

# NJAL

## at Portsmouth on 25 April 2010

Event	String	First	Second	Third	Fourth	Fifth	Sixth	Seventh	Eighth	Club Bas	Club Bor	Club B&H	Club Chi	Club Por	Club Hav	Club Sou	Club Sha	Not used	Total
Junior Women 100m	1	KATIE URQHART 3 12.7	FAITH NORSTER 6 12.9	HANNAH INGRAM 8 13.0	AMY SPENCER 2 13.1	DEANNA GIDDINGS 5 13.3	RENAE BROWN 4 13.8	ELLEN CRANSTONE 7 14.0		0	7	11	5	6	9	4	8	3	53
	2	HOLLIE FUDGE 55 13.0	JODY KITE 33 13.3	STAR COLLAR 88 13.5	BECKIE KIDSON 77 14.2					0	0	7	0	9	0	5	6	10	37
Junior Women 200m	1	DEANNA GIDDINGS 5 27.2	HANNAH INGRAM 8 27.2	FAITH NORSTER 6 27.3	AMY SPENCER 2 27.4	JODY KITE 3 28.0	SUSIE COLLINS 7 28.3	SOPHIE MILLETT 4 29.1	ALICE GASKIN 1 29.4	3	7	6	4	11	8	5	9	0	53
	2	KATIE URQHART 33 27.2	HOLLIE FUDGE 55 27.3	HANNAH MUSKER 77 27.4	ANYA KAY 22 28.0	STAR COLLAR 88 28.1	RENAE BROWN 44 30.8			0	5	9	3	7	0	6	4	3	37
Junior Women 400m	1	CERIAN LANCASTER 3 63.4	CLAIRE NETLEY 5 63.9	AMY MCCARTHY 8 64.3	CHARLOTTE BROWN 1 67.0	SOPHIE MILLETT 4 69.2	GRACE CRUMPLIN 6 70.8	ALISHA PARNELL 7 72.9		7	0	11	6	9	5	4	8	3	53
	2	EVE GUNTER 55 64.9	JESS LEWIS 33 65.4	AMY NASH 11 67.2	RACHEL NOEL 88 67.9	KIRSTEN BURLEY 66 69.0	ANNA STEVENS 77 82.6		6	0	7	0	9	4	3	5	3	37	
Junior Women 800m	1	JENNY BECKINGHAM 7 2:17.3	EMILY GILMORE 5 2:19.1	JESS ANDREWS 6 2:21.0	JESS MACKENZIE 4 2:27.0	LAURA LAMBOURNE 3 2:38.9				0	0	6	7	9	8	11	0	12	53
	2	RACHEL TITHERIDGE 33 2:39.5	AMY BREAM 66 2:40.1	CHARLOTTE HARRIS 55 2:43.4					0	0	9	0	6	7	0	0	0	15	37
Junior Women 1500m	1	JENNY BECKINGHAM 7 5:00.1	JESS ANDREWS 6 5:03.9	EMILY GILMORE 5 5:08.7	CERIAN LANCASTER 3 5:29.1					0	0	7	0	8	9	11	0	18	53
	2	ABI LAZENBURY 55 5:25.7	RACHEL TITHERIDGE 33 5:48.0						0	0	7	0	9	0	0	0	0	21	37
Junior Women 3000m	1									0	0	0	0	0	0	0	0	53	53
	2									0	0	0	0	0	0	0	0	37	37
Junior Women 100mH	1	EMMA BUCKETT 1 14.7	ANYA KAY 2 15.4	PHILLIPA WILSON 3 15.9						11	9	8	0	0	0	0	0	25	53
	2	AMY SPENCER 22 15.8	JESS LEWIS 33 19.0						0	9	7	0	0	0	0	0	0	21	37
Junior Women 400mH	1	MILLIE CLIFFORD 7 64.7	PHILLIPA WILSON 3 69.4	CLAIRE NETLEY 5 70.2	NIKKI FERRIS 1 71.4	KIRSTEN BURLEY 6 80.2	SIAN LONG 2 89.8			7	5	9	0	8	6	11	0	7	53
	2	JESS LEWIS 33 74.0							0	0	9	0	0	0	0	0	0	28	37
Junior Women Long Jump	1	REBECCA CURTIS 1 5.68	KATIE HARDCASTLE 4 5.39	PHILLIPA WILSON 3 5.10	VICKY VINTER 7 4.79	KIRSTEN BURLEY 6 3.63				11	0	8	9	0	6	7	0	12	53
	2	IZZIE BROWN 44 4.88	DANIELLE TREGANT 11 4.59	ANNA SARA TINGMAN 77 3.94					7	0	0	9	0	0	0	6	0	15	37
Junior Women Triple Jump	1	KATIE HARDCASTLE 4 10.92	KATRINA WHITE 2 9.87	MEGAN COX 3 9.50	VICKY VINTER 7 9.09	GRACE CRUMPLIN 6 8.55	AMY NASH 1 8.33			5	9	8	11	0	6	7	0	7	53
	2	JESS MACKENZIE 44 8.81	ANNA SARA TINGMAN 77 8.47						0	0	0	9	0	0	0	7	0	21	37
Junior Women High Jump	1	IZZIE BROWN 4 1.60	MEGAN COX 3 1.50	CHARLOTTE SKEGGS 6 1.50	RACHEL NOEL 8 1.40	KATRINA WHITE 2 1.40				0	6	8½	11	0	8½	0	7	12	53
	2	SOPHIE MILLETT 44 1.45	JESS LEWIS 33 1.35						0	0	7	9	0	0	0	0	0	21	37
Junior Women Pole Vault	1									0	0	0	0	0	0	0	0	53	53
	2									0	0	0	0	0	0	0	0	37	37
Junior Women Javelin	1	SHERI WHITING 3 39.60	POPPY BARKER 7 36.03	EMMA BUCKETT 1 26.04	GRACE CRUMPLIN 6 20.34	AMY SPENCER 2 16.88	JESSICA SHUTTLEWORTH 5 14.22	JESS MACKENZIE 4 10.40		8	6	11	4	5	7	9	0	3	53
	2	GRACE HAILSTONE 33 32.28	NIKKI FERRIS 11 24.96	ANNA STEVENS 77 18.76	ANYA KAY 22 11.58	ALICE REYNOLDS 66 10.72			7	5	9	0	0	4	6	0	6	37	
Junior Women Discus	1	PHEOBE DOWSON 2 36.60	EMMA KIRK-ODUNUBI 3 30.56	ANNA STEVENS 7 28.68	SARAH OSGOOD 6 22.28	JESSICA SHUTTLEWORTH 5 1.11				0	11	9	0	6	7	8	0	12	53
	2	GRACE HAILSTONE 33 20.93	POPPY BARKER 77 18.44	ALICE REYNOLDS 66 15.65					0	0	9	0	0	6	7	0	15	37	
Junior Women Hammer	1	SARAH OSGOOD 6 33.02	ANNA STEVENS 7 32.09	EMMA PHILLIPS 2 31.54	EMMA KIRK-ODUNUBI 3 23.86					0	8	7	0	0	11	9	0	18	53
	2	GRACE HAILSTONE 33 21.25	SIAN LONG 22 15.13	ALISHA PARNELL 77 5.55					0	7	9	0	0	0	6	0	15	37	
Junior Women Shot	1	ANNA STEVENS 7 9.76	EMMA KIRK-ODUNUBI 3 8.71	ANYA KAY 2 8.47	ALICE REYNOLDS 6 8.05	IZZIE BROWN 4 7.94				0	8	9	6	0	7	11	0	12	53
	2	EMMA PHILLIPS 22 6.91	JODY KITE 33 6.29	SARAH OSGOOD 66 6.29	ALISHA PARNELL 77 5.57				0	9	7	0	0	6	5	0	10	37	
Sheet total										72	111	214½	93	102	124½	148	47	1056	2880
Cumulative total										72	111	214½	93	102	124½	148	47	1408	4622

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Event	String	First	Second	Third	Fourth	Fifth	Sixth	Seventh	Eighth	Club Bas	Club Bor	Club B&H	Club Chi	Club Por	Club Hav	Club Sou	Club Sha	Not used	Total	
Junior Women 4x100m relay	1	1 53.5	5 53.7	8 54.1	3 54.9	7 55.2	4 56.2	2 56.9	6 57.5	11	4	7	5	9	3	6	8	0	53	
		ALICE GASKIN	RACHEL NOEL	JODY KITE	ELLEN CRANSTONE	IZZIE BROWN	ANYA KAY	FAITH NORSTER												
		REBECCA CURTIS HARRIS	ANY MCCARTHY	KATIE URQHART	BECKIE KIDSON	SOPHIE MILLETT	KATRINA WHITE	ALICE REYNOLDS												
		EMMA BUCKETT	HANNAH INGRAM	SHERI WHITING	HANNAH MUSKER	RENAE BROWN	AMY SPENCER	KIRSTEN BURLEY												
AMY NASH	STAR COLLAR	RACHEL TITHERIDGE	SUSIE COLLINS	KATIE HARDCASTLE	SIAN LONG	SARAH JOHNSON														
Junior Women 4x400m relay	1	1 4:18.4	7 4:22.4	5 4:24.0	3 4:27.3	6 4:47.4				11	0	7	0	8	6	9	0	12	53	
		SOPHIE SMITH	ALISHA PARNELL	CERIAN LANCASTER	JESS ANDREWS															
		NIKKI FERRIS	MILLIE CLIFFORD	PHILLIPA WILSON	GRACE CRUMPLIN															
		CHARLOTTE BROWN	JENNY BECKINGHAM	JESS LEWIS	AMY BREAM															
	MHAIRI-CLAIR STEWART	LAURA LAMBOURNE	SARAH JOHNSON																	
Sheet total										22	4	14	5	17	9	15	8	24	212	
Cumulative total										94	115	228½	98	119	133½	163	55	1420	4728	

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Event	String	First	Second	Third	Fourth	Fifth	Sixth	Seventh	Eighth	Club Bas	Club Bor	Club B&H	Club Chi	Club Por	Club Hav	Club Sou	Club Sha	Not used	Total
Junior Men 100m	1	ADAM HARWOOD 1 11.0	KENO MARIP-GHZE 6 11.3	HARRY CLARKE 8 11.5	LUKE SCOTT 4 11.5	CHRIS HEWITT 3 11.7	SAM DERHAM 3 11.7			11	0	6	7	0	9	5	8	7	53
	2	JON WALLACE 11 11.5	CALLUM BRESSINGTON 77 11.6	JOE PYBUS 33 11.8	STAN RANDALL 66 12.5	EVAN STANTON 44 12.6	ADAM NASH 88 13.0			9	0	6	4	0	5	7	3	3	37
Junior Men 200m	1	ADAM HARWOOD 1 22.4	HARRY CLARKE 8 23.1	BEN WINSTANLEY 7 23.2	GWILYM COOPER 3 23.5	LUKE SCOTT 4 23.6	DECLAN LEACH 6 24.5	DREW ADAMSON 5 24.8		11	0	7	6	4	5	8	9	3	53
	2	JON WALLACE 11 23.3	CALLUM BRESSINGTON 77 23.6	GEORGE GRANGER 44 23.6	CHRIS HEWITT 33 24.2	LAURENCE ACKARY 88 25.4	STAN RANDALL 66 25.8			9	0	5	6	0	3	7	4	3	37
Junior Men 400m	1	JAMES FORMAN 6 51.1	JONO KETLEY 8 51.2	MATT DORRINGTON 3 51.5	TOM SYCKLEMOORE 1 51.6	BEN WINSTANLEY 7 52.6	THOM MARSDEN 5 56.3			7	0	8	5	11	6	9	7	53	
	2	DAVID BOLTON 77 52.8	STEVEN CARTER 66 53.5	JOE FLITCROFT 11 55.1	JOE PYBUS 33 55.1	ADAM NASH 88 61.6				6	0	5	0	0	7	9	4	6	37
Junior Men 800m	1	LIAM MCGONGLE 1 1:58.3	SIMON NINNIM 7 1:59.3	THOM MARSDEN 5 2:00.4	CONNOR MUGAN 2 2:00.8	OLLIE SMITH 4 2:01.2	CHRIS SPINKS 6 2:04.5	KRIS EVERETT 8 2:06.0	SAM BENNETT 3 2:06.9	11	7	3	6	8	5	9	4	0	53
	2	AARON BENNETT 77 2:00.8	JOSH MUTCH 33 2:07.0	KEITH ALGAR 88 2:08.2	BRINLEY STONE 22 2:20.5	OLLIE PICKERSGILL 44 2:23.6	JONATHAN COOPER 66 2:28.2			0	5	7	4	0	3	9	6	3	37
Junior Men 1500m	1	HARRY CARTER 5 4:05.4	HARRY FISHER 7 4:11.1	MAX THOMAS 8 4:14.5	CONNOR MUGAN 2 4:16.3	JON BRADFORD 1 4:17.7	JOSH MUTCH 3 4:18.4	HARRISON CURLING 6 4:25.5	JAMIE MOORE 4 4:45.7	6	7	5	3	11	4	9	8	0	53
	2	STEPHEN REID 11 4:19.6	MARTIN CAMPBELL 77 4:28.0	KRIS EVERETT 88 4:31.8	NICK THORN 55 4:35.1	CHRIS WOOLCOTT 33 4:36.3	BRINLEY STONE 22 4:50.9	JONATHAN COOPER 66 5:22.5		9	3	4	0	5	2	7	6	1	37
Junior Men 3000m	1	ALEX TEUTEN 5 9:11.2	ED DODD 8 9:25.2	ALEX RICE 3 9:41.2	TOBY SMITH 1 9:53.8	AMARPAL GILL 7 11:00.1				7	0	8	0	11	0	6	9	12	53
	2	TOBY BRIMECOME 55 9:18.4	JOE RUSSELL 88 10:22.3	PAUL WARN 77 11:29.1						0	0	0	0	9	0	6	7	15	37
Junior Men 110mH	1	MATTHEW HEWITT 3 15.2	KENO MARIP-GHZE 6 15.6	MATT BAKER 4 16.3	JUSTIN HUNT 7 20.0					0	0	11	8	0	9	7	0	18	53
	2	JOE PYBUS 33 22.6								0	0	9	0	0	0	0	0	28	37
Junior Men 400mH	1	GWILYM COOPER 3 58.1	GEORGE GRANGER 4 58.2	CALLUM ROWE 7 66.2						0	0	11	9	0	0	8	0	25	53
	2	WILL GRAY 33 64.8	JAMIE MOORE 44 64.9							0	0	9	7	0	0	0	0	21	37
Junior Men 2000S/C	1	WILL GRAY 3 6:21.6	ROSS THOMAS 5 6:42.8	OLLIE PICKERSGILL 4 8:12.1	JUSTIN HUNT 7 8:14.4					0	0	11	8	9	0	7	0	18	53
	2	CHRIS WOOLCOTT 33 7:14.3								0	0	9	0	0	0	0	0	28	37
Junior Men Long Jump	1	TOM FRENCH 3 6.44	LEON PHILLIPS 6 6.19	DAN CLEAL 5 5.98	CALLUM BRESSINGTON 7 5.94	JONO KETLEY 8 5.84	LEWIS COOPER 1 5.55			5	0	11	0	8	9	7	6	7	53
	2	JACK VALERI 33 6.40	CHARLIE OCCOMORE 66 5.77	JUSTIN HUNT 77 5.57	LAURENCE ACKARY 88 4.99					0	0	9	0	0	7	6	5	10	37
Junior Men Triple Jump	1	JACK VALERI 3 13.80	CHARLIE OCCOMORE 6 13.17	MATT BAKER 4 12.91	ROSS BARKER 7 12.19	LEWIS COOPER 1 10.62	RUSSELL WEIR 8 10.20			6	0	11	8	0	9	7	5	7	53
	2	TOM FRENCH 33 13.78	STEFAN ROBINSON 66 12.35	JUSTIN HUNT 77 11.53	OLLIE PICKERSGILL 44 9.87	KRIS EVERETT 88 9.13				0	0	9	5	0	7	6	4	6	37
Junior Men High Jump	1	MATT WATSON 7 2.00	ALEX COX 2 1.95	KENO MARIP-GHZE 6 1.85	MATT BAKER 4 1.80	DAN CLEAL 5 1.75	TOM FRENCH 3 1.70	KEITH ALGAR 8 1.55		0	9	5	7	6	8	11	4	3	53
	2	STEFAN ROBINSON 66 1.80	SAM DERHAM 77 1.55	EVAN STANTON 44 1.55	JACK VALERI 33 1.50					0	0	5	6	0	9	7	0	10	37
Junior Men Pole Vault	1	JAMIE MOORE 4 3.50	RUSSELL WEIR 8 3.20	DAN CLEAL 5 3.20	LUKE HODGETTS 7 3.20	WILL GRAY 3 2.30				0	0	6	11	8	0	7	9	12	53
	2									0	0	0	0	0	0	0	0	37	37
Junior Men Javelin	1	RICHARD SHUTTLEWORTH 5 58.76	ALEX COX 2 41.23	SAM SLEAP 1 37.65	KENO MARIP-GHZE 6 36.99	MATTHEW HEWITT 3 31.89	MATT BAKER 4 29.91	KEITH ALGAR 8 27.97	JUSTIN HUNT 7 25.91	8	9	6	5	11	7	3	4	0	53
	2	BRADLEE COOK 55 46.08	JOE PYBUS 33 27.69	SAM DERHAM 77 25.51	ED DODD 88 21.98					0	0	7	0	9	0	6	5	10	37
Junior Men Discus	1	FRED YOUNG 7 41.80	LUKE BRAIDEN 3 40.82	STEFAN ROBINSON 6 38.54	SAM SLEAP 1 37.72	GARY JONES 2 36.99	HARRY TILSLEY 4 30.44	ALEX FITZPATRICK 5 24.20	HARRY CLARKE 8 15.08	7	6	9	5	4	8	11	3	0	53
	2	MATT LASSIS 33 35.71	ALEX COX 22 35.21	JAKE ROSE 11 24.62	LEWIS DAVIES 55 15.33	RUSSELL WEIR 88 12.25				6	7	9	0	5	0	4	6	37	
Junior Men Hammer	1	MATT LASSIS 3 55.41	CALLUM WOON 6 51.48	GARY JONES 2 43.77	ALEX FITZPATRICK 5 35.22	JOE FLITCROFT 1 33.99	FRED YOUNG 7 23.52	RUSSELL WEIR 8 10.03		6	8	11	0	7	9	5	4	3	53
	2	BEN FRENCH 55 31.82	LUKE BRAIDEN 33 30.16	DAVID BOLTON 77 15.00						0	0	7	0	9	0	6	0	15	37
Junior Men Shot	1	SAM SLEAP 1 12.51	RICHARD SHUTTLEWORTH 5 12.48	FRED YOUNG 7 12.33	GARY JONES 2 10.97	LUKE BRAIDEN 3 10.60	CALLUM WOON 6 10.33	EVAN STANTON 4 7.15	KRIS EVERETT 8 3.76	11	7	6	4	9	5	8	3	0	53
	2	MATT LASSIS 33 10.53	JOE FLITCROFT 11 10.28	STAN RANDALL 66 8.67	BEN FRENCH 55 8.12	SIMON CAMPBELL 77 5.47				7	0	9	0	5	6	4	0	6	37
Sheet total										142	68	244	119	143	147	204	133	660	3060
Cumulative total										236	183	472½	217	262	280½	367	188	1750	6258

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Junior Men 4x100m relay	1	7 46.0	1 47.0	6 47.1	4 47.1	3 47.3	8 49.7			9	0	6	7	0	8	11	5	7	53
		SAM DERHAM	ADAM HARWOOD	LEON PHILLIPS	LUKE SCOTT	JACK VALERI	HARRY CLARKE												
		CALLUM BRESSINGTON	LEWIS COOPER	DECLAN LEACH	EVAN STANTON	CHRIS HEWITT	LAURENCE ACKARY												
		MATT WATSON	JON WALLACE	KENO MARIIP-GHZE	GEORGE GRANGER	MATTHEW HEWITT	ADAM NASH												
		BEN WINSTANLEY	JAKE ROSE	CALLUM WOON	MATT BAKER	MATT LASSIS	RUSSELL WEIR												
Junior Men 4x400m relay	1	7 3:31.2	3 3:35.0	6 3:36.2	4 3:38.0	1 3:41.1	8 3:41.2	5 3:42.1		6	0	9	7	4	8	11	5	3	53

Sheet total	15	0	15	14	4	16	22	10	20	212
Extras	0	0	0	0	0	0	0	0	0	0
Officials	25	35	25	35	35	35	35	25		
Cumulative total	276	218	512½	266	301	331½	424	223	1760	6364

### Match Result

Brighton & Hove	512½
Southampton	424
Havant/loW	331½
City of Portsmouth	301
Basingstoke/Andover	276
Chichester	266
The Sharks	223
Bournemouth/Poole	218