

Team	Score	
1 Oxford	125	O
2 Worthing	82	W
3 Team Kennet	69	K
4 Bournemouth	42	B

Senior A 100m**Wind=**

1 David Gain	SM	Oxford	11:11	4
2 Jack Hatton	U17	Team Kennet	11.42	3
3 Russell Whiting	M40	Worthing	11.87	2
4 H.Darby	SM	Bournemouth	11.98	1

Senior B 100m**Wind=**

1 David Sonan	U17	Oxford	11.79	4
2 Arland Craik	U20	Team Kennet	12.25	3
3 Aidan coree	SM	Worthing	12.70	2
4 I.Graham	SM	Bournemouth	21.36	1

Senior A 200m**Wind=**

1 David Gain	SM	Oxford	22.14	4
2 Alex Roue	U17	Team Kennet	24.30	3
3 Ryan Todd	U17	Worthing	26.26	2
4 P.White	SM	Bournemouth	36.31	1

Senior B 200m**Wind=**

1 David Sonan	U17	Oxford	24.49	4
2 Arland Craik	U20	Team Kennet	24.94	3
3 Charlie Baldwin	U17	Worthing	29.30	2
4 I.Graham	SM	Bournemouth	41.22	1

Senior A 400m

1 Sam Randall	U17	Team Kennet	52.07	4
2 Charlie Baldwin	U17	Worthing	52.75	3
3 Nathan Rockett	U20	Oxford	58.90	2
4 P.white	SM	Bournemouth	61.64	1

Senior B 400m

1 Russell Whiting	M40	Worthing	58.04	4
2 Manuel Stone	M50	Oxford	60.85	3
3 I.Graham	SM	Bournemouth	89.05	2
4				1

Senior A 800m

1 Luke Conway	U20	Team Kennet	2:02.60	4
2 Ryan Todd	U17	Worthing	2:02.77	3
3 Rob Webster	M40	Oxford	2:05.91	2
4 J.King	SM	Bournemouth	2:09.32	1

Senior B 800m

1 Martin Footman	SM	Worthing	2:05.92	4
2 James Cody	U20	Oxford	2:08.09	3
3 I.Graham	SM	Bournemouth	2:58.66	2
4				1

Senior A 1500m

1 Ben Upjohn	U17	Oxford	4:22.26	4
2 Henry Teague Smith	SM	Worthing	4:29.08	3
3 J.King	SM	Bournemouth	4:30.33	2
4 Luke Conway	U20	Team Kennet	5:01.32	1

Senior B 1500m

1 Ryan Meredith	U20	Oxford	4:43.20	4
2 Brian Matthews	M50	Worthing	5:31.23	3
3 I.Graham	SM	Bournemouth	5:56.66	2
4				1

Senior A 5000m

1	Stephen male	M45	Oxford	16:20.15	4
2	I.White	SM	Bournemouth	18:49.49	3
3	Mike Sheridan	SM	Team Kennet	20:45.00	2
4					1

Senior B 5000m

1	Asghar Ali	M45	Oxford	19:10.10	4
2	M.Halpenny	SM	Bournemouth	20:12.09	3
3					2
4					1

Senior A 110mH

Wind=

1	Ashley Johnson	SM	Oxford	15.19	4
2	Richard Knape	SM	Team Kennet	15.70	3
3	Lee Collinson	SM	Worthing	20.78	2
4					1

Senior B 110mH

Wind=

1	James So	SM	Oxford	17.37	4
2					3
3					2
4					1

Senior A 400mH

1	Matt Davies	U17	Team Kennet	62.42	4
2	James So	SM	Oxford	65.86	3
3	Alan Easy	M45	Worthing	74.64	2
4					1

Senior B 400mH

1	Richard Knape	SM	Team Kennet	67.49	4
2	Ian Castle	SM	Oxford	69.11	3
3	Lee Collinson	SM	Worthing	76.76	2
4					1

Senior A 3000m Steeplechase

1	Micheal Randall	SM	Team Kennet	10:34.81	4
2	John Atyeo	M40	Oxford	11:15.63	3
3					2
4					1

Senior B 3000m Steeplechase

1	Ryan Meredith	U20	Oxford	1:37.24	4
2					3
3					2
4					1

Senior A High Jump

1	Simon Scholes	SM	Team Kennet	1.65	4
2	Ashley Johnson	SM	Oxford	1.60	3
3	Rob Duke	U20	Worthing	1.50	2
4	P.Briant	SM	Bournemouth	1.00	1

Senior B High Jump

1	Ian Castle	SM	Oxford	1.50	4
2	Richard Knape	SM	Team Kennet	1.40	3
3					2
4					1

Senior A Pole Vault

1	Alan Easy	M45	Worthing	2.80	4
2	Tony Palman-Brown	M45	Oxford	2.00	3
3					2
4					1

Senior B Pole Vault

1	Lee Collinson	SM	Worthing	2.00	4
2	Richard Hart	M50	Oxford	1.20	3
3					2
4					1

Senior A Long Jump

1	Ashley Johnson	SM	Oxford	6:25	4
2	Peter Saunders	U17	Team Kennet	6:24	3
3	Aidan coree	U17	Worthing	5:72	2
4	H.Darby	SM	Bournemouth	5:12	1

Senior B Long Jump

1	Richard Knape	SM	Team Kennet	5:64	4
2	Mark Warland	U20	Oxford	5:54	3
3	Richard Buckingham	M40	Worthing	5:11	2
4	I.White	SM	Bournemouth	4:34	1

Senior A Triple Jump

1	Mark Warland	U20	Oxford	11.53	4
2	Aidan coree	SM	Worthing	11.39	3
3	H.Darby	SM	Bournemouth	11.06	2
4					1

Senior B Triple Jump

1	Ian Castle	SM	Oxford	10.27	4
2	I.white	SM	Bournemouth	8.60	3
3					2
4					1

Senior A Shot Putt

1	Rob Duke	U20	Worthing	11.40	4
2	Ashley Johnson	SM	Oxford	11.15	3
3	P.Briant	SM	Bournemouth	8.40	2
4	Simon Scholes	SM	Team Kennet	7.65	1

Senior B Shot Putt

1	Richard Buckingham	M40	Worthing	10.28	4
2	Tony Palman-Brown	M45	Oxford	7.93	3
3	Richard Knape	SM	Team Kennet	7.38	2
4	J.King	SM	Bournemouth	6.87	1

Senior A Discus

1	Ashley Johnson	SM	Oxford	40.18	4
2	P.Briant	SM	Bournemouth	37.59	3
3	Richard Buckingham	M40	Worthing	34.29	2
4	Peter Saunders	U17	Team Kennet	21.42	1

Senior B Discus

1	Rob Duke	U20	Worthing	31.43	4
2	Mark Warland	U20	Oxford	27.32	3
3	Simon Scholes	SM	Team Kennet	17.83	2
4	M.Halpenny	SM	Bournemouth	17.28	1

Senior A Hammer

1	Rob Duke	U20	Worthing	42.46	4
2	I.White	SM	Bournemouth	21.21	3
3	Jason Byles	M40	Oxford	18.77	2
4	Simon Scholes	SM	Team Kennet	17.66	1

Senior B Hammer

1	Paul Figg	M50	Worthing	26.92	4
2	Peter O Keefe	M55	Oxford	18.42	3
3	Richard Knape	SM	Team Kennet	10.32	2
4	I.Graham	SM	Bournemouth	6.32	1

Senior A Javelin

1	Ian Castle	SM	Oxford	48.16	4
2	Luke Angell	U17	Team Kennet	44.26	3
3	P.Briant	SM	Bournemouth	33.09	2
4	Rob Duke	U20	Worthing	33.00	1

Senior B Javelin

1	Ashley Johnson	SM	Oxford	43.14	4
2	Peter Saunders	U17	Team Kennet	31.30	3
3	Brian Matthews	M50	Worthing	28.02	2
4	P.White	SM	Bournemouth	3.97	1

Senior 4x100m

1	Oxford	SM	Oxford	45.41	4
2	Worthing	SM	Worthing	52.25	3
3					2
4					1

Senior 4x400m

1	Oxford	SM	Oxford	3:38.97	4
2	Worthing	SM	Worthing	3:50.51	3
3	Team Kennet	SM	Team Kennet	4:06.15	2
4					1