

Team	Score	
1 Wycombe Phoenix	131	P
2 Fleet and Crookham	100	I
3 Bournemouth	72	B
4 Team 4	0	D

Senior A 100m		Wind=		
1 S Jack	SM	Wycombe Phoenix	11.4	4
2 Max Capel	U20	Fleet and Crookham	11.6	3
3 I White	SM	Bournemouth	13.7	2
4				1

Senior B 100m		Wind=		
1 J Layne	SM	Wycombe Phoenix	12.1	4
2 Jack Tookey	U17	Fleet and Crookham	12.3	3
3 I Graham	SM	Bournemouth	21.3	2
4				1

Senior A 200m		Wind=		
1 J Norman	SM	Wycombe Phoenix	24.3	4
2 Max Capel	U20	Fleet and Crookham	24.4	3
3 I White	SM	Bournemouth	30.6	2
4				1

Senior B 200m		Wind=		
1 J Layne	SM	Wycombe Phoenix	24.4	4
2 Ryan Dodd	SM	Fleet and Crookham	26.1	3
3 I Graham	SM	Bournemouth	46.4	2
4				1

Senior A 400m				
1 K Welch	SM	Bournemouth	54.4	4
2 J Davies	SM	Wycombe Phoenix	55.6	3
3 John Dickinson	SM	Fleet and Crookham	62.0	2
4				1

Senior B 400m				
1 R Bushrod	SM	Wycombe Phoenix	60.6	4
2 I White	SM	Bournemouth	74.2	3
3 David Long	M45	Fleet and Crookham	79.7	2
4				1

Senior A 800m				
1 K Welch	SM	Bournemouth	1:59.0	4
2 B Sutherland	SM	Wycombe Phoenix	2:17.5	3
3 Ryan Dodd	SM	Fleet and Crookham	2:32.3	2
4				1

Senior B 800m				
1 T Claessons	SM	Wycombe Phoenix	2:17.7	4
2 S Munro	SM	Bournemouth	2:21.6	3
3 Jon Capel	M45	Fleet and Crookham	2:49.9	2
4				1

Senior A 1500m				
1 M Booth	SM	Wycombe Phoenix	4:27.4	4
2 S Munro	SM	Bournemouth	4:41.7	3
3 Andy Smerdon	SM	Fleet and Crookham	5:28.7	2
4				1

Senior B 1500m				
1 K Gilfedder	SM	Wycombe Phoenix	4:32.5	4
2 K Welch	SM	Bournemouth	4:41.7	3
3 Jon Capel	M45	Fleet and Crookham	5:59.4	2
4				1

**Senior A 5000m**

1	S Munro	SM	Bournemouth	17:10.3	4
2	P Jones	SM	Wycombe Phoenix	17:49.5	3
3	Ray Gascoyne	SM	Fleet and Crookham	19:58.5	2
4					1

**Senior B 5000m**

1	D Brooks	SM	Wycombe Phoenix	18:57.3	4
2	I Graham	SM	Bournemouth	20:53.6	3
3	Jon Capel	M45	Fleet and Crookham	21:45.6	2
4					1

**Senior A 110mH**

Wind=

1	R Bushrod	SM	Wycombe Phoenix	21.1	4
2	John Dickinson	M45	Fleet and Crookham	21.7	3
3					2
4					1

**Senior B 110mH**

Wind=

1	Andy Smerdon	M45	Fleet and Crookham	22.7	4
2					3
3					2
4					1

**Senior A 400mH**

1	R Bushrod	SM	Wycombe Phoenix	64.7	4
2	John Dickinson	M45	Fleet and Crookham	71.6	3
3					2
4					1

**Senior B 400mH**

1	J Davies	SM	Wycombe Phoenix	66.3	4
2	Andy Smerdon	M45	Fleet and Crookham	82.4	3
3					2
4					1

**Senior A 3000m Steeplechase**

1	T Claessons	SM	Wycombe Phoenix	10:12.8	4
2	S Munro	SM	Bournemouth	11:25.1	3
3	Ryan Dodd	SM	Fleet and Crookham	13:45.4	2
4					1

**Senior B 3000m Steeplechase**

1	P Jones	SM	Wycombe Phoenix	12:20.4	4
2	David Long	M45	Fleet and Crookham	15:00.9	3
3					2
4					1

**Senior A High Jump**

1	R Bushrod	SM	Wycombe Phoenix	1.55	4
2	Andy Smerdon	M45	Fleet and Crookham	1.45	3
3	S Munro	SM	Bournemouth	1.10	2
4					1

**Senior B High Jump**

1	Jon Capel	M45	Fleet and Crookham	1.45	4
2	R Sutherland	SM	Wycombe Phoenix	1.10	3
3					2
4					1

**Senior A Pole Vault**

1	I Parkinson	SM	Wycombe Phoenix	3.80	4
2	John Dickinson	M45	Fleet and Crookham	3.00	3
3					2
4					1

**Senior B Pole Vault**

1	M Smith	SM	Wycombe Phoenix	3.60	4
2	David Haines	M70	Fleet and Crookham	2.20	3
3					2
4					1

**Senior A Long Jump**

Wind

1	Max Capel	SM	Fleet and Crookham	5.51	4
2	R Sutherland	SM	Wycombe Phoenix	5.21	3
3	P White	SM	Bournemouth	4.76	2
4					1

**Senior B Long Jump**

Wind

1	Jack Tookey	U17	Fleet and Crookham	4.90	4
2	R Bushrod	SM	Wycombe Phoenix	4.83	3
3	P White	SM	Bournemouth	4.76	2
4					1

**Senior A Triple Jump**

Wind

1	M Smith	SM	Wycombe Phoenix	12.05	4
2	Jack Tookey	U17	Fleet and Crookham	9.97	3
3	P White	SM	Bournemouth	9.65	2
4					1

**Senior B Triple Jump**

Wind

1	R Sutherland	SM	Wycombe Phoenix	9.54	4
2	John Dickinson	M45	Fleet and Crookham	9.51	3
3	I White	SM	Bournemouth	9.42	2
4					1

**Senior A Shot Putt**

1	P Briant	SM	Bournemouth	9.50	4
2	A Wells	SM	Wycombe Phoenix	7.76	3
3	John Dickinson	M45	Fleet and Crookham	7.36	2
4					1

**Senior B Shot Putt**

1	D Bushrod	SM	Wycombe Phoenix	8.50	4
2	Andy Smerdon	SM	Fleet and Crookham	7.32	3
3	S Munro	SM	Bournemouth	5.86	2
4					1

**Senior A Discus**

1	P Briant	SM	Bournemouth	34.82	4
2	D Bushrod	SM	Wycombe Phoenix	25.22	3
3	Andy Smerdon	M45	Fleet and Crookham	21.88	2
4					1

**Senior B Discus**

1	A Wells	SM	Wycombe Phoenix	24.45	4
2	John Dickinson	SM	Fleet and Crookham	20.20	3
3	S Munro	SM	Bournemouth	10.88	2
4					1

**Senior A Hammer**

1	A Wells	SM	Wycombe Phoenix	29.44	4
2	P Briant	SM	Bournemouth	21.65	3
3	David Long	M45	Fleet and Crookham	15.70	2
4					1

**Senior B Hammer**

1	A Summerfield	SM	Wycombe Phoenix	19.07	4
2	Jon Capel	SM	Fleet and Crookham	10.84	3
3	I Graham	SM	Bournemouth	5.83	2
4					1

**Senior A Javelin**

1	D Bushrod	SM	Wycombe Phoenix	48.04	4
2	P Briant	SM	Bournemouth	35.31	3
3	Max Capel	U20	Fleet and Crookham	35.10	2
4					1

**Senior B Javelin**

1	John Dickinson	M45	Fleet and Crookham	28.77	4
2	R Bushrod	SM	Wycombe Phoenix	27.68	3
3	P White	SM	Bournemouth	18.70	2
4					1

**Senior 4x100m**

1	Wycombe Phoenix	SM	Wycombe Phoenix	47.1	4
2	Fleet and Crookham	SM	Fleet and Crookham	50.4	3
3	Bournemouth	SM	Bournemouth	53.7	2
4					1

**Senior 4x400m**

1	Wycombe Phoenix	SM	Wycombe Phoenix	3:49.1	4
2	Fleet and Crookham	SM	Fleet and Crookham	4:19.1	3
3					2
4					1