

	Team	Score	
1	Team 2	174	B
2	Team 6	154	T
3	Team 4	83	R
4	Team 1	0	A
5	Team 3	0	C
6	Team 5	0	M
7	Team 7	0	G
8	Team 8	0	H
9	Team 9	0	I
10	Team 10	0	J
11	Team 11	0	K
12	Team 12	0	L

100

**Senior A 100m**

Wind

BB T R	1	Olivia Edwards	U17	Bexley AC	12.8	6
	2	Natalie Le Beau	SW	Thurrock Harriers	13.3	5
	3	Calla Bennett	U17	Bournemouth AC	14.1	4
	4					3
	5					2
	6					1
	7					0
	8					0
	9					0
	10					0
	11					0
	12					0

100

**Senior B 100m**

Wind

B TT RR	1	Shanique Joseph	U20	Bexley AC	13.0	6
	2	Toyin Olumfemi	U17	Thurrock Harriers	13.9	5
	3	Jemma Bates	SW	Bournemouth AC	15.4	4
	4					3
	5					2
	6					1
	7					0
	8					0
	9					0
	10					0
	11					0
	12					0

200

**Senior A 200m**

Wind

B T R	1	Shanique Joseph	U20	Bexley AC	26.5	6
	2	Natalie Le Beau	SW	Thurrock Harriers	27.6	5
	3	Jemma Bates	SW	Bournemouth AC	32.0	4
	4					3
	5					2
	6					1
	7					0
	8					0
	9					0
	10					0
	11					0
	12					0

200

**Senior B 200m**

Wind

BB	1	Renique Joseph	U17	Bexley AC	29.9	6
TT	2	Lynn Talbert	W50	Thurrock Harriers	30.8	5
	3					4
	4					3
	5					2
	6					1
	7					0
	8					0
	9					0
	10					0
	11					0
	12					0

400

**Senior A 400m**

T	1	Gemma Holloway	U17	Thurrock Harriers	61.7	6
B	2	Rebecca Harris	SW	Bexley AC	66.2	5
R	3	Jemma Bates	SW	Bournemouth AC	72.9	4
	4					3
	5					2
	6					1
	7					0
	8					0
	9					0
	10					0
	11					0
	12					0

400

**Senior B 400m**

TT	1	Lynn Talbert	W50	Thurrock Harriers	69.4	6
BB	2	Laura Crane	SW	Bexley AC	82.5	5
	3					4
	4					3
	5					2
	6					1
	7					0
	8					0
	9					0
	10					0
	11					0
	12					0

800

**Senior A 800m**

T	1	Gemma Holloway	U17	Thurrock Harriers	2.19.2	6
B	2	Ellen Newark	U17	Bexley AC	2.23.4	5
	3					4
	4					3
	5					2
	6					1
	7					0
	8					0
	9					0
	10					0
	11					0
	12					0

800

**Senior B 800m**

TT	1	Sarah Driver	W40	Thurrock Harriers	2.37.5	6
BB	2	Rebecca Harris	SW	Bexley AC	2.47.6	5
	3					4
	4					3
	5					2
	6					1
	7					0
	8					0
	9					0
	10					0
	11					0
	12					0

1500

**Senior A 1500m**

B	1	Kristina Mikalauskiene	SW	Bexley AC	5.23.7	6
T	2	Sarah Driver	W40	Thurrock Harriers	5.43.7	5
	3					4
	4					3
	5					2
	6					1
	7					0
	8					0
	9					0
	10					0
	11					0
	12					0

1500

**Senior B 1500m**

TT	1	Kira Meredith	U17	Thurrock Harriers	5.47.2	6
	2					5
	3					4
	4					3
	5					2
	6					1
	7					0
	8					0
	9					0
	10					0
	11					0
	12					0

3000

**Senior A 3000m**

T	1	Sarah Driver	W40	Thurrock Harriers	11.56.4	6
BB	2	Janice Wand	W40	Bexley AC	14.09.3	5
	3					4
	4					3
	5					2
	6					1
	7					0
	8					0
	9					0
	10					0
	11					0
	12					0

3000

**Senior B 3000m**

TT	1	Silvia Bognarova-Meredith	W35	Thurrock Harriers	12.12.0	6
B	2	Claire Buck	SW	Bexley AC	14.15.0	5
	3					4
	4					3
	5					2
	6					1
	7					0
	8					0
	9					0
	10					0
	11					0
	12					0

100HW

**Senior A 100mH**

Wind

R	1	Kerry Squires	SW	Bournemouth AC	17.3	6
T	2	Rebecca Barnard	U20	Thurrock Harriers	18.2	5
B	3	Sarah Covill	SW	Bexley AC	20.2	4
	4					3
	5					2
	6					1
	7					0
	8					0
	9					0
	10					0
	11					0
	12					0

100HW

**Senior B 100mH**

Wind

TT	1	Amelia Sumen	U17	Thurrock Harriers	19.6	6
BB	2	Chris Pates	W40	Bexley AC	27.8	5
	3					4
	4					3
	5					2
	6					1
	7					0
	8					0
	9					0
	10					0
	11					0
	12					0

400HW		<b>Senior A 400mH</b>				
R T B	1	Kerry Squires	SW	Bournemouth AC	73.3	6
	2	Rebecca Barnard	U20	Thurrock Harriers	79.1	5
	3	Sarah Covill	SW	Bexley AC	85.6	4
	4					3
	5					2
	6					1
	7					0
	8					0
	9					0
	10					0
	11					0
	12					0

400HW		<b>Senior B 400mH</b>				
BB	1	Laura Crane	SW	Bexley AC	1.03.0	6
	2					5
	3					4
	4					3
	5					2
	6					1
	7					0
	8					0
	9					0
	10					0
	11					0
	12					0

HJ		<b>Senior A High Jump</b>				
T B R	1	Natalie Le Beau	SW	Thurrock Harriers	1.55	6
	2	Rebecca Franklin	U17	Bexley AC	1.40	5
	3	Angie Spall	W40	Bournemouth AC	1.35	4
	4					3
	5					2
	6					1
	7					0
	8					0
	9					0
	10					0
	11					0
	12					0

HJ		<b>Senior B High Jump</b>				
BB	1	Annalisa Ambros	U17	Bexley AC	1.30	6
	2					5
	3					4
	4					3
	5					2
	6					1
	7					0
	8					0
	9					0
	10					0
	11					0
	12					0

PV

**Senior A Pole Vault**

B	1	Ailis McGovern	U17	Bexley AC	3.40	6
	2					5
	3					4
	4					3
	5					2
	6					1
	7					0
	8					0
	9					0
	10					0
	11					0
	12					0

PV

**Senior B Pole Vault**

BB	1	Rebecca Franklin	SW	Bexley AC	2.60	6
	2					5
	3					4
	4					3
	5					2
	6					1
	7					0
	8					0
	9					0
	10					0
	11					0
	12					0

LJ

**Senior A Long Jump**

Wind

T	1	Natalie Le Beau	SW	Thurrock Harriers	5.16	6
R	2	Calla Bennett	U17	Bournemouth AC	4.68	5
B	3	Kristina Mikalauskiene	SW	Bexley AC	4.49	4
	4					3
	5					2
	6					1
	7					0
	8					0
	9					0
	10					0
	11					0
	12					0

LJ

**Senior B Long Jump**

Wind

TT	1	Amelia Sumen	U17	Thurrock Harriers	4.77	6
BB	2	Temi Tewoghode	U17	Bexley AC	4.43	5
RR	3	Angie Spall	W40	Bournemouth AC	4.13	4
	4					3
	5					2
	6					1
	7					0
	8					0
	9					0
	10					0
	11					0
	12					0

TJ		<b>Senior A Triple Jump</b>				Wind
T	1	Amelia Sumen	U17	Thurrock Harriers	9.86	6
R	2	Calla Bennett	U17	Bournemouth AC	9.63	5
B	3	Sarah Covill	SW	Bexley AC	8.92	4
	4					3
	5					2
	6					1
	7					0
	8					0
	9					0
	10					0
	11					0
	12					0

TJ		<b>Senior B Triple Jump</b>				Wind
	1					6
TT	2	Rebecca Barnard	U20	Thurrock Harriers	9.43	5
BB	3	Violetta Mitrova	U17	Bexley AC	8.44	4
	4					3
	5					2
	6					1
	7					0
	8					0
	9					0
	10					0
	11					0
	12					0

SPW		<b>Senior A Shot Putt</b>				
T	1	Sue Lawrence	W40	Thurrock Harriers	10.07	6
R	2	Krisztina Black	W35	Bournemouth AC	8.89	5
BB	3	Renique Joseph	U17	Bexley AC	8.67	4
	4					3
	5					2
	6					1
	7					0
	8					0
	9					0
	10					0
	11					0
	12					0

SPW		<b>Senior B Shot Putt</b>				
B	1	Donna Kent	SW	Bexley AC	8.55	6
RR	2	Angie Spall	W40	Bournemouth AC	6.29	5
	3					4
	4					3
	5					2
	6					1
	7					0
	8					0
	9					0
	10					0
	11					0
	12					0

DTW		<b>Senior A Discus</b>				
B	1	Nicola Gregory	U17	Bexley AC	34.94	6
T	2	Sue Lawrence	W40	Thurrock Harriers	34.31	5
RR	3	Kerry Squires	SW	Bournemouth AC	24.07	4
	4					3
	5					2
	6					1
	7					0
	8					0
	9					0
	10					0
	11					0
	12					0

DTW		<b>Senior B Discus</b>				
R	1	Krisztina Black	W35	Bournemouth AC	23.22	6
TT	2	Toyin Olumfemi	U17	Thurrock Harriers	23.17	5
BB	3	Liz Slater	W50	Bexley AC	16.14	4
	4					3
	5					2
	6					1
	7					0
	8					0
	9					0
	10					0
	11					0
	12					0

HTW		<b>Senior A Hammer</b>				
B	1	Chloe Slater	U20	Bexley AC	42.20	6
T	2	Sue Lawrence	W40	Thurrock Harriers	34.88	5
R	3	Krisztina Black	W35	Bournemouth AC	34.37	4
	4					3
	5					2
	6					1
	7					0
	8					0
	9					0
	10					0
	11					0
	12					0

HTW		<b>Senior B Hammer</b>				
BB	1	Donna Kent	SW	Bexley AC	41.83	6
RR	2	Jemma Bates	SW	Bournemouth AC	5.64	5
	3					4
	4					3
	5					2
	6					1
	7					0
	8					0
	9					0
	10					0
	11					0
	12					0



JTW

**Senior A Javelin**

T	1	Sue Lawrence	W40	Thurrock Harriers	27.80	6
BB	2	Rebecca Gates	U17	Bexley AC	24.08	5
RR	3	Kerry Squires	SW	Bournemouth AC	23.77	4
	4					3
	5					2
	6					1
	7					0
	8					0
	9					0
	10					0
	11					0
	12					0

JTW

**Senior B Javelin**

B	1	Nicola Gregory	U17	Bexley AC	23.01	6
TT	2	Gemma Holloway	U17	Thurrock Harriers	21.65	5
R	3	Krisztina Black	W35	Bournemouth AC	14.15	4
	4					3
	5					2
	6					1
	7					0
	8					0
	9					0
	10					0
	11					0
	12					0

4x100

**Senior 4x100m**

B	1	Bexley AC	SW	Bexley AC	53.3	6
T	2	Thurrock Harriers	SW	Thurrock Harriers	55.7	5
	3					4
	4					3
	5					2
	6					1
	7					0
	8					0
	9					0
	10					0
	11					0
	12					0

4x400

**Senior 4x400m**

B	1	Bexley AC	SW	Bexley AC	4.42.2	6
T	2	Thurrock Harriers	SW	Thurrock Harriers	4.46.8	5
	3					4
	4					3
	5					2
	6					1
	7					0
	8					0
	9					0
	10					0
	11					0
	12					0