

Southern Women's League -Seniors Only - Div 2 - Match 5 Canterbury 03 Sep 2011

1	Woking AC	198	A
2	Brighton & Hove City AC	190	B
3	Poole Runners	127	C
4	Bournemouth AC	117	D
5	Invicta East Kent AC	104	K
6	Dorking & Mole Valley AC	40	P
7	Bracknell AC	0	S

Senior A 100m					pts
1	Vicky Hewitt	SW	Woking AC	12.7	7
2	Katie Urquhart	u17	Brighton & Hove City AC	13.0	6
3	Hannah Biddiss	SW	Invicta East Kent AC	13.6	5
4	Katrina White	u17	Bournemouth AC	14.3	4
5	Anna Turner	u20	Poole Runners	14.7	3
6					2
7					1

Senior B 100m					pts
1	Emma Revel-Chion	u20	Brighton & Hove City AC	14.0	7
2	Hannah Stamma	SW	Bournemouth AC	14.2	6
3	Beverley Newing	u20	Invicta East Kent AC	14.8	5
4	Annette Lewis	0	Poole Runners	15.0	4
5	Emma Hardcastle	W45	Woking AC	15.3	3
6					2
7					1

Senior A 200m					
1	Vicky Hewitt	SW	Woking AC	26.2	7
2	Hannah Biddiss	SW	Invicta East Kent AC	27.7	6
3	Katie Urquhart	u17	Brighton & Hove City AC	28.1	5
4	Leanne Kavanagh	u20	Dorking & Mole Valley AC	28.3	4
5	Katie Morris	0	Poole Runners	30.9	3
6	Jemma Bates	SW	Bournemouth AC	32.7	2
7					1

Senior B 200m					
1	Jodie Kite	u20	Brighton & Hove City AC	29.1	7
2	Virginia Mitchell	W45	Woking AC	29.2	6
3	Hannah Stamma	SW	Bournemouth AC	30.2	5
4	Beverley Newing	u20	Invicta East Kent AC	31.6	4
5	Annette Lewis	0	Poole Runners	31.8	3
6					2
7					1

Senior A 400m					
1	Virginia Mitchell	W45	Woking AC	61.3	7
2	Lizzie Harris	u17	Poole Runners	61.4	6
3	Leanne Kavanagh	u20	Dorking & Mole Valley AC	61.5	5
4	Hannah Biddiss	SW	Invicta East Kent AC	61.6	4
5	Jemma Bates	SW	Bournemouth AC	72.1	3
6	Rachel Titheridge	u20	Brighton & Hove City AC	77.7	2
7					1

Senior B 400m					
1	Helena Corbin	SW	Woking AC	59.4	7
2	Hannah Stamma	SW	Bournemouth AC	67.4	6
3	Melissa Donaldson	u17	Brighton & Hove City AC	71.6	5
4	Annette Lewis	0	Poole Runners	78.0	4
5	Lucy Clarke	w40	Invicta East Kent AC	81.1	3
6					2
7					1

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Senior A 800m

1	Helena Corbin	sw	Woking AC	2:20.3	7
2	Verity Ockenden	0	Poole Runners	2:29.3	6
3	Kyla Clay	w35	Invicta East Kent AC	2:44.8	5
4	Rachel Titheridge	u20	Brighton & Hove City AC	2:48.1	4
5					3
6					2
7					1

Senior B 800m

1	Jenna Tarrant	XS	Woking AC	2:38.3	7
2	Judith Carder	w50	Brighton & Hove City AC	2:55.0	6
3	Lucy Clarke	w40	Invicta East Kent AC	3:08.8	5
4					4
5					3
6					2
7					1

Senior A 1500m

1	Rose Nicholson	SW	Woking AC	5:03.3	7
2	Verity Ockenden	0	Poole Runners	5:11.5	6
3	Sharon Hawkins	w45	Invicta East Kent AC	5:29.0	5
4	Rachel Titheridge	u20	Brighton & Hove City AC	5:33.1	4
5					3
6					2
7					1

Senior B 1500m

1	Jenna Tarrant	SW	Woking AC	5:17.4	7
2	Lizzie Harris	u17	Poole Runners	5:35.6	6
3	Judith Carder	w50	Brighton & Hove City AC	6:09.0	5
4	Lucy Clarke	w40	Invicta East Kent AC	6:45.3	4
5					3
6					2
7					1

Senior A 3000m

1	Rose Nicholson	SW	Woking AC	10:43.9	7
2	Sharon Hawkins	w45	Invicta East Kent AC	11:26.6	6
3	Judith Carder	w50	Brighton & Hove City AC	12:52.3	5
4	Ornella O'Brien	u17	Bournemouth AC	13:31.4	4
5					3
6					2
7					1

Senior B 3000m

1	Ramona Thevenet-Smith	w50	Woking AC	11:59.2	7
2	Sue Cooper	w50	Invicta East Kent AC	13:01.1	6
3	Gill Cammack	w50	Brighton & Hove City AC	14:45.7	5
4					4
5					3
6					2
7					1

Senior A 100mH

1	Kerry Squires	SW	Bournemouth AC	17.6	7
2	Chantal West	u17	Brighton & Hove City AC	18.0	6
3	Natasha Hart	SW	Woking AC	20.7	5
4	Charlotte Phillips	u17	Poole Runners	21.6	4
5					3
6					2
7					1

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Senior B 100mH

1	Nina Bassham	u20	Brighton & Hove City AC	18.4	7
2	Isabelle Serve	SW	Woking AC	21.0	6
3					5
4					4
5					3
6					2
7					1

Senior A 400mH

1	Kerry Squires	SW	Bournemouth AC	73.2	7
2	Isabelle Serve	SW	Woking AC	77.9	6
3	Hannah Biddiss	SW	Invicta East Kent AC	81.2	5
4	Chantal West	u17	Brighton & Hove City AC	87.4	4
5					3
6					2
7					1

Senior B 400mH

1					7
2					6
3					5
4					4
5					3
6					2
7					1

Senior A High Jump

1	Amber Mayall	u17	Bournemouth AC	1.58	7
2	Nina Bassham	u20	Brighton & Hove City AC	1.55	6
3	Charlotte Phillips	u17	Poole Runners	1.40	5
4	Vicky Hewitt	SW	Woking AC	1.25	4
5	Sue Cooper	w50	Invicta East Kent AC	0.90	3
6					2
7					1

Senior B High Jump

1	Megan Cox	u20	Brighton & Hove City AC	1.55	7
2	Micquiella Livermore	u17	Poole Runners	1.40	6
3	Kerry Squires	SW	Bournemouth AC	1.25	5
4	Virginia Mitchell	w45	Woking AC	1.20	4
5	Lea Burnett	w40	Invicta East Kent AC	0.90	3
6					2
7					1

Senior A Pole Vault

1	Natasha Hart	SW	Woking AC	2.70	7
2	Gill Cammack	w50	Brighton & Hove City AC	1.70	6
3					5
4					4
5					3
6					2
7					1

Senior B Pole Vault

1	Judith Carder	w50	Brighton & Hove City AC	1.70	7
2	Isabelle Serve	SW	Woking AC	1.50	6
3					5
4					4
5					3
6					2
7					1

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Senior A Long Jump

1	Nina Bassham	u20	Brighton & Hove City AC	5.29	7
2	Katrina White	u17	Bournemouth AC	4.96	6
3	Isabelle Serve	SW	Woking AC	4.74	5
4	Charlotte Phillips	u17	Poole Runners	ff	4
5	Jane Wilcox	w35	Dorking & Mole Valley AC	3.87	3
6	Beverley Newing	u20	Invicta East Kent AC	3.58	2
7					1

Senior B Long Jump

1	Gabi Harris	u20	Brighton & Hove City AC	4.74	7
2	Katie Morris	0	Poole Runners	3.96	6
3	Amber Mayall	u17	Bournemouth AC	3.92	5
4	Emma Hardcastle	u17	Woking AC	3.77	4
5	Sharon Hawkins	w45	Invicta East Kent AC	2.85	3
6					2
7					1

Senior A Triple Jump

1	Katrina White	u17	Bournemouth AC	9.67	7
2	Megan Cox	u20	Brighton & Hove City AC	9.38	6
3	Natasha Hart	SW	Woking AC	8.78	5
4	Katie Morris	0	Poole Runners	8.22	4
5	Sue Cooper	w50	Invicta East Kent AC	6.15	3
6					2
7					1

Senior B Triple Jump

1	Melissa Donaldson	u17	Brighton & Hove City AC	8.76	7
2	Isabelle Serve	SW	Woking AC	8.64	6
3	Anna Turner	0	Poole Runners	6.90	5
4	Lucy Clarke	w40	Invicta East Kent AC	5.84	4
5					3
6					2
7					1

Senior A Shot Putt

1	Eleanor Gattrell	SW	Woking AC	14.65	7
2	Claire Koom-Dadzie	SW	Brighton & Hove City AC	10.15	6
3	Krisztina Black	w35	Bournemouth AC	8.99	5
4	Micquiella Livermore	u17	Poole Runners	8.73	4
5	Kasia Kublik	SW	Dorking & Mole Valley AC	8.18	3
6	Sue Rogers	w45	Invicta East Kent AC	5.14	2
7					1

Senior B Shot Putt

1	Emma Kirk-Odunubi	u20	Brighton & Hove City AC	10.04	7
2	Anita Cryer	w40	Woking AC	8.18	6
3	Anna Turner	0	Poole Runners	7.24	5
4	Jane Wilcox	w35	Dorking & Mole Valley AC	6.20	4
5	Jemma Bates	SW	Bournemouth AC	5.78	3
6	Lea Burnett	w40	Invicta East Kent AC	4.88	2
7					1

Senior A Discus

1	Claire Koom-Dadzie	SW	Brighton & Hove City AC	45.49	7
2	Eleanor Gattrell	SW	Woking AC	37.54	6
3	Kasia Kublik	SW	Dorking & Mole Valley AC	30.78	5
4	Krisztina Black	w35	Bournemouth AC	23.86	4
5	Liana Sims	0	Poole Runners	21.94	3
6	Sue Cooper	w50	Invicta East Kent AC	14.21	2
7					1

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Senior B Discus

1	Sarah Hewitt	w35	Brighton & Hove City AC	34.35	7
2	Kerry Squires	SW	Bournemouth AC	20.06	6
3	Anita Cryer	W40	Woking AC	17.07	5
4	Emma Phillips	u20	Poole Runners	16.90	4
5	Jane Wilcox	w35	Dorking & Mole Valley AC	15.78	3
6	Sue Rogers	w45	Invicta East Kent AC	12.97	2
7					1

Senior A Hammer

1	Eleanor Gatrell	SW	Woking AC	37.03	7
2	Krisztina Black	w35	Bournemouth AC	34.89	6
3	Sarah Hewitt	w35	Brighton & Hove City AC	34.86	5
4	Liana Sims	0	Poole Runners	33.96	4
5	Jane Wilcox	w35	Dorking & Mole Valley AC	21.44	3
6	Sue Cooper	w50	Invicta East Kent AC	15.18	2
7					1

Senior B Hammer

1	Emma Phillips	u20	Poole Runners	29.60	7
2	Anita Cryer	W40	Woking AC	25.86	6
3	Emma Kirk-Odunubi	u20	Brighton & Hove City AC	25.13	5
4	Kasia Kublik	w35	Dorking & Mole Valley AC	20.43	4
5	Lea Burnett	w40	Invicta East Kent AC	7.70	3
6	Jemma Bates	SW	Bournemouth AC	5.01	2
7					1

Senior A Javelin

1	Micquiella Livermore	u17	Poole Runners	27.38	7
2	Eleanor Gatrell	SW	Woking AC	24.91	6
3	Keira Beck	u17	Brighton & Hove City AC	24.53	5
4	Krisztina Black	w35	Bournemouth AC	20.75	4
5	No one	0	Dorking & Mole Valley AC	13.83	3
6	Sue Rogers	w45	Invicta East Kent AC	10.07	2
7					1

Senior B Javelin

1	Liana Sims	0	Poole Runners	21.51	7
2	Sarah Hewitt	w35	Brighton & Hove City AC	21.50	6
3	Emma Hardcastle	u17	Woking AC	17.93	5
4	Kerry Squires	SW	Bournemouth AC	14.90	4
5	No one	0	Dorking & Mole Valley AC	10.42	3
6	Lea Burnett	w40	Invicta East Kent AC	9.93	2
7					1

Senior 4x100m

1	Brighton & Hove City AC	SW		54.0	7
2	Woking AC	SW		54.1	6
3	Poole Runners	SW		58.9	5
4	Bournemouth AC	SW		59.2	4
5	Invicta East Kent AC	SW		67.3	3
6					2
7					1

Senior 4x400m

1	Woking AC	SW		4:15.7	7
2	Poole Runners	SW		4:45.7	6
3	Bournemouth AC	SW		4:52.8	5
4	Brighton & Hove City AC	SW		5:20.0	4
5	Invicta East Kent AC	SW		5:20.0	3
6					2
7					1