CHI 29.0
4 Alice Renolds	HVT 27.9	4 Nicky Humphrey	TSN 31.2
5 Renae Brown	U17 CHI 28.1		
6 April Johns	U17 SRK 28.7		
7 Emily Varcoe	TSN 30.7		

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W 400m A

1 Jenny Beckingham U17 TSN 58.5  
2 Jess McKenzie U17 CHI 62.0  
3 Charlotte Lindsey HVT 70.9  
4 Katie Smith BSK 71.9

W 400m B

No competitors

W 800m A

1 Louise Webb TSN 2.25.0  
2 Daisy Harper Brown U17 BMT 2.29.6  
3 April Johns U17 SRK 2.35.9  
4 Amy Bream U17 HVT 2.38.4  
5 Katie Johnson U17 CHI 2.43.4  
6 Jess Clements U17 BSK 2.58.0

W 800m B

1 Sian Long U17 BMT 3.08.7  
2 Josie Taylor U17 HVT 3.11.4

W 1500m A

1 Louise Webb TSN 5.00.1  
2 Jess McKenzie U17 CHI 5.05.5  
3 Daisy Harper Brown U17 BMT 5.09.3  
4 Caitlin Lloyd BTN 5.23.9  
5 Sarah Johnson U17 HVT 5.56.2

W 1500m B

1 Katie Johnson U17 CHI 5.48.3  
2 Alisha Parnell TSN 6.51.2

W 3000m A

1 Caitlin Lloyd BTN 10.41.8  
2 Sophie Smith BSK 11.31.9  
3 Mhairi-Clar Stewart U17 TSN 11.52.6  
4 Charltte Sykes U17 BMT 17.31.5

W 3000m B

1 Liberty Pritchard U17 TSN 13.04.5

## W 100mH A

1	Francesca Bennett	BTN	15.0
2	Frankie Hanson	BSK	18.6
3	Charlotte Lindsey	HVT	22.0

## W 100mH B

1	Philippa Wilson	U17	BTN	16.4
2	Sarah Johnson	U17	HVT	24.2

## W 400mH A

1	Charlotte Lindsey	HVT	78.9
2	Nicky Humphrey	TSN	83.4

## W 400mH B

1	Sarah Johnson	U17	HVT	84.0
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## W Discus Throw A

1	Phoebe Dowson	U17	BMT	34.26
2	Holly Stroud	U17	G&G	30.97
3	Emma Kirk-Odunubi		BTN	29.85
4	Anna Stevens		TSN	28.60
5	Lisa Normoyle		SRK	27.58
6	Kirsty Piper		BSK	20.33
7	Josie Taylor	U17	HVT	14.19

## W Discus Throw B

1	Erica Francis		SRK	27.05
2	Emily Varcoe		TSN	25.87
3	Amber O'Brien		BTN	25.45
4	Rose O'Reilly		BMT	21.63

## W Hammer Throw A

1	Erica Francis		SRK	37.18
2	Emma Phillips		BMT	33.53
3	Anna Stevens		TSN	28.39
4	Amber O'Brien		BTN	25.10
5	Kirsty Piper		BSK	23.90

## W Hammer Throw B

1	Amelia Willcock	U17	BMT	25.70
2	Lisa Normoyle		SRK	22.25
3	Emily Varcoe		TSN	22.11
4	Emma Kirk-Odunubi		BTN	17.89

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W High Jump A

1 Lucy Giles	U17 HVT 1.60
2 Philippa Wilson	U17 BTN 1.60
3 Almaz Gaere	U17 BMT 1.55
4 Sophie Millett	CHI 1.50
5 Nicky Humphrey	TSN 1.40

W High Jump B

1 Megan Cox	BTN 1.45
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W Javelin Throw A

1 Freya Jones	U17 TSN 44.95
2 Jemma Tewkesbury	BMT 41.56
3 Holly Stroud	U17 G&G 30.29
4 Erica Francis	SRK 24.81
5 Emma Buckett	U17 BSK 24.34
6 Emma Kirk-Odunubi	BTN 19.07
7 Lucy Giles	U17 HVT 18.54
8 Katie Johnson	U17 CHI 11.18

W Javelin Throw B

1 Rose O'Reilly	BMT 31.16
2 Kate Blythe	BSK 24.05
3 Emma Noel	U17 SRK 21.08
4 Anna Stevens	TSN 18.14
5 Sarah Hayward	U17 HVT 11.19
6 Jess McKenzie	U17 CHI 10.10
7 Amber O'Brien	BTN 9.82

W Long Jump A

1 Emma Buckett	U17 BSK 5.58
2 Katie Hardcastle	U17 CHI 5.57
3 Tori Coltart	U17 BMT 5.12
4 Emma Noel	U17 SRK 4.87
5 Verity Lipscombe	BTN 4.62
6 Lucy Giles	U17 HVT 4.33
7 Vicky Vintner	U17 TSN 3.98

W Long Jump B

1 Christina Parsons	U17 BSK 4.92
2 Jo Legg	U17 BMT 4.83
3 Renae Brown	U17 CHI 3.97
4 Stephanie Coker	TSN 3.65
5 Jess Scorrer	HVT 3.41
6 Megan Cox	BTN 2.90

W Pole Vault A

1 Sophie Millett	CHI 2.60
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W Pole Vault B

No competitors



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W Shot Putt A

1 Amber O'Brien	BTN	10.47
2 Christina Parsons	U17 BSK	9.88
3 Hannah Ashmore	TSN	9.81
4 Erica Francis	SRK	9.64
5 Holly Stroud	U17 G&G	9.37
6 Abby Sandford	U17 BMT	9.09
7 Katie Hardcastle	U17 CHI	5.43
8 Sarah Hayward	U17 HVT	4.94

W Shot Putt B

1 Anna Stevens	TSN	9.61
2 Emma Buckettt	U17 BSK	9.21
3 Philippa Wilson	U17 BTN	8.49
4 Lisa Normoyle	SRK	8.28
5 Chloe Lambeth	U17 BMT	4.60
6 Amy Bream	U17 HVT	4.45

W Triple Jump A

1 Katie Hardcastle	U17 CHI	11.19
2 Vicky Vintner	U17 TSN	9.56
3 Frankie Hanson	BSK	8.73
4 Charlotte Lindsey	HVT	8.41
5 Megan Cox	BTN	8.38
6 Sian Long	U17 BMT	8.36

W Triple Jump B

1 Stephanie Coker	TSN	8.78
2 Josie Taylor	U17 HVT	7.19

W 4x100m Relay

1 BTN 52.0	1 Jody Kite	2 Philippa Wilson	U17
	3 Verity Lipscombe	4 Francesca Bennett	
2 CHI 53.7	1 Renae Brown	2 Katie Hardcastle	U17
	3 Sophie Millett	4 Jess McKenzie	U17
3 BMT 54.9	1 Tori Coltart	2 Abby Sandford	U17
	3 Daisy Harper Brown	4 Grace Keeping	
4 TSN 58.5	1 Vicky Vintner	2 Ellen Cranstone	
	3 Stephanie Coker	4 Nicky Humphrey	
5 SRK 60.3	1 Erica Francis	2 Lisa Normoyle	
	3 Emma Noel	4 April Johns	U17
6 HVT DISQ			

## W 4x400m Relay

1	TSN 4.29.0	1 Alisha Parnell	2 Jenny Beckingham	U17
		3 Louise Webb	4 Mhairi-Clar Stewart	U17
2	HVT 4.55.6	1 Alice Reynolds	2 Amy Bream	U17
		3 Charlotte Lindsey	4 Sarah Johnson	U17
3	BMT 5.05.2	1 Sian Long	2 Almaz Gaere	U17
		3 Rose O'Reilly	4 Daisy Harper Brown	U17

## M 4x100m Relay

1	TSN 45.4	1 Ross Langford	2 Sam Derham	
		3 Jacob Evans	4 Sam Tingman	
2	CHI 46.6	1 Callum Bressington	2 Matt Baker	
		3 George Grainger	4 Charlie Roe	U17
3	SRK 47.7	1 Craig Howard	2 Tyler North	U17
		3 Peter Henworth	4 Sam Caplen	
4	BSK 49.0	1 Jon Wallace	2 Tony Pendlebury	
		3 Jack Hibbert	4 Liam McGarrigle	U17
5	BMT 50.5	1 Ollie Teenan	2 Fergus O'Reilly	U17
		3 Pete Briant	4 Ryan Saunders	
6	BTN DISQ			

## M 4x400m Relay

1	TSN 3.35.5	1 Chris Dennis	2 David Bolton	
		3 Aaron Bennett	4 Ben Parnell	
2	CHI 3.36.1	1 Callum Bressington	2 Harry Richardson	
		3 George Grainger	4 Charlie Roe	U17
3	BTN 3.36.9	1 Max Letchfield	2 Matt Dorrington	U17
		3 Gwilym Cooper	4 James McCarthy	

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4 BMT 3.41.9	1 Ollie Teenan	2 Fergus O'Reilly U17
	3 Ryan Saunders	4 Paul Green
5 BSK 3.44.2	1 Joe Flitcroft	2 Liam McGarrigle
	3 Rob Piper	U17 4 Jon Wallace
6 HVT 3.56.5	1 Liam Holden	2 Josh Halliwell
	3 Josh Kelly	U17 4 Chris Spinks U17

PRIOR STANDINGS			MATCH RESULT			LEAGUE STANDINGS		
Event	Lge		Event	Lge		Event	Lge	
1 BTN 967	16		1 TSN 468	8		1 Brighton & Hove City AC	1375	23
2 TSN 730	12		2 BTN 408	7		2 Team Southampton	1198	20
3 HVT 702	12		3 BMT 356	6		3 Havant / IOW	999	16
4 SRK 586	9		4 BSK 314	5		4 Bournemouth / Poole	927	14
5 CHI 585	8		5 HVT 297	4		5 Chichester AC	870	11
6 BMT 571	8		6 CHI 285	3		6 The Sharks	810	11
7 BSK 454	4		7 SRK 224	2		7 Basingstoke / Andover	768	9
8 G&G 273	3		8 G&G 100	1		8 Guildford & Godalming AC	373	4

Athlete of the Match: Thomas French Brighton & Hove City AC TJ 13.76m  
 Jemma Tewkesbury Bournemouth / Poole Javelin 41.56m  
 General Comment: No competitors W 400m B, No competitors W Pole Vault B,

Note(s)

BSK Includes + 35pts,  
 BMT Includes + 35pts,  
 BTN Includes + 20pts,  
 CHI Includes + 35pts,  
 G&G Includes + 15pts,  
 HVT Includes + 35pts,  
 TSN Includes + 25pts,  
 SRK Includes + 5pts,

## GUEST RESULTS

100m men  
1 Jacob Evans

TSN 11.3

LJ women  
1 Nikki Ferris

BAS 4.84

800m men  
1 Darren Carr

BAS 2.11.0

200m men  
1 Jack Hibbert

BAS 26.3

Shot Putt women  
1 Nikki Ferris

BAS 7.49

Hammer women  
1 Charlotte Sykes  
2 Leanna Simms

BMT 33.83

BMT 29.73

100mH women  
1 Nikki Ferris

BAS 19.4

Javelin men  
1 Tony Pendlebury  
2 David Bashe

BMT 28.47

BAS 22.21

Javelin women  
1 Chrissie Parsons  
2 Nikki Ferris

BAS 21.67

BAS 20.64

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Results by [www.Resultsbox.co.uk](http://www.Resultsbox.co.uk) and Athletics Weekly