

Team	Score	
Basingstoke & Mid Hants	119	F
Team Dorset	82	D
Royal Navy	65	N
Bournemouth	62	B

Senior A 100m

Wind=

1	Grant Showler-Davies	SM	Basingstoke & Mid Hants	11.2	4
2	R Bennett	SM	Bournemouth	11.6	3
3	Kyle Wilson	U20	Team Dorset	11.9	2
4	Rupert Williams	M45	Royal Navy	13.2	1

Senior B 100m

Wind=

1	P Dickson	SM	Bournemouth	11.8	4
2	Shay McCarthy	U20	Team Dorset	12.1	3
3	S Glaysher	SM	Basingstoke & Mid Hants	13.3	2
4	Paul Winton	M50	Royal Navy	24.3	1

Senior A 200m

Wind=

1	Grant Showler-Davies	SM	Basingstoke & Mid Hants	23.1	4
2	Ronnie Young	U17	Team Dorset	23.6	3
3	R Bennett	SM	Bournemouth	23.9	2
4	Neal Edwards	SM	Royal Navy	25	1

Senior B 200m

Wind=

1	Kyle Wilson	U20	Team Dorset	24.3	4
2	P Dickson	SM	Bournemouth	25.5	3
3	R Watkins	SM	Basingstoke & Mid Hants	25.8	2
4	Rupert Williams	M45	Royal Navy	28.6	1

Senior A 400m

1	T Syclemore	U20	Basingstoke & Mid Hants	52.7	4
2	P Dickson	SM	Bournemouth	52.9	3
3	Shay McCarthy	U20	Team Dorset	57.4	2
4	Jim Thomson	SM	Royal Navy	61.0	1

Senior B 400m

1	C Ladhams	U20	Basingstoke & Mid Hants	52.0	4
2	Jay Bassett	SM	Royal Navy	56.6	3
3	Jack Snook	U17	Team Dorset	60.0	2
4	S Munroe	SM	Bournemouth	61.9	1

Senior A 800m

1	L McGarrigle	SM	Basingstoke & Mid Hants	2:04.0	4
2	Tim Kemp	SM	Royal Navy	2:05.5	3
3	Kevin Archer	M55	Team Dorset	2:21.2	2
4	P Dickson	SM	Bournemouth	2:22.0	1

Senior B 800m

1	P Whatkeys	SM	Basingstoke & Mid Hants	2:08.2	4
2	Jim Thomson	SM	Royal Navy	2:23.9	3
3	Tim Harris	SM	Team Dorset	2:27.6	2
4	R Bennett	SM	Bournemouth	2:32.4	1

Senior A 1500m

1	Tim Kemp	SM	Royal Navy	4:19.5	4
2	D Carr	U20	Basingstoke & Mid Hants	4:20.6	3
3	J Arundel	SM	Bournemouth	4:45.4	2
4	Kevin Archer	M55	Team Dorset	4:53.9	1

Senior B 1500m

1	M Broderick	SM	Basingstoke & Mid Hants	4:29.8	4
2	Jay Bassett	SM	Royal Navy	6:14.4	3
3	Pete Clarke	M65	Team Dorset	7:04.0	2
4					1

Senior A 5000m

1	T Watson	U20	Basingstoke & Mid Hants	16:40.9	4
2	S Munroe	SM	Bournemouth	17:00.5	3
3	Tim Harris	SM	Team Dorset	18:21.7	2
4					1

Senior B 5000m

1	R Copestick	SM	Bournemouth	17:32.1	4
2	A Cullen	M40	Basingstoke & Mid Hants	20:23.8	3
3	Pete Clarke	M65	Team Dorset	24:10.4	2
4					1

Senior A 110mH

Wind=

1	Mark Roach	M45	Team Dorset	21.6	4
2	J Flitcroft	SM	Basingstoke & Mid Hants	22.4	3
3					2
4					1

Senior B 110mH

Wind=

1	G Butler	SM	Basingstoke & Mid Hants	22.5	4
2	Sean Heppell	SM	Team Dorset	24.0	3
3					2
4					1

Senior A 400mH

1	Neal Edwards	SM	Royal Navy	60.5	4
2	J Flitcroft	SM	Basingstoke & Mid Hants	66.5	3
3	Sean Heppell	SM	Team Dorset	72.0	2
4					1

Senior B 400mH

1	R Piper	U20	Basingstoke & Mid Hants	68.2	4
2					3
3					2
4					1

Senior A 3000m Steeplechase

1	D Fry	SM	Basingstoke & Mid Hants	10:14.4	4
2	Tim Harris	SM	Team Dorset	11:12.6	3
3	S Munroe	SM	Bournemouth	11:25.8	2
4					1

Senior B 3000m Steeplechase

1	Sean Heppell	SM	Team Dorset	12:53.2	4
2	G Butler	SM	Basingstoke & Mid Hants	13:28.5	3
3					2
4					1

Senior A High Jump

1	M Aldridge	SM	Bournemouth	1.80	4
2	I Cox	U17	Basingstoke & Mid Hants	1.75	3
3	Will Evans	U17	Team Dorset	1.65	2
4	Jim Thomson	SM	Royal Navy	1.55	1

Senior B High Jump

1	G Butler	M40	Basingstoke & Mid Hants	1.60	4
2	Mark Roach	M45	Team Dorset	1.60	3
3	P Dickson	SM	Bournemouth	1.55	2
4	Paul Winton	M50	Royal Navy	1.00	1

Senior A Pole Vault

1	Jack Snook	U17	Team Dorset	3.60	4
2	Gavin Berry	SM	Basingstoke & Mid Hants	3.20	3
3	Paul Hillyard	M55	Royal Navy	2.80	2
4					1

Senior B Pole Vault

1	Phil Bourne	U17	Team Dorset	2.60	4
2	G Butler	M40	Basingstoke & Mid Hants	2.20	3
3	Jim Thomson	SM	Royal Navy	1.00	2
4					1

Senior A Long Jump

Wind

1	I Cox	U17	Basingstoke & Mid Hants	5.88	4
2	J Collins	SM	Bournemouth	5.49	3
3	Jim Thomson	SM	Royal Navy	5.30	2
4	Phil Bourne	U17	Team Dorset	4.13	1

Senior B Long Jump

Wind

1	R Piper	U20	Basingstoke & Mid Hants	4.63	4
2	Neal Edwards	SM	Royal Navy	4.39	3
3					2
4					1

Senior A Triple Jump

Wind

1	Will Evans	U17	Team Dorset	12.22	4
2	I Cox	SM	Basingstoke & Mid Hants	11.92	3
3	R Bennett	SM	Bournemouth	11.56	2
4	Jay Bassett	SM	Royal Navy	11.14	1

Senior B Triple Jump

Wind

1	I Cox	SM	Basingstoke & Mid Hants	11.86	4
2	J Collins	SM	Bournemouth	11.03	3
3	Shay McCarthy	U20	Team Dorset	10.22	2
4					1

Senior A Shot Putt

1	Andy Dawkins	SM	Royal Navy	14.48	4
2	Grant Showler-Davies	SM	Basingstoke & Mid Hants	13.13	3
3	S Armstrong	SM	Bournemouth	11.78	2
4	Mark Roach	M45	Team Dorset	9.19	1

Senior B Shot Putt

1	Rupert Williams	M45	Royal Navy	10.92	4
2	J Flitcroft	SM	Basingstoke & Mid Hants	9.29	3
3	R Bennett	SM	Bournemouth	9.00	2
4	Tony Faulkner	M60	Team Dorset	7.62	1

Senior A Discus

1	P Briant	SM	Bournemouth	37.97	4
2	Andy Dawkins	SM	Royal Navy	37.19	3
3	Grant Showler-Davies	SM	Basingstoke & Mid Hants	29.58	2
4	Steve Snook	M45	Team Dorset	18.10	1

Senior B Discus

1	S Armstrong	SM	Bournemouth	34.93	4
2	Rupert Williams	M45	Royal Navy	31.99	3
3	D Kelson	SM	Basingstoke & Mid Hants	28.46	2
4	Glyn Davis	SM	Team Dorset	13.96	1

Senior A Hammer

1	Andy Dawkins	SM	Royal Navy	42.65	4
2	J Flitcroft	SM	Basingstoke & Mid Hants	39.32	3
3	S Armstrong	SM	Bournemouth	37.54	2
4	Tony Faulkner	M60	Team Dorset	25.07	1

Senior B Hammer

1	Rupert Williams	M45	Royal Navy	32.69	4
2	D Kelson	M60	Basingstoke & Mid Hants	31.26	3
3	Steve Snook	M45	Team Dorset	17.25	2
4	P Briant	SM	Bournemouth	16.18	1

Senior A Javelin

1	Grant Showler-Davies	SM	Basingstoke & Mid Hants	41.17	4
2	Lee Carrie	SM	Royal Navy	38.61	3
3	Sean Heppell	SM	Team Dorset	33.66	2
4	R Bennett	SM	Bournemouth	30.88	1

Senior B Javelin

1	Caleb Jones	U17	Basingstoke & Mid Hants	35.10	4
2	Steve Snook	U17	Team Dorset	29.04	3
3	Andy Dawkins	SM	Royal Navy	27.15	2
4	P Briant	SM	Bournemouth	25.81	1

Senior 4x100m

1	Basingstoke & Mid Hants	SM	Basingstoke & Mid Hants	46.5	4
2	Team Dorset	SM	Team Dorset	47.0	3
3	Bournemouth	SM	Bournemouth	47.8	2
4	Royal Navy	SM	Royal Navy	50.2	1

Senior 4x400m

1	Team Dorset	SM	Team Dorset	4:18.4	4
2					3
3					2
4					1