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Southern Men's League Division 3W Match 1

Portsmouth (RN)
6 Jun 09

100 A	100 B	200 A	200 B	400 A	400 B	800 A	800 B
1500 A	1500 B	5000	5000 A	5000 B	110H A	110H B	400H A
400H B	3000SC A	3000SC B	4x100 A	4x400 A	HJ A	HJ B	PV A
PV B	LJ A	LJ B	TJ A	TJ B	SP A	SP B	DT A
DT B	HT A	HT B	JT A	JT B			

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100 A										
Pos	Perf	Name	AG	Age	DOB	Club	SB	PB		
1	11.3	Ashley Johnson	SEN	M	23	25.02.86	Oxford City	10.9	10.9	
2	12.0	Cornelius Delpesche	SEN	M			Royal Navy	11.4	11.11	iD
3	12.7	Andy Smerdon	PB V45	M	47	26.05.62	Fleet & Crookham	12.7	12.7	
4	13.6	Christophe Lambing	PB SEN	M	25	30.07.83	Bournemouth	13.6	13.6	
100 B										
Pos	Perf	Name	AG	Age	DOB	Club	SB	PB		
1	13.0	David Gain	U20	M	18	03.08.90	Oxford City	11.3	11.2	
2	13.7	Mark Cappel	PB U17	M	15	12.04.94	Fleet & Crookham	13.7	13.7	
3	14.3	Glen Long	PB SEN	M			Royal Navy	14.3	14.3	iD
4	15.9	David Flicos	PB V45	M	48	21.01.61	Bournemouth	15.9	15.9	
200 A										
Pos	Perf	Name	AG	Age	DOB	Club	SB	PB		
1	23.2	Ashley Johnson	SEN	M	23	25.02.86	Oxford City	22.3	22.3	
2	26.2	Mark Cappel	PB U17	M	15	12.04.94	Fleet & Crookham	26.2	26.2	
3	26.4	Christophe Lambing	PB SEN	M	25	30.07.83	Bournemouth	26.4	26.4	
4	30.1	Gary Peterson	SEN	M			RNAC			iD
200 B										
Pos	Perf	Name	AG	Age	DOB	Club	SB	PB		
1	26.2	David Gain	U20	M	18	03.08.90	Oxford City	22.4	22.3	
2	27.3	John Dickinson	PB V45	M	47	23.10.61	Haslemere Border/Fleet & Crookham	27.3	27.3	
3	28.6	Paul Hillyard	SB V55	M	55	21.01.54	Royal Navy/City of Portsmouth	28.6	27.4	
4	36.5	David Flicos	PB V45	M	48	21.01.61	Bournemouth	36.5	36.5	
400 A										
Pos	Perf	Name	AG	Age	DOB	Club	SB	PB		
1	54.5	Graham Peterson	SEN	M			RNAC			iD
2	60.2	John Chaplin	PB V35	M	35	15.11.73	Fleet & Crookham	60.2	60.2	
3	62.3	B Sulliman	SEN	M			Oxford			iD
4	97.5	David Flicos	PB V45	M	48	21.01.61	Bournemouth	97.5	97.5	
400 B										
Pos	Perf	Name	AG	Age	DOB	Club	SB	PB		
1	58.2	Nathan Rockett	PB U17	M	16	31.01.93	Oxford City	58.2	58.2	
2	62.4	John Wright	SEN	M			RNAC			iD
3	64.8	John Dickinson	SB V45	M	47	23.10.61	Haslemere Border/Fleet & Crookham	59.54	59.54	
800 A										
Pos	Perf	Name	AG	Age	DOB	Club	SB	PB		
1	2:10.5	James Cody	U17	M	16	15.04.93	Oxford City	2:06.01	2:06.01	
2	2:16.5	Glen Long	PB SEN	M			Royal Navy	2:16.5	2:16.5	iD
3	2:17.2	John Chaplin	PB V35	M	35	15.11.73	Fleet & Crookham	2:17.2	2:17.2	
4	3:36.7	David Flicos	PB V45	M	48	21.01.61	Bournemouth	3:36.7	3:36.7	
800 B										
Pos	Perf	Name	AG	Age	DOB	Club	SB	PB		
1	2:27.7	Stephen Winter	PB V35	M	37	22.08.71	Oxford City	2:27.7	2:24.04	
2	2:48.2	Graeme Riley	PB V45	M	49	11.01.60	Royal Navy	2:48.2	2:48.2	
3	2:49.8	Shane Farrell	PB U17	M	16	23.12.92	Fleet & Crookham	2:38.4	2:38.4	
1500 A										
Pos	Perf	Name	AG	Age	DOB	Club	SB	PB		
1	4:44.4	James Cody	U17	M	16	15.04.93	Oxford City	4:25.78	4:25.78	
2	4:55.2	John Wright	SEN	M			RNAC			iD

3	5:10.6	John Chaplin	PB	V35	M	35	15.11.73	Fleet & Crookham	5:10.6	5:10.6	
4	8:44.8	David Flicos	PB	V45	M	48	21.01.61	Bournemouth	8:44.8	8:44.8	
1500 B											
Pos	Perf	Name		AG		Age	DOB	Club	SB	PB	
1	5:16.3	Stephen Winter	PB	V35	M	37	22.08.71	Oxford City	5:16.3	5:16.3	
2	5:20.0	S Sears		SEN	M			Fleet/crookham			ID
3	6:05.1	Graeme Riley	SB	V45	M	49	11.01.60	Royal Navy	6:05.1	4:18.6	
5000											
Pos	Perf	Name		AG		Age	DOB	Club	SB	PB	
1	15:10.3	Tim Watson		V35	M	35	28.06.73	Belgrave/Royal Navy	15:03.5	14:49.2	
5000 A											
Pos	Perf	Name		AG		Age	DOB	Club	SB	PB	
1	17:19.2	John Wright		SEN	M			RNAC			ID
2	19:41.2	Ashgar Ali	PB	V45	M	47	07.10.61	Oxford City	18:11.2	18:11.2	
3	20:55.2	David Long	PB	V35-V40	M			Fleet & Crookham	20:55.2	20:55.2	ID
5000 B											
Pos	Perf	Name		AG		Age	DOB	Club	SB	PB	
1	19:47.4	Graeme Riley	SB	V45	M	49	11.01.60	Royal Navy	19:47.4	16:23.9	
2	21:23.0	Shane Farrell	PB	U17	M	16	23.12.92	Fleet & Crookham	21:23.0	21:23.0	
3	23:21.5	G Jones		SEN	M			Oxford			ID
110H A											
Pos	Perf	Name		AG		Age	DOB	Club	SB	PB	
1	17.4	Andrew Tippet		U23	M	22	28.01.87	Oxford City/Loughborough Uni	15.9	15.9	
2	21.8	John Dickinson	PB	V45	M	47	23.10.61	Haslemere Border/Fleet & Crookham	21.8	21.8	
3	23.4	Mark Holvey	PB	SEN	M			Royal Navy	23.4	23.4	ID
110H B											
Pos	Perf	Name		AG		Age	DOB	Club	SB	PB	
1	22.8	Tony Palman-Brown	PB	V40	M	44	10.09.64	Oxford City	22.8	22.8	
2	24.2	Paul Hillyard	PB	V55	M	55	21.01.54	Royal Navy/City of Portsmouth	24.2	24.2	
400H A											
Pos	Perf	Name		AG		Age	DOB	Club	SB	PB	
1	59.7	Andrew Tippet		U23	M	22	28.01.87	Oxford City/Loughborough Uni	54.8	53.96	
2	70.1	Gary Peterson		SEN	M			RNAC			ID
3	74.4	John Dickinson	PB	V45	M	47	23.10.61	Haslemere Border/Fleet & Crookham	74.4	74.4	
400H B											
Pos	Perf	Name		AG		Age	DOB	Club	SB	PB	
1	71.5	Mark Holvey	PB	SEN	M			Royal Navy	71.5	71.5	ID
2	71.7	Andwar Andwar		SEN	M			Oxford			ID
3	99.3	S Sears		SEN	M			Fleet/crookham			ID
3000SC A											
Pos	Perf	Name		AG		Age	DOB	Club	SB	PB	
1	11:46.8	John Wright		SEN	M			RNAC			ID
2	13:48.2	David Long	SB	V35-V40	M			Fleet & Crookham	13:48.2	13:44.8	ID
3	14:25.4	C Andwar		SEN	M			Oxford			ID
3000SC B											
Pos	Perf	Name		AG		Age	DOB	Club	SB	PB	
1	13:40.6	Paul Hillyard	PB	V55	M	55	21.01.54	Royal Navy/City of Portsmouth	13:40.6	13:40.6	
2	13:50.2	S Sears		SEN	M			Fleet/crookham			ID
3	14:26.3	A Ashgar		SEN	M			Oxford			ID
4x100 A											
Pos	Perf	Name		AG		Age	DOB	Club	SB	PB	
1	45.0	Oxford City Senior Team	PB	SEN	M			Oxford City	45.0	45.0	ID
2	51.8	RNAC		SEN	M			RNAC			ID
3	55.4	Fleet/crookham		SEN	M			Fleet/crookham			ID
4x400 A											
Pos	Perf	Name		AG		Age	DOB	Club	SB	PB	
1	3:59.8	Oxford City Senior Team		SEN	M			Oxford City	3:40.3	3:40.3	ID
2	4:15.9	Fleet/crookham		SEN	M			Fleet/crookham			ID
3	4:29.4	RNAC		SEN	M			RNAC			ID
HJ A											
Pos	Perf	Name		AG		Age	DOB	Club	SB	PB	
1	1.80	Mark Holvey	SB	SEN	M			Royal Navy	1.85	1.95	ID
2	1.75	Ashley Johnson	PB	SEN	M	23	25.02.86	Oxford City	1.80	1.80	
3	1.45	Andy Smerdon		V45	M	47	26.05.62	Fleet & Crookham	1.50	1.55	
4	1.20	David Flicos	PB	V45	M	48	21.01.61	Bournemouth	1.20	1.20	
HJ B											
Pos	Perf	Name		AG		Age	DOB	Club	SB	PB	
1	1.60	Edward Goggs	PB	U17	M	15	08.10.93	Oxford City	1.65	1.65	
2	1.45	John Wright		SEN	M			RNAC			ID
3	1.20	John Dickinson	SB	V45	M	47	23.10.61	Haslemere Border/Fleet & Crookham	1.38	1.39	
PV A											
Pos	Perf	Name		AG		Age	DOB	Club	SB	PB	

1	2.80	John Dickinson		V45	M	47	23.10.61	Haslemere Border/Fleet & Crookham	3.00	3.00	
2	2.80	Paul Hillyard		V55	M	55	21.01.54	Royal Navy/City of Portsmouth	3.00	3.30	
3	2.40	Tony Palman-Brown	PB	V40	M	44	10.09.64	Oxford City	2.40	2.40	
4	1.24	David Flicos	PB	V45	M	48	21.01.61	Bournemouth	1.24	1.24	
PV B											
Pos	Perf	Name		AG		Age	DOB	Club	SB	PB	
1	1.24	P Jefferies		SEN	M			Oxford			ID
LJ A											
Pos	Perf	Name		AG		Age	DOB	Club	SB	PB	
1	6.15	Ashley Johnson		SEN	M	23	25.02.86	Oxford City	6.66	6.66	
2	5.10	Mark Holvey	PB	SEN	M			Royal Navy	5.10	5.10	ID
3	4.76	John Dickinson	SB	V45	M	47	23.10.61	Haslemere Border/Fleet & Crookham	4.89	4.99	
4	4.41	Peter Briant	PB	U20	M	19	22.04.90	Bournemouth	4.41	4.41	
LJ B											
Pos	Perf	Name		AG		Age	DOB	Club	SB	PB	
1	5.64	Edward Goggs	PB	U17	M	15	08.10.93	Oxford City	5.64	5.64	
2	4.98	Glen Long	PB	SEN	M			Royal Navy	4.98	4.98	ID
3	4.32	Andy Smerdon	PB	V45	M	47	26.05.62	Fleet & Crookham	4.54	4.54	
4	4.04	David Flicos	SB	V45	M	48	21.01.61	Bournemouth	4.04	4.07	
TJ A											
Pos	Perf	Name		AG		Age	DOB	Club	SB	PB	
1	12.17	Ashley Johnson		SEN	M	23	25.02.86	Oxford City	13.50	13.50	
2	10.48	Mark Holvey	PB	SEN	M			Royal Navy	10.48	10.48	ID
3	9.46	Mark Cappel	PB	U17	M	15	12.04.94	Fleet & Crookham	9.46	9.46	
4	8.11	David Flicos	SB	V45	M	48	21.01.61	Bournemouth	8.11	8.38	
TJ B											
Pos	Perf	Name		AG		Age	DOB	Club	SB	PB	
1	12.11	Edward Goggs	PB	U17	M	15	08.10.93	Oxford City	12.11	12.11	
2	9.54	Glen Long	PB	SEN	M			Royal Navy	9.54	9.54	ID
3	9.08	John Dickinson	PB	V45	M	47	23.10.61	Haslemere Border/Fleet & Crookham	9.08	9.08	
SP A											
Pos	Perf	Name		AG		Age	DOB	Club	SB	PB	
1	10.45	Peter Briant		U20	M	19	22.04.90	Bournemouth	11.88	11.88	
2	10.16	B Upward		SEN	M			Fleet & Crookham	10.20	10.30	ID
3	9.80	Rupert Williams		SEN	M			Royal Navy	10.32	10.32	ID
4	8.01	Richard Hart	PB	V45	M	49	17.12.59	Oxford City	8.01	8.01	
SP B											
Pos	Perf	Name		AG		Age	DOB	Club	SB	PB	
1	8.89	Paul Hillyard	PB	V55	M	55	21.01.54	Royal Navy/City of Portsmouth	8.89	8.89	
2	7.93	Tony Palman-Brown	PB	V40	M	44	10.09.64	Oxford City	7.93	7.93	
3	6.73	David Haines	PB	V65	M	68	04.03.41	Fleet & Crookham/Southern Counties Vets	6.73	6.73	
4	5.85	David Flicos	PB	V45	M	48	21.01.61	Bournemouth	5.85	5.85	
DT A											
Pos	Perf	Name		AG		Age	DOB	Club	SB	PB	
1	34.76	Peter Briant	SB	U20	M	19	22.04.90	Bournemouth	35.66	36.49	
2	29.34	Rupert Williams		SEN	M			Royal Navy	32.07	32.07	ID
3	29.11	B Upward		SEN	M			Fleet & Crookham	34.06	34.06	ID
4	25.25	Richard Hart	SB	V45	M	49	17.12.59	Oxford City	25.25	28.99	
DT B											
Pos	Perf	Name		AG		Age	DOB	Club	SB	PB	
1	24.10	Paul Hillyard	PB	V55	M	55	21.01.54	Royal Navy/City of Portsmouth	24.10	24.10	
2	23.56	Peter O'Keefe	PB	V55	M	55	08.11.53	Oxford City	23.56	23.56	
3	18.52	Andy Smerdon	PB	V45	M	47	26.05.62	Fleet & Crookham	20.59	20.59	
4	11.34	David Flicos	PB	V45	M	48	21.01.61	Bournemouth	11.34	11.34	
HT A											
Pos	Perf	Name		AG		Age	DOB	Club	SB	PB	
1	29.53	B Upward	SB	SEN	M			Fleet & Crookham	29.53	33.46	ID
2	26.59	Rupert Williams	PB	SEN	M			Royal Navy	26.59	26.59	ID
3	23.80	Tony Palman-Brown	PB	V40	M	44	10.09.64	Oxford City	23.80	23.80	
4	20.45	Peter Briant	SB	U20	M	19	22.04.90	Bournemouth	23.12	23.12	
HT B											
Pos	Perf	Name		AG		Age	DOB	Club	SB	PB	
1	16.24	Peter O'Keefe	PB	V55	M	55	08.11.53	Oxford City	16.24	16.24	
2	10.74	David Long	SB	V35-V40	M			Fleet & Crookham	10.74	13.57	ID
3	10.72	David Flicos	PB	V45	M	48	21.01.61	Bournemouth	10.72	10.72	
4	9.02	Paul Winton		V50	M			RNAC			ID
JT A											
Pos	Perf	Name		AG		Age	DOB	Club	SB	PB	
1	37.40	Ashley Johnson	PB	SEN	M	23	25.02.86	Oxford City	39.95	39.95	
2	35.69	B Upward	PB	SEN	M			Fleet & Crookham	35.69	35.69	ID
3	33.33	Cornelius Delpesche	SB	SEN	M			Royal Navy	33.33	37.32	ID
4	30.32	Christophe Lambing	PB	SEN	M	25	30.07.83	Bournemouth	30.32	30.32	

JT B													
Pos	Perf	Name		AG		Age	DOB	Club		SB	PB		
1	30.13	Peter Briant		SB	U20	M	19	22.04.90	Bournemouth		31.58	35.75	
2	25.82	Mark Holvey		PB	SEN	M			Royal Navy		25.82	25.82	ID
3	24.44	David Haines		PB	V65	M	68	04.03.41	Fleet & Crookham/Southern Counties Vets		24.44	24.44	
4	22.57	Richard Hart		PB	V45	M	49	17.12.59	Oxford City		22.57	22.57	

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