

NJL Southern Itchen Div Round:2 RESULTS
 Eastbourne, Eastbourne Park, Thu 27 May 2010

M 100m A			M 100m B		
1 Leon Phillips	HVT	11.8	1 Sam Derham	STN	12.0
2 Callum Bressington	STN	11.8	2 Joe Pybus	BTN	12.1
3 Chris Hewitt	BTN	11.9	3 Josh Kelly	U17 HVT	12.2
4 Lawrence Ackary	SRK	12.4	4 Ryan Norcross	SRK	12.7
5 Jake Rose	BSK	12.6	5 Freddy Harper	U17 PSM	13.7
6 Bradley Cook	U17 PSM	12.6	6 Bradley Hellyer	CHI	13.8
7 Evan Stanton	U17 CHI	13.2			
M 200m A			M 200m B		
1 Harry Clarke	U17 SRK	23.4	1 Callum Bressington	STN	23.8
2 Ben Winstanley	STN	23.5	2 Tom James	BSK	24.7
3 Joe Flitcroft	BSK	24.0	3 Ryan Norcross	SRK	25.9
4 Chris Hewitt	BTN	24.4	4 Evan Stanton	U17 CHI	26.6
5 Rory Myers	CHI	25.4			
6 Steven Carter	HVT	26.7			
7 Freddy Harper	U17 PSM	28.9			
M 400m A			M 400m B		
1 Jono Ketley	U17 SRK	49.8	1 Gwilym Cooper	BTN	52.1
2 Matt Dorrington	BTN	50.0	2 Simon Ninnim	STN	52.5
3 Ben Winstanley	STN	50.8	3 Rory Myers	CHI	56.4
4 Steven Carter	HVT	51.4	4 Alex Vos-Hillier	U17 SRK	58.1
5 George Grainger	CHI	52.5			
6 Joe Flitcroft	BSK	55.3			
7 Jamie Grose	U17 BMT	61.1			
M 800m A			M 800m B		
1 Adam Smith	BTN	1.55.4	1 Harry Carter	PSM	1.57.3
2 Harry Fisher	STN	1.56.2	2 Keith Algar	U17 SRK	2.05.3
3 Liam McGarrigle	BSK	1.56.7	3 David Bolton	STN	2.10.3
4 Thom Marsden	PSM	1.59.5	4 Jason Verster	U17 CHI	2.38.0
5 Chris Spinks	U17 HVT	2.02.4			
6 Kris Everett	SRK	2.08.2			
7 Ollie Pichersgill	U17 CHI	2.25.5			
M 1500m A			M 1500m B		
1 Harry Carter	PSM	4.10.8	1 Simon Campbell	U17 STN	4.25.9
2 Conor Mугan	BMT	4.12.1	2 Thom Marsden	PSM	4.29.5
3 Stephen Reid	BSK	4.15.9	3 Jamie Grose	U17 BMT	4.29.9
4 Martin Campbell	U17 STN	4.25.2			
5 Chris Woolcott	BTN	4.29.9			
M 3000m A			M 3000m B		
1 Alex Teuten	PSM	8.58.5	1 Ross Skelton	SRK	10.01.8
2 Ed Dodd	U17 SRK	9.29.6	2 Matt Dorrington	BTN	12.20.9
3 Kieran Silsby	BTN	10.05.1			
4 Paul Warn	U17 STN	11.20.9			
M 110mH A			M 110mH B		
1 Seb Roger	SRK	14.9	1 Sam Derham	STN	16.2
2 Matt Hewit	BTN	15.3			
3 Charlie Roe	CHI	16.9			
4 Justin Hunt	STN	18.9			
M 400mH A			M 400mH B		
1 George Grainger	CHI	57.1	1 Calum Rowe	U17 STN	63.8
2 Gwilym Cooper	BTN	57.7	2 Ollie Pichersgill	U17 CHI	74.3
3 Justin Hunt	STN	DISQ			
M 2000m Sc A			M 2000m Sc B		
1 Chris Bernstein	BSK	6.49.0	1 Paul Warn	U17 STN	9.05.2
2 Chris Woolcott	BTN	6.59.7			

3 Ollie Pichersgill U17 CHI 7.45.4
4 Justin Hunt STN 7.47.2

M Discus Throw A
1 Luke Braiden BTN 42.33
2 Sam Sleaf BSK 39.29
3 Seb Roger SRK 32.79
4 Charlie Roe CHI 28.72
5 Alex Fitzpatrick PSM 25.43
6 Matt Watson STN 23.50

M Hammer Throw A
1 Matt Lassis BTN 55.69
2 Alex Fitzpatrick PSM 36.61
3 Joe Flitcroft BSK 32.75
4 Jamie Moore U17 CHI 16.80
5 David Bolton STN 15.05

M High Jump A
1 Matt Sloane BMT 2.00
2 Matt Watson STN 1.95
3 Charlie Roe CHI 1.80
4 Jack O'Connor BSK 1.75
5 Joe Pybus BTN 1.54
6 Ryan Norcross SRK 1.50

M Javelin Throw A
1 Bradlee Cook U17 PSM 44.34
2 Matt Sloane BMT 40.96
3 Sam Sleaf BSK 40.22
4 Joe Pybus BTN 34.17
5 Justin Hunt STN 32.69
6 Lawrence Ackary U17 SRK 27.91
7 Joel Passmore U17 CHI 24.88

M Long Jump A
1 Seb Roger SRK 6.88
2 Leon Phillips HVT 6.30
3 Justin Hunt STN 5.89
4 Matt Dorrington BTN 5.30
5 Bradlee Cook PSM 4.63
6 Joel Passmore U17 CHI 4.57
7 Jamie Grose U17 BMT 4.13

M Pole Vault A
1 Richard Humby STN 4.20
2 Seb Roger SRK 3.80
3 Jamie Moore U17 CHI 3.65

M Shot Putt A
1 Sam Sleaf BSK 12.75
2 Josh Kelly U17 HVT 11.30
3 Matt Sloane BMT 9.96
4 Sam Tingman STN 9.40
5 Joe Pybus BTN 8.65
6 Alex Fitzpatrick PSM 7.73
7 Adam Nash U17 SRK 6.33

M Triple Jump A
1 Justin Hunt STN 11.72
2 Adam Nash U17 SRK 10.31

M Discus Throw B
1 Paddy Vermes U17 BTN 34.18
2 Tom James BSK 27.21
3 Harry Clarke U17 SRK 20.90
4 Paul Warn U17 STN 13.01
5 Jason Verster U17 CHI 12.24

M Hammer Throw B
1 Lewis Davies U17 PSM 15.55
2 Simon Ninnim STN 15.05
3 Kieran Silsby BTN 14.37

M High Jump B
1 Sam Tingman STN 1.85
2 Evan Stanton U17 CHI 1.60

M Javelin Throw B
1 Jack O'Connor BSK 34.68
2 Matt Hewit BTN 34.00
3 Matt Watson STN 32.21
4 Lewis Davies PSM 23.60

M Long Jump B
1 Callum Bressington STN 5.85
2 Josh Kelly U17 HVT 5.41
3 Matt Hewit BTN 5.24
4 Lawrence Ackary U17 SRK 5.16
5 Evan Stanton U17 CHI 4.54

M Pole Vault B
1 Charlie Roe CHI 3.00

M Shot Putt B
1 Joe Flitcroft BSK 9.95
2 Stan Randall HVT 8.75
3 Sam Derham STN 7.60
4 Kieran Silsby BTN 7.38

M Triple Jump B
1 Sam Tingman STN 10.94

W 100m A			W 100m B		
1 Amy Spencer		BMT 13.0	1 Laura Andrews	U17 CHI	13.2
2 Hollie Fudge	U17	PSM 13.0	2 Emilie Blackwell	U17 BTN	13.5
3 Hannah Ingram		SRK 13.1	3 Star Collar		SRK 13.8
4 Katie Hardcastle	U17	CHI 13.3	4 Laura Collins	U17 PSM	14.0
5 Alice Reynolds		HVT 13.8	5 Sam Birch		HVT 14.3
6 Jody Kite		BTN 13.8	6 Ellen Cranstone		STN 14.6
7 Becky Kidson	U17	STN 14.4			
W 200m A			W 200m B		
1 Hannah Ingram		SRK 26.7	1 Hollie Fudge	U17 PSM	27.8
2 Emma Buckett		BSK 26.8	2 Star Collar		SRK 28.3
3 Amy Spencer		BMT 26.8	3 Olivia Overton		CHI 29.6
4 Deanna Giddings	U17	PSM 28.1	4 Ellen Cranstone		STN 32.2
5 Jody Kite		BTN 28.3	5 Sam Birch		HVT 35.7
6 Sophie Millett		CHI 28.6			
7 Alice Reynolds		HVT 29.1			
8 Becky Kidson		STN 30.1			
W 400m A			W 400m B		
1 Melanie Young		STN 61.9	1 Deanna Giddings	U17 PSM	64.5
2 Sophie Millett		CHI 62.8	2 Rachel Noel	U17 SRK	67.0
3 Claire Netley		PSM 63.3	3 Kirsten Burley	U17 HVT	73.7
4 Aimee McCarthy		SRK 64.0	4 Alisha Parnell		STN 74.0
5 Holly Newton	U17	HVT 66.4			
W 800m A			W 800m B		
1 Jess Mackenzie		CHI 2.22.9	1 Grace Crumplin	U17 HVT	2.36.4
2 Stacie Clusker		SRK 2.25.6	2 Sophie Hunnisett	U17 SRK	2.45.8
3 Cerian Lancaster		BTN 2.28.3			
4 Chloe Campbell		PSM 2.32.8			
5 Amy Bream	U17	HVT 2.39.4			
W 1500m A			W 1500m B		
1 Cerian Lancaster		BTN 5.23.8	No competitors		
2 Emma Nicholson		CHI 5.33.1			
3 Sarah Johnson		HVT 5.42.9			
W 3000m A			W 3000m B		
1 Charlie Carter	U17	PSM 12.25.6	No competitors		
W 100mH A			W 100mH B		
1 Anya Kay		BMT 15.3	1 Amy Spencer		BMT 15.3
2 Jessica Shuttleworth		PSM 15.9			
W 400mH A			W 400mH B		
1 Jessica Shuttleworth		PSM 67.2	1 Claire Netley		PSM 70.3
2 Kirsten Burley	U17	HVT 81.3	2 Sarah Johnson		HVT 82.4
W Discus Throw A			W Discus Throw B		
1 Emma Kirk-Odunubi		BTN 31.58	1 Grace Hailstone		BTN 18.68
2 Anna Stevens		STN 29.68	2 Alice Reynolds		HVT 15.09
3 Amber Perry		PSM 24.41	3 Rachel Crook	U17	PSM 15.06
4 Sarah Osgood		HVT 22.21	4 Ellen Cranstone		STN 9.90
5 Rose O'Reilly		BMT 17.99			
W Hammer Throw A			W Hammer Throw B		
1 Sarah Osgood		HVT 33.73	1 Alisha Parnell		STN 8.18
2 Anna Stevens		STN 32.96			
3 Emma Kirk-Odunubi		BTN 22.87			
4 Rachel Crook	U17	PSM 14.25			
W High Jump A			W High Jump B		
1 Katy Lambert	U17	SRK 1.68	1=Megan Cox		BTN 1.45
2 Izzie Brown	U17	CHI 1.60	1=Sophie Millett		CHI 1.45
3 Emilie Blackwell	U17	BTN 1.50	3 Rachel Noel	U17	SRK 1.45

4 Ellen Cranstone STN 1.30

W Javelin Throw A

1 Grace Hailstone U17 BTN 40.90
2 Amber Perry PSM 30.72
3 Rose O'Reilly BMT 29.32
4 Emma Buckett BSK 28.01
5 Grace Crumplin U17 HVT 19.68
6 Anna Stevens STN 18.40
7 Emma Nicholson CHI 17.21
8 Hannah Ingram SRK 16.98

W Javelin Throw B

1 Emma Kirk-Odunubi BTN 19.10
2 Anya Kay BMT 18.56
3 Vicky Vinter U17 STN 13.44
4 Jess Mackenzie CHI 11.35
5 Amy Bream U17 HVT 9.81

W Long Jump A

1 Katie Hardcastle U17 CHI 5.50
2 Gabi Harris U17 BTN 5.01
3 Sam Birch HVT 4.12
4 Chloe Campbell PSM 4.09
5 Katy Lambert U17 SRK 4.08
6 Melanie Young STN 4.08

W Long Jump B

1 Laura Andrews U17 CHI 4.85
2 Anna-Sara Tingman STN 3.94
3 Star Collar SRK 3.73
4 Kirsten Burley U17 HVT 3.16

W Pole Vault A

1 Emilie Blackwell U17 BTN 3.31
2 Sophie Millett CHI 2.70
3 Amber Perry PSM 1.70

W Pole Vault B

No competitors

W Shot Putt A

1 Anna Stevens STN 9.65
2 Emma Buckett BSK 9.27
3 Emma Kirk-Odunubi BTN 9.00
4 Anya Kay BMT 8.41
5 Alice Reynolds HVT 7.84
6 Olivia Overton U17 CHI 7.15
7 Katy Lambert U17 SRK 6.66
8 Rachel Crook U17 PSM 4.63

W Shot Putt B

1 Grace Hailstone BTN 8.17
2 Stacie Clusker SRK 5.71
3 Alisha Parnell STN 5.33
4 Emma Nicholson CHI 4.89
5 Amy Bream U17 HVT 3.85

W Triple Jump A

1 Katie Hardcastle U17 CHI 10.88
2 Gabi Harris U17 BTN 10.40
3 Anna-Sara Tingman STN 8.55
4 Amber Perry PSM 7.97

W Triple Jump B

1 Megan Cox BTN 9.28
2 Vicky Vinter U17 STN 8.03

W 4x100m Relay

1 SRK 52.3 1 Katy Lambert
3 Aimee McCarthy
2 CHI 52.4 1 Laura Andrews
3 Jess Mackenzie
3 PSM 52.9 1 Laura Collins
3 Deanna Giddings
4 BTN 54.0 1 Jody Kite
3 Gabi Harris
5 STN 55.0 1 Becky Kidson
3 Melanie Young
6 HVT 55.8 1 Alice Reynolds
3 Kirsten Burley

U17 2 Hannah Ingram
4 Star Collar
U17 2 Olivia Overton
4 Katie Hardcastle
U17 2 Hollie Fudge
U17 4 Chloe Campbell
2 Emilie Blackwell
U17 4 Cerian Lancaster
U17 2 Ellen Cranstone
4 Vicky Vinter
2 Sam Birch
U17 4 Holly Newton

W 4x400m Relay

1 CHI 4.20.4 1 Sophie Millett
3 Izzie Brown
2 PSM 4.23.6 1 Laura Collins
3 Deanna Giddings
3 SRK 4.29.2 1 Rachel Noel
3 Stacie Clusker
4 HVT 4.45.7 1 Amy Bream
3 Holly Newton
5 STN 4.51.3 1 Melanie Young
3 Becky Kidson

2 Jess Mackenzie
U17 4 Emma Nicholson
U17 2 Chloe Campbell
U17 4 Jessica Shuttleworth
U17 2 Sophie Hunnisett
4 Hannah Ingram
U17 2 Grace Crumplin
U17 4 Sarah Johnson
2 Alisha Parnell
U17 4 Anna-Sara Tingman

M 4x100m Relay

1	BTN 45.2	1 Joe Pybus		2	Matt Hewit
		3 Chris Hewitt		4	Matt Dorrington
2	STN 45.3	1 Callum Bressington		2	Sam Derham
		3 Sam Tingman		4	Matt Watson
3	HVT 46.9	1 Josh Kelly	U17	2	Leon Phillips
		3 Steven Carter		4	Stan Randall
4	CHI 49.5	1 Evan Stanton	U17	2	George Grainger
		3 Rory Myers		4	Jason Verster
5	PSM 56.5	1 Alex Fitzpatrick		2	Lewis Davies
		3 Alex Teuten		4	Freddy Harper
6	SRK DISQ				

M 4x400m Relay

1	STN 3.29.1	1 Ben Winstanley		2	Simon Ninnim
		3 Aaron Bennett		4	David Bolton
2	SRK 3.37.4	1 Kris Everett		2	Harry Clarke
		3 Keith Algar	U17	4	Jono Ketley
3	BTN 3.40.0	1 Gwilym Cooper		2	Matt Dorrington
		3 Matt Hewit		4	Kieran Silsby
4	CHI 3.44.1	1 George Grainger		2	Jamie Moore
		3 Charlie Roe		4	Rory Myers
5	BSK 3.45.0	1 Tom James		2	Joe Flitcroft
		3 Stephen Reid		4	Liam McGarrigle

PRIOR STANDINGS		MATCH RESULT		LEAGUE STANDINGS			
	Event	Lge		Event	Lge	Event	Lge
1	BTN 525.5	8	1	STN 436	8	1 Brighton & Hove City AC	907.5 15
2	STN 453	7	2	BTN 382	7	2 Southampton AC	889 15
3	HVT 331.5	6	3	CHI 337	6	3 Chichester A.C.	614 9
4	PSM 301	5	4	SRK 316	5	4 City of Portsmouth AC	597 9
5	BSK 285	4	5	PSM 296	4	5 Havant AC / I.O.W	570.5 9
6	CHI 277	3	6	HVT 239	3	6 The Sharks	539 7
7	SRK 223	2	7	BSK 177	2	7 Basingstoke & Andover	462 6
8	BMT 213	1	8	BMT 143	1	8 Bournemouth/Poole Runners	356 2

Athlete of the Match: Seb Rodger The Sharks Long Jump 6.88m
Grace Hailstone Brighton & Hove Javelin 40.90m

General Comment: No competitors W 1500m B, No competitors W Pole Vault B,

Note(s)

BSK Includes + 25pts,
BMT Includes + 25pts,
BTN Includes + 20pts,
CHI Includes + 35pts,
PSM Includes + 15pts,
HVT Includes + 25pts,
STN Includes + 35pts,
SRK Includes + 35pts,

GUEST RESULTS

M 100m

1 Adam Nash
2 George Robinson

U17 SRK 13.1
U17 SRK 13.2

M 400m

1 Sean Adams
2 Freddie Cook

U17 STN 51.5
U17 PSM 65.4

W Long Jump

1 Isobel Brown
2 Vicki Vintner

U17 CHI 4.59NWI
U17 STN 4.45NWI

M 800m

1 Aaron Bennett

STN 1.55.9

M Long Jump

1 Adam Nash

U17 SRK 5.17NWI

W 200m

1 Chloe Campbell

PSM 28.6

M 200m

1 Calum Rowe

U17 STN 24.8

Team	BSK	BMT	BTN	CHI	PSM	HVT	STN	SRK	POINTS				
									Used	Waste	Tot		
No's	1 11	2 22	3 33	4 44	5 55	6 66	7 77	8 88					

M 100m	A	6	0	8	4	5	11	9	7	50	3	53	
	B	0	0	7	3	4	6	9	5	34	3	37	
Cumulative		6	0	15	7	9	17	18	12	84	6	90	

M 200m	A	8	0	7	6	4	5	9	11	50	3	53	
	B	7	0	0	5	0	0	9	6	27	10	37	
Cumulative		21	0	22	18	13	22	36	29	161	19	180	

M 400m	A	5	4	9	6	0	7	8	11	50	3	53	
	B	0	0	9	6	0	0	7	5	27	10	37	
Cumulative		26	4	40	30	13	29	51	45	238	32	270	

M 800m	A	8	0	11	4	7	6	9	5	50	3	53	
	B	0	0	0	5	9	0	6	7	27	10	37	
Cumulative		34	4	51	39	29	35	66	57	315	45	360	

M 1500m	A	8	9	6	0	11	0	7	0	41	12	53	
	B	0	6	0	0	7	0	9	0	22	15	37	
Cumulative		42	19	57	39	47	35	82	57	378	72	450	

M 3000m	A	0	0	8	0	11	0	7	9	35	18	53	
	B	0	0	7	0	0	0	0	9	16	21	37	
Cumulative		42	19	72	39	58	35	89	75	429	111	540	

M 110mH	A	0	0	9	8	0	0	7	11	35	18	53	
	B	0	0	0	0	0	0	9	0	9	28	37	
Cumulative		42	19	81	47	58	35	105	86	473	157	630	

M 400mH	A	0	0	9	11	0	0	0	0	20	33	53	
	B	0	0	0	7	0	0	9	0	16	21	37	
Cumulative		42	19	90	65	58	35	114	86	509	211	720	

M 2000Sc	A	11	0	9	8	0	0	7	0	35	18	53	
	B	0	0	0	0	0	0	9	0	9	28	37	
Cumulative		53	19	99	73	58	35	130	86	553	257	810	

M DT	A	9	0	11	7	6	0	5	8	46	7	53	
	B	7	0	9	4	0	0	5	6	31	6	37	
Cumulative		69	19	119	84	64	35	140	100	630	270	900	

M HT	A	8	0	11	7	9	0	6	0	41	12	53	
	B	0	0	6	0	9	0	7	0	22	15	37	
Cumulative		77	19	136	91	82	35	153	100	693	297	990	

Team	BSK	BMT	BTN	CHI	PSM	HVT	STN	SRK	POINTS			
									Used	Waste	Tot	
No's	1 11	2 22	3 33	4 44	5 55	6 66	7 77	8 88				

M HJ	A	7	11	6	8	0	0	9	5	46	7	53
	B	0	0	0	7	0	0	9	0	16	21	37
Cumulative		84	30	142	106	82	35	171	105	755	325	1080

M JT	A	8	9	7	4	11	0	6	5	50	3	53
	B	9	0	7	0	5	0	6	0	27	10	37
Cumulative		101	39	156	110	98	35	183	110	832	338	1170

M LJ	A	0	4	7	5	6	9	8	11	50	3	53
	B	0	0	6	4	0	7	9	5	31	6	37
Cumulative		101	43	169	119	104	51	200	126	913	347	1260

M PV	A	0	0	0	8	0	0	11	9	28	25	53
	B	0	0	0	9	0	0	0	0	9	28	37
Cumulative		101	43	169	136	104	51	211	135	950	400	1350

M SP	A	11	8	6	0	5	9	7	4	50	3	53
	B	9	0	5	0	0	7	6	0	27	10	37
Cumulative		121	51	180	136	109	67	224	139	1027	413	1440

M TJ	A	0	0	0	0	0	0	11	9	20	33	53
	B	0	0	0	0	0	0	9	0	9	28	37
Cumulative		121	51	180	136	109	67	244	148	1056	474	1530

W 100m	A	0	11	5	7	9	6	4	8	50	3	53
	B	0	0	7	9	5	4	3	6	34	3	37
Cumulative		121	62	192	152	123	77	251	162	1140	480	1620

W 200m	A	9	8	6	5	7	4	3	11	53	0	53
	B	0	0	0	6	9	4	5	7	31	6	37
Cumulative		130	70	198	163	139	85	259	180	1224	486	1710

W 400m	A	0	0	0	9	8	6	11	7	41	12	53
	B	0	0	0	0	9	6	5	7	27	10	37
Cumulative		130	70	198	172	156	97	275	194	1292	508	1800

W 800m	A	0	0	8	11	7	6	0	9	41	12	53
	B	0	0	0	0	0	9	0	7	16	21	37
Cumulative		130	70	206	183	163	112	275	210	1349	541	1890

W 1500m	A	0	0	11	9	0	8	0	0	28	25	53
	B	0	0	0	0	0	0	0	0	0	37	37
Cumulative		130	70	217	192	163	120	275	210	1377	603	1980

W 3000m	A	0	0	0	0	11	0	0	0	11	42	53
	B	0	0	0	0	0	0	0	0	0	37	37
Cumulative		130	70	217	192	174	120	275	210	1388	682	2070

Team	BSK	BMT	BTN	CHI	PSM	HVT	STN	SRK	POINTS			
									Used	Waste	Tot	
No's	1 11	2 22	3 33	4 44	5 55	6 66	7 77	8 88	Used	Waste	Tot	

W 100mH	A	0	11	0	0	9	0	0	0	20	33	53
	B	0	9	0	0	0	0	0	0	9	28	37
Cumulative		130	90	217	192	183	120	275	210	1417	743	2160

W 400mH	A	0	0	0	0	11	9	0	0	20	33	53
	B	0	0	0	0	9	7	0	0	16	21	37
Cumulative		130	90	217	192	203	136	275	210	1453	797	2250

W 1500Sc	A	0	0	0	0	0	0	0	0	0	0	0
	B	0	0	0	0	0	0	0	0	0	0	0
Cumulative		130	90	217	192	203	136	275	210	1453	797	2250

W DT	A	0	6	11	0	8	7	9	0	41	12	53
	B	0	0	9	0	6	7	5	0	27	10	37
Cumulative		130	96	237	192	217	150	289	210	1521	819	2340

W HT	A	0	0	8	0	7	11	9	0	35	18	53
	B	0	0	0	0	0	0	9	0	9	28	37
Cumulative		130	96	245	192	224	161	307	210	1565	865	2430

W HJ	A	0	0	8	9	0	0	7	11	35	18	53
	B	0	0	8	8	0	0	0	6	22	15	37
Cumulative		130	96	261	209	224	161	314	227	1622	898	2520

W JT	A	7	8	11	4	9	6	5	3	53	0	53
	B	0	7	9	5	0	4	6	0	31	6	37
Cumulative		137	111	281	218	233	171	325	230	1706	904	2610

W LJ	A	0	0	9	11	7	8	5	6	46	7	53
	B	0	0	0	9	0	5	7	6	27	10	37
Cumulative		137	111	290	238	240	184	337	242	1779	921	2700

W PV	A	0	0	11	9	8	0	0	0	28	25	53
	B	0	0	0	0	0	0	0	0	0	37	37
Cumulative		137	111	301	247	248	184	337	242	1807	983	2790

W SP	A	9	7	8	5	3	6	11	4	53	0	53
	B	0	0	9	5	0	4	6	7	31	6	37
Cumulative		146	118	318	257	251	194	354	253	1891	989	2880

W TJ	A	0	0	9	11	7	0	8	0	35	18	53
	B	0	0	9	0	0	0	7	0	16	21	37
Cumulative		146	118	336	268	258	194	369	253	1942	1028	2970

W 4x1		0	0	7	9	8	5	6	11	46	7	53
Cumulative		146	118	343	277	266	199	375	264	1988	1035	3023

W 4x4		0	0	0	11	9	7	6	8	41	12	53
Cumulative		146	118	343	288	275	206	381	272	2029	1047	3076

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|      Team| BSK | BMT | BTN | CHI | PSM | HVT | STN | SRK |      POINTS      |
|      No's| 1 11| 2 22| 3 33| 4 44| 5 55| 6 66| 7 77| 8 88|Used Waste Tot|
|-----+-----+-----+-----+-----+-----+-----+-----+-----+-----+
|M 4x1    |    0|    0|   11|    7|    6|    8|    9|    0|  41|  12|  53|
|Cumulative| 146|  118|  354|  295|  281|  214|  390|  272|2070|1059|3129|
|-----+-----+-----+-----+-----+-----+-----+-----+-----+
|M 4x4    |    6|    0|    8|    7|    0|    0|   11|    9|  41|  12|  53|
|Cumulative| 152|  118|  362|  302|  281|  214|  401|  281|2111|1071|3182|
|-----+-----+-----+-----+-----+-----+-----+-----+-----+
|      Add|   25|   25|   20|   35|   15|   25|   35|   35|    0|    0|    0|
|subtract|    0|    0|    0|    0|    0|    0|    0|    0|    0|    0|    0|
|Cumulative| 177|  143|  382|  337|  296|  239|  436|  316|2111|1071|3182|
|-----+-----+-----+-----+-----+-----+-----+-----+-----+
|      TOTALS| 177|  143|  382|  337|  296|  239|  436|  316|2111|1071|3182|
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Pos	Team	Points	Add	Sub	Total
1	Southampton AC	401	35	0	436
2	Brighton & Hove City AC	362	20	0	382
3	Chichester A.C.	302	35	0	337
4	The Sharks	281	35	0	316
5	City of Portsmouth AC	281	15	0	296
6	Havant AC / I.O.W	214	25	0	239
7	Basingstoke & Andover	152	25	0	177
8	Bournemouth/Poole Runners	118	25	0	143

Used + add - sub = total	2111	215	0	2326
Unused points	1071			1071
(Used+unused)+add-sub=total	3182	215	0	3397

Team	1st	2nd	3rd	4th	5th	6th	7th	8th	1st	2nd	3rd	4th	5th	6th	7th	8th
STN A	5	7	3	6	4	3	1	1	B 10	4	5	4	0	1	0	0
BTN A	8	6	7	4	4	1	0	0	B 7	4	2	1	0	0	0	0
CHI A	5	5	4	5	2	3	4	0	B 4	2	2	4	2	1	0	0
SRK A	7	5	3	2	1	3	2	1	B 1	5	5	3	0	0	0	0
PSM A	5	5	4	6	3	2	1	1	B 5	1	1	2	1	0	0	0
HVT A	2	3	3	3	6	2	1	0	B 1	4	2	1	4	0	0	0
BSK A	2	3	5	2	2	1	0	0	B 2	2	0	0	0	0	0	0
BMT A	3	2	3	1	1	0	2	0	B 1	1	1	0	0	0	0	0

Men	Event	Women	Event
1 Southampton AC	264	1 City of Portsmouth AC	166
2 Brighton & Hove City AC	199	2 Brighton & Hove City AC	163
3 The Sharks	157	3 Chichester A.C.	152
4 Chichester A.C.	150	4 Havant AC / I.O.W	139
5 Basingstoke & Andover	127	5 Southampton AC	137
6 City of Portsmouth AC	115	6 The Sharks	124
7 Havant AC / I.O.W	75	7 Bournemouth/Poole Runners	67
8 Bournemouth/Poole Runners	51	8 Basingstoke & Andover	25