

NJL Southern Itchen Div Round:1 RESULTS  
 Portsmouth, Mountbatten Centre, Sun 29 APRIL 2012

M 100m A			M 100m B		
1	Nathan Samuyiwa	U17 G&G 11.7	1	Michael Jansen	G&G 12.4
2	Ronnie Young	STN 11.9	2	Will Hodgetts	STN 12.7
3	Leslie Parkes	U17 HVT 12.4	3	Nathan Adu	U17 BTN 12.8
4	Toby Rottner	BTN 12.5	4	George Humphrey	U17 CHI 14.2
5	Harvey Darby	U17 BMT 12.5	5	Zachery Luke	U17 HVT 14.3
6	Jake Hurst	U17 CHI 14.5			
M 200m A			M 200m B		
1	Ronnie Young	STN 23.1	1	Michael Jansen	G&G 25.0
2	Nathan Samuyiwa	U17 G&G 23.7	2	Callum Rowe	STN 25.2
3	Leslie Parkes	U17 HVT 25.0	3	Nathan Adu	U17 BTN 26.3
4	Harvey Darby	U17 BMT 25.1	4	Zachery Luke	U17 HVT 30.8
5	Toby Rottner	BTN 25.3			
6	George Grainger	CHI 28.8			
M 400m A			M 400m B		
1	Ben Winstanley	STN 51.6	1	Jack Spencer	U17 STN 56.7
2	Ben Mills	PSM 55.3	2	Ian Crowe-Wright	BTN 57.4
3	George Grainger	CHI 57.0	3	Ben Role	U17 PSM 62.3
4	Josh Freed	U17 BTN 58.6	4	Lewis Garland	CHI 66.2
5	Connah Newton	U17 HVT 64.5			
M 800m A			M 800m B		
1	Chris Spinks	HVT 2.01.3	1	Chris Zahn	U17 G&G 2.09.1
2	Toby Borthwick	G&G 2.02.6	2	Declan Toth	U17 BMT 2.12.8
3	Alex Ruggles	U17 STN 2.07.3	3	David Fisher	U17 STN 2.15.2
4	Josh Woods	U17 BTN 2.08.6	4	Lewis Garland	CHI 2.17.0
5	Harry Horton-Hill	U17 BMT 2.10.0	5	Connah Newton	U17 HVT 2.26.5
6	Rory Bevis	U17 PSM 2.10.4	6	Martin Brooks	U17 BTN 2.36.1
7	Dan Eeles	U17 CHI 2.11.7			
M 1500m A			M 1500m B		
1	Dudley Mason	STN 4.19.9	1	Martin Campbell	STN 4.21.4
2	Tom Newnham	U17 HVT 4.20.7	2	Harry Leleu	CHI 4.38.0
3	James McKenzie	U17 CHI 4.23.3	3	James Oliver	U17 BTN 4.40.7
4	Josh Woods	U17 BTN 4.27.4	4	Billy Hancock	U17 HVT 5.03.9
5	Harry Horton-Hill	U17 BMT 4.40.2			
M 3000m A			M 3000m B		
1	Matt Gordon	HVT 9.32.9	1	Martin Brooks	U17 BTN 10.17.0
2	Harry Welen	U17 CHI 9.38.8	2	Billy Hancock	U17 HVT 10.23.5
3	Niall Holt	U17 STN 9.41.3	3	Amarpal Gill	STN 10.24.5
4	Brendan Kirkton	U17 BMT 9.43.5	4	Joe Arundel	U17 BMT 10.46.4
5	Charlie Noakes	BTN 9.48.5	5	Callum Adams	CHI 11.28.6
M 110mH A			M 110mH B		
1	Sean Adams	STN 16.7	1	Callum Rowe	STN 18.7
2	George Grainger	CHI 19.2	2	Jamie Moore	CHI 19.2
M 400mH A			M 400mH B		
1	Sean Adams	STN 56.6	1	Josh Freed	U17 BTN 74.6
2	George Grainger	CHI 64.8	2	Jake Hurst	U17 CHI 79.1
3	Ian Crowe-Wright	BTN 70.7			
M 2000m SC A			M 2000m SC B		
1	Ian Crowe-Wright	BTN 6.44.7	1	Harvey Noakes	BTN 7.34.3
2	Tom Newnham	U17 HVT 6.46.7	2	Paul Warne	STN 8.32.4
3	Declan Toth	U17 BMT 6.56.4			
4	Niall Holt	STN 7.01.6			
M Discus Throw A					
1	Gary Jones	STN 43.74 (41.15, 39.20, 41.90, 41.53,		NT, 43.74)	

2 Michael Muckelt	PSM	31.50	(29.07,	NT,	31.50)				
3 Josh Kelly	HVT	26.82	(21.46,	21.82,	26.82)				
4 George Humphrey	CHI	20.79	(18.89,	20.79,	NT)				
5 Nathan Adu	U17 BTN	19.88	(19.88,	-,	-)				
M Discus Throw B									
1 Daniel Avery	STN	33.01	(24.22,	29.90,	33.01,	NT,	29.69,	NT)	
2 Jordan Carter	PSM	29.91	(	NT,	23.28,	29.91)			
3 Jake Hurst	U17 CHI	15.19	(15.19,	NT,	14.55)				
4 Theo Donegan	U17 BTN	12.75	(	NT,	12.75,	NT)			
M Hammer Throw A									
1 Daniel Avery	STN	55.63	(55.63,	NT,	51.59,	NT,	NT,	NT)	
2 Craig Rivard	CHI	22.03	(	NT,	22.03,	-)			
3 Theo Donegan	U17 BTN	12.70	(	7.80,	12.70,	NT)			
4 Alex Fitzpatrick	PSM	DNS							
M Hammer Throw B									
1 Gary Jones	STN	48.39	(47.29,	48.11,	48.39,	NT,	48.19,	47.13)	
2 Lewis Bertrand-Shellon	BTN	9.65	(	9.65,	NT,	-)			
3 Callum Adams	CHI	9.37	(	9.37,	5.90,	-)			
M High Jump A									
1 Jamie Moore	CHI	1.65	(	1.55o,	1.60o,	1.65o,	1.70xxx)		
2 Jamie Savage	U17 BTN	1.65	(	1.55xo,	1.60o,	1.65o,	1.70xxx)		
M High Jump B									
1 Lewis Bertrand-Shellon	BTN	NOHGT	(	1.50xxx)					
M Javelin Throw A									
1 Bryn Garrish	U17 BTN	44.77	(41.06,	39.49,	42.46,	38.54,	42.02,	44.77)	
2 Michael Muckelt	PSM	43.50	(40.08,	NT,	NT,	43.50,	NT,	NT)	
3 Josh Kelly	U17 HVT	39.05	(36.22,	36.66,	36.32,	39.05,	35.88,	35.30)	
4 Daniel Avery	STN	37.10	(32.73,	37.10,	31.32)				
5 Craig Rivard	CHI	34.15	(32.05,	NT,	34.15)				
6 Toby Borthwick	G&G	29.19	(	-,	NT,	29.19)			
7 Brendan Kirkton	U17 BMT	DNS							
M Javelin Throw B									
1 Jordan Carter	PSM	39.58	(39.58,	37.22,	36.46,	NT,	NT,	36.29)	
2 Jamie Moore	CHI	31.00	(31.00,	27.25,	26.07)				
3 Lewis Bertrand-Shellon	BTN	24.65	(24.39,	23.03,	24.65)				
4 Declan Toth	U17 BMT	DNS							
M Long Jump A									
1 Jamie Moore	CHI	5.95	(	5.76,	5.95,	5.76,	5.72,	5.79,	5.92)
2 Leslie Parkes	U17 HVT	5.78	(	5.78,	5.75,	5.50,	NJ,	NJ,	NJ)
3 Jamie Savage	U17 BTN	5.68	(	5.24,	5.61,	5.68)			
M Long Jump B									
1 Bryn Garrish	U17 BTN	4.74	(	4.74,	NJ,	NJ)			
2 Dan Eeles	U17 CHI	4.65	(	4.28,	4.29,	4.65)			
3 Zachery Luke	U17 HVT	3.28	(	3.26,	3.20,	3.28)			
M Pole Vault A									
1 Sam Bass-Cooper	U17 STN	3.60	(	3.60xo,	3.75xxx)				
2 Tom Farres	U17 PSM	2.90	(	2.60o,	2.90xo,	3.05xxx)			
3 Lewis Bertrand-Shellon	BTN	2.00	(	2.00xo,	2.45xxx)				
4 Jamie Moore	CHI	NOHGT	(	3.40xxx)					
M Pole Vault B									
1 Luke Hodgetts	U17 STN	3.40	(	3.40o,	3.50xxx)				
2 Andrew Simcox	BTN	DNS							

M Shot Putt A  
 1 Gary Jones STN 12.80 (12.56, 12.55, NP, 12.80, 12.59, NP)  
 2 Josh Kelly U17 HVT 12.02 ( NP, 11.52, 12.02, NP, NP, 11.25)  
 3 Jordan Carter PSM 10.85 (10.85, NP, 10.35, NP, 10.62, NP)  
 4 Bryn Garrish U17 BTN 9.07 ( 8.28, 8.94, 9.07)  
 5 George Humphrey CHI 8.66 ( - , 7.63, 8.66)

M Shot Putt B  
 1 Henry Ridgers STN 12.71 (11.57, 12.50, 12.71, 12.05, 12.13, 12.10)  
 2 Michael Muckelt PSM 8.87 ( 8.87, NP, 8.13)  
 3 Harvey Noakes BTN 5.43 ( 5.43, 5.05, NP)  
 4 Craig Rivard CHI DNSCR ( - , - , NP)

M Triple Jump A  
 1 Michael Muckelt PSM 11.40 (11.40, 11.00, 11.35)  
 2 Harvey Darby U17 BMT 11.13 ( - , 11.13, 10.77)  
 3 Jamie Savage U17 BTN 10.82 ( NJ, 10.82, -)  
 4 Jake Hurst U17 CHI 9.33 ( 8.30, 9.17, 9.33)

M Triple Jump B  
 1 Jordan Carter PSM 10.47 ( NJ, 10.43, 10.47)  
 2 Callum Adams CHI 8.73 ( 8.20, 8.52, 8.73)  
 3 Lewis Bertrand-Shellon BTN 8.41 ( 8.10, 8.41, NJ)

W 100m A		W 100m B	
1 Chantal West	BTN 14.0	1 Imogen Levy	U17 BTN 14.2
2 Alex Fryday	U17 CHI 14.0	2 Susanne Collins	STN 14.8
3 Joanne Bottell	STN 14.0	3 Abi Humphrey	U17 CHI 15.7
4 Deanna Giddings	PSM 14.3	4 Ashley Loveman	U17 HVT 16.7
5 Kirsten Burley	HVT 16.2		

W 200m A		W 200m B	
1 Alex Fryday	U17 CHI 28.5	1 Zoe Carter	U17 STN 28.1
2 Joanne Bottell	STN 28.6	2 Ashley Loveman	U17 HVT 34.0
3 Katie Urquhart	BTN 29.3		
4 Georgie Parks	U17 HVT 34.0		

W 400m A		W 400m B	
1 Steffi Paraskevas	U17 BTN 65.7	1 Chloe Knight	U17 HVT 70.2
2 Daena Bennett	STN 66.2	2 Melissa Donaldson	BTN 79.0
3 Beth Garland	CHI 67.6		
4 Sarah Burbury	U17 HVT 69.0		

W 800m A		W 800m B	
1 Beth Garland	CHI 2.31.4	1 Lauren Bourne	BTN 2.29.8
2 Caitlin Steward	U17 STN 2.31.9	2 Alice Rourke	U17 HVT 2.56.7
3 Steffi Paraskevas	U17 BTN 2.33.8		
4 Georgie Lowery	U17 HVT 2.45.0		

W 1500m A		W 1500m B	
1 Emma Dixon	BTN 4.47.7	1 Angel Colins	BTN 5.19.8
2 Carla Plowden-Roberts	U17 HVT 4.50.4	2 Emma Maynard	U17 CHI 5.33.1
3 Lauren McCarthy	U17 PSM 5.16.4	3 Amy Durrant	U17 HVT 6.26.1
4 Georgina Warner	U17 CHI 5.22.7		

W 3000m A		W 3000m B	
1 Lucy Thraves	CHI 11.41.1	1 Emma Maynard	U17 CHI 12.58.6
2 Esther Lute-Davies	U17 BTN 11.45.1		
3 Kaya Simpson	U17 HVT 11.50.5		

W 100mH A		W 100mH B	
1 Megan Fry	STN 17.3	1 Nina Bassham	BTN 18.5
2 Chantal West	BTN 17.9		

W 400mH A		W 400mH B		
1 Holly Turner	U17	BTN 73.3	1 Lucy Ellis	U17 CHI 83.7
2 Laura Seaman		STN 77.2		
3 Beth Garland		CHI 107.8		
W 1500m Sc A		W 1500m Sc B		
1 Rachel Titherage		BTN 6.01.0	1	CHI 6.26.6
2 Amy Bream		HVT 6.01.0	2 Kirsten Burley	HVT 6.53.4
3 Lucy Ellis	U17	CHI 6.13.4		
4 Helen Jones	U17	STN 6.39.6		
W Discus Throw A				
1 Phoebe Dowson		BMT 47.32	(46.29, 47.32, 46.89, 45.72,	NT, 45.16)
2 Freya Jones		STN 33.38	( NT, 33.38, NT, NT,	32.69, NT)
3 Isabelle Adams	U17	BTN 28.84	(22.52, 20.97, 22.18,	NT, NT, 28.84)
4 Isobel Brown		CHI 15.81	(14.98, 15.81, RTD)	
5 Wallis Canning	U17	HVT 15.17	(11.80, 15.17, 13.27)	
W Discus Throw B				
1 Zoe Carter		STN 15.72	(10.46, 11.63, 15.72)	
2 Nicola Partridge	U17	CHI 13.46	(13.46, 12.92, NT)	
3 Amy Bream		HVT DNS		
4 Keira Beck	U17	BTN DNSCR	( NT, NT, NT)	
W Hammer Throw A				
1 Wallis Canning	U17	HVT 20.85	(20.85, NT, NT)	
2 Keira Beck	U17	BTN 18.03	(18.03, 16.11, 16.22)	
3 Nicola Partridge	U17	CHI 15.96	(13.87, 15.63, 15.96)	
W Hammer Throw B				
1 Isabelle Adams		BTN 17.58	(16.09, 17.58, 16.28)	
2 Abi Humphrey	U17	CHI 13.48	(13.48, -, 12.33)	
W High Jump A				
1 Charlotte Skeggs		HVT 1.50	(1.40o,1.45o,1.50o,1.55xxx)	
2 Chantal West		BTN 1.45	(1.35o,1.40o,1.45o,1.50xxx)	
3 Lottie Lord		STN 1.35	(1.30o,1.35o,1.40xxx)	
4 Lucy Ellis	U17	CHI 1.35	(1.30xo,1.35xxo,1.40xxx)	
W High Jump B				
1 Alice Rourke	U17	HVT 1.40	(1.30o,1.35o,1.40o,1.45xxx)	
2 Melissa Donaldson		BTN 1.30	(1.30o,1.35xxx)	
3 Isobel Brown		CHI DNS		
4 Danielle Scott	U17	STN DNS		
W Javelin Throw A				
1 Freya Jones		STN 47.70	(42.99, NT, 43.70, NT,	NT, 47.70)
2 Keira Beck	U17	BTN 27.74	(27.74, 24.20, NT, 26.75,	NT, NT)
3 Katrina White		BMT 20.89	(19.43, 20.42, 20.89)	
4 Katie Hall	U17	CHI 16.22	(16.22, NT, NT)	
5 Grace Crumplin		HVT 14.60	(14.60, NT, NT)	
W Javelin Throw B				
1 Poppy Barker		STN 42.84	(35.66, 36.66, 36.46, 39.30,	40.65, 42.84)
2 Nina Bassham	U17	BTN 20.67	( NT, NT, 20.67)	
3 Abi Humphrey	U17	CHI 14.82	(11.76, 14.82, 13.87)	
4 Georgie Parks	U17	HVT DNSCR	( NT, NT, NT)	
W Long Jump A				
1 Isobel Brown		CHI 5.20	( 4.62, 5.20, 4.86, 5.19,	NJ, 5.16)
2 Katrina White		BMT 5.04	( 4.86, 5.04, 4.77, 4.85,	4.99, 4.70)
3 Anna Short	U17	BTN 5.04	( NJ, 5.04, NJ, 4.96,	4.88, 4.76)
4 Megan Fry		STN 4.61	( 4.58, 4.56, 4.32, 4.61,	4.42, 4.57)

W Long Jump B  
 1 Imogen Levy U17 BTN 4.59 ( 4.28, 4.54, 4.46, 4.50, 4.59, 4.33)  
 2 Alex Fryday U17 CHI 4.57 ( 4.38, 4.57, 4.02, 4.37, -, -)  
 3 Carla Bennett U17 BMT 4.51 ( 4.32, 4.42, 4.51, -, -, -)  
 4 Joanne Bottell STN 4.46 ( 4.20, 4.46, -)

W Pole Vault A  
 1 Danielle Scott U17 STN 2.75 (2.60xo,2.75o,2.90xxx)  
 2 Anne-Lise Arnold BTN 2.00 (1.70o,1.85o,2.00xo,2.10xxrtd)

W Pole Vault B  
 1 Holly Turner U17 BTN 1.85 (1.85o,2.00rtd)

W Shot Putt A  
 1 Nina Bassham BTN 9.65 ( 8.62, 8.97, 8.86, 8.55, 9.36, 9.65)  
 2 Isobel Brown CHI 9.16 ( 9.16, 9.12, 8.49, 8.39, -, -)  
 3 Wallis Canning U17 HVT 6.83 ( 6.83, 6.70, 6.62)  
 4 Calla Bennett U17 BMT 6.38 ( 6.38, -, -)  
 5 Joanne Bottell STN 5.95 ( 5.95, -, -)

W Shot Putt B  
 1 Isabelle Adams U17 BTN 8.79 ( 8.79, 8.57, 8.50, NP, 8.38, 8.67)  
 2 Nicola Partridge U17 CHI 6.69 ( 6.30, 6.08, 6.69)  
 3 Georgie Parks U17 HVT 6.48 ( 6.48, 6.17, 6.13)  
 4 Katrina White BMT 3.71 ( 3.71, -, -)

W Triple Jump A  
 1 Anna Short U17 BTN 10.50 ( 9.89, 9.81, 9.86, 10.50, 9.98, 10.19)  
 2 Katrina White BMT 10.46 (10.26, 10.35, 10.46, 10.19, 10.12, NJ)  
 3 Katie Hall U17 CHI 8.48 ( 7.85, 7.98, 8.48)  
 4 Grace Crumplin HVT 8.21 ( 8.21, -, -)  
 5 Lottie Lord STN DNS

W Triple Jump B  
 1 Carla Bennett U17 BMT 8.88 ( 8.67, 8.88, 8.84)  
 2 Melissa Donaldson BTN 8.73 ( NJ, 8.45, 8.73)  
 3 Georgina Warner U17 CHI 7.23 ( 7.23, -, -)

W 4x100m Relay  
 1 BTN 52.8 1 Imogen Levy U17 2 Katie Urquhart  
 3 Anna Short U17 4 Anne-Lise Arnold  
 2 STN 53.1 1 Joanne Bottell 2 Juanita Jordan  
 3 Susanne Collins 4 Megan Fry  
 3 CHI 55.8 1 Alex Fryday U17 2 Isobel Brown  
 3 Katie Hall U17 4 Abi Humphrey  
 4 HVT 60.4 1 Georgie Lowery U17 2 Ashley Loveman  
 3 Chloe Knight U17 4 Georgie Parks

W 4x400m Relay  
 1 STN 4.22.7 1 Danielle Scott U17 2 Daena Bennett  
 3 Laura Seaman 4 Zoe Carter  
 2 BTN 4.35.4 1 Holly Turner U17 2 Steffi Paraskevas  
 3 Chantal West 4 Melissa Donaldson  
 3 HVT 4.39.8 1 Amy Bream 2 Kirsten Burley  
 3 Grace Crumplin 4 Carla Plowden-Roberts  
 4 CHI 4.42.2 1 Lucy Thraves 2 Georgina Warner  
 3 Emma Maynard U17 4 Lucy Ellis

M 4x100m Relay  
 1 BTN 47.6 1 Jamie Savage U17 2 Nathan Adu  
 3 Bryn Garrish U17 4 Toby Rottner  
 2 STN 48.2 1 Will Hodgetts 2 Luke Hodgetts  
 3 Callum Rowe 4 Sam Bass-Cooper  
 3 CHI 52.4 1 Jake Hurst U17 2 Craig Rivard  
 3 George Humphrey U17 4 Harry Welen  
 4 HVT DISQ

M 4x400m Relay

1 STN 3.25.6	1 Ben Winstanley		2 Sean Adams
	3 Dudley Mason		4 Ronnie Young
2 HVT 3.47.7	1 Chris Spinks		2 Connah Newton
	3 Matt Gordon		4 Tom Newnham
3 BMT 3.57.1	1 Declan Toth	U17	2 Harvey Darby
	3 Harry Horton-Hill	U17	4 Brendan Kirkton
4 BTN 3.57.4	1 Josh Freed	U17	2 Charlie Noakes
	3 James Oliver	U17	4 Josh Woods
5 CHI 4.03.6	1 James McKenzie	U17	2 Callum Adams
	3 Dan Eeles	U17	4 George Grainger

MATCH RESULT

LEAGUE STANDINGS

Event	Lge	Event	Lge
1 BTN 534	8	1 Brighton & Hove AC	534 8
2 STN 462	7	2 Southampton AC	462 7
3 CHI 461	6	3 Chichester A.C.	461 6
4 HVT 344	5	4 Havant AC / I.O.W.	344 5
5 BMT 163	4	5 Bournemouth/Poole Runner	163 4
6 PSM 133	3	6 City of Portsmouth AC	133 3
7 G&G 76	2	7 Guildford & Godalming AC	76 2

Athlete of the Match: Sean Adams      Southampton A.C.      400m Hurdles      56.6  
 Emma Dixon      Brighton & Hove      1500m      4.47.7

Note(s)

BMT Includes + 30pts,  
 BTN Includes + 15pts,  
 CHI Includes + 35pts,  
 PSM Includes + 20pts,  
 G&G Includes + 15pts,  
 HVT Includes + 35pts,  
 STN Includes + 35pts,

NJL Southern Itchen Div Round:1 NON SCORING RESULTS

Portsmouth, Mountbatten Centre, Sat 5 May 2012

M 2000m SC

1 Josh Freed	BTN 8.57.9
2 Lewis Bertard-Shelton	BTN 8.58.5
3 James Olover	U17 BTN 9.00.8

M 200m

1 Toby Borthwick	G&G 25.9
2 Harrison Smith	U17 HVT 27.0

W Triple Jump

1 Imogen Levy	U17 BTN 9.86NWI
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M 1500m

1 Theo Donegan	U17 BTN 5.28.3
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W 100m

1 Kaya Carter	U17 BTN 14.1
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W Long Jump

1 Nina Bassham	BTN 5.25NWI
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M 800m

1 Hugo Madden	U17 G&G 2.09.3
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M 100m

1 Harrison Smith	U17 HVT 13.8
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M Long Jump

1 Harrison Smith	U17 HVT 5.40NWI
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W 1500m

1 Abby Westmore	U17 HVT 6.27.4
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M 4x400m Relay

1 Havant B Relay Team	U17 HVT 4.59.7
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M 3000m

1 Paul Warn	STN 10.52.1
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W 200m

1 Kaya Carter	U17 BTN 29.9
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NJL Southern Itchen Div Round:1 SCORING SHEETS  
 Portsmouth, Mountbatten Centre, SUN 29 april 2012

Team		BMT	BTN	CHI	PSM	G&G	HVT	STN	POINTS		
No's		1 11	2 22	3 33	4 44	5 55	6 66	7 77	Used	Waste	Tot
M 100m	A	6	7	5	0	11	8	9	46	4	50
	B	0	6	5	0	9	4	7	31	5	36
Cumulative		6	13	10	0	20	12	16	77	9	86
M 200m	A	7	6	5	0	9	8	11	46	4	50
	B	0	6	0	0	9	5	7	27	9	36
Cumulative		13	25	15	0	38	25	34	150	22	172
M 400m	A	0	7	8	9	0	6	11	41	9	50
	B	0	7	5	6	0	0	9	27	9	36
Cumulative		13	39	28	15	38	31	54	218	40	258
M 800m	A	6	7	4	5	9	11	8	50	0	50
	B	7	3	5	0	9	4	6	34	2	36
Cumulative		26	49	37	20	56	46	68	302	42	344
M 1500m	A	6	7	8	0	0	9	11	41	9	50
	B	0	6	7	0	0	5	9	27	9	36
Cumulative		32	62	52	20	56	60	88	370	60	430
M 3000m	A	7	6	9	0	0	11	8	41	9	50
	B	5	9	4	0	0	7	6	31	5	36
Cumulative		44	77	65	20	56	78	102	442	74	516
M 110mH	A	0	0	9	0	0	0	11	20	30	50
	B	0	0	7	0	0	0	9	16	20	36
Cumulative		44	77	81	20	56	78	122	478	124	602
M 400mH	A	0	8	9	0	0	0	11	28	22	50
	B	0	9	7	0	0	0	0	16	20	36
Cumulative		44	94	97	20	56	78	133	522	166	688
M 2000SC	A	8	11	0	0	0	9	7	35	15	50
	B	0	9	0	0	0	0	7	16	20	36
Cumulative		52	114	97	20	56	87	147	573	201	774
M DT	A	0	6	7	9	0	8	11	41	9	50
	B	0	5	6	7	0	0	9	27	9	36
Cumulative		52	125	110	36	56	95	167	641	219	860
M HT	A	0	8	9	0	0	0	11	28	22	50
	B	0	7	6	0	0	0	9	22	14	36
Cumulative		52	140	125	36	56	95	187	691	255	946

*-----*											
	Team No's	BMT	BTN	CHI	PSM	G&G	HVT	STN	POINTS		
		1 11	2 22	3 33	4 44	5 55	6 66	7 77	Used	Waste	Tot
M HJ	A	0	9	11	0	0	0	0	20	30	50
	B	0	0	0	0	0	0	0	0	36	36
Cumulative		52	149	136	36	56	95	187	711	321	1032
M JT	A	0	11	6	9	5	8	7	46	4	50
	B	0	6	7	9	0	0	0	22	14	36
Cumulative		52	166	149	54	61	103	194	779	339	1118
M LJ	A	0	8	11	0	0	9	0	28	22	50
	B	0	9	7	0	0	6	0	22	14	36
Cumulative		52	183	167	54	61	118	194	829	375	1204
M PV	A	0	8	0	9	0	0	11	28	22	50
	B	0	0	0	0	0	0	9	9	27	36
Cumulative		52	191	167	63	61	118	214	866	424	1290
M SP	A	0	7	6	8	0	9	11	41	9	50
	B	0	6	0	7	0	0	9	22	14	36
Cumulative		52	204	173	78	61	127	234	929	447	1376
M TJ	A	9	8	7	11	0	0	0	35	15	50
	B	0	6	7	9	0	0	0	22	14	36
Cumulative		61	218	187	98	61	127	234	986	476	1462
W 100m	A	0	11	9	7	0	6	8	41	9	50
	B	0	9	6	0	0	5	7	27	9	36
Cumulative		61	238	202	105	61	138	249	1054	494	1548
W 200m	A	0	8	11	0	0	7	9	35	15	50
	B	0	0	0	0	0	7	9	16	20	36
Cumulative		61	246	213	105	61	152	267	1105	529	1634
W 400m	A	0	11	8	0	0	7	9	35	15	50
	B	0	7	0	0	0	9	0	16	20	36
Cumulative		61	264	221	105	61	168	276	1156	564	1720
W 800m	A	0	8	11	0	0	7	9	35	15	50
	B	0	9	0	0	0	7	0	16	20	36
Cumulative		61	281	232	105	61	182	285	1207	599	1806
W 1500m	A	0	11	7	8	0	9	0	35	15	50
	B	0	9	7	0	0	6	0	22	14	36
Cumulative		61	301	246	113	61	197	285	1264	628	1892
W 3000m	A	0	9	11	0	0	8	0	28	22	50
	B	0	0	9	0	0	0	0	9	27	36
Cumulative		61	310	266	113	61	205	285	1301	677	1978
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	Team No's	BMT	BTN	CHI	PSM	G&G	HVT	STN	POINTS		
		1 11	2 22	3 33	4 44	5 55	6 66	7 77	Used	Waste	Tot
W 100mH	A	0	9	0	0	0	0	11	20	30	50
	B	0	9	0	0	0	0	0	9	27	36
Cumulative		61	328	266	113	61	205	296	1330	734	2064
W 400mH	A	0	11	8	0	0	0	9	28	22	50
	B	0	0	9	0	0	0	0	9	27	36
Cumulative		61	339	283	113	61	205	305	1367	783	2150
W 1500Sc	A	0	11	8	0	0	9	7	35	15	50
	B	0	0	9	0	0	7	0	16	20	36
Cumulative		61	350	300	113	61	221	312	1418	818	2236
W DT	A	11	8	7	0	0	6	9	41	9	50
	B	0	0	7	0	0	0	9	16	20	36
Cumulative		72	358	314	113	61	227	330	1475	847	2322
W HT	A	0	9	8	0	0	11	0	28	22	50
	B	0	9	7	0	0	0	0	16	20	36
Cumulative		72	376	329	113	61	238	330	1519	889	2408
W HJ	A	0	9	7	0	0	11	8	35	15	50
	B	0	7	0	0	0	9	0	16	20	36
Cumulative		72	392	336	113	61	258	338	1570	924	2494
W JT	A	8	9	7	0	0	6	11	41	9	50
	B	0	7	6	0	0	0	9	22	14	36
Cumulative		80	408	349	113	61	264	358	1633	947	2580
W LJ	A	9	8	11	0	0	0	7	35	15	50
	B	6	9	7	0	0	0	5	27	9	36
Cumulative		95	425	367	113	61	264	370	1695	971	2666
W PV	A	0	9	0	0	0	0	11	20	30	50
	B	0	9	0	0	0	0	0	9	27	36
Cumulative		95	443	367	113	61	264	381	1724	1028	2752
W SP	A	7	11	9	0	0	8	6	41	9	50
	B	5	9	7	0	0	6	0	27	9	36
Cumulative		107	463	383	113	61	278	387	1792	1046	2838
W TJ	A	9	11	8	0	0	7	0	35	15	50
	B	9	7	6	0	0	0	0	22	14	36
Cumulative		125	481	397	113	61	285	387	1849	1075	2924
W 4x1		0	11	8	0	0	7	9	35	15	50
Cumulative		125	492	405	113	61	292	396	1884	1090	2974
W 4x4		0	9	7	0	0	8	11	35	15	50
Cumulative		125	501	412	113	61	300	407	1919	1105	3024
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Team No's	POINTS							POINTS		
	BMT 1 11	BTN 2 22	CHI 3 33	PSM 4 44	G&G 5 55	HVT 6 66	STN 7 77	Used	Waste	Tot
M 4x1	0	11	8	0	0	0	9	28	22	50
Cumulative	125	512	420	113	61	300	416	1947	1127	3074
M 4x4	8	7	6	0	0	9	11	41	9	50
Cumulative	133	519	426	113	61	309	427	1988	1136	3124
Add	30	15	35	20	15	35	35	0	0	0
subtract	0	0	0	0	0	0	0	0	0	0
Cumulative	163	534	461	133	76	344	462	1988	1136	3124
TOTALS	163	534	461	133	76	344	462	1988	1136	3124

Pos	Team	Points	Add	Sub	Total
1	Brighton & Hove AC	519	15	0	534
2	Southampton AC	427	35	0	462
3	Chichester A.C.	426	35	0	461
4	Havant AC / I.O.W.	309	35	0	344
5	Bournemouth/Poole Runner	133	30	0	163
6	City of Portsmouth AC	113	20	0	133
7	Guildford & Godalming AC	61	15	0	76

Used + add - sub = total      1988      185      0      2173  
 Unused points                    1136                                    1136  
 (Used+unused)+add-sub=total   3124      185      0      3309

Team	1st	2nd	3rd	4th	5th	6th	7th	1st	2nd	3rd	4th	5th	6th	7th
BTN A	11	8	9	6	3	0	0	B 12	6	6	1	0	1	0
STN A	14	8	4	4	1	0	0	B 10	4	2	1	0	0	0
CHI A	6	6	9	7	3	2	1	B 3	11	5	3	1	0	0
HVT A	4	7	7	5	4	0	0	B 2	4	3	3	2	0	0
BMT A	1	3	3	3	3	0	0	B 1	1	1	2	0	0	0
PSM A	1	4	2	1	0	1	0	B 2	2	1	0	0	0	0
G&G A	1	2	0	0	0	1	0	B 3	0	0	0	0	0	0

Men	Event	Women	Event
1	Southampton AC	1	Brighton & Hove AC
2	Brighton & Hove AC	2	Chichester A.C.
3	Chichester A.C.	3	Havant AC / I.O.W.
4	Havant AC / I.O.W.	3	Southampton AC
5	City of Portsmouth AC	5	Bournemouth/Poole Runner
6	Bournemouth/Poole Runner	6	City of Portsmouth AC
7	Guildford & Godalming AC	7	Guildford & Godalming AC