

# SOUTHERN LEAGUE - Results Form (Four club matches - Division 3)

1. Try to ensure that your meeting runs to time.
2. Announce the team scores frequently to create interest in the fixtures.
3. Ensure the total points allocated + waste total 360 before confirming the result.
4. **Immediately** the match is finished, telephone the result to your Divisional Secretary listed below. He should not have to chase you.
5. After the match, as well as seeing that each competing club receives a copy of the results, copies should be sent to *Athletics Weekly*, 83 Park Road, Peterborough, Cambs PE1 2TN and to Power of 10, Umbra Athletics Ltd, Unit 1 Bredbury Business Park, Bredbury, Stockport SK6 2SN
6. Please do carry out these tasks especially phoning the result to the Divisional Secretary before you go out for the evening.

## Divisional Secretaries

- Division 1 - Graham Berry, 30 Kings Park, Chulmleigh, Devon, EX18 7DJ. (01769-580160) - use normal 5 club results form
- Division 2 - Don Turner, 40 Rosedale Road, Stoneleigh, Epsom, Surrey KT17 2JH (020-8393-8950) - use normal 5 club results form
- Division 3N - John Denford, 104 Carnarvon Avenue, Enfield, Middlesex, EN1 3DS. (020-8367-5403)
- Division 3S - Joe Camacho, 29 Cheltenham Road, Orpington, Kent, BR6 9HL (01689 835245)
- Division 3W - Terry Burbidge, 91 Khasiaberry, Walnut Tree, Milton Keynes, Bucks, MK7 7DS. (01908-608269)
- Division 4E - David Barrington, The Kraal, Wheatley's Eyot, Lower Sunbury, Middlesex TW16 6BU (01932-789758) - separate results form
- Division 4W - Don Turner, 40 Rosedale Road, Stoneleigh, Epsom, Surrey KT17 2JH (020-8393-8950) - separate results form

## RESULT

	<u>Team</u>	<u>Points</u>
1	<u>TEAM SOUTHWANTON</u>	<u>122.5</u>
2	<u>TEAM WENNETT</u>	<u>85.5</u>
3	<u>BURNMOUTH</u>	<u>79.5</u>
4	<u>ABINGDON</u>	<u>54.5</u>

Division 3W

Venue ABINGDON

Date 16/05/09

# TRACK EVENTS

## Clubs & Letters

	String	1st	2nd	3rd	4th
400m Hds (58.0)	A	P. BARNSHAW A 58.9	R. KNAPP K 65.4	P. COCKER S 68.7	D. FLICOS B 1.43.3
	B	J. WYLIE KK 63.3	S. TINGMAN SS 64.2		
100m (11.1)	A	P. LANGFORD S 11.2	A. OMISORC B 11.4	R. KNAPP K 11.7	D. ASLETT A 12.1
	B	L. TIETJE B 11.4	A. COUBURN S 11.7	N. MARLOW K 11.8	L. PURBRICK A 13.4
800m (1-55.0)	A	G. BEECH S 2.02.3	P. EGERTON A 2.06.7	J. MOORCROFT K 2.12.4	<del>P. LANGFORD</del> B 2.58.3 I. GRAHAM
	B	P. BATTEN SS 2.10.5	D. BOSLEY AA 2.18.7	M. RANDALL KK 2.23.4	
5000m (14-55.0)	A	M. HIGPERB S 17.26.9	L. KELLY B 17.30.2	G. WATTS K 17.37.2	F. THETFORD A 20.01.4
	B	N. BULL KK 18.45.4	R. COPSTICK BB 18.51.6	P. BATTEN SS 19.50.3	D. BERGER AA 21.04.8
400m (50.5)	A	K. WELCH B 51.8	A. NEWELL S 52.0	J. MOORCROFT K 52.1	
	B	N. MARLOW KK 54.9	S. CAIRVELLA SS 55.4	T. JONES-PERT BB 70.2	
110m Hds (16.0)	A	R. KNAPP K 16.0	P. COCKER S 19.7		
	B	S. TINGMAN SS 20.1	J. WYLIE KK 27.3		

Totals C/F (Aggregate 120)

A	K	S	B	Waste
4	3	2	1	
	4	3		3
1	2	4	3	
1	2	3	4	
3	2	4	1	
3	2	4		1
1	2	4	3	
1	4	2	3	
	2	3	4	1
	4	3	2	1
	4	3		3
	3	4		3
14	34	39	21	12

# TRACK EVENTS - Continued

Event	String	1st	2nd	3rd	4th
200m (22.5)	A	B. PARNELL S 23.5	L. TIETJE B 24.2	D. ASLETT A 24.8	J. MARRCROFT K 25.7
	B	S. DERHAM SS 24.6	N. MARLOW KK 24.7	D. WALTERS AA 27.7	D. FLICOS RB 32.3
1500m (3-55.0)	A	R. OSBOURNE S 4.24.9	R. MC TAGART B 4.34.6	T. MILLARNE K 4.35.4	D. WALTERS A 4.54.0
	B	A. WALL-CLARK SS 4.28.5	L. KELLY BB 4.39.3	M. M. RANDALL KK 4.50.6	D. BOSLEY AA 5.10.7
4 x 100m (44.0)		TEAM SOUTHAMPTON S 46.8	BOURNEMOUTH B 47.0	TEAM KENNETT K 48.1	ABINGDON A 58.2
3000M S/ch (9-50.0)	A	P. FERNANDEZ A 10.51.8	J. MASHALL S 10.55.4	D. MCGARY K 11.07.2	P. BIAUT B 15.50.4
	B	A. BENNETT SS 11.22.2	G. WATTS KK 11.30.3	R. THETFORD AA 11.39.2	D. FLICOS BB 20.05.5
4 x 400m (3-26.0)		TEAM SOUTHAMPTON S 3.37.6	TEAM KENNETT K 3.54.0	BOURNEMOUTH B 3.10.3	

Total This Page (Aggregate 80)

Brought Forward (Aggregate 120)

Total Track Events (Aggregate 200)

## Clubs & Letters

A	K	S	B	Waste
2	1	4	3	
2	3	4	1	
1	2	4	3	
1	2	4	3	
1	2	4	3	
4	2	3	1	
2	3	4	1	
	3	4	2	1
13	18	31	17	1
14	34	39	21	12
27	52	70	38	13

# FIELD EVENTS - Jumps

## Clubs & Letters

	String	1st	2nd	3rd	4th
Long Jump (6.80)	A	L. TIETJE 6.30	G. BEECH S.S 5.57	A. PREEST A 5.29	J. WYLLIE K 4.90
	B	A. OMISCHÉ B.S 5.69	S. DERHAM S.S 5.54	L. PARRICK A.A 4.87	M. RANDALL K.K 4.56
High Jump (1.90)	A	P. BARNSHAW A 1.6	R. KNAPE K 1.60	S. TINGMAN S 1.60	D. FLICOS 1.10 B
	B	J. MCCROFT K.K 1.60	F. LANGFORD S.S 1.55	M. JEFFKINS A.A 1.40	P. BRIANT B.S 1.10
Pole Vault CANCELLED (3.70)	A	-	-	-	-
	B	-	-	-	-
Triple Jump (13.50)	A	R. CONSTABLE S 13.90	J. WYLLIE K 11.1	P. FLICOS B 8.68	
	B	S. DERHAM S.S 11.39	J. MCCROFT K.K 10.34		

A	K	S	B	Waste
2	1	3	4	
2	1	3	4	
4	3	2	1	
2	4	3	1	
2.5	2.5	2.5	2.5	
3	3	3		1
	3	4	2	1
	3	4		3
15.5	20.5	24.5	14.5	5

Totals C/F (Aggregate 80)

# FIELD EVENTS - Throws

## Clubs & Letters

	String	1st	2nd	3rd	4th
Hammer (42.00)	A	M. FRIMPTON S 33.75	M. HICKS S 42.88	S. BRIGGS K 30.06	P. JENNINGS A 22.22
	B	S. ARMSTRONG BB 38.77	R. LAINSON SS 24.32	S. POMEROY AA 17.31	R. BRADFORD KK 14.49
Javelin (52.00)	A	R. LAINSON S 30.91	L. TIETSE B 42.55	S. POMEROY A 32.86	S. SCHOLTES K 31.67
	B	B. PARNELL SS 34.61	J. STANTHORPE AA 32.68	T. JONES-PERT BB 30.93	G. AMBERES KK 23.90
Shot (12.75)	A	G. NEWTON S 12.14	S. ARMSTRONG B 12.07	S. BRIGGS K 10.09	S. POMEROY A 9.14
	B	M. HICKS SS 11.92	P. BRIANT BB 11.88	R. BRADFORD KK 7.10	P. JENNINGS AA 6.43
Discus (38.00)	A	S. ARMSTRONG B 36.01	M. HICKS S 34.18	S. BRIGGS K 27.59	STEVE POMEROY A 26.09
	B	P. BRIANT B 34.29	G. NEWTON SS 31.50	S. SCHOLTES KK 22.26	P. JENNINGS AA 17.93

Totals This Page (Aggregate 80)

Clubs	Letters
ABINGDON	A / AA
TEAM KENNET	K / KK
TEAM SOUTHAMPTON	S / SS
TEAM BOURNEMOUTH	B / BB

Jumps B/Fwd (Aggregate 80)

Track B/Fwd (Aggregate 200)

Totals (Aggregate 360)

Positions

A	K	S	B	Waste
1	2	3	4	
2	1	3	4	
2	1	4	3	
3	1	4	2	
1	2	4	3	
1	2	4	3	
1	2	3	4	
1	2	3	4	
12	13	28	27	
15.5	20.5	24.5	14.5	5
27	52	70	38	13
54.5	88.5	122.5	79.5	18
4	2	1	3	