

	Team	Score	
1	Brighton & Hove	206	K
2	Woking	142	P
3	Bournemouth	117	A
4	Invicta East Kent	100	C
5	Poole Runners	84	D
6	Dorking Mole Valley	34	S
7	Bracknell	26	B
8	0	0	0
9	0	0	0
10	0	0	0
11	0	0	0
12	0	0	0

**Senior A 100m**

Wind

1	Kerri-Ann Body	U20	Brighton & Hove	13.4	7
2	Rose Murphy	U17	Woking	14.2	6
3	Beverly Newing	U20	Invicta East Kent	15.0	5
4	Jemma Bates	SW	Bournemouth	15.2	4
5	Annette Lewis	SW	Poole Runners	15.7	3
6					2
7					1
8					0
9					0
10					0
11					0
12					0

**Senior B 100m**

Wind

1	Jody Kite	U20	Brighton & Hove	14.3	7
2	Janine Murphy	SW	Bournemouth	15.9	6
3	Charlotte Philips	U17	Poole Runners	15.9	5
4	Charlotte Burnett	U20	Invicta East Kent	18.4	4
5					3
6					2
7					1
8					0
9					0
10					0
11					0
12					0

**Senior A 200m**

Wind

1	Danielle Svooboda	SW	Brighton & Hove	27.7	7
2	Virgina Mitchell	V45	Woking	29.0	6
3	Beverly Newing	U20	Invicta East Kent	31.0	5
4	Jemma Bates	SW	Bournemouth	31.3	4
5	Sara Henderson	U20	Bracknell	32.4	3
6	Annette Lewis	SW	Poole Runners	32.7	2
7					1
8					0
9					0
10					0
11					0
12					0

**Senior B 200m**

Wind

1	Jody Kite	SW	Brighton & Hove	28.9	7
2	Janine Murphy	SW	Bournemouth	32.5	6
3	Emma Partridge	SW	Poole Runners	32.6	5
4	Beth Burnett	U20	Invicta East Kent	35.1	4
5					3
6					2
7					1
8					0
9					0
10					0
11					0
12					0

**Senior A 400m**

1	Kerri-Ann Body	U20	Brighton & Hove	61.0	7
2	Louise Ionascu	V35	Dorking Mole Valley	70.0	6
3	Jemma Bates	SW	Bournemouth	70.1	5
4	Beverly Newing	U20	Invicta East Kent	73.6	4
5	Jenna Tarrant	SW	Woking	75.0	3
6	Annette Lewis	SW	Poole Runners	86.8	2
7					1
8					0
9					0
10					0
11					0
12					0

**Senior B 400m**

1	Danielle Svoboda	SW	Brighton & Hove	62.0	7
2	Natasha Hart	SW	Woking	73.4	6
3	Sharon Hawkins	V45	Invicta East Kent	76.4	5
4	Emma Partridge	SW	Poole Runners	85.8	4
5					3
6					2
7					1
8					0
9					0
10					0
11					0
12					0

**Senior A 800m**

1	Helen Tobin	SW	Brighton & Hove	2.28.1	7
2	Louise Ionascu	V35	Dorking Mole Valley	2.35.7	6
3	Jenna Tarrant	SW	Woking	2.40.1	5
4	Sue Cooper	V50	Invicta East Kent	3.06.2	4
5	Becky Johnson	U20	Bracknell	3.12.0	3
6	Becky Pullan	SW	Bournemouth	3.14.2	2
7					1
8					0
9					0
10					0
11					0
12					0

**Senior B 800m**

1	Rachel Titheridge	U20	Brighton & Hove	2.51.2	7
2	Lea Burnett	V40	Invicta East Kent	4.31.1	6
3					5
4					4
5					3
6					2
7					1
8					0
9					0
10					0
11					0
12					0

**Senior A 1500m**

1	Helen Tobin	SW	Brighton & Hove	4.54.7	7
2	Abigail Jones	U20	Poole Runners	5.13.4	6
3	Sharon Hawkins	V45	Invicta East Kent	5.26.5	5
4	Jenna Tarrant	SW	Woking	5.26.7	4
5	Louise Ionascu	V35	Dorking Mole Valley	5.30.1	3
6	Ornella O'Brien	U17	Bournemouth	6.24.7	2
7					1
8					0
9					0
10					0
11					0
12					0

**Senior B 1500m**

1	Jo Rodriguez	SW	Woking	5.04.0	7
2	Rachel Titheridge	U20	Brighton & Hove	5.37.7	6
3	Sue Cooper	V50	Invicta East Kent	6.23.9	5
4					4
5					3
6					2
7					1
8					0
9					0
10					0
11					0
12					0

**Senior A 3000m**

1	Helena Tobin	SW	Brighton & Hove	10.25.4	7
2	Jo Ridriguez	SW	Woking	10.35.4	6
3	Abigail Jones	U20	Poole Runners	11.05.0	5
4	Sharon Hawkins	V45	Invicta East Kent	11.30.1	4
5	Hannah Stmmas	SW	Bournemouth	14.38.0	3
6	Becky Johnson	U20	Bracknell	14.55.3	2
7					1
8					0
9					0
10					0
11					0
12					0

**Senior B 3000m**

1	Rachel Titheridge	U20	Brighton & Hove	12.31.7	7
2	Beth Burnett	U20	Invicta East Kent	13.44.2	6
3					5
4					4
5					3
6					2
7					1
8					0
9					0
10					0
11					0
12					0

**Senior A 100mH**

1	Chantal West	U17	Brighton & Hove	18.1	7
2	Sian Long	U20	Bournemouth	21.5	6
3					5
4					4
5					3
6					2
7					1
8					0
9					0
10					0
11					0
12					0

Wind

**Senior B 100mH**

1	Emily Graysmark	U17	Brighton & Hove	29.4	7
2					6
3					5
4					4
5					3
6					2
7					1
8					0
9					0
10					0
11					0
12					0

Wind

**Senior A 400mH**

1	Virginia Mitchell	V45	Woking	68.3	7
2	Chantal West	U17	Brighton & Hove	84.6	6
3					5
4					4
5					3
6					2
7					1
8					0
9					0
10					0
11					0
12					0

**Senior B 400mH**

1	Ellie Woolcott	U17	Brighton & Hove	1.35.7	7
2					6
3					5
4					4
5					3
6					2
7					1
8					0
9					0
10					0
11					0
12					0

**Senior A High Jump**

1	Emily Orford	U17	Bournemouth	1.60	7
2	Leah Dyson	U17	Dorking Mole Valley	1.50	6
3	Megan Cox	U20	Brighton & Hove	1.45	5
4	Charlotte Phillips	U17	Poole Runners	1.40	4
5	Sara Henderson	U20	Bracknell	1.30	3
6	Lea Burnett	V40	Invicta East Kent	.90	2
7					1
8					0
9					0
10					0
11					0
12					0

**Senior B High Jump**

1	Melissa Donaldson	U17	Brighton & Hove	1.40	7
2	Becky Pullen	SW	Bournemouth	1.30	6
3	Louise Ionascu	V35	Dorking Mole Valley	1.20	5
4	Beverley Newing	U20	Invicta East Kent	.90	4
5					3
6					2
7					1
8					0
9					0
10					0
11					0
12					0

**Senior A Pole Vault**

1	Natasha Hart	SW	Woking	2.60	7
2					6
3					5
4					4
5					3
6					2
7					1
8					0
9					0
10					0
11					0
12					0

**Senior B Pole Vault**

1					7
2					6
3					5
4					4
5					3
6					2
7					1
8					0
9					0
10					0
11					0
12					0

**Senior A Long Jump**

1	Katrina White	U17	Bournemouth	4.72	7
2	Rosie Murphy	U17	Woking	4.57	6
3	Sara Henderson	SW	Bracknell	4.23	5
4	Melissa Donaldson	U17	Brighton & Hove	3.99	4
5	Emma Partridge	SW	Poole Runners	2.51	3
6	Sue Rogers	V45	Invicta East Kent	2.28	2
7					1
8					0
9					0
10					0
11					0
12					0

Wind

**Senior B Long Jump**

1	Megan Cox	U20	Brighton & Hove	3.69	7
2	Hannah Stmmas	SW	Bournemouth	3.51	6
3	Eleanor Gatrell	SW	Woking	3.35	5
4	Lea Burnett	V40	Invicta East Kent	1.54	4
5					3
6					2
7					1
8					0
9					0
10					0
11					0
12					0

Wind

**Senior A Triple Jump**

Wind

1	Gabi harris	U20	Brighton & Hove	10.88	7
2	Katrina White	U17	Bournemouth	10.30	6
3	Rosie Murphy	U17	Woking	9.42	5
4	Leah Dyson	U17	Dorking Mole Valley	8.48	4
5					3
6					2
7					1
8					0
9					0
10					0
11					0
12					0

**Senior B Triple Jump**

Wind

1	Megan Cox	U20	Brighton & Hove	9.21	7
2	Natasha Hart	SW	Woking	8.27	6
3	Sian Long	U20	Bournemouth	7.95	5
4					4
5					3
6					2
7					1
8					0
9					0
10					0
11					0
12					0

**Senior A Shot Putt**

1	Eleanor Gatrell	SW	Woking	14.93	7
2	Emma K-Odunubi	U20	Brighton & Hove	8.95	6
3	Amy Spencer	U20	Bournemouth	8.14	5
4	Emma Partridge	SW	Poole Runners	7.32	4
5	Becky Johnson	U20	Bracknell	6.00	3
6	Louise Ionascu	V35	Dorking Mole Valley	5.28	2
7	Lea Burnett	V40	Invicta East Kent	4.74	1
8					0
9					0
10					0
11					0
12					0

**Senior B Shot Putt**

1	Anita Cryer	V40	Woking	7.81	7
2	Phoebe Dowson	U20	Bournemouth	7.46	6
3	Liana Sims	U20	Poole Runners	6.62	5
4	Ellie Woolcott	U17	Brighton & Hove	6.28	4
5	Amy Johnson	U17	Bracknell	5.52	3
6	Leah Dyson	U17	Dorking Mole Valley	4.38	2
7	Sue Cooper	V50	Invicta East Kent	4.36	1
8					0
9					0
10					0
11					0
12					0

**Senior A Discus**

1	Phoebe Dowson	U20	Bournemouth	42.93	7
2	Eleanor Gatrell	SW	Woking	36.16	6
3	Emma K-Odunubi	U20	Brighton & Hove	35.85	5
4	Annette Lewis	SW	Poole Runners	22.05	4
5	Charlotte Burnett	U20	Invicta East Kent	19.74	3
6	Amy Johnson	U17	Bracknell	13.12	2
7					1
8					0
9					0
10					0
11					0
12					0

**Senior B Discus**

1	Grace Hailstone	U17	Brighton & Hove	26.49	7
2	Anita Cryer	V40	Woking	18.62	6
3	Amy Spencer	U20	Bournemouth	16.84	5
4	Liana Sims	U20	Poole Runners	12.71	4
5	Sue Rogers	V45	Invicta East Kent	12.06	3
6					2
7					1
8					0
9					0
10					0
11					0
12					0

**Senior A Hammer**

1	Eleanor Gatrell	SW	Woking	41.49	7
2	Liana Sims	U20	Poole Runners	30.67	6
3	Emma K-Odunubi	U20	Brighton & Hove	24.89	5
4	Charlotte Burnett	U20	Invicta East Kent	15.00	4
5	Sian Long	U20	Bournemouth	14.53	3
6					2
7					1
8					0
9					0
10					0
11					0
12					0

**Senior B Hammer**

1	Anita Cryer	V40	Woking	25.44	7
2	Ellie Woolcott	U17	Brighton & Hove	22.44	6
3	Emma Partridge	SW	Poole Runners	12.36	5
4	Sue Cooper	V50	Invicta East Kent	11.40	4
5					3
6					2
7					1
8					0
9					0
10					0
11					0
12					0



**Senior A Javelin**

1	Grace Hailstone	U17	Brighton & Hove	38.96	7
2	Emma Partridge	SW	Poole Runners	27.42	6
3	Virgina Mitchell	V45	Woking	24.56	5
4	Charlotte Burnett	U20	Invicta East Kent	17.25	4
5	Amy Spencer	U20	Bournemouth	14.11	3
6	Amy Johnson	U17	Bracknell	14.07	2
7					1
8					0
9					0
10					0
11					0
12					0

**Senior B Javelin**

1	Liana Sims	U20	Poole Runners	23.23	7
2	Emma K-Odunubi	U20	Brighton & Hove	22.41	6
3	Anita Cryer	V40	Woking	14.17	5
4	Beth Burnett	U20	Invicta East Kent	9.91	4
5	Jemma Bates	SW	Bournemouth	9.59	3
6					2
7					1
8					0
9					0
10					0
11					0
12					0

**Senior 4x100m**

1	Brighton & Hove	SW	Brighton & Hove	53.9	7
2	Woking	SW	Woking	58.5	6
3	Bournemouth	SW	Bournemouth	58.9	5
4	Poole Runners	SW	Poole Runners	62.6	4
5	Invicta East Kent	SW	Invicta East Kent	68.3	3
6					2
7					1
8					0
9					0
10					0
11					0
12					0

**Senior 4x400m**

1	Woking	SW	Woking	4.37.7	7
2	Brighton & Hove	SW	Brighton & Hove	4.42.7	6
3	Bournemouth	SW	Bournemouth	5.10.5	5
4	Invicta East Kent	SW	Invicta East Kent	5.37.4	4
5					3
6					2
7					1
8					0
9					0
10					0
11					0
12					0