

## Poole Runners Open 28th March 10 at Kings Park

<b>100m</b>			
Pos	Name	Club	Performance
<b>U13G</b>			
1	Cooper, Lauren	Poole R	14.2
2	Cash, Samatha	Poole AC	14.6
3	Bilson, Victoria	Poole R	16.8
<b>U13B</b>			
1	Bourne, Alex	Poole AC	15.3
2	Keuhnel, Jamie	Newbury	19.4
<b>U15G</b>			
1	Butt, Holly	Dorchester	13.3
2	Phillips, Charlotte	Poole R	14.7
3	Strawn, Tamsin	Poole R	14.7
<b>U17W</b>			
1	Burton, Sian	Bournemouth	15.1
<b>U17M</b>			
1	Young, Ronnie	Poole AC	11.8
2	Newland, Jack	Poole R	11.9
<b>U20M</b>			
1	Lelliot, James	Bournemouth	11.1
2	Lee, Alex	Poole AC	11.4
3	Carpenter, Adam	Poole AC	11.5
<b>SM</b>			
1	Bennett, Rhys	Bournemouth	11.5
2	Boyle, Jonathan	Poole R	12.1
3	Cooper, Richard	Poole R	12.5
4	Evernden, Chris	Poole R	13.3
<b>200m</b>			
Pos	Name	Club	Performance
<b>U13G</b>			
1	Wootten, Rosie	Bournemouth	31.7
2	Ashford, Katrina	Poole R	34.7
<b>U15G</b>			
1	Butt, Holly	Dorchester	27.2
2	Strawn, Tamsin	Poole R	30.7
<b>U15B</b>			
1	Hunt, Nicholas	Bournemouth	24.6
<b>U17M</b>			
1	Young, Ronnie	Poole AC	23.9
2	Martin, Daniel	Poole R	25.0
<b>U20M</b>			
1	Lelliot, James	Bournemouth	22.6
2	Lee, Alex	Poole AC	22.7
3	Patrick, Charlie	Poole AC	23.0
4	Holt, Richard	Salisbury	23.2
5	Welch, Max	Dorchester	25.1
<b>SM</b>			
1	Boyle, Jonathan	Poole R	24.5
2	Cooper, Richard	Poole R	26.1
3	Evernden, Chris	Poole R	27.3
<b>400m</b>			
Pos	Name	Club	Performance

**U17M**

1	Martin, Daniel	Poole R	59.7
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**U20M**

2	Holt, Richard	Salisbury	52.0
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3	Green, Paul	Poole R	55.0
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1	Patrick, Charlie	Poole AC	51.8
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**SM**

1	Welch, Karl	Bournemouth	51.6
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2	Hammacott, Michael	Bournemouth	57.5
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3	Kitching, Iain	Poole R	60.5
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**800m**

Pos	Name	Club	Performance
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**U20M**

	Green, Paul	Poole R	2.05.3
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**SM**

	Hammacott, Michael	Bournemouth	2.08.6
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**U15B**

	Guy, Denzil	Poole R	2.40.8
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**U13B**

	Bourne, Alex	Poole AC	2.52.2
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**U13G**

	Ashford, Katrina	Poole R	3.01.6
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**1500m**

Pos	Name	Club	Performance
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**U17M**

1	Lee, Adam	Poole AC	5.02.9
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**U13B**

1	Cooper, Regan	Poole R	5.26.5
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**100m Hurdles**

Pos	Name	Club	Performance
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**U17M**

1	Martin, Daniel	Poole R	16.7
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**80m Hurdles**

Pos	Name	Club	Performance
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1	Clarke, Jessica	Bryanston Sch	13.3
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## Poole Runners Open 28th March 10 at Kings Park

### Hammer

Pos	Name	Club	Performance
1	McGuigan, Dempsey	Harrow	64.18 threw 5kg weight for trials
2	Elkins, Andrew	Shaftsbury BH	63.89 threw 5kg weight for trials
<b>SM</b>			
1	Brunsdon, Dan	Kent AC	46.36
2	Chappell, Sam	Kent AC	45.87
<b>SW</b>			
1	Church, Elizabeth	Poole AC	29.05
<b>U20M</b>			
1	Doran, Lee	Newbury	44.59
2	Keeler, Harry	Harrow	44.44
<b>U20W</b>			
1	Sims, Liana	Poole R	31.35
2	Phillips, Emma	Poole R	29.44
<b>U17M</b>			
1	Percy, Nicholas	I.O.W	58.19
2	Jones, Gary	Bournemouth	48.03
3	Doran, Ricky	Newbury	36.62
4	Leighton, Sam	Poole R	21.45
<b>U17M</b>			
1	Willcock, Amelia	Bournemouth	28.23
<b>U15B</b>			
1	McGuigan, Fellan	Shaftsbury BH	48.37

### long Jump

Pos	Name	Club	Performance
<b>SM</b>			
1	Kitching, Iain	Poole R	5.60
<b>U20M</b>			
1	Holt, Richard	Salisbury	6.73
2	Carpenter, Adam	Poole AC	6.61
<b>U17M</b>			
1	Young, Ronnie	Poole AC	5.48
2	Lee, Adam	Poole AC	5.01
<b>U15G</b>			
1	Bilson, Amy	Poole R	4.08
<b>U13B</b>			
1	Bourne, Alex	Poole AC	3.91
2	Winton, Liam	Wimbourne	3.30
<b>U13G</b>			
1	Cooper, Lauren	Poole R	4.06
2	Cash, Samantha	Poole AC	3.94

### High Jump

Pos	Name	Club	Performance
<b>U20M</b>			
1	Sloan, Matt	Bournemouth	2.05
<b>U17M</b>			
1	Cox Alex	Bournemouth	2.00
2	Leighton, Sam	Poole R	1.55
3	Shannon, Dan	Poole R	1.55

**U17W**

1	Clark, Jessica	Bryanston Sch	1.45
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**U15B**

1	Guy, Denzil	Poole R	1.46
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**U15G**

1	Phillips, Charlotte	Poole R	1.30
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2	Strawn, Tamsin	Poole R	1.25
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**U13G**

1	Roy, Saxon	Weymouth SPH	1.40
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2	Wootten, Rosie	Bournemouth	1.35
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3	Norton, Jordan	Bournemouth	1.20
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**Discus**

Pos	Name	Club	Performance
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**SM**

1	Brunsdan, Dan	Kent AC	41.85
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2	Chappell, Sam	Kent AC	26.66
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3	Kitching, iain	Poole R	26.58
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**SW**

1	Church, Elizabeth	Poole AC	27.81
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**U20M**

1	Doran, Lee	Newbury	29.73
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2	Carpenter, Adam	Poole AC	28.51
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3	Lelliot, James	Bournemouth	28.32
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**U20W**

1	Tuck, Megan	Dorchester	31.27
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2	Sims, Liana	Poole R	22.15
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**U17M**

1	Jones, Gary	Bournemouth	42.04
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2	Percy, Nicholas	I.O.W.	40.39
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3	Troshchey, Yaroslav	Poole R	32.16
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4	Doran, Ricky	Newbury	30.93
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5	Shannon, Dan	Poole R	25.55
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**U17W**

1	Dowson, Pheobe	Bournemouth	36.50
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2	Winton, Hannah	Wimborne	20.45
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**U15G**

1	Phillips, Charlotte	Poole R	18.42
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**U13B**

1	Kuehnal, Jamie	Newbury	20.87
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**U13G**

1	Bilson, Victoria	Poole R	16.17
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**Pole Vault**

Pos	Name	Club	Performance
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**U17M**

1	Lee, Adam	Poole AC	2.30
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**U15B**

1	Hunt, Nicholas	Bournemouth	2.90
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**Shot**

Pos	Name	Club	Performance
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**SM**

1	Brunsdan, Dan	Kent AC	13.37
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2	Boyle, Jonathan	Poole R	10.83
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3	Kitching, iain	Poole R	9.71
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**U20M**

1	Lelliot, James	Bournemouth	11.81
2	Carpenter, Adam	Poole AC	9.96
3	Lee, Alex	Poole AC	9.35

**U17M**

1	Jones, Gary	Bournemouth	11.57
2	Doran, Ricky	Newbury	9.28

**U13B**

1	Kuehnel, Jamie	Newbury	7.21
2	Winton, Liam	Wimborne	4.96

**U13G**

1	Wootton, Rosie	Bournemouth	6.90
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**Javelin**

Pos	Name	Club	Performance
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**SM**

1	Brunsdon, Dan	Kent AC	50.43
2	Kitching, Iain	Poole R	33.08

**U20M**

1	Lelliot, James	Bournemouth	50.62
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**U20W**

1	Sims, Liana	Poole R	22.22
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**U15B**

1	Guy, Denzil	Poole R	32.24
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**U13G**

1	Bilson, Victoria	Poole R	13.21
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**Triple Jump**

Pos	Name	Club	Performance
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**U17W**

2	Kearsey, Sarah	Bournemouth	10.24
1	Winton, Hannah	Wimborne	10.66

**U15B**

1	Hunt, Nicholas	Bournemouth	12.83
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