

Southern Women's League: Seniors & Juniors Division 1 - Match 1 - Perivale - 30th May 200

Team		Score			
1	West Suffolk		165		S
2	Thames Valley		125		O
3	Bournemouth		107		A
4	Radley "B"		74		L
Senior A 100m		Wind=			
1	Hayley-Jane Cone	SW	Thames Valley	12.7	4
2	Emily Rogers	SW	West Suffolk	13.2	3
3	Grace Keeping	SW	Bournemouth	13.5	2
4	Lydia Farrell	U17	Radley "B"	13.7	1
Senior B 100m		Wind=			
1	Rebekah Wiltshire	U17	Thames Valley	12.8	4
2	Montana Jackson	SW	West Suffolk	13.6	3
3	Jemma Bates	SW	Bournemouth	15.0	2
4	Lyn Ahmet	W50	Radley "B"	17.0	1
Senior A 200m		Wind=			
1	Annie Tagoe	U17	Thames Valley	25.9	4
2	Emily Rogers	U17	West Suffolk	27.6	3
3	Lydia Farrell	U17	Radley "B"	29.1	2
4	Jemma Bates	U17	Bournemouth	30.9	1
Senior B 200m		Wind=			
1	Rebekah Wiltshire	U17	Thames Valley	27.0	4
2	Montana Jackson	U17	West Suffolk	28.4	3
3	Jackie Breslin	W40	Radley "B"	33.9	2
Senior A 400m					
1	Ambwene Simukonda	SW	Thames Valley	58.1	4
2	Helen Waters	U20	West Suffolk	65.3	3
3	Jenna Grace	U17	Radley "B"	73.6	2
4	Sam Moxey	U17	Bournemouth	74.9	1
Senior B 400m					
1	Abi Marriott	U20	West Suffolk	66.4	4
2	Jackie Breslin	W40	Radley "B"	78.0	3
Senior A 800m					
1	Abi Marriott	U20	West Suffolk	2:36.1	4
2	Jenna Grace	U17	Radley "B"	2:51.2	3
3	Sian Long	U17	Bournemouth	3:10.5	2
Senior B 800m					
1	Grace Waters	U17	West Suffolk	2:41.7	4
2	Jackie Breslin	W40	Radley "B"	3:07.5	3
3	Rose O'Reilly	SW	Bournemouth	3:30.6	2
Senior A 1500m					
1	Daisy Harper-Brown	U17	Bournemouth	5:02.1	4
2	Diana Kennedy	W40	Thames Valley	5:08.6	3
3	Zara McLoone	U20	West Suffolk	5:23.6	2
Senior B 1500m					
1	Joanna Mobed	U17	Thames Valley	5:11.0	4
2	Justine Anthony	U17	West Suffolk	5:48.5	3
3	Sam Moxey	U17	Bournemouth	5:58.8	2
4	Louise Oliver	W35	Radley "B"	6:51.4	1

Senior A 3000m

1	Joanna Mobed	U17	Thames Valley	11:27.2	4
2	Christine Anthony	W45	West Suffolk	12:18.2	3
3	Louise Oliver	W35	Radley "B"	15:53.5	2

Senior B 3000m

1	Justine Anthony	U17	West Suffolk	12:33.2	4
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Senior A 100mH

Wind=

1	Tania Spurling	SW	West Suffolk	15.6	4
2	Lekeisha Wilson	SW	Thames Valley	18.1	3
3	Becky Sunderland	U20	Radley "B"	20.4	2

Senior B 100mH

Wind=

1	Sam Ahmet	SW	Radley "B"	24.5	4
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Senior A 400mH

1	Ambwene Simukonda	SW	Thames Valley	67.8	4
2	Christine Anthony	W45	West Suffolk	81.9	3

Senior B 400mH

1	Abi Marriott	U20	West Suffolk	86.9	4
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Senior A High Jump

1	Lizzy Harrison	U17	West Suffolk	1.60	4
2	Louise Oliver	W35	Radley "B"	1.35	3
3	Jo Legg	U17	Bournemouth	1.30	2

Senior B High Jump

1	Tania Spurling	SW	West Suffolk	1.50	4
2	Sam Ahmet	SW	Radley "B"	1.10	3

Senior A Pole Vault

1	Daisy Harper-Brown	U17	Bournemouth	1.50	4
2	Sam Ahmet	SW	Radley "B"	1.30	3

Senior B Pole Vault

1	Becky Sunderland	U20	Radley "B"	1.20	4
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Senior A Long Jump

Wind

1	Hayley-Jane Cone	SW	Thames Valley	5.44	4
2	Tania Spurling	SW	West Suffolk	5.42	3
3	Jo Legg	U17	Bournemouth	4.47	2
4	Lynn Ahmet	U17	Radley "B"	3.55	1

Senior B Long Jump

Wind

1	Emily Rogers	SW	West Suffolk	5.15	4
2	Rachel Christie	SW	Thames Valley	4.63	3
3	Amy Spencer	U17	Bournemouth	3.63	2
4	Lydia Farrell	W50	Radley "B"	3.44	1

Senior A Triple Jump

Wind

1	Tania Spurling	SW	West Suffolk	12.09	4
2	Ambwene Simukonda	SW	Thames Valley	9.44	3
3	Sarah Kearsly	U17	Bournemouth	8.55	2
4	Becky Sunderland	U20	Radley "B"	8.16	1

Senior B Triple Jump

Wind

1	Montana Jackson	U17	West Suffolk	11.21	4
2	Sian Long	U17	Bournemouth	7.74	3
3	Lyn Ahmet	W50	Radley "B"	7.28	2

Senior A Shot Putt

1	Sam Milner	U17	West Suffolk	10.05	4
2	Louise Oliver	W35	Radley "B"	9.42	3
3	Anja Kaye	SW	Bournemouth	8.43	2
4	Nightingale Anek	SW	Thames Valley	7.83	1

Senior B Shot Putt

1	Krisztina Black	SW	Bournemouth	8.42	4
2	Justine Asare	SW	Thames Valley	7.47	3
3	Grace Waters	U17	West Suffolk	6.38	2
4	Jackie Breslin	W40	Radley "B"	5.81	1

Senior A Discus

1	Sam Milner	U17	West Suffolk	36.85	4
2	Rose O'Reilly	SW	Bournemouth	18.56	3
3	Justine Asare	SW	Thames Valley	17.33	2
4	Jackie Breslin	W40	Radley "B"	16.44	1

Senior B Discus

1	Emily Cross	U17	West Suffolk	18.43	4
2	Amelia Willcock	SW	Bournemouth	16.88	3
3	Lyn Ahmet	W50	Radley "B"	9.88	2

Senior A Hammer

1	Krisztina Black	SW	Bournemouth	37.34	4
2	Justine Asare	SW	Thames Valley	28.31	3
3	Sam Milner	SW	West Suffolk	23.01	2
4	Sam Ahmet	SW	Radley "B"	18.42	1

Senior B Hammer

1	Amelia Willcock	SW	Bournemouth	24.93	4
2	Dawn Mason	W50	West Suffolk	17.54	3
3	Ambwene Simukonda	SW	Thames Valley	15.38	2
4	Lyn Ahmet	W50	Radley "B"	13.08	1

Senior A Javelin

1	Jemma Tewkesbury	SW	Bournemouth	42.72	4
2	Nightingale Anek	SW	Thames Valley	33.81	3
3	Tania Spurling	SW	West Suffolk	31.29	2
4	Louise Oliver	W35	Radley "B"	25.61	1

Senior B Javelin

1	Rose O'Reilly	SW	Bournemouth	33.11	4
2	Samantha Brewer	SW	Thames Valley	23.68	3
3	Emily Cross	U17	West Suffolk	20.25	2
4	Sam Ahmet	SW	Radley "B"	13.11	1

Senior 4x100m

1	Thames Valley	SW	Thames Valley	50.3	4
2	West Suffolk	SW	West Suffolk	52.5	3
3	Bournemouth	SW	Bournemouth	53.9	2
4	Radley "B"	SW	Radley "B"	60.1	1

Senior 4x400m

1	West Suffolk	SW	West Suffolk	4:46.7	4
2	Bournemouth	SW	Bournemouth	4:57.7	3
3	Radley "B"	SW	Radley "B"	5:55.5	2

U17 Women A 80mH**Wind=**

1	Rebekah Wiltshire	U17	Thames Valley	12.2	4
2	Amy Spencer	U17	Bournemouth	13.0	3

U17 Women B 80mH		Wind=		
1	Sarah Kearsley	U17	Bournemouth	15.3 4

U17 Women A 300mH				
1	Sarah Kearsley	U17	Bournemouth	53.4 4

Under 15 Girls A 100m		Wind=		
1	Grace Andam	U15	Thames Valley	13.6 4
2	Georgia Hurd	U13	Bournemouth	13.7 3
3	Leah Mapston	U15	West Suffolk	14.1 2
4	Lucy Hooper	U15	Radley "B"	16.1 1

Under 15 Girls B 100m		Wind=		
1	Robyn Charles	U13	Bournemouth	13.9 4
2	Favour Osuchukwu	U15	West Suffolk	13.9 3
3	Claudette Hewitt	U15	Thames Valley	14.2 2
4	Lucy Hooper	U15	Radley "B"	14.8 1

Under 15 Girls A 200m		Wind=		
1	Leah Mapston	U15	West Suffolk	28.7 4
2	Grace Andam	U15	Thames Valley	28.8 3
3	Georgia Hurd	U13	Bournemouth	29.8 2
4	Lucy Hooper	U15	Radley "B"	30.8 1

Under 15 Girls B 200m		Wind=		
1	Favour Osuchukwu	U15	West Suffolk	29.0 4
2	Katrina White	U15	Bournemouth	31.0 3
3	Sophia Acquistapace	U15	Thames Valley	31.9 2
5	Emma Birch	U13	Radley "B"	33.4 1

Under 15 Girls A 800m				
1	Emma Birch	U13	Radley "B"	2:50.5 4
2	Lauren James	U15	West Suffolk	2:55.5 3
3	Sophia Acquistapace	U15	Thames Valley	3:06.5 2
4	Katrina White	U15	Bournemouth	3:17.0 1

Under 15 Girls B 800m				
1	Jenny Wilson	U15	Radley "B"	3:15.5 4

Under 15 Girls A 1500m				
1	Emma Horn	U15	Bournemouth	6:17.7 4

Under 15 Girls B 1500m				
Under 15 Girls A 75mH		Wind=		
1	Rachael Arbon	U15	West Suffolk	12.9 4
2	Sasha Ritchie	U15	Thames Valley	14.1 3

Under 15 Girls B 75mH		Wind=		
1	Ellie Dewild	U15	West Suffolk	13.3 4

Under 15 Girls A High Jump				
1	Chelsea Wade	U15	West Suffolk	1.50 4
2	Sasha Ritchie	U15	Thames Valley	1.40 3
3	Robyn Charles	U13	Bournemouth	1.35 2

Under 15 Girls B High Jump				
1	Ellie Dewild	U15	West Suffolk	1.45 4
2	Claudette Hewitt	U15	Thames Valley	1.30 3

Under 15 Girls A Long Jump				
1	Rachael Arbon	U15	West Suffolk	4.58 4
2	Cassandra Thomas	U15	Thames Valley	3.76 3
3	Katrina White	U15	Bournemouth	3.57 2
4	Emma Birch	U13	Radley "B"	3.06 1

Wind

Under 15 Girls B Long Jump

Wind

1	Chelsea Wade	U15	West Suffolk	4.56	4
2	Claudette Hewitt	U15	Thames Valley	3.56	3
3	Jenny Wilson	U15	Radley "B"	1.69	2

Under 15 Girls A Shot Putt

1	Chelsea Wade	U15	West Suffolk	8.81	4
2	Lucy Knott	U15	Thames Valley	7.23	3
3	Emma Horn	U15	Bournemouth	5.20	2
4	Lucy Hooper	U15	Radley "B"	4.18	1

Under 15 Girls B Shot Putt

1	Beth Wade	U15	West Suffolk	7.52	4
2	Cassandra Thomas	U15	Thames Valley	6.32	3
3	Jamie-Lee White	U15	Bournemouth	4.93	2

Under 15 Girls A Discus

1	Beth Wade	U15	West Suffolk	21.86	4
2	Lucy Knott	U15	Thames Valley	18.94	3

Under 15 Girls B Discus

1	Sophia Acquistapace	U15	Thames Valley	11.45	4
2	Lauren James	U15	West Suffolk	9.88	3

Under 15 Girls A Javelin

1	Lucy Knott	U15	Thames Valley	25.96	4
2	Beth Wade	U15	West Suffolk	14.88	3
3	Jamie-Lee White	U15	Bournemouth	14.38	2

Under 15 Girls B Javelin

1	Sasha Ritchie	U15	Thames Valley	19.90	4
2	Emma Horn	U15	Bournemouth	12.32	3

Under 15 Girls 4x100m

1	West Suffolk	U15	West Suffolk	55.5	4
2	Thames Valley	U15	Thames Valley	56.2	3
3	Bournemouth	U15	Bournemouth	57.3	2

Event	Po	Name	Cat	Club	Perf.	Wind
LJ	1	Ellie Dewilde	U15	W Suff	4.36	
LJ	2	Favour Osuchukwu	U15	W Suff	4.08	