

	Team	Score	
1	Brighton & Hove	198.5	K
2	Bournemouth	118	A
3	Bracknell	0	B
4	Invicta EK	108	C
5	Poole Runners	114	D
6	Woking	111	P
7	Dorking MV	108.5	S

Senior A 100m

Wind

1	Kerri-Ann Body	U20	Brighton & Hove	12.6	7
2	Sarah Holmes	SW	Woking	13.0	6
3	Hannah Biddiss	SW	Invicta EK	13.2	5
4	Anna Turner	U20	Poole Runners	14.5	4
5	Jemma Bates	SW	Bournemouth	15.1	3
6					2
7					1
8					0
9					0
10					0
11					0
12					0

Senior B 100m

Wind

1	Jody Kite	U20	Brighton & Hove	13.5	7
2	Lizzie Harris	SW	Poole Runners	13.9	6
3	Beverley Newing	U20	Invicta EK	14.4	5
4	Kerry Squires	SW	Bournemouth	14.4	4
5	Kay Trinder	V45	Woking	16.8	3
6					2
7					1
8					0
9					0
10					0
11					0
12					0

Senior A 200m

Wind

1	Sarah Holmes	SW	Woking	26.6	7
2	Sarah Kearsley	U20	Bournemouth	27.1	6
3	Amy Beeden	U17	Brighton & Hove	27.1	5
4	Hannah Biddiss	SW	Invicta EK	27.5	4
5	Leanne Kavanagh	U20	Dorking MV	28.8	3
6	Katie Morris	SW	Poole Runners	29.9	2
7					1
8					0
9					0
10					0
11					0
12					0

Senior B 200m

Wind

1	Helena Corbin	SW	Woking	27.0	7
2	Jody Kite	U20	Brighton & Hove	27.9	6
3	Lizzie Harris	SW	Poole Runners	27.9	5
4	Beverley Newing	U20	Invicta EK	30.0	4
5	Jemma Bates	SW	Bournemouth	31.3	3
6	Louise Ionascu	W35	Dorking MV	32.1	2
7					1
8					0
9					0
10					0
11					0

12					0
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Senior A 400m

1	Kerri-Ann Body	U20	Brighton & Hove	58.2	7
2	Sarah Kearsy	U20	Bournemouth	60.1	6
3	Helena Corbin	SW	Woking	60.2	5
4	Hannah Biddiss	SW	Invicta EK	62.0	4
5	Zoe Shannon	SW	Dorking MV	66.8	3
6					2
7					1
8					0
9					0
10					0
11					0
12					0

Senior B 400m

1	Daniella Svoboda	SW	Brighton & Hove	62.2	7
2	Leanne Kavanagh	U20	Dorking MV	63.2	6
3	Jemma Bates	SW	Bournemouth	70.4	5
4	Beverley Newing	U20	Invicta EK	72.2	4
5	Natasha Hart	SW	Woking	73.2	3
6					2
7					1
8					0
9					0
10					0
11					0
12					0

Senior A 800m

1	Verity Ockenden	SW	Poole Runners	2:13.8	7
2	Helena Corbin	SW	Woking	2:15.2	6
3	Laura Lambourne	SW	Brighton & Hove	2:34.1	5
4	Louise Ionascu	W35	Dorking MV	2:39.3	4
5	Sharon Hawkins	W45	Invicta EK	2:44.9	3
6	Hannah Stmmas	SW	Bournemouth	2:49.4	2
7					1
8					0
9					0
10					0
11					0
12					0

Senior B 800m

1	Rose Nicholson	SW	Woking	2:31.0	7
2	Nicola Silsby	SW	Brighton & Hove	2:46.7	6
3	Fiona Blagg	SW	Dorking MV	2:48.0	5
4	Vicky Talbot-Rosner	W50	Invicta EK	2:50.4	4
5					3
6					2
7					1
8					0
9					0
10					0
11					0
12					0

Senior A 1500m

1	Helena Tobin	SW	Brighton & Hove	4:50.1	7
2	Verity Ockenden	SW	Poole Runners	4:54.5	6
3	Rose Nicholson	SW	Woking	5:03.6	5
4	Zoe Shannon	SW	Dorking MV	5:09.1	4
5	Sharon Hawkins	W45	Invicta EK	5:36.7	3
6	Hannah Stmmas	SW	Bournemouth	6:48.4	2
7					1
8					0
9					0
10					0
11					0
12					0

Senior B 1500m

1	Jenna Tarrant	SW	Woking	5:13.6	7
2	Rachel Titheridge	U20	Brighton & Hove	5:16.2	6
3	Fiona Blagg	SW	Dorking MV	5:41.3	5
4	Beth Burnett	U20	Invicta EK	5:58.5	4
5	Jemma Bates	SW	Bournemouth	7:44.3	3
6					2
7					1
8					0
9					0
10					0
11					0
12					0

Senior A 3000m

1	Rose Nicholson	SW	Woking	10:24.3	7
2	Helena Tobin	SW	Brighton & Hove	10:29.7	6
3	Sharon Hawkins	W45	Invicta EK	11:29.3	5
4	Louise Ionascu	W35	Dorking MV	11:49.6	4
5					3
6					2
7					1
8					0
9					0
10					0
11					0
12					0

Senior B 3000m

1	Kay Trinder	V45	Woking	11:29.7	7
2	Vicky Talbot-Rosner	W50	Invicta EK	12:03.2	6
3	Laura Lambourne	SW	Brighton & Hove	12:09.5	5
4					4
5					3
6					2
7					1
8					0
9					0
10					0
11					0
12					0

Senior A 100mH

1	Anya Kay	SW	Bournemouth	16.2	7
2	Emma Revel-Chion	SW	Brighton & Hove	20.2	6
3	Natasha Hart	SW	Woking	21.9	5
4					4
5					3
6					2
7					1
8					0
9					0
10					0
11					0
12					0

Wind

Senior B 100mH

1	Kerry Squires	SW	Bournemouth	17.9	7
2					6
3					5
4					4
5					3
6					2
7					1
8					0
9					0
10					0
11					0
12					0

Wind

Senior A 400mH

1	Sarah Kearsey	U20	Bournemouth	69.3	7
2	Hannah Biddiss	SW	Invicta EK	87.7	6
3					5
4					4
5					3
6					2
7					1
8					0
9					0
10					0
11					0
12					0

Senior B 400mH

1	Kerry Squires	SW	Bournemouth	73.9	7
2					6
3					5
4					4
5					3
6					2
7					1
8					0
9					0
10					0
11					0
12					0

Senior A High Jump

1	Leah Dyson	U17	Dorking MV	1.55	7
2	Megan Cox	U20	Brighton & Hove	1.50	6
3	Micqueilla Livermore	U17	Poole Runners	1.40	5
4	Amy Spencer	U20	Bournemouth	1.25	4
5	Sue Cooper	W50	Invicta EK	1.00	3
6					2
7					1
8					0
9					0
10					0
11					0
12					0

Senior B High Jump

1	Fiona Blagg	SW	Dorking MV	1.30	7
1	Melissa Donaldson	U17	Brighton & Hove	1.30	6
3	Katie Morris	SW	Poole Runners	1.25	5
4	Beth Burnett	U20	Invicta EK	1.00	4
5					3
6					2
7					1
8					0
9					0
10					0
11					0
12					0

Senior A Pole Vault

1	Holly Turner	U17	Brighton & Hove	3.00	7
2	Natasha Hart	SW	Woking	2.80	6
3					5
4					4
5					3
6					2
7					1
8					0
9					0
10					0
11					0
12					0

Senior B Pole Vault

1	Gill Cammack	W50	Brighton & Hove	1.70	7
2					6
3					5
4					4
5					3
6					2
7					1
8					0
9					0
10					0
11					0
12					0

Senior A Long Jump

Wind

1	Nina Bassham	U20	Brighton & Hove	5.16	7
2	Micqueilla Livermore	U17	Poole Runners	4.47	6
3	Beverley Newing	U20	Invicta EK	4.07	5
4	Sarah Holmes	SW	Woking	4.06	4
5	Jane Wilcox	W35	Dorking MV	3.75	3
6					2
7					1
8					0
9					0
10					0
11					0
12					0

Senior B Long Jump

Wind

1	Gabi Harris	U20	Brighton & Hove	4.82	7
2	Natasha Hart	SW	Woking	3.86	6
3	Sue Cooper	W50	Invicta EK	3.07	5
4	Anna Turner	SW	Poole Runners	3.07	4
5	Louise Ionascu	W35	Dorking MV	2.84	3
6					2
7					1
8					0
9					0
10					0
11					0
12					0

Senior A Triple Jump

Wind

1	Gabi Harris	U20	Brighton & Hove	10.42	7
2	Leah Dyson	U17	Dorking MV	8.94	6
3	Katie Morris	SW	Poole Runners	8.69	5
4	Sue Cooper	W50	Invicta EK	7.11	4
5					3
6					2
7					1
8					0
9					0
10					0
11					0
12					0

Senior B Triple Jump

Wind

1	Daniella Svoboda	SW	Brighton & Hove	10.10	7
2	Jane Wilcox	W35	Dorking MV	7.79	6
3	Anna Turner	SW	Poole Runners	6.51	5
4					4
5					3
6					2
7					1
8					0
9					0
10					0
11					0
12					0

Senior A Shot Putt

1	Sarah Hewitt	W35	Brighton & Hove	9.49	7
2	Anya Kay	SW	Bournemouth	8.56	6
3	Anna Turner	SW	Poole Runners	7.34	5
4	Jane Wilcox	W35	Dorking MV	6.73	4
5	Jenna Tarrant	SW	Woking	5.75	3
6	Sue Rogers	W45	Invicta EK	5.03	2
7					1
8					0
9					0
10					0
11					0
12					0

Senior B Shot Putt

1	Nina Bassham	U20	Brighton & Hove	8.80	7
2	Amy Spencer	U20	Bournemouth	7.65	6
3	Emma Phillips	U20	Poole Runners	6.80	5
4	Kasia Kublik	SW	Dorking MV	5.92	4
5	Kay Trinder	V45	Woking	5.15	3
6	Lea Burnett	W40	Invicta EK	4.89	2
7					1
8					0
9					0
10					0
11					0
12					0

Senior A Discus

1	Sarah Hewitt	W35	Brighton & Hove	35.66	7
2	Kasia Kublik	SW	Dorking MV	29.84	6
3	Liana Sims	U20	Poole Runners	21.08	5
4	Anya Kay	SW	Bournemouth	17.52	4
5	Charlotte Burnett	U20	Invicta EK	16.77	3
6	Rose Nicholson	SW	Woking	11.65	2
7					1
8					0
9					0
10					0
11					0
12					0

Senior B Discus

1	Eleanor Woolcott	U17	Brighton & Hove	18.90	7
2	Amy Spencer	U20	Bournemouth	17.21	6
3	Jane Wilcox	W35	Dorking MV	16.19	5
4	Sue Cooper	W50	Invicta EK	15.38	4
5	Emma Phillips	U20	Poole Runners	14.60	3
6	Jenna Tarrant	SW	Woking	11.42	2
7					1
8					0
9					0
10					0
11					0
12					0

Senior A Hammer

1	Liana Sims	U20	Poole Runners	32.98	7
2	Sarah Hewitt	W35	Brighton & Hove	32.58	6
3	Jane Wilcox	W35	Dorking MV	23.42	5
4	Anya Kay	SW	Bournemouth	21.62	4
5	Charlotte Burnett	U20	Invicta EK	17.74	3
6	Jenna Tarrant	SW	Woking	16.46	2
7					1
8					0
9					0
10					0
11					0
12					0

Senior B Hammer

1	Emma Phillips	U20	Poole Runners	29.12	7
2	Kasia Kublik	SW	Dorking MV	20.59	6
3	Amy Spencer	U20	Bournemouth	19.44	5
4	Eleanor Woolcott	U17	Brighton & Hove	17.98	4
5	Lea Burnett	W40	Invicta EK	6.82	3
6					2
7					1
8					0
9					0
10					0
11					0
12					0

Senior A Javelin

1	Micqueilla Livermore	U17	Poole Runners	29.10	7
2	Keira Beck	U17	Brighton & Hove	26.52	6
3	Kerry Squires	SW	Bournemouth	23.13	5
4	Charlotte Burnett	U20	Invicta EK	15.99	4
5	Kasia Kublik	SW	Dorking MV	10.30	3
6	Helena Corbin	SW	Woking	9.60	2
7					1
8					0
9					0
10					0
11					0
12					0

Senior B Javelin

1	Liana Sims	U20	Poole Runners	21.95	7
2	Sarah Hewitt	W35	Brighton & Hove	21.92	6
3	Amy Spencer	U20	Bournemouth	18.91	5
4	Lea Burnett	W40	Invicta EK	8.11	4
5					3
6					2
7					1
8					0
9					0
10					0
11					0
12					0

Senior 4x100m

1	Brighton & Hove	SW	Brighton & Hove	52.6	7
2	Woking	SW	Woking	55.9	6
3	Bournemouth	SW	Bournemouth	55.9	5
4	Poole Runners	SW	Poole Runners	56.7	4
5	Dorking MV	SW	Dorking MV	60.6	3
6	Invicta EK	SW	Invicta EK	65.1	2
7					1
8					0
9					0
10					0
11					0
12					0

Senior 4x400m

1	Brighton & Hove	SW	Brighton & Hove	4:30.3	7
2	Bournemouth	SW	Bournemouth	4:37.8	6
3	Dorking MV	SW	Dorking MV	4:41.2	5
4	Poole Runners	SW	Poole Runners	4:43.0	4
5	Invicta EK	SW	Invicta EK	5:00.3	3
6					2
7					1
8					0
9					0
10					0
11					0
12					0

V	U17 Women A 80mH			Wind
1				7
2				6
3				5
4				4
5				3
6				2
7				1
8				0
9				0
10				0
11				0
12				0

V	U17 Women B 80mH			Wind
1				7
2				6
3				5
4				4
5				3
6				2
7				1
8				0
9				0
10				0
11				0
12				0

U17 Women A 300mH				
1				7
2				6
3				5
4				4
5				3
6				2
7				1
8				0
9				0
10				0
11				0
12				0

Under 15 Girls A 100m				Wind
1				7
2				6
3				5
4				4
5				3
6				2
7				1
8				0
9				0
10				0
11				0
12				0

Under 15 Girls B 100m				Wind
1				7
2				6
3				5
4				4
5				3
6				2
7				1
8				0
9				0
10				0
11				0
12				0

Under 15 Girls A 200m

Wind

1				7
2				6
3				5
4				4
5				3
6				2
7				1
8				0
9				0
10				0
11				0
12				0

Under 15 Girls B 200m

Wind

1				7
2				6
3				5
4				4
5				3
6				2
7				1
8				0
9				0
10				0
11				0
12				0

Under 15 Girls A 800m

1				7
2				6
3				5
4				4
5				3
6				2
7				1
8				0
9				0
10				0
11				0
12				0

Under 15 Girls B 800m

1				7
2				6
3				5
4				4
5				3
6				2
7				1
8				0
9				0
10				0
11				0
12				0

Under 15 Girls A 1500m

1				7
2				6
3				5
4				4
5				3
6				2
7				1
8				0
9				0
10				0
11				0
12				0

Under 15 Girls B 1500m

1				7
2				6
3				5
4				4
5				3
6				2
7				1
8				0
9				0
10				0
11				0
12				0

V **Under 15 Girls A 75mH** Wind

1				7
2				6
3				5
4				4
5				3
6				2
7				1
8				0
9				0
10				0
11				0
12				0

V **Under 15 Girls B 75mH** Wind

1				7
2				6
3				5
4				4
5				3
6				2
7				1
8				0
9				0
10				0
11				0
12				0

Under 15 Girls A High Jump

1				7
2				6
3				5
4				4
5				3
6				2
7				1
8				0
9				0
10				0
11				0
12				0

Under 15 Girls B High Jump

1				7
2				6
3				5
4				4
5				3
6				2
7				1
8				0
9				0
10				0
11				0
12				0

Under 15 Girls A Long Jump

Wind

1				7
2				6
3				5
4				4
5				3
6				2
7				1
8				0
9				0
10				0
11				0
12				0

Under 15 Girls B Long Jump

Wind

1				7
2				6
3				5
4				4
5				3
6				2
7				1
8				0
9				0
10				0
11				0
12				0

Under 15 Girls A Shot Putt

1				7
2				6
3				5
4				4
5				3
6				2
7				1
8				0
9				0
10				0
11				0
12				0

Under 15 Girls B Shot Putt

1				7
2				6
3				5
4				4
5				3
6				2
7				1
8				0
9				0
10				0
11				0
12				0

Under 15 Girls A Discus

1				7
2				6
3				5
4				4
5				3
6				2
7				1
8				0
9				0
10				0
11				0
12				0

Under 15 Girls B Discus

1					7
2					6
3					5
4					4
5					3
6					2
7					1
8					0
9					0
10					0
11					0
12					0

Under 15 Girls A Javelin

1					7
2					6
3					5
4					4
5					3
6					2
7					1
8					0
9					0
10					0
11					0
12					0

Under 15 Girls B Javelin

1					7
2					6
3					5
4					4
5					3
6					2
7					1
8					0
9					0
10					0
11					0
12					0

Under 15 Girls 4x100m

1					7
2					6
3					5
4					4
5					3
6					2
7					1
8					0
9					0
10					0
11					0
12					0